

### Gargi College Annual Magazine (2023-24) Theme / विषय : Vasudhaiva Kutumbakam / वसुधेव कुटुम्बकम्

In the intricate tapestry of our existence, we find ourselves in a world of profound paradoxes – simultaneously connected and divided. The forces of globalization and technological prowess draw us together, while the shadows of wars, poverty, and climate change carve deep chasms among us. Urgently, the world cries out for healing. In this complex conundrum, India, with its rich and ancient civilization, offers a potent remedy – the concept of "Vasudhaiva Kutumbakam." Guided by the timeless concept encapsulated in the three words – Vasudha, the Earth; Eva, Is Thus; and Kutumbakam, Family – we unravel the wisdom that declares, "The world is one family." This Upanishadic phrase speaks to the interconnectedness of all living beings and the unity of humanity. Its resonance with compassion, empathy, tolerance, and multicultural dialogue makes it profoundly relevant. The very theme of India's G20 presidency, "One Earth, One Family, One Future," underscores the contemporary importance of this concept. We believe that within the pages of our magazine, the rich tapestry of humanity can be vividly portrayed, showcasing the interconnected threads that weave us together.

हमारे अस्तित्व की जटिल चित्रपट में, हम अपने आप को एक ऐसी दुनिया में पाते हैं जो गहरे विरोधाभासों (एकीकृत और विभाजित) से भरी हुई है। वैश्वीकरण और तकनीकी कौशल की शक्तियां हमें एक साथ खींचती हैं, जबकि युद्धों, गरीबी, और जलवायु परिवर्तन की छायाएं हमारे बीच गहरी खाइयां बना देती हैं। तत्काल, दुनिया समाधान मांग रही है। इस जटिल उलझन में, भारत, अपनी समृद्ध और प्राचीन सभ्यता के साथ, एक शक्तिशाली उपाय प्रस्तुत करता है– "वसुधैव कुटुम्बकम" की अवधारणा। तीन शब्दों में समाहित इस कालातीत अवधारणा के मार्गदर्शन में वसुधा, पृथ्वी; एव–इस प्रकार है; और कुटुम्बकम– परिवार; – हम उस ज्ञान को उजागर करते हैं जो घोषित करता है, "दुनिया एक परिवार है।" यह उपनिषदिक वाक्य सभी जीवित प्राणियों की परस्पर संबद्धता और मानवता की एकता के बारे में बात करता है। करुणा, सहानुभूति, सहिष्णुता, और बहुसांस्कृतिक संवाद के साथ इसे गहराई से प्रासंगिक बनाता है। भारत की G20 अध्यक्षता का मुख्य विषय "एक पृथ्वी, एक परिवार, एक भविष्य" इस अवधारणा के समकालीन प्रासंगिकता और आवश्यकता को और भी अधिक बल देता है। हम मानते हैं कि हमारी पत्रिका के पन्नों में, मानवता की समृद्ध विविधता को उसके आपसी संबंधों के प्रदर्शन के साथ जीवंत रूप से चित्रित किया जा सकता है।

> Dr. Krishna Kumar S & Ms. Riya Chaudhary Assistant Professors Department of English



# Gargi College Magazine 2023-24



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# From the Principal's Desk...



My very Best wishes to the 2023-24 College Voices magazine! May your publication amplify the diverse perspectives, talents, and experiences of our college students, fostering a vibrant platform for sharing ideas and sparking meaningful dialogue.

A global family embodies unity, empathy, and shared responsibility across borders. It recognizes that despite our diverse cultures, languages, and backgrounds, we are interconnected and interdependent. In today's world, where issues like climate change, pandemics, and economic disparities transcend national boundaries, fostering a sense of global family is crucial. It promotes collaboration, understanding, and collective action to address pressing challenges and build a more sustainable and equitable future for all.

Embracing the concept of "one world" reminds us of our common humanity and the imperative to work together towards peace, prosperity, and justice on a global scale.

Here's to inspiring and empowering the voices of the next generation. I am optimistic that Gargi College will be the Change, our voices will foster and nurture a better world!

Sargete Bhale

Prof. (Dr.) Sangeeta Bhatia Principal (Offg.)

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Editorial Note

#### Greetings Readers,

We welcome you to the 2023-24 edition of Gargi's official college magazine – 'Voices.' An eclectic blend of articles, poetry, artwork and thought provoking insights. This year 'Voices' theme aims to encapsulate the essence of the Upanishadic phrase "Vasudhaiva Kutumbakam." Embodied by three words, 'Vasudha', the Earth; 'Eva', Is Thus; and 'Kutumbakam', Family - it unravels the wisdom that declares, "The world is one Family."

In a world yearning for healing amidst myriad challenges, the theme of "Vasudhaiva Kutumbakam" resonates deeply. Rooted in India's cultural ethos, it emphasizes our shared responsibility towards each other and the fundamental unity of humanity. However, amidst our interconnectedness facilitated by technological advancements and globalization, we confront stark disparities in wealth, conflicts, and environmental crises. In recognizing the complexity of our global family, 'Voices' advocates for a nuanced understanding of "Vasudhaiva Kutumbakam" that celebrates diversity without homogenizing cultures or erasing identities.

'Voices' serves as a platform to amplify diverse perspectives within our college community, fostering dialogue on issues of multiculturalism, solidarity, and tolerance. We extend our gratitude to all contributors whose insights enrich this edition. While advocating unity is important, it is equally crucial to address systemic inequalities, injustices, and structural barriers that hinder genuine solidarity among nations and its people. Akin to a guiding light, "Vasudhaiva Kutumbakam" offers us a reminder that our fates are intertwined, and that only through cooperation, and mutual respect can we build a more equitable, peaceful, and sustainable world for generations to come.

Through this magazine we have tried our level best to provide a multifaceted view point to our readers, considering both sides of the coin. We now leave it up to you to look beyond the articles, get your intellectual juices flowing and perceive this concept the way you wish. We extend our heartfelt gratitude to all the contributors who have shared their valuable insights for this edition of 'Voices.' We hope that this magazine will encourage our readers to look beyond the surface glamour of ceremonies that often favor a select few, and to delve into the intricacies of our global family, understanding the underlying politics at play. The theme attempts to unlock the limitless potential for empathy, collective progress and aims to critically imagine and work towards a shared horizon that truly reflects the spirit of "One Earth, One Family, One Future."

As you peruse through the pages of 'Voices,' we invite you to delve deeper, to question, and to reflect on this concept. Let the diverse voices within these pages inspire you to take action, fostering positive change within our global community.

Here's to an insightful exploration!

Until next time,

The Editorial Team of Voices

# सम्पादकीय

#### वसुधैव कुटुम्बकम्ः एक वैश्विक परिवार की अवधारणा

#### अयम् निजः परोवेति गणना लघुचेतसाम् उदारचरितानाम् तु वसुधैव कुटुम्बकम्।

"वसुधैव कुटुम्बकम्" का संदेश, जिसे महा उपनिषद के छठे अध्याय के 71वें श्लोक में समाहित किया गया है, आज भी उतना ही प्रासंगिक है जितना कि हजारों वर्ष पूर्व था। इसके मूल में निहित विचार है कि "अयम् निजः परोवेति गणना लघुचेतसाम्, उदारचरितानाम् तु वसुधैव कुटुम्बकम्" अर्थात् संकीर्ण मानसिकता वाले लोग 'मेरे' और 'पराए' का भेद करते हैं, परन्तु विशाल हृदय वाले विश्व को एक परिवार के रूप में देखते हैं।

यह विचारधारा भारतीय समाज के जीवन—दर्शन का सार है और वैश्विक संदर्भ में इसकी प्रासंगिकता केवल बढ़ती ही जा रही है। वैश्विकरण के इस युग में, जब मानव समाज अनेक विभाजनों और विवादों का सामना कर रहा है, "वसुधैव कुटुम्बकम्" का संदेश एक ऐसी आशा की किरण है जो हमें एकता, सहिष्णुता और सामूहिक कल्याण की ओर ले जाती है। इतिहास के पृष्ठों पर, चाहे वो विश्व युद्ध हों या आंतरिक संघर्ष, इस विचारधारा की प्रासंगिकता अविश्वसनीय रूप से मजबूत हुई है। वैश्विक संकटों के इन क्षणों में, "वसुधैव कुटुम्बकम्" का दर्शन यह याद दिलाता है कि सामूहिक भलाई के लिए सहयोग और सह—अस्तित्व ही सच्चे मानवीय मूल्य हैं।

आज के समय में, जब हम वैश्विक महामारी, पर्यावरणीय संकट और सामाजिक असमानताओं जैसी चुनौतियों का सामना कर रहे हैं, इस विचार की महत्वपूर्णता और भी बढ़ जाती है। इस विचारधारा को अपनाकर हम न केवल इन संकटों का समाधान खोज सकते हैं, बल्कि एक अधिक समरस, सहयोगी और समृद्ध समाज की रचना भी कर सकते हैं। "वसुधैव कुटुम्बकम्" का संदेश हमें यह भी याद दिलाता है कि हमें अपने संकीर्ण दृष्टिकोणों से ऊपर उठकर, समाज के हर वर्ग के साथ न्याय, समानता और सम्मान के साथ व्यवहार करना चाहिए। इसमें समाज के सबसे कमजोर वर्गों को सशक्त बनाने और सभी के लिए समान अवसर सुनिश्चित करने की क्षमता है। विशेष रूप से, भारत ने इस विचारधारा को अपनाकर वैश्विक मंचों पर नेतृत्व किया है। चाहे वह जलवायु परिवर्तन, आतंकवाद के खिलाफ संघर्ष, या सतत् विकास लक्ष्यों की प्राप्ति हो, भारत ने वैश्विक सहयोग की भावना को बढ़ावा दिया है।

अंततः, "वसुधैव कुटुम्बकम्" का संदेश एक उदात्त विचार है जो हमें सिखाता है कि मानवता की भलाई के लिए हमें अपने सीमित दायरों से परे सोचना होगा। यह हमें प्रेरित करता है कि हम एक वैश्विक परिवार के रूप में सामूहिक रूप से काम करें, जहाँ हर व्यक्ति का सम्मान किया जाता है और हर जीवन की सराहना की जाती है। यह दर्शन हमें व्यक्तिगत, सामुदायिक, राष्ट्रीय, और वैश्विक स्तर पर उन्नति की ओर ले जाने के लिए एक ठोस आधार प्रदान करता है।

वसुधैव कुटुम्बकम ही हो हमारा नारा,

जहाँ मिले सबको एक—दूसरे का सहारा।

- छात्र संपादकीय बोर्ड वॉइस अभिव्यक्ति (2023–2024)





## Intiatives

**GARGI COLLEGE** 

# ANANDA- The Well Being Centre

Convener: Prof. (Dr.) Geeta Sidharth

ANANDA - The Centre for Well-being at Gargi College is an initiative founded on February 1, 2023. The visionary idea was conceived by Principal **Professor Sangeeta Bhatia** and esteemed faculty members of Gargi College. The goal is to promote collective well-being and nurture holistic growth among the Gargi Community. The center is driven by the 'sharing and caring ethos' and strives to enhance the spiritual, mental, emotional, and physical well-being of students, faculty, and staff through evidence-based practices and preventive measures. The centre embraces a multicultural and multidisciplinary approach to create an inclusive and collaborative environment. The aim is to foster positive transformations within individuals and contribute meaningfully to society.

The Ananda Well-being Centre's Internship Program (AWIP) is a hands-on experience in holistic health and wellness. The program is rooted in Gargi College's philosophy of 'I - The Creator of My Well-being.' It is a comprehensive and intensive 45-hour training guide based on various well-being-oriented activities, such as meditation, community outreach, outdoor activities, and research. The first batch of the Ananda Internship Program consists of 43 students from an array of courses, ranging from arts and humanities to sciences and commerce. The interns are united by a shared curiosity about holistic well-being. They are awarded the insightful opportunity to improve their quality of life within a wider perspective through inclusive, impactful day-to-day choices and effective interventions.

The interns are guided by experts and gain experience in assisting classes, leading workshops, and interacting with clients. This cultivates personal growth, selfawareness, and community spirit within them. Programs such as Har Ghar Dhyan workshops, community service, interactive seminars on mental, physical, and emotional fitness, skillsharing workshops, nature walks, and certificate courses have a layered effect. They bring together diverse life sects to reflect a fruitful lifestyle.



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# Student Council (2023-24)



Student Council Members (2023-24) First/Top Row (Left to Right): Ms. Asha Mourya, Ms. Devanshi Ahluwalia, Ms. Lovely Pandey, Ms. Anjali Baghel, Ms. Ruchika Sagar, Ms. Shanti Sehgal Second Row (Left to Right): Ms. Tisha Gulati, Ms. Vartika Singh, Ms. Boski Pandey, Ms. Tuba Tahir

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10.	Proctor Science	:	Ms. Ruchika Sagar, B.Sc. (Hons.) Zoology, III Year

# Union Advisors



*Left to Right* : Dr. Renu Soni, Dr. Manju Sahai, Dr. Poonam Phogat, Dr. Joya Bhattacharya

## **Proctor Teachers**



Left to Right : Prof. Aparajita Mohanty & Dr. Anita Bhatt

## Events organized by Student Union 2023-24

#### Farewell Ceremony for the Senior Batch 2022-23

On 27 April 2023, Gargi College bid a heartfelt adieu to the senior batch of 2022-23. Dressed elegantly in sarees and adorned with earrings, they epitomized grace and charm. From mesmerizing live performances by Gargi's societies to engaging rounds of the Gargi competition, each moment celebrated the talent and camaraderie within our college.

Souvenirs representing the long-lasting influence the seniors have had on Gargi College and its community were given to them as symbols of gratitude and memory.

#### Paper Presentation Competition & Zero Waste Cooking

The Student Council and Eco Club of Gargi College, AVNI, led a significant and influential event on Environment Day, hosting a paper presentation competition. Under the theme **"Weaving Sustainable Solutions: Shaping a Greener Future,"** students actively and passionately presented paper on imperative and momentous topics such as sustainable development, microplastic pollution, and the fashion industry's ecological footprint. Their presentations, held on 5 June 2023, showcased immense enthusiasm and knowledge.

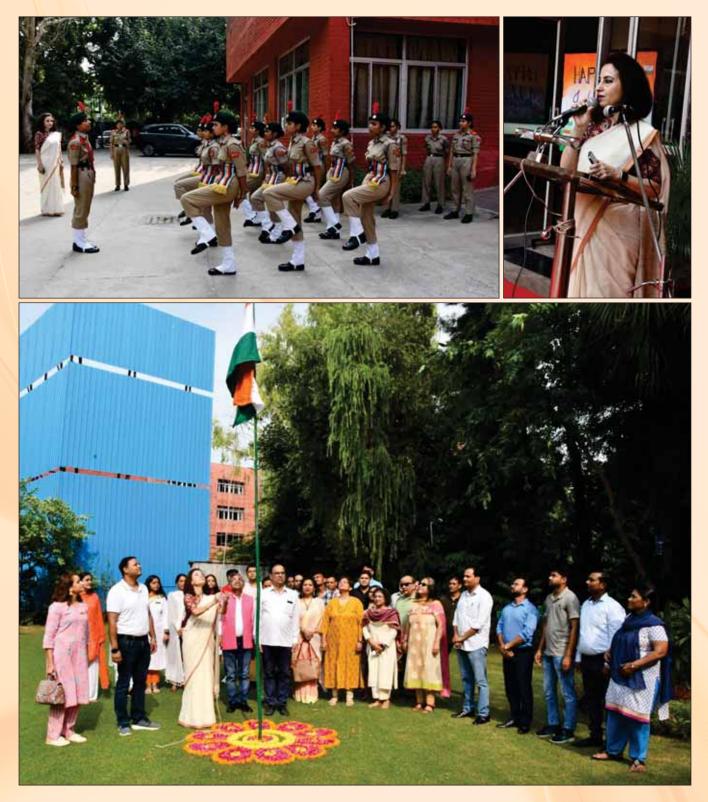




**Independence Day Celebration** 

Gargi College celebrated India's 77<sup>th</sup> Independence Day with pride and unity. The ceremony started with Principal **Prof. Sangeeta Bhatia** raising the flag, signifying India's struggle for independence. NCC cadets honored our armed troops and inspired awe from everyone with their disciplined march. The Panch Pran promise was recited by the staff, faculty, and students as a way





of pledging their continued support for Indian principles. Gargi College celebration of Independence Day served as a reminder of our shared pride and commitment to India's future.

#### **Orientation** Day

Students Council organized the orientation day for the new batch of 2023-24 on 16 August 2023. In a packed auditorium, our Principal, **Prof. Sangeeta Bhatia** imparted words of wisdom, fostering a personal connection with each student. Student council president, **Ms. Devanshi Ahluwalia** introduced college societies and chances for advancement, emphasizing unity and diversity to the freshers. In addition to praising every participant, Proctors also shared their words of encouragement and support. The event concluded with a heartfelt vote of thanks and



instructions, leaving a lasting impression on the hearts and minds of all who attended.



#### Cultural Performance under Azadi Ka Amrit Mahotsav

Gargi College's 77<sup>th</sup> Independence Day celebration, themed "**Thread of Unity, Colors of Diversity: हर रंग में** एकता (**Unity in Every Colour**)" on 17 August 2023, reflected the dynamic essence of the nation's diverse cultural fabric. Held at Arts Quad, it drew students from throughout the college. The students' energy gave a new level of excitement to the celebrations. The performances, which ranged from traditional folk





dances of Assam, Orissa, and Rajasthan to sentimental renditions of patriotic songs, mesmerized the audience and took them on a tour of India's rich cultural legacy. Among the cheers and clapping, the spirit of independence filled the air.

#### Wise-Up (Speaker Session): Episode 1

Gargi College had the privilege to host **Dr. Tanu Jain** as the speaker for the first session of **Wise Up: Unleashing Ideas and Inspiring Minds**, held on the 23 August 2023. She was a silver lining for the audience who wanted to dive into the pool of civil examinations. She gave a new perspective to children that this examination should not be a choice but an exigency as its preparation helps children to learn the core values of life like perseverance, patience, and honesty. While most of the speakers share their struggles she said that provocation to strive in any field is a universal truth.



#### **Teachers' Day Celebration**

The College Student Council organized a lively Teachers' Day celebration to honor its dedicated faculty members on 5 September 2023. The theme was



**Style**'. A high point was the retro fashion show, as students escorted professors down the r u n w a y i n bold, throwback outfits. Our



Principal, **Prof. Sangeeta Bhatia** also participated, joining teachers and students alike. The lively and joyfull interactions between teachers and students highlighted the warm and respectful atmosphere of the college.

#### **Freshers' Party - The Masquerade Ball**

Freshers is an indelible memory of College life, and so was the Freshers party for the batch of 2023, which was held on the 15 September 2023. The theme of the party was "Enigma Elegance", channeling the vibe of a masquerade ball. The students came up with the best attires, shimmer, and sophisticated grace. The freshers became profoundly warmed up with the heartful performances of various societies, exhilarating the



wholeness of the grand welcome. Though it was hard to announce one of the gems as the star fresher, but everyone deeply dived into cheer while grooving on songs along with their new bees.



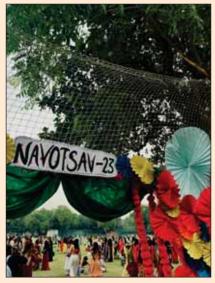


#### Navotsav'23 - Navratri Celebration

On 17 October 2023, Gargi College celebrated Navotsav, a festival marking Navratri celebrations. The event witnessed a decorated basketball court, symbolizing the festive spirit, with a dress code of long skirts showcasing the traditional attire such as lehengas and sarees,



matching the Navratri vibes. Students danced in circles radiating excitement and joy on traditional garba and nagada songs. The celebration also witnessed a performance by the student council, followed by music and dancing, creating an energetic and joyful



celebration. There were different food stalls and face-painting stalls adorned with vibrant hues and designs.

#### Zistatva'23

#### Zistatva' 23: Pre-jitters (Organised by NSS Gargi and Student Council)

#### Jashan e Noor

"Jashan e Noor", a spectacle of unity, respect, joy, and gratitude was a flurry of celebration. It glimmered with gratitude for our shining stars - the teachers. It played as a series of sincere homage and deep appreciation followed by a few teary-eyed moments of love and gratitude.

#### Muskurahat e Diwali

This celebration of respect and love was then followed by "Muskurahat e Diwali", a lively and profound recognition to the non-teaching staff, highlighting the crucial role they play in easing our life at 2<sup>nd</sup> home. The day unfurled a plethora of fun games and activities to rejoice.

#### No Bag Day

For a whimsical play, on 6 November 2023, came "The No Bag Day". Just as simple as the name, the task was to carry the belongings in unconventional items like buckets, helmets, bedsheets, umbrellas, hangers, etc. The light-hearted event wasn't just fun but a "think out of the bag" activity too.

#### Sangeet Day

To give a Karan Johar's movies feel to the students, a Bollywood-themed Sangeet day was organized on 7 November 2023, in collaboration with Nazaakat, Sparx, Kshitij, and Enliven, invoking the real Bollywood fan in everyone. With unexpected and dramatic plot twists and lively wholehearted performances, the air filled with love, drama, music, and excitement, left the spectators and participants enthralled.



#### Rangoli Competition

After the music, gratitude, and respect show, it was time to add colours. A rangoli competition did the needful. The artistic talent, extreme enthusiasm of the participants, and the intricate designs of the art transformed the surroundings, adding a festive ambiance.

#### Zistatva Diwali Fest: Spreading Light and Kindness

Gargi College continued its legacy of Diwali celebration and embodied the joyous spirit of the festival by hosting its annual extravaganza, Zistatva on 8 November 2023 with the theme "Nawazish".

The festive celebration began with the lamp lightening ceremony by our distinguished Chief guests, **Shri Vikas Trivedi**, Deputy Chief Commissioner in the Ministry of Social Justice and



Empowerment, Government of India, **Prof. Amit Kumar Singh**, Chairperson, Governing Body and our Principal, **Prof. Sangeeta Bhatia**. The Principal's address, suffused with the spirit of Nawazish, underscored the transformative power of kindness in nurturing a supportive college community. Esteemed guests graced the occasion delivering their wisdom and insights. The campus was then enthralled by cultural performances which left the spectators in awe and filled with joyous spirit.

To acknowledge the spirits of individuals who showcased exceptional dedication in their efforts towards the college was served recognition, the stories of their journey being an inspiration for everyone. This heartfelt gesture highlighted the spirit of Nawazish. Because of the collaborative efforts of everyone, Zistatva brightened the campus of Gargi, which was graciously applauded with a vote of thanks, as the celebration was drawn to an end.



#### Wise Up (Speaker Series): Episode 2

Gargi College witnessed the charismatic presence of **Lt. General Satish Dua** in the second session of Wise Up: Unleashing Ideas and Inspiring Minds held on 23 January 2024. He is the illuminating panjandrum behind the URI SURGICAL STRIKE. His gentle fleet and bold voice culminated the session at a point where





there was just patriotic fervor and deep-rooted respect for our soldiers. He pronounced deep affiliation for his companions giving them equal credit for the strike while also saying that no strike can simmer the grief. He embraced the enthusiasm of soldiers as Indian Bravehearts who share adventures and emotions. The session truly highlighted the fact that tables can be turned with strategies, making the impossible possible.

#### **Republic Day Celebration**

Gargi College celebrated India's 73<sup>rd</sup> Republic Day on 26 January 2024, with fervor and unity. Led by the Student Council, the event aimed to honor democratic values and inspire the college community. Principal **Prof. Sangeeta Bhatia** hoisted the national flag, signifying the college's commitment to the Indian Constitution's principles. The NCC cadets led a parade, demonstrating discipline and respect for the nation's armed forces.

Students solemnly pledged allegiance to democracy, secularism, and social justice,



emphasizing their dedication to nation-building. Cultural performances showcased India's diverse heritage, fostering unity among attendees.

#### **Donation** Drive

The team embarked on a Karol Bagh labor camp for an expedition. We distributed stationery, clothes, packed food, and other essential items to people who needed them. What followed this was more than simply about money; it was a connection built through discussions about life's nuances and curveballs, shared laughter over jokes and puns, and moments of joy spent dancing and singing together. The camp turned into a small but joyful community. There was a sense of happiness everywhere as we connected personally, leaving a strong impact not only through material gifts but through human interaction.

#### Reverie'24: The Annual Cultural Fest of Gargi College

#### **Pre-Jitters of Reverie: Setting the Stage for Spectacular Celebrations**

The countdown to Reverie, the much-anticipated annual college fest, commenced with a series of electrifying pre-jitters events. From theme reveals to nostalgic games and music extravaganzas, each event added a layer of excitement, paving the way for an unforgettable celebration.

#### Golden hour : A dream of endless corridors (Theme Unveiling)

On 5 February 2024, at Gargi's Arts Squad, students were thrilled as the theme **"Golden Hour: A Dream of Endless Corridors"** was revealed. **Ms. Kashish Yadav**, a third-year B.A. (Prog.) student, suggested "Golden Hour," while **Ms. Anjali Baghel**, the General Secretary of the Students' Council and a B.A. (Hons.) Political Science student, proposed "A Dream of Endless Corridors." The announcement sparked excitement for the upcoming festival, with its vibrant theme promising a joyful celebration ahead.

#### **Cosplay Carnival:** Where Fantasies Come to Life:

Bringing imagination and dreams to life, the campus bustled as the hub of creativity on 6 February 2024, as students flaunted their fashion flair in the cosplay event. Students walked the red carpet decked up from superheroes to Barbie and Mogambo, embracing their alter egos.





#### Bachpan-Relive your bachpan

February 7<sup>th</sup> was the day of reviving a sense of deja vu, as students reminisced of carefree childhood days, by indulging in the games and activities that brought laughter and joy to all. From musical chairs





and stapoo to pin the tail, the games suffused a sense of camaraderie and brought a ray of euphoria in students.

#### Coachella - A Symphony of Music and Dance

The cliffhanger to Reverie was a celebration brimmed with music, dance, and entertainment. On February 9<sup>th</sup>, the campus pulsated with energy as students matched the beats right from soothing indie rhythms to electrifying DJ mixes.





#### Reverie: Day 1 Highlights (13 February 2023)

The first day of Reverie, Gargi College's annual festival saw an array of events inaugurated by Smt. Meenakshi Lekhi, Minister of State for External affairs of India. Student council president Ms. Devanshi Ahluwalia presented the opening remarks during inaugration ceremony. The ceremony was rendered exceptional by a captivating and Upstage "Nivacanna," a theatrical spectacular. Iris impressed audiences with "Eraya" and simultaneously Nazakaat performed the

Nazakaat, the Dance Society, spread colours in the event with "Dhanak" and Samarth brought "Ink Illusion" to life, while Quizzing kept minds engaged with "Gen-Hit Me Jari." Sameeksha connected with "Goonj," and Anubhuti conducted "Rachnatmak Lekhan." The North East

"Lasya" dance form. Glass Eye screened enlightening documentaries.

dance performance by Amazia group. Euphony performed "Requiem,"

Cultural Dance Performance took center stage in the main field. Day 1's conclusion, a union event with a humorous performance by Ms. Neeti Palta, came after this performance.



#### Reverie: Day 2 Highlights (14 February 2023)

Reverie College Fest's second day featured a wide range of cultural activities that promoted artistic expression and friendship. Organizations such as Kshitij, Iris, Samranjini, Enliven, Hues, White Rose Club, Euphony, Anubhuti, and Sparx, arranged interesting events, such as street dramas and a fascinating picture show. A fashion walk combined old



Reverie: Day 3 Grand Finale (15 February 2023)

The final day of our college festival, Reverie, concluded with a burst of creativity. Iris the photography society held an exhibition showcasing photographs clicked throughout the year. A Fashion Walk was organised by union members which added inventiveness and glamour. Leading the way onto the stage was our principal, along with advisors and members of the student council.

The much-anticipated concert by **Nikhil D'souza** filled the air with soul-stirring

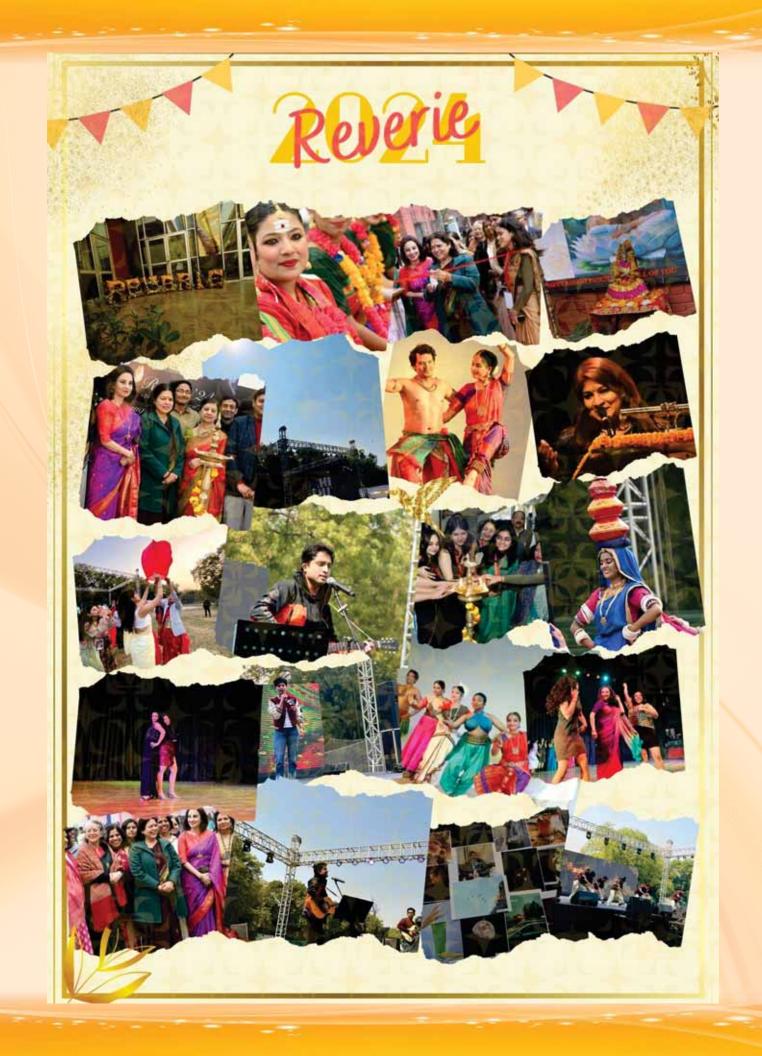


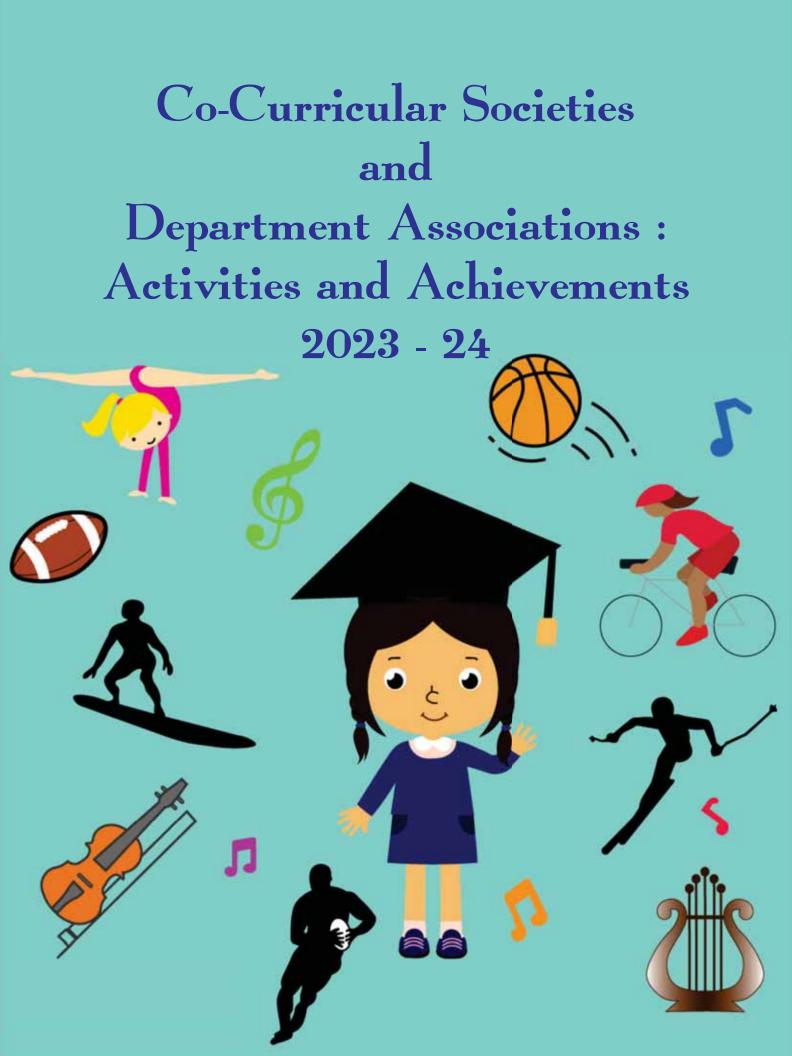


and new with flare, and an intercollegiate dance competition thrilled the crowd with a variety of acts. A fun Karaoke session brought everyone together and encouraged enjoyment as the day came to an end. Reverie Day 2 had a profound effect on the collegiate community by personifying international conversation, group celebration, and artistic expression.



melodies, marking Reverie's grand finale. Attendees enjoyed the live music feeling the festival's vibrant spirit of joy. As the event ended, it left a mark, sparking creativity, building friendships, and making lasting memories. The event was given a final ending with the heartfelt remarks by our Principal, **Prof. Sangeeta Bhatia**. **Ms. Anjali Baghel**, General Secretary, Students council gave the final vote of thanks.





# **Co-Curricular Societies**

### अनुभूति - हिंदी शृजनात्मक लेखन समिति



शिक्षक संयोजक : डॉ. श्रीनिवास त्यागी

शिक्षिका सह-संयोजिका : डॉ.मीना

छात्रा संयोजिका : दीपिका, बी.ए. (प्रोग्राम) इतिहास + राजनीति, द्वितीय वर्ष

रेवेरी-2024 में रचनात्मक लेखन प्रतियोगिता पुरस्कार वितरण

गार्गी महाविद्यालय में रचनात्मक एवं सृजनात्मक लेखन के माध्यम से अपने विद्यार्थियों की अभिव्यक्ति को निखारने में सक्रिय रूप में अनुभूति अपनी भूमिका निभा रही है। अनुभूति का उद्देश्य भावों की अभिव्यक्ति को एक सार्थक दिशा देना एवं विद्यार्थियों में लेखन, वाचन एवं भाषण कौशल का विकास करना है। महाविद्यालय के वार्षिक उत्सव रेवेरी–2024 में रचनात्मक लेखन प्रतियोगिता का आयोजन 13 फरवरी 2024 को किया गया, जिसमें दिल्ली विश्वविद्यालय के अनेक छात्र–छात्राओं ने भाग लिया। इस प्रतियोगिता में प्रथम पुरस्कार– आदित्य भट्टर–शिवाजी कॉलेज,



रेवेरी–2024 में में आयोजित प्रतियोगिता

द्वितीय पुरस्कार—नंदिनी बसवाल—गार्गी कॉलेज तथा तृतीय पुरस्कार—वैष्णवी शर्मा—मोतीलाल नेहरू कॉलेज को प्राप्त हुआ। इस प्रतियोगिता में निर्णायक की भूमिका का निर्वहन गेल में राजभाषा अधिकारी डॉ.गोपाल यादव, हिन्दी विभाग में प्रोफेसर डॉ. वीणा शर्मा एवं प्रोफेसर डॉ. अनीता यादव ने किया। 14 फरवरी 2024 को रेवेरी—2024 के अंतर्गत अनुभूति ने स्वरचित काव्यपाठ प्रतियोगिता का आयोजन किया, जिसमें प्रथम पुरस्कार—विकास चौधरी, हंसराज कॉलेज, द्वितीय पुरस्कार—आयुष आवर्त—हंसराज कॉलेज, तथा तृतीय पुरस्कार— अंशिका सिंह—श्यामा प्रसाद मुखर्जी कॉलेज को प्राप्त हुआ। इस प्रतियोगिता में निर्णायक की भूमिका का निर्वहन हंसराज कॉलेज में एसोसिएट प्रोफेसर डॉ. राजेश शर्मा, हिन्दी विभाग में प्रोफेसर डॉ. मीना एवं प्रोफेसर डॉ. स्वाति श्वेता ने किया।



अनुभूति के रचनात्मक उद्देश्यों की पूर्ति के लिए इस अकेडमिक सत्र 2023–2024 में अनुभूति ने हिंदी साहित्य परिषद के साथ मिलकर 2 अप्रैल 2024 को रचनात्मक लेखन प्रतियोगिता का आयोजन किया। इस प्रतियोगिता में प्रतिभागियों को 'जीवन में अनुभूति का महत्व' विषय पर अपनी रचनात्मकता दिखाने का अवसर दिया गया। इस प्रतियोगिता में प्रथम पुरस्कार संस्कृत विभाग की प्रथम वर्ष की छात्रा सोनाली कुमारी को प्राप्त हुआ। द्वितीय पुरस्कार हिन्दी विभाग की तृतीय वर्ष की छात्रा श्रुति एवं बी.ए. द्वितीय वर्ष की छात्रा हेमा को संयुक्त रूप से दिया गया। इस प्रतियोगिता का तृतीय पुरस्कार संयुक्त रूप से राजनीति विज्ञान की प्रथम

प्रतियोगिता की विजेता

वर्ष की छात्रा अलिशा आर्या एवं लाइफ साइंस की प्रथम वर्ष की छात्रा आर्या चतुर्वेदी को प्राप्त हुआ। इस भव्य आयोजन में अनेक छात्राओं ने अपनी रचनात्मकता को अभिव्यक्ति प्रदान की।

इस अकादमिक सत्र में हमारी समिति के अनेक सदस्यों ने दिल्ली विश्वविद्यालय के विभिन्न कॉले<mark>जों द्वारा आयोजित विभिन्न</mark> प्रतियोगिताओं में भाग लेकर अपनी रचनात्मक उपस्थिति दर्ज कराई ।

### AVNI - The Eco Club



Pass it on Book drive

**Teacher Convenor:** Dr. Mamta Tripathi

**Teacher Co-Convenor:** Dr. Vandna Luthra

**Student Convenor:** Ms. Avani, B.Com. (Prog.) III year

**Student Co-Convenor:** Ms. Mansi Kumari Meena, B.Com. (Prog.) III year

AVNI: The Eco Club has continually worked tirelessly with its motto of "Harmony on Planet Earth". Throughout the year, we have conducted a variety of activities, seminars, which sensitizes our volunteers towards prevailing environmental

crises. The beginning of our session was marked by a plantation drive. Regular Eco-Baithaks were organized to promote discussions around burning environmental issues. AVNI participated in Reverie and donated stationary by upcycling used papers, cardboards, etc. This year was also marked by a unique activity called "Pass it on", which consisted of both book donation and distribution. The club also conducted the "Tide Turners Plastic Challenge", introduced by WWF India. AVNI also collaborated with the "Centre for Global Affairs and Public Policy" and organized a workshop on Waste Management. An educational trip to the Aravalli Biodiversity Park was organized. A bird watching session was conducted



Visit to Aravalli Biodiversity Park



Bird Watching Session

in the college premises to make all aware of our close surroundings. Our other major initiatives include Fireless cooking, Eco Brick making, Know the Bee Workshop, Green Diwali, Valentines with Nature, amongst others. Our volunteers have consistently participated in various intra-college as well as intercollege events to work towards the goal of environment conservation. We have collaborated with a number of organizations and NGOs to create awareness and foster positive changes. As a club, we always try to promote love for nature and preserve it.



Eco-bricks made by AVNI members

#### Centre For Diversity & Inclusion

#### Izhaar - Garģi's Mental Health Initiative



QPR Suicide Prevention Training for faculty and staff

**Teacher Convenor:** Dr. Rekha Navneet

**Teacher Co-Convenors:** Prof. Neera Pant Dr. Shweta Chaudhary Ms. Soni Jaiswal Ms. Vibhuti Mehta.

**Student Convenor:** Ms. Harshita Yadav, B.A. (Hons.) Applied Psychology, III year

**Student Co-Convenor:** Ms. Rita Sharma, B.A. (Hons.) Applied Psychology, III year

Izhaar, Gargi's Mental Health Initiative, is an on-campus peer to peer support group that aims to create awareness around mental health. Led by the values of empathy and non-judgement. Izhaar is working to create a safe stigma free space where people talk about their mental struggles and seek information about professional help.

The academic session commenced with an event, "Draw Your Anxiety," allowing students to express and find therapeutic relief for their anxieties artistically. On Independence Day, the "silent march" highlighted

the need for a stigma-free society. September was dedicated to "Suicide Prevention Awareness", including movie screening and discussion. October, "Mental Health Awareness Month", was observed by conducting a vibrant flashmob, followed by an open discussion of mental health issues. On "World Mental Health Day", **Dr. Divya Parashar** was also invited to share insights about handling everyday anxiety, negative self-talk, and overthinking. Izhaar also participated in the tree plantation



Mental Health Awareness Month



drive with the Garden Committee and symbolized the plant as "Pratiksha" meaning hope and patience, encouraging a pause in our fast-paced lives to reconnect with nature. "Mental Wellness Month" was celebrated with "Happier in Motion", awareness of the importance of physical movement for mental health with the help of dance and Zumba. As an act of kindness and sharing, Izhaar undertook "DaanUtsav" for the underprivileged residents of JLN Slum. Additionally, "QPR Suicide



Prevention" training session by **Ms. Devika Khanna** was also held for the faculty and staff members.

Apart from these events, Izhaar is also active on social media in order to reach out to those in need and spread awareness.



Dr. Divya Parashar on World Mental Health Day

## The White Rose Club

Teacher Convenor: Dr. Rekha Navneet Teacher Co-Convenor: Dr. Anjana N. Dev Student Convenor: Ms. Anchita Goel, B.Com. (Prog.) III year Student Co-Convenor: Ms. Suvanshi Bhatia, B.Com. (Prog.) III year

The White Rose Club is a queer-straight alliance under the Centre for Diversity and Inclusion, Gargi College, University of Delhi, aiming to educate and sensitize people regarding LGBTQIA+ issues.

Over the past academic year, the White Rose Club at Gargi College has been steadfast in its commitment to supporting and celebrating the LGBTQ+ community through a diverse range of events. Beginning with a dynamic collaboration with GirlUp, the club facilitated enriching discussions and Instagram Live sessions with influential personalities like Prarthana and Hastag Preeti, fostering understanding and empowerment among participants. Thought-provoking



Nukkad Natak, in collaboration with Kshitij



Anokhi Charcha (Allyship)

Pride Parade

'Nukkad Nataks' and insightful 'Anokhi Charchas' provided platforms for exploring topics such as LGBTQ+ allyship and creative expression, sparking meaningful dialogue within the community. The highlight of the year was undoubtedly 'The Pride Parade,' a resounding success that brought together individuals from all walks of life in a spirit of unity and joy. Additionally, a 'Speaker Session' delved into the Supreme Court's verdict on Marriage Equality, featuring the expertise of **Ms. Raghavi**, further enhancing awareness and understanding. Embracing creativity, the club hosted events like "Queer ki Zine," allowing enthusiastic participants to explore artistic expression within a supportive environment. Through these initiatives, the White Rose Club has not only celebrated diversity but also championed inclusivity and acceptance within the college community.

Through these events, the White Rose Club has shown its dedication to promoting acceptance and empowerment, not just within Gargi College, but in the wider community as well.



Queer-Ki-Zine in collaboration with Hues, Reverie

## Enactus Gargi



Enactus Gargi full team

**Teacher Convenor:** Dr. Seema Sharma

**Teacher Co-Convenor:** Dr. Niyati Singh

**Student Convenor:** Ms. Sanjana Rastogi, B.A. (Hons.) Business Economics, III Year

#### **Student Co-Convenors:**

Ms. Anjali Unnithan, B.A. (Prog.) Economics + Political Science, III Year

Ms. Namjas Kaur, B.A. (Hons.) Economics, III Year

Ms. Muqaddisa Tahir, B.A. (Hons.) Business Economics, III Year

Enactus is an international non-profit organization that believes in investing in students who take Entrepreneurial Action for others and creates a better world for US all. Our mission is to uplift less privileged communities through education, constructive operations, and sustainable entrepreneurship.

In 2023-24, our four projects—Rachna, Aagah, Neev, and Vikas—adhered to these principles. In September, we expanded our team, recruited new members whose diverse skills and perspectives enhanced our endeavors.

Project Rachna, dedicated to empowering artisans and fostering community, thrived in October, gearing up for Diwali and Delhi University fests. The team's diligence shone as they navigated complexities, making a significant impact. November brought invitations from prestigious entities like the Boston Consulting Group and Hindu College, expanding Project Rachna's reach. Their adept organizational skills were evident in setting up successful stalls at various events, amplifying visibility. In 2024, Project Rachna has actively participated in various college fests, cementing its presence.



Rachna Stall

- Project Aagah, focused on uplifting underprivileged students, witnessed notable progress in its inaugural month at Ishwar NGO in October 2023. The fellowship's diverse curriculum aimed to equip students with essential skills for a brighter future. In 2024, Project Aagah expanded its initiatives, organizing events like the Panel Discussion on Body Positivity.
- Project Neev, dedicated to reducing plastic waste and promoting ecofriendly options, made significant strides in October-November. Engaging with local artisans and organizing activities at DPS Vasant



Aagah Fellowship Class

Kunj, they sensitized people about eco-friendly choices. In 2024, Project Neev organized activities like Candle Making and Painting at Gargi's Chemistry Lab, furthering its mission.

 Project Vikas, aiming to bridge the information gap and create opportunities through technological innovation, organized events like Eco-Preneur and webinars on GMAT and internship strategies. Constantly providing internship opportunities for college students through social media, Project Vikas remains committed to developing human resources.



Vikas B-Plan Competition

## ENLIVEN - The Western Dance Society



Students performance at Reverie, Gargi College

**Teacher Convenor:** Ms. Rima Chauhan

**Student Convenor:** Ms. Annu Bhati, B.Com. (Hons.) II year

ENLIVEN performs a variety of dance styles, including hip hop, waacking, and house. Every year during Reverie, Enliven hosts the Event Zenith, the Western group dance competition.

Our Choreographer **Mr. Dheeraj Soni**, created an 8 minutes choreography that served as our annual production,

complete with innovative props, catchy songs and sublime dance moves.

Enliven has been an active member of the Delhi Dance Circuit for multiple years. Performing at various esteemed stages and earning countless accolades.

We organize Zenith, the Western group dance competition in our College during Reverie, our Annual Cultural Fest, in which all DU dance societies compete for the title of the champion.

In addition to these events, we take part in Flashmobs and multiple performances within our College.

Enliven bagged 1<sup>st</sup> position in Lloyd Mac, Amity Noida, St. Stephens, BML Munjal, Shivaji College. DME, VK Rao hostel DU, ARSD, SPM, Bharti College, Symbiosis, HT City, KNC, Bhagni Nivedita, JECRC Jaipur, MAIMS, LINGYAT, Meri College.

Enliven secured second position in IITM, SGGSCC, NDIM, SRM, NDIM, SGTB Khalsa college.

Enliven secured best performance/special mention in NSUT, NIFT.



# Equal Opportunity Cell



EOC Team Members at Extempore Competition

**Teacher Convenor:** Dr. Sweta Mishra

**Teacher Co-Convenor:** Dr. Suman Lata

**Student Convenor:** Ms. Ayushi Nayak, B.A. (Hons.) Political Science, III Year

**Student Co-Convenor:** Ms. Saloni, B.Com. (Prog.) III Year

The Equal Opportunity Cell of the college, organized an Intra College (Bilingual) Extempore competition on 31 October 2023. Around 25 students across different subjects participated in the competition. The students debated on topics like: Equal Opportunity and access to Quality Education, Equal Opportunity: A Cornerstone of a just society, Equal Opportunity in the Digital Age: Challenges and benefits, Positive Discrimination and socio-economic diversity in Education, etc. Dr Joya Bhattacharya and Prof Veena Sharma judged the event.



EOC members with Judges of Extempore Competition

The Cell organized a talk by **Prof Ashok Acharya**, Professor in the Department of Political Science, University of Delhi, on the topic "Equal Opportunities" on Friday 23 February 2024. Professor Acharya explained that equal opportunity should encompass more than just job availability; it should extend to education and healthcare access as well. He discussed various political science ideologies and their potential to generate innovative solutions for a society. Through numerous examples, he illustrated how lack of opportunities hinders individuals with enormous potential from contributing meaningfully to their respective fields.



Prof Ashok Acharya Delivering the Talk

EOC members with the Guest Speaker

## EUPHONY - The Western Music Society

**Teacher Convenor:** Dr. Vera Yurngamla Kapai

**Teacher Co-Convenor:** Dr. Maneesha Roy

**Student Convenor:** Ms. Surabhi Sundram, B.A. (Hons.) English, III year

**Student Co-Convenor:** Ms. Anoushka Dey, B.A. (Hons.) Political Science, III year

Euphony, the Western Music Society of Gargi College has been renowned in the Delhi



Euphony at Netaji Subhash University of Technology -<sup>1<sup>st</sup></sup> Position in Harmony - The Western A Cappella Competition

University Western Music Circuit for many years. The year started with the Orientation Day where the Society members along with the faculty members interacted with the incoming batch. This was followed by Open Mic event celebrating Azadi ka Amrit Mahotsay to highlight music's ability to inspire, promote awareness and foster harmony. The society also organized Western A Cappella and Solo competitions under Reverie '24, and performed at other intra-college events as well as at various other colleges and garnered many accolades in the ongoing 2023-24 session, in the Western A Cappella category.

The annual piece consists of classical, jazz, alternative, and pop songs and has secured 1<sup>st</sup> position at Netaji Subhash University of Delhi and Dyal Singh College, 2<sup>nd</sup> position at IIT Kanpur, Shri Ram College of Commerce, and Shaheed Rajguru College of Applied Sciences for Women; 3<sup>rd</sup> position at IIT Delhi, St Stephen's College, Daulat Ram College and Kirori Mal College.



Euphony at Shaheed Rajguru College of Applied Sciences for Women - 2<sup>nd</sup> Position in Western A Cappella Competition



Euphony at Global Music Institute - 2<sup>nd</sup> Position in Pitch Please - The Western A Cappella Competition

Our soloist, Surabhi Sundram, has won the following awards for Euphony in the Western Solo Singing category: 1<sup>st</sup> position at IIT Delhi, Janki Devi Memorial College, Shri Ram College of Commerce, Delhi Technological University. Dyal Singh College and Kamala Nehru College; 2<sup>nd</sup> position at IIIT Delhi. Euphony is already on a winning streak and intends to keep working hard to win more accolades to maintain its brand value in the Western Music circuit.



Surabhi Sundram - 1<sup>st</sup> position in the Solo Singing Competition at Janki Devi Memorial College

## Gandhi Study Circle



GSC members with Judges of Extempore Competition

**Convenor:** Dr. Sweta Mishra

**Co-Convenor:** Dr. Suman Lata

Student Convenor: Ms. Ananya, B.A. (Hons.) Political Science, III Year

**Student Co-Convenor:** Ms. Ankita Raj, B.A. (Hons.) Political Science, III Year

The Study Circle's activities started with the Tree Plantation Drive organized by the Garden Committee of Gargi College on Tuesday, 12 September 2023. As part of the Plantation drive the teacher and student members of Gandhi Study Circle (GSC) planted a Reetha tree in the Scared Garden of the College. The student members are expected to care of the plant. They are required to submit a report every three months on the progress of the plant, create awareness about the benefits of the plant, its botanical name etc. This may help in creating awareness and impart sustainability.

Gandhi Study Circle in collaboration with the Rajbhasha Karyanvayan Samiti of the college, organized an Intra college Creative Writing Competition on 19 September 2023, on the theme 'Bhasha Aur Sanskriti Saath Saath Chalti Hain'. Around 50 students from various Departments participated in this competition.



Reetha Tree Planted by GSC members



Creative Writing Competition in Progress

On the occasion of Gandhi Jayanti, Gandhi Study Circle organized a talk on "Mahatma Gandhi: A Mass Leader" by **Dr. Bhuvan Kumar Jha**, Associate Professor, Centre for Historical Studies, JNU, on Friday, 6 October 2023. He emphasized that Gandhi emerged as one of the most influential leaders in the history of the world. Gandhi's leadership was characterized by his unwavering commitment to the principles of truth,



GSC members with the Guest Speaker, Dr. Bhuvan Kumar Jha

nonviolence, and civil disobedience. He mobilized the masses and connected with people from all walks of life & that made him a true mass leader. Beyond India's borders, Gandhi's influence extended worldwide.

On the occasion of Gandhi Jayanti, the GSC also organized an Intra College Extempore competition on 10 October 2023. Around 30 students across different subjects participated in the competition. The students debated on topics like Gandhi and Secularism, Non-Violence, Satyagraha, Hind Swaraj, Salt March, Gandhi's Idea of Dharma etc.



Judges of Extempore being Felicitated

Gandhi Study Circle in collaboration with the Political Science Department organized a visit to the National Gandhi Museum and Gandhi Samadhi, Rajghat on Thursday 26 October 2023. More than 100 students participated in the programme. Dr. Sweta Mishra, Dr. Suman Lata and Dr. Joya Bhattacharya accompanied the students.

## **GLASSEYE** - The Film Society



GlassEye - Team

photography society of Gargi College, and GStudios. Together, we hosted an interactive session delving into the fundamentals of camera handling. This session proved highly informative and served as a valuable skill-building opportunity for our members.

We also worked on several projects during the first half of the session. One notable project was a documentary under, Hold My Grain, that captured the rich diversity of India by showcasing rice as the central ingredient across the nation's varied cuisines.

Following this, we undertook the ambitious task of creating a series of five films, each exploring one of "The Seven Sins." This endeavor proved both fruitful and creatively challenging, pushing our members to explore new horizons in filmmaking.

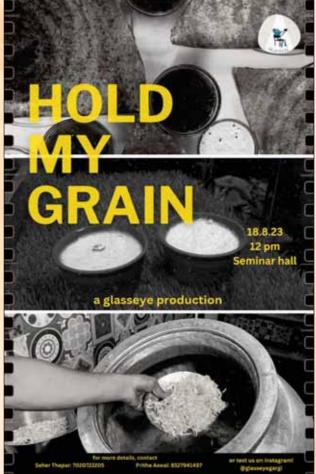
Moreover, we had the privilege of hosting Shootguru, **Mr. Kshitij Sheetak**, for a workshop on the Basics of Filmmaking. This workshop provided invaluable insights and proved to be an enlightening experience for all participants. We also had the opportunity to cover the Freshers event for the incoming batch of 2024, serving as a media partner and capturing memorable moments.

**Teacher Convenor:** Dr. Prachi Kalra

**Student Convenor:** Ms. Seher Thapar, B.A. (Prog.) III year

The year marked a significant milestone for our film society, characterized by a myriad of creative productions, distinguished film discussions, and engaging competitions. It was a period of resurgence and reinvigoration, as we witnessed a resurgence in participation and enthusiasm within our community.

In the beginning of the year, we kicked off with an exciting collaboration with Iris, the



Poster for our documentary screened under AKAM 2023

Continuing our spirit of collaboration, we joined forces with Effulgence Films, the film society of Sri Venkateswara College. Through this collaboration, we facilitated the exchange of ideas and filmmaking techniques, enriching the experience for members of both societies.

To further enhance our members' skills, we organized a three-day acting workshop. This workshop aimed to deepen their understanding of the nuances between theater and screen acting, providing valuable insights to elevate their performances. Throughout these endeavors, we remained dedicated to fostering creativity, learning, and collaboration within our society, ensuring that each member had the opportunity to grow and excel in the world of filmmaking.



GlassEye's collaborative shoot with Effulgence Films, the film society of Sri Venkateswara College



On-the-spot film-making competition held under Reverie 2024

Under Reverie, the annual fest of Gargi College, we held two inter-college events, an online scriptwriting competition and an offline on the spot filmmaking competition, receiving an overwhelming number of entries for both competitions. Both competitions provided a platform for budding writers and filmmakers to showcase their skills and creativity. The overwhelming response underscored the passion and talent present among the student community, making the events a resounding success.

We also participated in a host of intercollege competitions throughout the yearincluding on-the-spot filmmaking competitions at Ramanujan College, Maharaja Agrasen, CVS and many more. We also made specific productions for competitions held at LSR and Miranda House.

## HUES - The Fine Arts Society



Reverie Art Work by Hues

Hues- the Fine Arts Society is a union dedicated to fostering creativity, appreciation, and exploration of various art forms. The society brings together individuals passionate about fine arts and provides a platform for them to showcase their talents, engage in artistic dialogue, and collaborate on artistic projects. Hues has become a family now. It breathes and lives art in all its purest sense.

#### **Event Organized**

Freshers, Reverie, Sunder Nursery Sketch Walk, Journal Meet on Folk Art under AKAM, Inktober: 30 days painting challenge, Art Workshop at Open Learning School (in collaboration with Youth for Seva NGO), Mental Health Awareness Month (in collaboration with Izhaar): Draw your



Art Workshop at Open Learning School Tughlakabad (Hues x Youth for Seva)

**Teacher Convenor:** Dr. Alka Garg

## **Student Convenor:** Ms. Vanshika Gautam, B.A. (Hons.) Applied Psychology, III year

#### **Student Co-Convenor:**

Ms. Pragati Priya Lal, B.A. (Hons.) Economics, III year



Sunder Nursery Sketch Walk

anxiety, Face Painting in Campus, Daily Diaries (Online), Pride Month: Trivias (Online), Brushstrokes of Inclusion, Face Painting in Campus, Pride Parade (in collaboration with WRC), Workshops: Calligraphy Workshop (in house) and Zine Making Workshop (in house).

### Competitions

Inter College Poster Making Competition (Jan Bhagidari Events, G20 Presidency), Inter College Poster Making Competition (in collaboration with Ananda), outreach activity for the conference on "Empowering the Golden Years: A comprehensive dialogue on elderly issues." Intra College Best out of Waste Costume Design Competition: Recycled Runway, Intra College Zine Making Competition: Queer Ki Zine (in collaboration with WRC).



Calligraphy Workshop by Hues

#### **Achievements:**

#### **First Position**

- Shaheed Rajguru College of Applied Sciences For Women-Christmas Ornament Making, Best Out of Waste
- 2. Sri Venkateswara College, Delhi University-Relay Canvas Painting
- 3. Netaji Subhas University of Technology-Fantasy Fiesta (Costume Designing)
- 4. Ramjas College & KR Mangalam-Poster Competition
- 5. Shivaji College-Filmy Palette
- 6. Gargi College-Poster Making Competition, Doodle Making Competition
- 7. Bhaskaracharya College of Applied Sciences-Doodlewood Cinematic Canvas

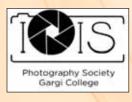
#### Second Positions

- 1. Indraprastha Institute of Information Technology, Delhi-Glam Up
- 2. Lady Shri Ram College, Delhi University-Typography Tussle; Cover Craft
- 3. Sri Aurobindo College, Delhi University-Design Quest
- 4. Bhaskaracharya College of Applied Sciences-Painting Through Hands
- 5. Gargi College- on Spot Painting Competition; Botanical Brush Strokes

#### **Third Position**

- 1. Kamala Nehru College Album Cover Designing Competition
- 2. Lady Shri Ram College, Delhi University- Brush Baton Relay; Comic Story Designing Competition; Cover Craft; Multimedia Mashup
- 3. Shaheed Bhagat Singh College Poster Redesign Competition
- 4. Shyam Lal College, Delhi University-Disc Painting Competition
- 5. Sri Guru Gobind Singh College- Cultural Strokes-Poster Making Competition
- 6. Hansraj College, Delhi University-On the Spot Painting.

## IRIS - The Photography Society



## **Teacher Convenor:** Dr. Prachi Kalra

#### Student Convenor:

Ms. Shana Jaroli, B.A. (Prog.) III Year (Computer Applications & ESB)

This year Iris thrived through collaborations around events and photowalks, competitions and our annual exhibition of photography throughout the year. The months of August and September were dedicated to inducting new members to the society and conducting an orientation for them.



Product Photoshoots in collaboration with brands like Salt and Lisen



IRIS Team

#### Brand and product photography

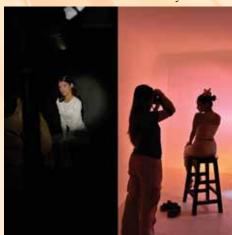
We experimented with brand photography as a specialized form of photography. The first such assignment was conducted at Lodhi Gardens in collaboration with Sunflowerfields (jewellery brand) and Yarn & Yoke (clothing brand). We held another brand collaboration shoot for Lisen Skincare on 16 October by: Shana

Jaroli, Shivangi Rana, Seher Ansari, Ishita Chaprana, Avantika Dyundi.

### Photowalks

We conducted monthly photowalks to enable our members to hone their skills. These photowalks also enabled us to collaborate with other colleges and build communities of photographers.

We visited Potter's Village in August 2023. In collaboration with Delhi Technological University (DTU), we organised another photowalk to Qutub Minar and Jahaz Mahal in September. In October, we organised a photowalk in Lodhi Art District in collaboration with The Fashion Crew, Miranda House (TFCMH). In



Studio Photoshoot conducted in November 2023

January, all members participated in a photowalk in Red Fort. The photowalk in Purana Qila was conducted in collaboration with Tabeer JMC & Chimera ZHC on 18 February. In collaboration with Envision SBSC, we photographed the Spice Market, Khari Baoli on 9 March.

### Reverie 2024

- Bloom: A Pre-Reverie photowalk conducted on 4 February 2024 at Ghazipur Flower Market with over 100 registrations
- Zima: Online Photography Competition conducted for a week with over 120 entries
- Eraya: Offline Photography Competition conducted on 13 February on Reverie Day 1, with over 300 registrations with Ms. Ashima Raizada as the judge
- Ephemeral Echoes: Annual Exhibition displaying the work of members from throughout the session for both days of Reverie

#### **Event coverage**



We showcase the breadth of concepts we've explored in refining our craft this year

Collaboration with Department of Botany in North Campus, covered by Roshni Sharma on 29 April 2023. Collaboration with DAV United, covered by: Shana Jaroli, Shivangi Rana, Bhavya Yadav and Deachen Angmo. Collaboration with Zephyr Jamia Millia Islamia, covered by:

Shana Jaroli, Shivangi Rana, Seher Ansari and Avantika Dyundi. Collaboration with Acrostic SGTB Khalsa College, covered by: Bhavya Yadav, Deachen Angmo and Eva Goyal.

At Gargi College we covered the National Conference on National Education Policy 2020 conducted on 3 and 4 November, covered by: Bratati, Abhipsa, Avantika, Deachen, Eva, Harshita, Ishita, Khushboo, Ragini, Roshni, Seher, Tanu Shree, Tisha, Trishagni, Vidhi, Vidhi, Jahnvi, Pragya and Vanshika.

#### **Studio Photoshoot**

We conducted our ANNUAL STUDIO SHOOT from 2-6 November 2023 at STFU Studios.

### Monthly assignments and competitions

Online Photography competition 'Shades of Freedom' under Azadi ka Amrit Mahotsav was organized on 2 August 2023.

We also invited monthly submissions of their best pictures from members on the following themes: Product Photography, Allure Photography, Faceless Portraits, Twin Assignment, Minimalism, Monochrome Portraits, Photo-story on Dwelling, and Double Exposure.

You can find our work on our Insta handle: @irisgargi



## KSHITIJ - The Street Play Society



Teacher Convenor : Dr. Chhaya Sawhney Student Convenor: Ms. Janhavi Shidore, B.A. (Hons.) English, III Year Student Co-Convenor: Ms. Maahi Vermani, B.Com. (Prog.) III Year

Do dashakon se darshak jinke huye ganghor prashansak Har natak jinka campus mei vidhvansak Pukarti maa bharti jinko kshitij ke paar se Gargi college ka yaha udgaar, kaale kurte mei banate hai itihaas

Kshitij is a student-driven body created in 2004 with a vision to promote art of theater among students.

Kshitij inaugurated its session for the year 2023-24 in the month of July with 10 members in its core team.

#### Orientation

A warm welcome and a fun interactive session was organized for all the freshers in the month of August.

## Audition

After various rounds of Audition, a team of 23 members was created comprising 10 core members and 13 team members.



Team receiving the First prize at SNMNN'24

Every year Kshitij makes an annual street play production which is then performed in various competitions. This year the theme of the annual production was Selective activism, IKHTIYAAR स्वार्थानुसार.

#### Public performances and Noncompetitive performances after being selected in the preliminary Round:

- Adakari'24 by Daulat Ram College
- ACT 14 by ATELIER TheaterC at IIAD, Dilli-Haat and Bareilly College
- Alfaaz in Bhagwan Parshuram Institute of Technology

## Kshitij performed in various Street Play Competitions. Some of our notable wins include:

- Rendezvous by IIT Delhi (team member Anamika Singh won Best Actress).
- Prakaran'23 by Vivekanand Institute of Professional Studies (won second Position).
- Rangsheersh by Atma Ram Sanatan Dharma College (won first Position).



Still from our annual production, 'इख़्तियार, स्वार्थ अनुसार!'

Core Team 2023-24

- Nukkad by Delhi Technological University (won the Best Script).
- Quo Vadis by Indian Institute of Foreign Trade (won Second Position).
- Awaaz Uthaa by Faculty of Management Studies (won First Position).
- The Thespian by College of Vocational Studies (won Second Position).
- Rangmanch by International Management Institute (won First Position).
- Aaina by Bhartiya Vidyapeeth Institute of Management and Research (won First Position).
- Shoragini by Pgdav College (won Second Position).
- Street Play Competition by Iitm Janakpuri (won First Position).
- Street Play Competition by Lal Bahdur Shashtri Institute of Management (team member Katyani Chaudhary won Best Actress).
- Soch'24 by Netaji Subhash University of Technology (won third Position).
- Sagar Nagpal Memorial Nukkad Natak Competition by Jazba Theatre Group in association with Ramanujan College (won First Position, Best Original Script and team member Anshita Pandey got Best Actress)
- Natak-e-Jazba by New Delhi Institute of Management (won Second Position and team member Katyani Chaudhary got Special Mention).
- Street Play Competition by Symbiosis Law School, Noida (won First Position).
- Street Play Competition by New Delhi Institute of Management (won Second Position).
- Baavle Utaavle '24 by National Institute of Fashion Technology (won Second Position).

## Kshitij collaborated with various other organizations:

- Collaboration with White Rose Club, the queer collective of Gargi college and a production on LGBTQIA+ community titled "अब-normal".
- Collaboration with Student Council on various events like Zistatva '24.
- Kshitij Green Initiative (Collaboration with AVNI- the eco club)
- Kshitij started a green initiative on new year by planting trees, encouraging family and friends for the same, and spreading awareness through social media platforms
- Aarmbh (collaborative workshop with other theatre societies)
- Kshitij collaborated with theater societies of other colleges in Delhi and held an inter-college workshop for 2 days.

## AABHAAS 24

Aabhaas is the Annual Street Play Competition organized by Kshitij during REVERIE . This year 15 teams were selected for finals and the competition was held on the 14 February 2024.

Our judges were **Mrs. Kaveri Dhar**, **Ms. Saanvri** (also notable Kshitij Alumni) and **Mr. Nakshatra Sachdev** (Theater Artist) with our teacher convener, **Dr. Chhaya Sawhney** being the chief guest. Natuve -Shaheed Bhagat Singh College (M) won the first prize.



Aabhaas- the annual Street play competition hosted by Kshitij

# NAZAAKAT - The Indian Dance Society

### Teacher Convenor:

Dr. Niyati Singh

## Teacher Co-Convenor:

Dr. Rima Chauhan

## Student Convenor:

Ms. Rajashree Behera, B.A. (Hons.) Political Science, III Year

## Student Co-Convenor:

Ms. Prarthana Tiwari, B.Com. (Hons.) II Year

NAZAAKAT, the Indian Dance Society, organized the Intercollege competition this year under 'Reverie'. 'Lasya', a Solo Classical Dance Competition, saw participation of numerous participants from different colleges. 'Dhanak', The Indian Group Folk Dance



Nazaakat Performed at TED<sup>x</sup> Conducted by Delhi School of Economics (Department of Commerce)

Competition, got an active participation of 11 teams from various colleges. The esteemed judges were Miss Sanchita Ambasta, a Bharatanatyam dancer & an alumna of Gargi College and Mr. Ramhari Mohanta, an eminent Chhau Dancer for the Solo and Group Dance competitions, respectively.



Event Organised by Nazaakat - Dhanak (Indian Folk Dance Competition)

This year their production through the famous folk style of "Jogathi Nruthya" choreographed by **Sumati Desai** has received immense appreciation. Jogathi Nruthya is a folk-art form of north Karnataka, performed by female devotees of Goddess Yellamma. Nazaakat were invited to perform their annual production in TED<sup>x</sup> conducted by Delhi School of Economics (DSE) at Pradhan Mantri Sangrahalaya, New Delhi as guest performers. Some of their mentionable achievements till date are:-

- Secured the 1<sup>st</sup> Position in IIT-BHU
- Achieved the 3<sup>rd</sup> position in PGDAV, DU
- Bagged the 1<sup>st</sup> position in SGTB Khalsa, DU.
- Got the 3<sup>rd</sup> Position in ARSD, DU
- 3<sup>rd</sup> Position in SPMC, DU.



NAZAAKAT - Secured 1<sup>st</sup> Position at IIT BHU (Banaras Hindu University)



NAZAAKAT - Secured 1<sup>st</sup> Position at SGTB Khalsa College

# National Cadet Corps (NCC)

Associate NCC Officer: Capt. (Dr.) Purnima Agrawal

#### Senior Under Officer: Ms. Anushka Rathi

The session of 2023-24 has been a year of immense successes and achievements, producing multiple distinguished cadets holding immense accomplishments. The year began with the formation of the new Rank Panel headed by SUO Anushka Rathi. The panel comprised of four Junior Under Officers, one CHM, nine Sergeants and nine Corporals. Gargi NCC conducted its Orientation for its new session on 24 August 2023. 63 cadets were enrolled to first year NCC through a selection procedure prescribed by our Battalion.

The year began with the conduct of the first Combined Annual Training Camp (25 April to 3 May 2023) at the DG NCC camp site, conducted by 4 Delhi Girls Battalion, and was attended by 25 cadets. Gargi NCC had a number of achievements in this camp including securing first position in the drill competition and in various other events such as extempore, singing and dancing. It was on 25 June to 4 July 2023 that the second phase of the Combined Annual Training Camp took place at the Safdarjung "C" Group Headquarters. SUO Anushka Rathi served as the camp senior and 40 cadets participated in the camp. Gargi NCC continued to shine bright as they maintained the legacy of securing first position in the drill competition. The third phase of Combined Annual Training Camp was conducted from 27 November to 6 December 2023 at Safdurjung and was attended by 25 cadets.

Gargi NCC stands tall and proud after it accomplished two delegations for the Youth Exchange Programme, which stands as the elitest camp in NCC. Here, the cadets represent India on the International stage. SUO Anushka Rathi and JUO Anshu, successfully concluded the Youth Exchange Program: Kazakhstan (3-21 August 2023) and Russia (10-31 October 2023) respectively. The journey in Kazakhstan included visits to landmarks and their respective traditional places. JUO Anshu was hosted by the Moscow Cadet Corps Boarding School for Girls of the Russian Ministry of Defence.

The Chief Minister's Rally unfolded on 15 August 2023 at the Chhatrasal Stadium where six cadets from Gargi NCC proudly marched in front of the Chief Minister of Delhi, Shri Arvind Kejriwal. The Flag Hoisting Ceremony also took place at the Red Fort and five cadets from Gargi NCC got the SUO Anushka Rathi and SUO Anshu represented India in opportunity to be part of the main day celebrations.



the Youth Exchange Program(YEP): Kazakhstan and Russia, respectively, which stands as one of the most prestigious camps in NCC

The Military Hospital Attachment Camp (21 August to 1 September 2023) took place at the Military base Hospital in Delhi Cantt and two cadets from Gargi NCC got the opportunity to closely observe the nursing life. The Army Attachment Camp (12 September to 23 September 2023) was conducted in association with the 18 Madras Regiment whereby eight cadets from Gargi NCC lead a lifestyle akin to the army.

Gargi NCC also puts an equal emphasis upon the social services and community development activities and carried out a donation drive for the underprivileged section of the society on 5 September 2023 to proudly undertake the mission of "each one reachs one teaches one".

8 Cadets from Gargi NCC took part in the Army Attachment Camp

Two cadets excelled in the All India Thal Sainik Camp (AITSC) 2023 from 19-30

September 23, showcasing dedication during selection. CHM Poonam Khichad and SGT Aditi Ola represented Delhi at DG NCC, Delhi Cantt. Poonam showcased precision in firing, while Aditi's expertise in Health and Hygiene earned her recognition, exemplifying excellence while representing Delhi with distinction. The Thal Sainik Camp also stands as one of the top tier camps whereby cadets from all over India participate.



CHM Poonam Khichad and SGT Aditi Ola represented Delhi at AITSC'23 in Firing and Health and Hygiene respectively

The Ek Bharat Shrestha Bharat Camp took place at Nagrota (3 October to 14 October 2023) in Jammu and Kashmir. This camp gave the two cadets from Gargi NCC an opportunity of cultural exchange. Similarly (2 October to 14 October 2023) Ek Bharat Shrestha Bharat Camp, Delhi was conducted alongwith the Jammu, Kashmir and Ladakh Directorate. The seven cadets developed bonds with the cadets from different states and got an opportunity to delve deeper into the cultural diversity of India.

Many of the NCC cadets are aspiring officers and aim to get donned with uniform. However, they often lack guidance and in order to bring them on track, a mentorship session was organised regarding SSB on 9 October 2023. This session was conducted by Gargi NCC where **Colonel Rahul Sethi** (retired) gave guidance to Gargi NCC Cadets about SSB and CDSE.

The Special National Integration Camp also stands as one of the national camps offered by NCC. The SNIC, Gujarat (17 October to 1 November 2023) was attended by three cadets from Gargi NCC, where they represented their cultural skills. SNIC Rajasthan (28 October to 8 November 2023) was



cadet from Delhi who completed the Para Basic Course 2023

attended by JUO Isha Balhara, whereby she got an opportunity to explore the rich culture and heritage of India.

Gargi NCC organised a visit to Janta Adarsh Andh Vidyalaya, Sadiq Nagar on 25 and 26 October. The main purpose of this visit is to make cadets aware and understand the power of empathy, integration and empowerment to the visually impaired students. In the visit, the blind students felt overwhelmed by the presence of the NCC cadets.

The Para basic camp (7 November 2023 to 19 November 2023) was a unique adventure camp where NCC cadets from all over India experienced parachute jumps from 1250 feet. JUO Abigail Tete was the only cadet selected from Delhi who successfully completed the Para Basic Course. It was an intense 12-day training which prepared them mentally and physically. Their first jump, led by DG NCC – Lt. Gen Gurbirpal Singh, marked a significant achievement in their journey.

The Advanced Leadership Camp (19 November to 30 November 2023) took place at Agra, UP and was attended by Cdt. Mansi Basnal whereby she learnt about leadership and public speaking. Later on, four cadets made Gargi NCC proud by participating in the Chief Minister's Rally on 26 January 2024. The most enthusiastic participation was witnessed in the Prime Minister's Rally 2024 (1 January to 29 January 2024) whereby 18 cadets participated and showcased their





SGT Divya and CPL Jesica marched on Kartavyapath and SGT Kajal participated in culturals at the Republic Day Camp 2023



CDT Mansi Basnal from Gargi NCC attended the Advance leadership Camp.

dancing skills by performing in front of the Prime Minister.

Three Gargi NCC cadets participated in the Republic Day Camp 2024 (15 November 23 -31 January 24). SGT Kajal Singh showcased her remarkable cultural talent with her classical dancing skills. Also, SGT Divya Singh and CPL Jesica Sandhu left a legacy for Gargi College by walking the Kartavya Path on Republic Day representing NCC contingent, embodying the spirit of NCC. Cdt. Aditi Rao was felicitated with

the ADG medallion and DG commendation owing to her exceptional contribution in the media team of Delhi Directorate.

Sahas, which stands for courage marks the annual NCC fest of Gargi College, whereby colleges from all over Delhi participate and marks the culmination of the yearly events. SAHAS'24, Annual Inter-college NCC Festival took place on 5 March 2024. The event featured various competitions including drill, guard, model making, photography, videography, best cadet selection, obstacle race, and group dance, which featured a strength of around 400 cadets from different colleges. It attracted participation from numerous colleges across Delhi, making it a grand success. The event was a success and was attended by the Additional Director General of Delhi Directorate-Major General Sanjay P. Vishwasrao, Group Head-Wing Commander- K.D. Deepak and Commanding Officer of 4 Delhi Girls Battalion- Colonel K.S. Bisht.



Donation Drive by the cadets of Gargi NCC



SAHAS'24: Annual NCC Fest of Gargi College

Moreover, Gargi NCC has secured various positions at inter-college annual NCC fests. Gargi NCC secured first position in push up challenge and second position in quiz competition at SGND Khalsa College. We have numerous achievements as best cadet as well. Gargi NCC secured first position at Kirori Mal College, Atma Ram Sanatan Dharma College, Sri Venkateshwara College, Jamia Milia Islamia College, Lady Shri Ram College, Miranda House Shivaji College. Gargi NCC also secured first position in Squad Drill Competition at Jamia Milia Islamia, Shivaji College and Miranda House, Lady Shri Ram College. In the Quarter Guard Competition, Gargi NCC won at Jamia Milia Islamia, Lady Shri Ram College and Miranda House. Gargi NCC also secured third position in folk dance competition and second position in Flag Area Competition conducted at Jamia Milia Islamia.

## Northeast Society



**Engaging Audience** 

**Teacher Convenor:** Dr. Arunima Chetia

**Student Convenor:** Ms. Dorin Pegu, B.Com. (Prog.) III Year

**Student Co-Convenor:** Ms. Kasturi K. Deka, B.A. (Hons.) English, III Year

The Northeast Society, Gargi College, aims to promote cultural exchange, awareness, and understanding of the diverse cultures, traditions, and heritage of the Northeastern region of India

among students and the wider college community. As a part of the annual programs, the Northeast Society of Gargi College showcased the rich and diverse culinary heritage of the country's Northeast region through 'Unity in Culinary Diversity' on 21 November 2023. It aimed to deliver the taste and diversity of the region along with the dietary practices of northeast India, Nepal and Ladakh. Held for the very first time, the twofold culinary event was an assimilation of delectable experience and academic intervention advanced by a thought-provoking panel discussion titled 'Savoring the Northeast: Social Significance and Contemporary



Dr. Rituparna Patgiri, Mr. Bhargav Bhuyan and Dr. Mohit Abrol

Exploration.' Panelists **Dr. Rituparna Patgiri**, sociologist and Co-founder of Doing Sociology, and **Mr. Bhargav Bhuyan**, entrepreneur and owner of Bhuyan Farm, Faridabad

highlighted insights into the food culture, emerging trends, and popularity of northeastern cuisine in recent years. Following the speeches was an enthusiastic round of discussion between students

and panel members. The panel discussion was moderated by **Mr. Mohit Abrol**, Department of English, Gargi College. The panel discussion was followed by an authentic food exhibition and presentation. A wide array of Northeastern dishes, ranging from delicious thalis to sweets, were laid out. The society aims at organizing academic events throughout the year pertaining to the convenience and availability of the students' free time.



Students in traditional attires showcasing regional cuisines



Faculties and guests checking different cuisines

# National Service Scheme (NSS)



Zistatva 2023 organized by NSS

**Teacher Convenor:** Prof. Shreeniwas Tyagi

**Student Convenor:** Aanvi Narain

NSS Gargi is pleased to present its annual report for 2023-24, reflecting our commitment to community service, volunteerism, and social responsibility. Guided by our Programme Officer and coordinators, our volunteers have made significant strides, addressing diverse community

needs.

In June, the "Colours of Pride" campaign marked Pride Month with events like a screening of "Aligarh" and face painting, promoting acceptance and unity. July spotlighted awareness days, from World Population Day with postermaking to honoring Malala Yousafzai and Kargil War veterans. August featured celebrations like International Friendship Day and campaigns for Breastfeeding Week and Independence Day.



September focused on community outreach with initiatives like a food donation drive and a 'Bottle of Emotions' campaign. October's 'Zistatva' Annual NGO Mela celebrated

IONS' Students enjoying Zistatva 2023 organized by NSS

life and resilience with rangoli competitions and games for staff. November and December saw community-focused events, from 'No Bag Day' to a Secret Santa Winter Cloth Donation Drive.



Voters' Drive

We are proud to share our achievements in intercollege competitions: a Special Mention in 'Safarnama' by NSS IIT Delhi, 1<sup>st</sup> Position in 'Women's Conclave' by NSS Kirori Mal College, and 2<sup>nd</sup> Position in 'Manthan' by NSS Sri Aurobindo College.

January and February engaged the youth with a Slogan Writing Activity and dialogue sessions. March highlighted expression with an Open Mic and promoted democracy with a Voter's Day. April concluded with 'Project Nilay,' a seminar on responsible pet parenting.



Ibtida: Inter College Debate and Presentation Competition



Certification Training Program by ICT

Academy x Honeywell

**Teacher Convenor:** Dr. Shivani Tyagi

**Teacher Co-Convenor:** Dr. Shashi Chawla

**Student Convenor:** Ms. Eeshani Manmohan, B.Com. (Hons.) III Year

**Student Co-Convenor:** Ms. Ipshita Barman, B.A. (Hons.) Applied Psychology, III Year

Placement Cell, Gargi College is a professional body working towards maximizing student welfare. The team consists of a student body of individuals, effortlessly working under a dedicated body of teachers to nurture and prepare students for their future careers. It acts as an interface between the students and recruiters for placement of final year students, providing internship opportunities and grooming the students of all batches.

Through 50+ sessions, training programs, workshops, seminars and webinars conducted during the session by industry experts, Placement Cell regularly takes up various initiatives to develop students' skills and impart knowledge and awareness in multiple areas. This academic year, corporates like Deloitte USI, The D.E. Shaw Group, Ernst and Young (E&Y), KPMG, Accenture, Deloitte India, Bank of America, Nation with Namo, TresVista, NIIT, Optum, Urban Company, Zomato, National Australian Bank etc. have recruited from Gargi College.

#### Semi - Annual Recruitment Statistics:

- Highest CTC offered: INR 23.05 LPA
- Average CTC: INR 5.58 LPA
- Median CTC: INR 5 LPA
- Total Number of Recruiters: 115+

#### Semi - Annual Internship Statistics:

- 270+ students selected
- Highest Stipend: INR 90,000 per month
- 170+ companies onboard



First Year Orientation



Placement Cell Team 2023-24



Seminar by Reserve Bank of India

## Q.E.D. - The English Debating Society



Event during Reverie

Quad Erat Demonstrandrum, Q.E.D, stands for "which was to be demonstrated." The English Debating society, Gargi College is called Q.E.D after this famous Latin saying. We as a society participate in parliamentary debates organised by the debating circuit on a global level, upholding the fundamentals of democracy and discourse.

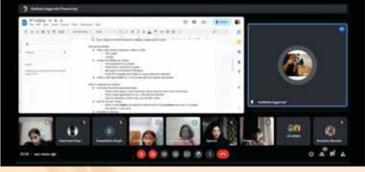
Q.E.D organised three big events this year

**Teacher Convenor:** Dr. Thoudam Regina

#### **Teacher Co-Convenor:** Dr. Tanjot Kaur

**Student Convenor:** Ms. Vashmeet Kaur, B. Com. (Prog.) III year

**Student Co-Convenor:** Ms. Deepshikha, B.A. (Hons.), Political Science, II year



Online Workshop

including "Debattle", an intra college turncoat debate competition in collaboration with Samarth - The enabling unit of Gargi College, "Kaizen", an intra-soc British Parliamentary Debate competition [scheduled in April] and the 17th edition of our annual flagship event "WAX Eloquent 24" an inter college Asian Parliamentary Debate competition. Debattle witnessed heavy participation from students of the college and WAX from students of the college as well as debate enthusiasts all around the country. Along with these events we also conducted multiple workshop sessions throughout this tenure inviting extremely skilled and reputed debaters from all around India to train the members and enhance the functioning of the society.



Wax Event

The Winning Team

## QUILLUMINATI - The English Creative Writing Society



Quilluminati at Mukhtalif'23

**Teacher Convenor :** Ms. Pragya Gupta

**Teacher Co-Convenor :** Dr. Jeyakirthana J.

**Student Convenor:** Ms. Riddhi Roy, B.A. (Hons.) Political Science, III year

**Student Co-Convenor :** Ms. Disha Arora, B.A. (Hons.) Business Economics, II year

Quilluminati, the English Creative Writing Society of Gargi College, is a home for

budding writers who come together to hone their flair for creative expression. The session 2023-24 marked a decade of smooth and successful functioning of Quilluminati and it began with a celebratory day-trip to the Partition Museum in Delhi on 26 September.

Continuing the tradition that began last year of having conversations centered on multiplicity and diversity in literature, the society hosted the second edition of Mukhtalif on 'Linguistic Diversity' on 1 November. Under its aegis, the members organized an inter-college slam poetry competition and an on-the-spot creative writing competition. Coupled with these, a panel discussion was held by **Dr. Sutapa Dutta**, **Ms. Jasmine Patton** and **Dr. Neera Jalchhatri** who sparked conversations about linguistic diversity and marginalization.



Participants at the creative writing competition during Mukhtalif'23

As a part of Reverie'24 on 14 February, Quilluminati organized Swipe Write - an inter-college slam poetry competition that received an overwhelming response.

The society hosted its flagship event 'Penorama' on 5 March for which it had the honour of hosting a talk with the renowned author and oral historian **Ms. Aanchal Malhotra** to discuss the Partition and its literary footprints. Under the aegis of this event, the members also organized a slam poetry competition and a creative writing competition.

Like all preceding years, this year too the members bagged prizes at various slam poetry and creative writing competitions across the Delhi circuit. Some colleges include LSR, SGGSCC, MLNC, PGDAV, Jamia Milia Islamia and IIT Delhi. In addition to winning accolades in the Delhi literary circuit, the members also visited IIT BHU in January and won the first position in both prose and poetry writing.



Student performing a slam poetry piece at Penorama'24

The year wrapped up with the release of Oblique - the first literary anthology of not just Quilluminati but also of Gargi College on the theme 'Women in Words'.



With author and historian Ms. Aanchal Malhotra

## QUIZZITO - The Quiz Society

**Teacher Convenor:** Ms. Aparna Joshi

**Student Convenor:** Ms. Srilaxmi Velpula, B.A. (Prog.) III Year

#### Student Co-Convenor:

Ms. Bhumi Kathuria, B.A. (Hons.) Business Economics, III Year

We, at Quizzito – The Quizzing Society aim to prove that quizzing has more to offer than what meets the eye. It enriches and nurtures one into becoming an empowered and enlightened individual by not only just development of knowledge but also overall personality development it offers to the members. We take pride in being one of the most prestigious all-girls quizzing societies in the DU circuit which was achieved by the meticulous effort that we have put in all of our endeavors.



Orientation

Here is the glimpse of the activities conducted by Quizzito during the academic year of 2023-24:

The session began with an enlightening orientation and the recruitment of new members in the month of August by an integrated process of auditions, increasing the size of the society to 39.



Students at the Orientation



The Induction Quiz

In September, a workshop was conducted for all society members in collaboration with Hansraj College, where both colleges' seniors taught the new members the basic know-hows of quizzing.

In October, the society hosted its first Inter-College quiz for the year called the 'Quizmat Ka Khel' which had a participation of over 80 teams showcasing their knowledge about Desi Entertainment. Along with this, we also hosted another quiz called 'Tudum- A Netflix Quiz' which was the first intra-college event of the year.

Our Annual Reverie Quiz, 'Gen-Hit Me Jaari' was hosted by Quizmaster Sujit Ray this year and was conducted as a part of the events of Reverie – The Annual Cultural Fest of Gargi College.

This year we had a number of intra society quizzes hosted by our members within the college on themes such as India, MELA (Music, Entertainment,



Gen-Hit Me Jaari

Literature, Arts). One of the major highlights was a General Quiz by the freshers of Quizzito as part of their induction process.

We are also looking forward to hosting our Annual Quizzing Fest – HIGHQ'24. It will be a two day event with 4 quizzes. A 'MELA' quiz by Vallari Srivastava and a 'Gender and Inclusivity' quiz by Quizzito on the first day. An 'India' quiz by Aryapriya Ganguly and a 'Thriller' quiz by Quizzito on the second day.

## Achievements:

Over the course of the year, Quizzito has continued to bring many laurels to the College. We received the 1<sup>st</sup> position at Sri Venkateswara College, Deen Dayal Upadhyaya College, Hindu College, India Wants to Know (North Zone). 2<sup>nd</sup> position at Kirori Mal College, Deshbandhu College, AIIMS, Delhi School of Journalism, Delhi Technological University, Dyal Singh College.

We've also placed 3<sup>rd</sup> at Christ College, Bangalore (twice), Sri Venkateswara College and Hansraj College.

## SAMARTH - The Enabling Unit of Gargi

## **Teacher Convenor:** Dr. Suman Lata

#### **Student Convenor:**

Ms. Shruti Anand, B.A. (Hons.) Business Economics, III Year

#### Student Co-Convenor:

Ms. Bhavya Kharbanda, B.A. (Hons.) Political Science, III Year

Samarth - The Enabling Unit is a society which works to promote the rights of Persons with Disability in college. It started the 2023-24 session strong with an impactful

orientation held in the month of August. The orientation's primary objectives were to shed light on the workings of the society, its goals and objectives, introduction of the student union and to explain the recruitment process of volunteers. The next event was the Short Film Screening of the award- winning movie Duke on 10 October 2023. The movie screening was a successful event, with more than 170 students in the audience. The screening was followed by a discussion on the important themes of the movie. After



PWD student visit at Amrit Udayan, Rashtrapati Bhavan

the movie screening, Debattle – a Turncoat Debate Competition was organized in collaboration with QED – The English Debating Society. It was a stimulating event that challenged the participants to think logically and come up with the best arguments for motions like reservations of PWD candidates in private sector, special education, etc. On 2 December 2023, Samarth organized a webinar on the topic of creating an inclusive environment in educational institutions, in

collaboration with the NGO Khushjot Foundation. It was a thought-provoking session led by the key speakers from the NGO. They sensitized people about the type of disabilities and the infrastructural

and social barriers that exist in educational spaces. Under the aegis of Reverie, Inklusion – an intercollege Drabble Writing Competition was organized on 13 February. It witnessed enthusiastic participation from students across Delhi University. On 26 March 2024, PWD students from Gargi College visited Amrit Udyaan at Rashtrapati Bhavan, to participate in the Purple Fest exclusively for Divyangjan. They were accompanied by Dr. Suman Lata, Convenor of Samarth and Dr. Sweta Mishra, Convenor, E.O.C.



Webinar with Khushjot Foundation



Audience at Short Film Screening of the film Duke

# समीक्षा - हिन्दी वाद-विवाद समिति



'समीक्षा' हिंदी वाद—विवाद समिति

शिक्षिका संयोजिकाः डॉ कृष्णा मीणा

छात्रा अध्यक्षाः शिल्पी सिंह, बीए (ऑनर्स) इतिहास, तृतीय वर्ष

छात्रा उपाध्यक्षाः समर्पिता गुप्ता, बी.कॉम (प्रो.), तृतीय वर्ष

गार्गी कॉलेज की 'समीक्षा' हिंदी वाद—विवाद समिति छात्राओं को अपने वक्तृत्व कौशल को प्रभावी ढंग से प्रस्तुत करने का एक मंच प्रदान करने के उद्देश्य से काम करती है। इसने विभिन्न प्रतियोगिताओं के माध्यम से प्रभावी मौखिक संचार के सिद्धांतों को सीखने और बोलने के कौशल को विकसित करने हेतु एक वातावरण निर्मित करने का प्रयास किया है। 'समीक्षा' समिति अपने समस्त सदस्यों की पूर्ण

भागीदारी एवं अपने कार्यरत संकल्पों के प्रति प्रतिबद्ध है। समिति के सुसंचालन एवं कार्यक्रमों के बेहतर आयोजन के लिए समिति के भीतर भी तीन समूहों का गठन किया गया – कंटेंट राइटिंग टीम, सोशल मीडिया टीम एवं क्रिएटिव टीम।

## आयोजित कार्यक्रमः

उन्नमुखीकरण कार्यक्रमः 'समीक्षा' हिंदी वाद—विवाद समिति द्वारा 2 सितंबर 2023 को प्रथम एवं द्वितीय वर्ष के छात्रों के लिए उन्मुखीकरण कार्यक्रम का आयोजन किया गया। आयोजित कार्यक्रम में नए सदस्यों को समिति के उद्देश्यों और गतिविधियों से परिचित किया गया।

आशु-भाषण प्रतियोगिताः 'समीक्षा' हिंदी वाद–विवाद समिति के द्वारा 'आज़ादी का अमृत महोत्सव' तथा 'जी20–भारत' के अंतर्गत दिनांक 24 अगस्त 2023 को आशु–भाषण प्रतियोगिता का आयोजन किया गया जिसका उद्घाटन गार्गी कॉलेज प्राचार्या डॉ. संगीता भाटिया ने किया । इस प्रतियोगिता की थीम– 'मेरी माटी, मेरा देश, मिट्टी को नमन, वीरों का वंदन' रखा गया जिसका उद्देश्य देश के वीरों को याद कर उनका आभार व्यक्त किया जा सके स 25 प्रतिभागियों ने अपनी प्रतिभा को दर्शाते हुए देश के



गार्गी कॉलेज प्राचार्या डॉ. संगीता भाटिया द्वारा आशु–भाषण प्रतियोगिता का उद्घाटन



आशु—भाषण प्रतियोगिता निर्णायक मंडल में डॉ. प्रज्ञा गुप्ता तथा डॉ. रेणु सोनी

वीरों के योगदान पर अपने विचार रखें। कार्यक्रम के निर्णायक डॉ. प्रज्ञा गुप्ता तथा डॉ. रेणु सोनी ने प्रतिभागियों की प्रस्तुति की भूरि–भूरि प्रशंसा की। 'समीक्षा' हिंदी वाद–विवाद समिति की शिक्षिका संयोजिका डॉ. कृष्णा मीणा ने बताया कि समीक्षा समिति ने इस प्रतियोगिता के माध्यम से देश के वीरों की कुर्बानी को याद किया गया। प्रतियोगिता मंच का संचालन लवली



आशु–भाषण प्रतियोगिता का मंच प्रतियोगिता मंच का संचालन लवली का संचालन अपराजिता तथा मोनिका गूप्ता ने

<mark>किया | समिति की छात्रा अध्यक्षा शिल्पी सिंह ने धन्</mark>यवाद ज्ञापन दिया |



निर्णायक मंडल में हंसराज महाविद्यालय से डॉ. रवि कुमार गोंड और गार्गी महाविद्यालय से डॉ. आरती पांडे की गरिमामयी उपस्थिति



गूँज – नामक टर्नकोट वाद–विवाद प्रतियोगिता निर्णायक मंडल में डॉ. रवि कुमार गोंड और डॉ. आरती पांडे

रही। इस आयोजन में 40 प्रतिभागियों ने भाग लिया। सभी प्रतिभागियों ने अपने विचारों को अत्यंत प्रभावशाली ढंग से प्रस्तुत किया। प्रतियोगिता के दौरान प्रतिभागियों ने तकनीकी उन्नति, मनोविज्ञान, और विषय की प्रासंगिकता जैसे महत्वपूर्ण पहलुओं पर विशेष जोर दिया। प्रथम स्थान पर जामिया मिलिया इस्लामिया के वजाहत खान, दूसरे स्थान पर आत्मा राम सनातन धर्म महाविद्यालय के सक्षम तिवारी, और तीसरे स्थान पर किरोड़ीमल महाविद्यालय की अनुष्का ने अपना स्थान बनाया।

## उपलब्धियाँः

वर्ष भर में, समीक्षा हिंदी वाद—विवाद समिति ने कॉलेज को अनेक गौरव दिलाए हैं। हमें रामजस महाविद्यालय, अरबिंदो महाविद्यालय, और जानकी देवी मेमोरियल महाविद्यालय में आयोजित विभिन्न प्रतियोगिताओं में प्रथम स्थान प्राप्त हुआ। वहीं, गार्गी महाविद्यालय और जानकी देवी मेमोरियल महाविद्यालय में द्वितीय स्थान, तथा शिवाजी महाविद्यालय और हंसराज महाविद्यालय में तृतीय स्थान हासिल किया। जाकिर हुसैन महाविद्यालय, आत्मा राम सनातन धर्म महाविद्यालय, और लक्ष्मी बाई महाविद्यालय में हमारे सदस्यों को सर्वश्रेष्ठ वक्ता के रूप में पहचाना गया। इन उपलब्धियों से हमें आगे भी उत्कृष्टता की ओर अग्रसर होने की प्रेरणा मिलती है।

समिति की ये उपलब्धियां और प्रयास सभी के लिए प्रेरणादायक हैं और आने वाले वर्षों में भी इसी <mark>उत्साह और दृढ़ संकल्प के</mark> साथ नई ऊँचाइयों को छूने की आशा करते हैं।

## SAMRANJINI - The Indian Music Society

**Teacher Convenor:** Dr. Joya Bhattacharya

**Student Convenor:** Ms. Aranaya Mukherjee, B.Com. (Hons.) III Year

#### Student Co-Convenor:

Ms.Divya Ramela, B.A. (Hons.) Economics, III Year

Samranjini seamlessly blends tradition with modern musical evolutions, revered for its authentic compositions and enthusiastic participation in college events. Its rich legacy, nurtured by brilliant vocalists and dedicated teacher convenors & mentors, has been a source of inspiration. Through active social media



Saraswati vandana for Orientation 24



Inauguration of NSS Event

engagement, Samranjini captivates a wider, younger audience, delivering mesmerizing performances like the Saraswati Vandana for the Society Orientation 24, Ganesh Vandana for the NSS Event inauguration & amp; National Conference held by ANANDA, and a 70s Bollywood Mashup for Teachers Day.

Reverie 24, the annual college fest, witnessed Samranjini orchestrating Malhaari 24, a series of intercollege competitions showcasing diverse talents in events like Khayal (A Classical Solo), Reverie Idol (A Bollywood Solo) and Sangam (Indian Classical Choir).

Beyond campus borders, Samranjini hosted the Intercollege Folk Song competition under the Azadi Ka Amrit Mahotsav banner and 'Ghazal-E-Khas' drawing participants from various colleges. Its presence at events like Freshers 24, Farewell, and Annual Day'24 enriched campus life with memorable Bollywood renditions.

Collaborating with TED<sup>\*</sup> Hindu College, Samranjini contributed to a



Collaborating with TED<sup>\*</sup> Hindu College



Performance at India Habitat Centre

ceremonial lighting event, performing 'Aigiri Nandini' under the theme 'Shakti, embracing the power within'. Moreover, the society presented its annual composition at the esteemed India Habitat Centre as part of the Theatre and Music Festival, further cementing its cultural significance.

Samranjini's dedication to musical excellence and cultural engagement is evident in its recent successes, including numerous prizes in Indian Classical Choir Competitions as of (20 March 2024).

2<sup>nd</sup> position in Institute of Home Economics, Zakir Hussain (E) College, Gargi College, Stephen's College, Aurobindo College (M).

1<sup>st</sup> position in DTU.

3<sup>rd</sup> position in Shaheed Rajguru College of Applied Science for Women.

#### SPARX - The Choreography Society

Teacher Convenor: Dr. Rashmi Bhardwaj

**Student Convenor:** Ms. Anwesha Jaison, B.A. (Hons.) English, II Year

#### Student Co-Convenor:

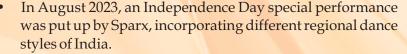
Ms. Urvi Tyagi, B.A. (Hons.) Applied Psychology, II Year

Sparx, the choreography society of Gargi College, presents thematic dance choreographies based on jazz, contemporary, and ballet dance styles. Each year, a production woven around social concerns is choreographed for the masses via these 3 dance styles.

This year's annual production for the session 2023-2024, "The Abyss," depicts the journey of a normal person who falls into the deep and endless pit of drug addiction. This is an issue currently being faced by our youth which further encouraged Sparx to take up this theme.

- 1<sup>st</sup> position at "Odyssey" Indraprastha Institute of Information and Technology, Delhi on 19 January 2024.
- 1<sup>st</sup> position at "Tarang" Lady Shri Ram College on 3 March 2024.
- 1<sup>st</sup> position at "Ullas" Kamala Nehru College on 17 March 2024.
- 2<sup>nd</sup> position at "Moksha" Netaji Subhash University of Technology on 7 March 2024.

Apart from these competitions, Sparx has been actively performing on its home ground, Gargi College.

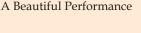


- In September 2023, the team presented a bolly-jazz performance for the retro-themed Teachers' Day celebration.
- An energetic and fiery choreo was performed at the official Freshers' 2024.
- The team put on a Coachella-themed performance for the pre-jitters of Reverie, Gargi College's annual fest in February 2024.
- Sparx also hosted "Cursive-ITI" the group thematic dance competition, and "Soutenu", the solo dance competition, on 14 February 2024, the second day of Reverie.

The winning Team

AMALA NEHRU COLLEGE University of Delta Adagio De Charagephy Society Minity akkriti

Performance at Kamala Nehru College





# The Gargi College Media Cell

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Our social media pages- Facebook, Instagram and X

Moreover, the bilingual posts (Hindi and English) cater to a wider audience, ensuring everyone feels included and informed. This year, the media cell used innovative approaches, including 'collaboration' feature with other departments and societies, to widen its reach and engage a larger audience.



Glimpse of posts on three platforms

**Teacher Convenor:** Prof. Jyoti Raina

Members:

Prof. Neera Pant, Dr. Samira Chugh, Dr. Himani Chauhan, Ms. Iti Verma, Ms. Anam Khan, Ms. Vibhuti Mehta.

The Gargi College Media Cell was established in 2020 and has three official social media accounts: Facebook, Instagram, and X (earlier Twitter). The Cell posts account for the latest academic and extracurricular events such as conferences, seminars, webinars, festivals, etc.

Further it also takes pride in posting about student, faculty, and staff achievements.



A post on all three platforms

This year, the Cell has engaged almost daily by disseminating the accomplishments of students, faculty, and staff. All three official accounts have seen remarkable growth, which is a testament to the engaging content and the strong sense of community the media cell has cultivated.

The Cell encourages faculty, staff, students, alumna, and others to follow these accounts to stay informed and connected. It shall continue to enhance the reputation of Gargi College in the spirit of unity and achievement.

#### The Marketing Society •

**Teacher Convenor:** Ms. Sumant Meena

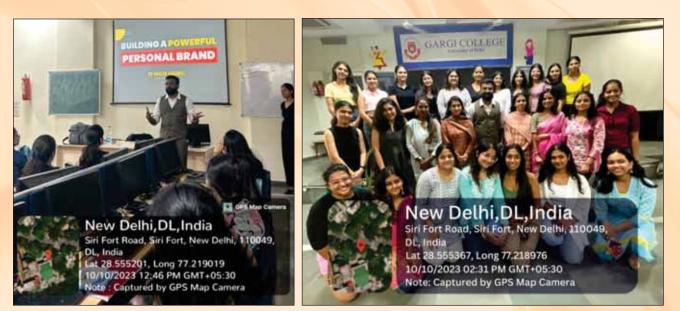
**Student Convenor:** Ms. Soumya Sahu, B.Com. (Prog.) III Year

#### Activities conducted during 2023-24

- Hosted an online workshop titled "The Graphics Grip" on 10 June 2023 to equip students and enthusiasts with the necessary skills and knowledge to create visually appealing designs using the graphic designing application, Canva. **Ms. Surbhi Siwach**, a renowned Canva expert was on board as the speaker who brought extensive knowledge and insights about fonts, colour palettes and AI in design to the table, ending the workshop with an engaging Q&A session.
- Hosted a speaker session on 'Personal Branding and LinkedIn' on 10 October 2023, featuring Mr. Yogesh Agrawal, LinkedIn coach and Corporate Trainer as the keynote speaker. The key takeaways included the employment of personal branding as a potent tool to define and manage one's professional persona, using LinkedIn as a platform for curating a personal brand and the 5C's of personal branding, including Creativity, Content, Consistency, Comments and Collaboration.



Webinar on Canva with Ms. Surbhi Siwach as the keynote speaker



Workshop on Personal Branding and LinkedIn

The Team along with Mr. Yogesh Agarwal, Keynote Speaker, workshop on Personal Branding and LinkedIn

 Organised "Ebullience - The Online Marketing Week" of The Marketing Society from 13 October to 18 October 2023. The theme for the event was "Global Downturn: The Fusion of New Economies and Emergence of Modern Marketing." Under this umbrella, two online marketing events including Samadhan, a case study competition and Vyapaar



Closing ceremony of Ebullience'23, the Online Marketing Week

Vichaar, a crowd puller competition were conducted which garnered over 300 registrations across several colleges.

 Organised the closing ceremony for Ebullience featuring Mr. Daksh Sethi, Founder and CEO, The Wolf Media Company as the keynote speaker. The enriching session was followed by the prize distribution ceremony for both the online competitions.

#### **Member Enrichment Sessions**

Conducted a member enrichment session featuring a case study face-off between two teams of the society. The teams were assigned a problem statement to analyse, develop unique solutions, and present them in front of the entire team. Questions were posed by both the core and the opposing team, and the winning team - which presented the most compelling solution - was rewarded with gift cards. The session provided an encouraging platform to the members for putting their critical thinking into use and building creative solutions to the problem statement.



Speaker Session with Mr. Daksh Sethi during the Closing Ceremony of Ebullience'23

• In the second session of our member enrichment initiative, participants were tasked with developing a realistic product infused with a paranormal element and pitching the same in front of the entire team. The society was divided into three groups and they collaboratively presented their product, followed by a round of cross-questioning. The objective was for teams to present their creations through pitches, with the most creative and effective presentation earning victory. This initiative aimed to enhance the member experiences' by fostering an environment for ideation, development and presentation.



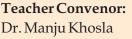
## UNMUKTI - Women's Development Centre



Acid Attack Awareness Workshop in collaboration with Brave Souls Foundation

Unmukti organised a series of impactful sessions. The first of the academic year was a workshop aimed at the prevention of domestic violence in collaboration with NGO Breakthrough, which gave invaluable information about the different forms that abuse can take as well as legal pathways for redressal. This session supplied attendees with resources to address gender-based violence effectively, setting the tone for a year of empowerment and advocacy.

The next event was a Study Abroad Workshop, facilitated by Project EduAccess, a non-profit initiative specifically aimed at making graduate studies and migration attainable for marginalized women from the Global South. Displaying our



**Student Convenor:** Gender Champions from various courses

Unmukti, the Women's Development Centre, embarked on yet another transformative journey during the academic year 2023-24. Guided by the vision of fostering inclusivity, empowerment, and gender sensitization,



Members of WDC



Discussion at the workshop

commitment to educational accessibility, the capacity building session gave students specific guidance on crafting personal statements, CVs, and PhD research proposals, covering the fundamental aspects of applying for graduate studies abroad.

The most recent event hosted was an awareness programme regarding Acid Attacks in India, in collaboration with the Brave Souls Foundation to spread awareness regarding the legal punishments under the Indian Penal Code, and psychological impacts of such a horrendous crime.

As we look back on the year gone by, Unmukti's initiatives and contributions to increasing gender sensitivity in the college have fostered a culture of mutual learning and growth through co-creating knowledge by working together on a wide range of tasks, including our newsletter.

Tireless efforts, by both the faculty and the student team, have made this year a resounding success.

### **UPSTAGE** - The Dramatics Society



The Takhleeq Group to conduct a two day Theater Workshop at Gargi College

**Teacher Convenor:** Ms. Anamika Shekhar

**Student Convenor:** Ms. Sneha Singh, B.A. (Hons.) English, III Year

**Student Co- Convenor:** Ms. Jagruti Panda, B.A. (Prog.) II Year

Upstage, the Dramatics Society of Gargi College, serves as a platform dedicated to harnessing the transformative power of theatre to instigate change and inspire individuals. It offers comprehensive training to its members, encompassing acting, directing, scriptwriting, sound design, light design, and set design. Beyond teaching the technical aspects of stagecraft, Upstage instills in its members the deeper purpose of theatre: to catalyze positive change and shed light on societal realities.

This year, Upstage presented "VEIL," a short physical theatre piece performed during Freshers Day at Gargi College, as well as at the mime competition in Rajdhani College and the Kintsugi Drama Competition at St. Stephen's College, where it clinched second prize. "VEIL" delves into the fears and stigmas pervasive in society, exploring how individuals conceal their true selves behind masks to avoid societal ridicule.



Upstage performed one of it's productions "VEIL" at Kintsugi Drama Competition organised by St. Stephen's College



Performed VEIL at Inter College Mime Competition organised by The Cultural Council, DU in Collaboration with Rajdhani College



"Evam Indrajit" at Shri Ram Centre as part of 'Navkriti', the annual stage play fest of PGDAV

Our annual production this year was "Evam Indrajit," adapted from Pratibha Agrawal's Hindi rendition of Badal Sircar's "Ebong Indrajit". This absurd play delves into existential themes and the monotony of mechanical existence, illustrating how individuals are forced to conform to societal expectations and face judgement when deviating from the norm. Notably, the production secured first place in LNMIIT's annual stage play competition and third place in PGDAV's Annual Stage Play Competition.

Upstage also organised its annual stage play competition, Nicaccana 2024, as part of Reverie, featuring six shortlisted teams out of 36 teams that performed in the prelims.

# Department Associations

# GARGI COLLEGE Department of Botany

Faculty Advisors: Dr. Samira Chugh & Dr. Neha Singh

The academic session 2023-2024 unfolded as a vibrant tapestry of events and activities organized by the department of Botany. Each event seamlessly flowed into the next, creating a journey of academic growth, creativity, and community engagement among students and faculty. On the occasion of World Environment Day on 5 June 2023, Garden committee in association with Department of Botany initiated a training program on "Biocomposting Methods" by Mrs. Ranju Minhas (Creator of PURE WASH & Ranjucompostbin Founder: Harit Kachra Kranti: WoW Delhi & Shield Citizen's Initiative ) on the topic "My Waste my Responsibility". The session inspired the participants to reduce the household waste. The training session was followed by Sapling and Compost Distribution. A Management Counselling



Dept. Report Collage



Inaugural lecture by Mrs. Seema Charla

Event: B-FIELD INSIDER in association with SAMAVAYA (Botany Alumni-Student Interaction Forum) on 18 June 2023 over Google Meet. Panelists from reputed IIMs shared their preparation journeys, profiles and interview experiences, besides QnA session with students. The Inaugural Lecture of the Gargi College Botanical Society -TARU was on "Academic Excellence through

> Meditation" by **Mrs. Seema Charla** (Science of Spirituality) on 26 September 2023. She spoke about the intricacies of stress management and the transformative power of meditation in enhancing not only academic performance but also personal well-being.

> Following this, the introductory session of 'Scientia: The Journal Club' on 10 October 2023, provided students with insights into scholarly exploration under **Dr. Aparajita Mohanty's** mentorship. GCBS-TARU organized an online Cover Page Design Competition for ANTHESIS, the botanical magazine's 19th issue. The competition,



Scientia\_ The journal club, Introductory session



Sparkling Diya Fiesta

themed "Natura Naturans: Wellness Unveiled," challenged participants to explore the interconnectedness among all living beings. For the Eco-Vista Case Study Competition on 19 October 2023 students explored innovative solutions for real-world environmental challenges. As the festive season approached, the department came alive with the Sparkling Diya Fiesta - Diya Decoration Competition on 7 November 2023.



Gaming stall-Stacking cup puzzle (Khelgaon event)

During the college's cultural fest, Reverie, GCBS-TARU hosted a gaming stall- Stacking cup puzzle at the Khelgaon Event on 7 February 2024. The Botanical Brushstrokes Event on 27 February 2024 celebrated the fusion of art and botany, providing participants with a platform to capture the intricate beauty of live plants through illustration.

A trip to study the flora and fauna of Tughlaqabad Biodiversity Park and wetland located in the southern ridge area of Delhi was organized on 18 October 2023.

The Department of Botany initiated an online Intercollege Skill Enrichment Course on "Research Methodology for Undergraduate Studies" under the aegis of RDC and IQAC. The inaugural lecture was delivered by Dr. Gaurav Kumar from Department of Botany, Bareilly College on 9 September 2023, on the topic 'Introduction to Research Methodology'. An "Alumnae Lecture Series" was also conducted and the inaugural lecture was delivered by Dr. Gita Mathur (Former Associate Professor, Gargi College) on 16 September 2023, on the topic " Gargi Botanists: Trees Nurture Saplings ". "Eco-friendly Agriculture" an intercollege add-on course was launched for the second time for students of different course from different colleges. This course comprised of online lectures, hands-on workshops and field visits. Students and faculty visited Biomass Utilisation Unit, Div. of Agronomy, IARI on 16 February 2024 to learn different methods of

> Composting and Vermicomposting by **Dr. Shiva Dhar, Principal Scientist.** Department of Botany organized a Virtual International Conference on Bioinformatics in Biology: From Prerequisite to Post-requisite, 2-3 March 2024, funded by DBT. It included talks by national & international scientists, oral & poster presentation by students & faculty members. These events served as catalysts for academic growth, fostering a deeper appreciation for botany and its interdisciplinary connections.

# GARGI COLLEGE Department of Business Economics

Teacher-in-charge: Dr. Amit Rohilla Faculty Advisor: Dr. Gunjit Kaur

Throughout the year, the Department of Business Economics has been actively involved in a series of impactful events. The following report encapsulates the highlights of our initiatives:

#### **Orientation (16 August 2023):**

The orientation for the Batch 2023-27 provided comprehensive insights into the faculty, structure, values, and opportunities offered by our Department.

#### Independence Day (29 August 2023):

Celebrating the 76th year of independence, the Department organized a Documentary Screening highlighting the significance of women's financial independence. Attended by over 60 students from all years, the event imparted crucial lessons on the importance of financial literacy and independence.



Department celebrates Independence Day

**Research** Methodology Seminar (12 September 2023):

Led by **Dr. Tripti Sangwan from Aryabhatta College**, a Seminar on Research Methodology illuminated research methodologies and processes, motivating students to pursue research and academia.



Interactive Session by Dr. Tripti Sangwan



Interactive session with LinkedIn creators

#### Zerodha Webinar (21 January 2024):

A Webinar on Personal Finance, conducted by **Mr. Salman Qureshi from Zerodha**, emphasised financial independence, especially for women, and provided insights on practical investment options such as Equity-Linked Saving Schemes.

# Personal Branding Session (20 February 2024):

An informative session on Personal Branding on LinkedIn, led by **CA Neha Datta** and **Palakh Khanna**, attracted over 80 students from various years & programmes. Through engaging discussions, the session explored effective strategies, networking ideas, and brand positioning, u n l o c k i n g n e w opportunities for students.

#### **Roister (24 February 2024):**

Fifteen students proudly represented the Department in Roister 2024, the Annual Sports Fest of Aryabhatta College conducted for all BBE Departments across Delhi University. Showcasing exceptional skills and team spirit, our players secured medals in various team and individual games, emphasising our commitment to unity and excellence.



Active Participation by students in Roister



# GARGI COLLEGE Department of Chemistry

Teacher-in-charge: Dr. Geeta Saini Faculty Advisor(s): Dr. Beena Negi, Dr. Himani Chauhan, Dr. Tanu Shree



Oral Talk to Celebrate AKAM

The department of chemistry organized a number cf events in the academic session 2023-24 under the auspices of RASGANDHAYAN, the Chemical Society. The society celebrated Azadi Ka Amrit Mahotsav (AKAM) on 24 August 2023 by organizing an oral talk competition on the topic "Contribution of Indian Scientists Post

Independence in Making of the Nation." The celebration of Teacher's Day was held on 5 September. A tree plantation ceremony was organized on the occasion of World Ozone Day (16 September), with the support of the President Ms. Sanskriti Singh and Vice President Ms. Arju Yadav. The Inaugural Ceremony of the session was organized on the auspicious occasion of Ganesh Chaturthi on 19 September 2023. The event commenced with the traditional lighting of the lamp. **Professor Rajeev Gupta, CEO of Institution of Eminence (IoE)**, the speaker of the event delivered his talk on the topic "Luminaries of Indian Sciences: Life and Work of a Few Indian Scientists." Prof Rajeev Gupta discussed some of the most significant scientific



Inaugural Talk by Prof. Rajeev Gupta, CEO IOE



Lecture on IPR by Dr. Rashmi Tandon

breakthroughs by the Indian scientists - PC Ray, JC Bose and CV Raman and their biography. On the occasion of Green Consumer Day (26 September), a competition "Best out of Waste" was conducted focusing primarily on awareness raising and the importance of recycling- reusing and reducing waste materials. Under the Aegis of Digital Empowerment course the society organized a session on 10 October on the topic "How to create an impressive LinkedIn Profile" by the speaker, **Mr Akash Gogri.** The Chemical Society also organized a lecture session on the topic "Intellectual Property Rights" by **Dr. Rashmi Tandon, Senior Associate, Lall and Sethi** on 31 October.

The Chemistry department of Gargi College arranged a visit to the India International Science Festival (IISF 2023) held at DBT THSTI - RCB campus, Faridabad, Delhi on 18 January 2024. The festival had many interesting exhibitions, games, speaker sessions, and conferences. The meeting with **S Somnath Sir, ISRO Chairman** was the most enthralling part of the day. On 30 January, the society organized an inter college paper competition "Chemaroma" for which prizes were donated by **Dr. Sushmita Chowdhury** and Dr. B Vaijayanthi.

A game stall for khelgaon was organized on 7 February 2024 the stall consisted of three games namely Card recall, Picture bingo and Guess the noun. Under the aegis of SEC-Forensic Chemistry a lecture on Crime Scene Management by the speaker, Dr. G.S Sodhi, was organized on 24 February 2024. Students also had a hands-on experience of a mock crime scene. The Chemical Society of Gargi College, Rasgandhayan, in collaboration with Indraprastha Vigyan Bharati, successfully organized a poster making competition on National Science Day, 28 February. An online short-term course on Waste Management and Sustainability was organised by the Department and 60 students across all disciplines participated. A series of 10 lectures and two field visits, one at Tehkhand waste to electricity Production, Okhla and the other at the sewage treatment plant, Okhla STP of Delhi Jal Board, New Delhi were organized.

In the month of April the society will be organizing Dr. C.K. Khurana Memorial Lecture and Valedictory ceremony wherein Dr. Minakshi Memorial Award will also be presented.



Meeting ISRO Chairam at IISF 2023

# GARGI COLLEGE Department of Commerce

**Teacher-in-Charge:** Prof. (Dr.) Sonali Ahuja Dua **Faculty Advisors:** Prof. (Dr.) Nidhi, Prof. (Dr.) Anjni Anand, Dr. Amit Rohilla, Dr. Payal Jain, Ms. Sunita Kumari, Ms. Iti Verma, and Ms. Anam Khan

The Department of Commerce at Gargi College had a remarkable academic year, 2023-24. The year began with a Financial Literacy Workshop on 19 May 2023 themed "Prosperity and Wealth", featuring Prof. Amit Kumar Singh (Chairperson, Governing Body, Gargi College) as a guest speaker and Shri Suryakant Sharma (Senior Consultant, AMFI and Former DGM, SEBI) as keynote speaker. It was followed by an "Art of Being Happy" workshop on 9 June 2023, featuring Mr. Sanjiv Ranjan, Founder Director, All India Institute of Mind Body Medicine, and a webinar titled "Voices of Self-Reliance - Azadi Ka Amrit Mahotsav" on 16 August 2023, featuring distinguished founders Ms. Chinu Kala (Founder of Ruban Accessories, BW 40Under40, TEDx Speaker) and Ms. Aakriti Rawal (Co-Founder, House of Chikankari, Winner India500 Startup Award), who had inspired students to embark on entrepreneurial ventures and attain financial independence.

An Industrial trip to Andaaz Delhi was conducted on 23 August 2023. Additionally, a Plantation drive by planting a "Shami Tree" on Teacher's Day i.e., 5 September 2023, was celebrated in alignment with the theme of "Well-Being" adopted by the department. On 26 September 2023, a "Learnovation" session in collaboration with 180 Degrees Consulting Gargi, themed "Navigating the Maze: Case Interviews Unleashed" featuring Ms. Sheetal Kakkar, the former summer associate consultant at McKinsey & Company. The Commerce Association organized its annual Entrepreneurship Conclave on 12 October 2023, themed "Digital Renaissance: The New Age Entrepreneurship." Featuring an insightful panel discussion with eminent entrepreneurs including Ms. Radhika Bajoria (Founder Radically Yours, LinkedIn Top20 Voices, TEDx Speaker), Ms. Priyanka Madnani (Founder Easy To Pitch & IncuDash), Mr. Deep Bajaj (Founder Sirona, Award-winning Social Entrepreneur) and Mr. Krishnan Sunderarajan (Founder LOKA, TEDx Speaker, Featured in Shark Tank India), the audience posed thought-provoking questions and presented innovative ideas. This was followed by another "Art of Being Happy" workshop on 17 October 2023, featuring Mr. Sanjiv Ranjan, Founder Director, All India Institute of Mind Body Medicine, who shared that the art of being happy lies in staying in the present moment, and not oscillating between the past and the future. On 27 October 2023, an outreach drive to Janta Adarsh Andh Vidyalaya was organized to celebrate cherishable moments with those students. The drive was purposely organized near Diwali festivities to make it more joyful, contented, significant and memorable for everyone.

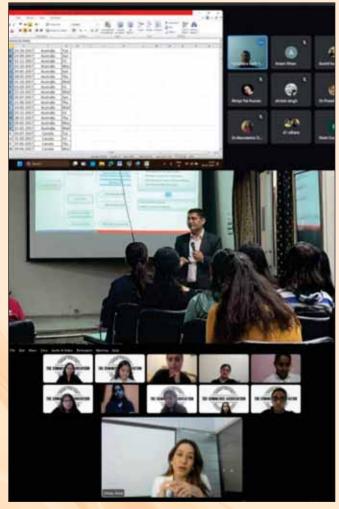
Another "Learnovation" session was held on 28 November 2023, exploring the intricacies of "Risk Management" in collaboration with the GRMI, featuring Mr. Subhashish Nath and Mr. Puneet Malhotra.

The department released the bi-annual magazine, Comascent's 23rd Issue (Vol 1), centered around the theme "India in the New Age: Innovation through Sustainability and Inclusion".



**Comascent Magazine** 

The online workshop on MS Excel featuring Prof. Narain, FMS, University of Delhi and Dr. Harendra Nath Tiwari, SRCC, University of Delhi was conducted on the 20th & 21 of January 2024 for teaching and non-teaching staff. A field visit to NSIC, covering insights about MSME registration and initiatives along with an incubator tour was organised on 21st February 2024 and a seminar on Commodity Derivatives and Price Risk



Workshops

**Management in collaboration with MCX** for students to foster a deeper understanding of the financial landscape was conducted on 22 February 2024. In the month of spring, i.e., on 5 March 2024, students who opted for the **"Art of Being Happy"** as a value addition paper went to **Arun Jaitley Park.** This visit gave them a sense of happiness, away from their usual classroom interactions.

The annual event of the Commerce Association, Cascade, is currently underway and eagerly awaited by students, with the theme "Cinematic Dynamics: Unveiling the Nexus of Commerce, Market Trends, and Consumer Behaviour".



**Educational Trips** 

**Comascent's 23rd Issue (Vol 2)** will be released commemorating 50 years of the Department, revolving around the theme "**Commerce Redefined: Exploring the Depths of AI Integration in Business Innovations**" and the yearbook, **Reflections**, centres around the theme of "**Netflix**". Overall, the Department of Commerce had a transformative year marked by diverse workshops, industrial visits, and academic events, fostering holistic growth and innovation among students.

# GARGI COLLEGE Department of Economics

**Teacher-in-charge:** Dr. Sweta Mishra **Faculty Advisors:** Dr. Tanjot Singh and Ms. Nivedita Mullick

Ecomantra, the Economics Association of Gargi College, commenced the academic 2023-24 session by organising the departmental orientation on 16 August 2023 to welcome the freshers. Under the aegis of celebrating Azaadi Ka Amrit Mahotsav, the association organized a quiz competition, 'Econopedia@India' on the economic history of India for Gargi students on 18 August 2023.

Ecomantra took immense pride in hosting Arthvichaar: Economics Extempore Competition in Hindi on 26 September 2023 to celebrate Hindi Diwas and honour the importance of our national language. To celebrate Gandhi Jayanti and commemorate the birth of the father of our nation, Mahatma Gandhi on 1 October 2023 the association participated in Swachh Bharat, Shrestha Bharat: A Cleanliness Drive. Under this initiative, the students of the department of Economics set out to clean the area in the vicinity of the Green Park Metro Station to promote cleanliness. Following this, the association organized a Plantation Drive on 3 October 2023 to spread awareness about our environment by planting saplings in the college premises.



Swachh Bharat Shrestha Bharat - A Cleanliness Drive

On 30 January 2024 the association invited a Supreme Court Lawyer, '**Mr. Harshit Sethi**' for a speaker session on "From the Bench to the Boardroom: Corporate Law Chronicles". It was an in-depth discussion on corporate law, insolvency, tax non-compliance and tax planning strategies.





Arthvichaar - Economics Extempore Competition in Hindi

Speaker Session - Bench to Boardroom by Mr. Harshit Sethi



Plantation Drive

The speaker also elucidated on the practical application of economics within the legal framework.

The annual economics event, 'Arthgyaan'24, held on 29 February 2024 was the highlight of this academic session. This year's theme was on "Empowering Women, Empowering Economies," it also resonated with the



Arthgyaan 2024 Lamp Lighting

spirit of India's Viksit Bharat@2047 Mission. The speaker session was presided over by **Prof. Seema** 

Bathla, Professor, Centre for Study of Regional Development, Jawaharlal Nehru University; Dr.



Arthgyaan 24 - Speaker Session Prof Seema Bathla

Nausheen Nizami, Associate Professor, School of Liberal Studies, Pandit Deendayal Energy University and Ms. Nikita Jain, Assistant Director, **Public Finance & Policy Analysis** Division, Niti Aayog, IES 2019, AIR 4. More than 200 students from within the college and other colleges of University of Delhi participated in the inter-college competitions held at Arthgyan'24. These were G20 summit, online economics meme competition, monopoly, and the great economics trivia.

# GARGI COLLEGE Department of Elementary Education

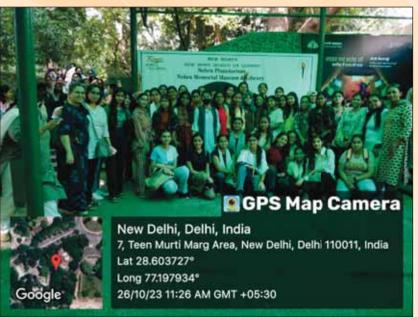
Faculty Conveners: Dr. Prachi Kalra and Dr. Aparna Joshi Student Convener: Ms. Chanchal Meena

This year the Department of Elementary Education organized several activities for students. The theatre workshops for 1st and 3rd year students were taken by Mr. Zubair Idrisi and Ms. Deepika aiming at development of body consciousness, theatre skills and theatre of the oppressed. The Craft workshops were taken by Ms. Harpreet for 1st year students. Ms. Anuradha and Ms. Ela from Gnostic centre took self-development workshops for 2nd year students. Storytelling workshops for second years were also held including a storytelling workshop organized by ASMI the BElEd department Association by Ms. Seema Wahi, the assistant manager at Nehru Planetarium on Integrating science learning through storytelling in Nehru Planetarium on 26 October 2023. Ms. Prerna, the Assistant Manager of Nehru Planetarium guided the BELEd through immersive experiences and astronomy related activities. This



Dr. Poonam Bhushan from IGNOU being welcomed for 3rd Year Colloquium

was followed by a visit to Pradhanmatri



Students visiting Nehru Planetarium and Museum

sagrahalaya to develop an understanding of struggle for independence and development of Indian constitution. ASMI also organized a talk by Ms. Kusum on 7 November 2023. The title of the talk was "The scope after B.El.Ed and multitude of opportunities within the realm of Psychology". For the 3rd year colloquia, Dr. Sumanlata invited Dr. Shalini Yadav, Associate Professor, School of Education GGSIP University as a discussant for a session on "National Policy on Education (NPE) 1986 on 13 October 2023: Prof. Harjeet Bhatia, as discussant on 'Teacher Education' from Department



B.El.Ed girls performing in Sports Day

of Educational Studies, Jamia MIIlia Islamia, New Delhi on 22 November 2023; and Ms. Poonam Bhushan, Associate Professor, School of Education, IGNOU as discussant for public -private partnership in school education on 12 February 2024. Dr. Chandra Tiwari organized a talk by Dr. Aridam Basu from TISS Mumbai for the topic 'Recent Trends in Research in Mathematics Education". Dr. Jyoti Raina and Dr. Sumanlata also a panel discussion on the topic- 'Contemporary Concerns in School Education' on 1 February 2024. The eminent speakers included Dr. Ameeta Mulla Wattal, Chairperson and Executive Director Education, DLF Foundation Schools, Ms. Anuradha Joshi, Principal Sardar Patel Vidayalaya, Lodhi Estate New Delhi, Prof. Manisha Priyam, Department of Educational Policy NIEPA, New Delhi and Department of History University of Delhi. A monograph on the same topic by Dr. Suman Lata and Prof. Jyoti Raina was also released on this occasion on the same day. The B.EI.ED students participated the sports day and gave a rousing performance.

# GARGI COLLEGE Department of English

Teacher Convener: Dr. Mudita Mohile Teacher co-Convener: Dr. Jeyakirthana J. Student Convener: Mouli Joshi Student co-Convener: Shivangi Sengupta

As the first event of the academic session, The English Literary Society organised a lecture on the Fundamentals of Photography: an Introduction on 23 September 2023. The resource person Mr Gautam Manohar, is a freelance professional photographer and Indian landscape enthusiast. The lecture-demonstration served as a useful skillbuilding exercise for both the faculty and students of the SEC Visual Communication and Photography course that the department offers. The session introduced students to an overview of the history and evolution of photography, basic workings of a camera, basic rules of composition, lighting, aperture and shutter speeds and ended with a discussion on a few of Mr Manohar's own photographs.



Photography Basics with Gautam Manohar

The Literary Society held its first **General Body Meeting** on 29 August 2023. The meeting served as a primer to the Literary Society's objectives: the election process for the current student body and the tentative LitSoc calendar for the year. This year's **LitSoc elections** were conducted on 3 October 2023; results for all eight post-holders were declared on the same day.

On 24 November 2023, LitSoc organised **Madhulika and Muzaffar: Talking of Crimson City** - a book discussion with **Madhulika Liddle**, famous for the Muzaffar Jung series. The novel



Madhulika Liddle Book Discussion

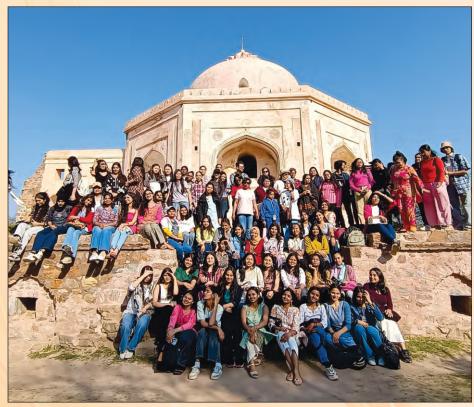
features in the Discipline Specific Elective the department offers to all students. Ms. Liddle spoke at length about her fascination for the Mughal era, it's presence in contemporary Delhi, palpable especially in places like Chandni Chowk that feature heavily in her novels. She also fielded questions from students on her next projects, the phenomenon of writers' block and how to deal with it; the process of fiction writing and publishing. The easy exchanges between the writer and the Chair, Dr. Anjana Neira Dev (who also taught the text to the students in attendance) allowed for meaningful and relevant discussions with the author.

On 28 November 2023 LitSoc conducted two simultaneous intra-mural competitions on **Creative Writing and Slam Poetry**, themed **"Evanescence: A Celebration of What Once Was Lost"**. The events received enthusiastic participation from all departments in the college, and the sessions culminated in discussions between the participants and the event judges. Both competitions highlighted the rich creative and literary talents that surround us and emphasised the relevance and need to provide platforms to students for artistic expression. On 5 February 2024, Dr. Sherina Joshi (retd) Associate Professor, Deshbandhu College, DU conducted a workshop on "Literature and the Subject", tailored for our first year students. Discussions included the differences between "literature: the subject" and "literature and the subject"; the importance of close reading, context and the role of the reader's experiences in interpreting texts. The workshop included short writing exercises and an analysis of selected texts. An engaging and interactive Q&A session wound up the invigorating event.

A Heritage Walk to the Mehrauli Archaeological Park was organised for all members of the department on 28th February 2024. The guided tour was curated by Ms. Noble Srivastav, Gargi alumna and doctoral scholar at JNU. The one day field trip served as a fruitful engagement through discussions on the historical, cultural and ecological heritage of the city; an informative exercise in exploring the not-so-hidden treasures of the land. A picnic inside the Park, and elaborate photo sessions amidst the rich backdrop of the heritage sites proved enriching exercises to create memories, building connections of our present with the past.



Dr. Sherina Joshi on Literature and the Subject



Heritage Walk - Mehrauli Archaeological Park

Acclaimed academician, writer, translator and critic, **Prof. C.T. Indra**, delivered a rare lecture on **"English Studies: Pedagogy, Translation and Challenges"** to our honours undergraduates on 9 March 2024. **Prof. Sutapa Dutta**, TIC, and **Dr. Aneeta Rajendran** from the English Department delivered the inaugural address, and Chaired the session, respectively. The lecture was premised on the pedagogy of English Studies courses in India as a translational endeavour. Prof. Indra underscored the symbiotic relationship between teachers and students through a thought-provoking interpretation of the dialogic exchanges between Gargi and Yajnavalkya from the Upanishads, locating the lecture in an immediately relevant context. The lecture was also attended by her friend, Lakshmi Kannan-celebrated poet, writer and translator (whose books Prof Indra has critiqued); and her first student

from Madras University, **Parsa Ventakeswara Rao Jr**, well-known journalist and author of The Upanishads: an Introduction. The interactions between critic-poet and teacher-student served as a powerful display of transformative pedagogies.

# गार्गी कॉलेज हिंदी साहित्य परिषद

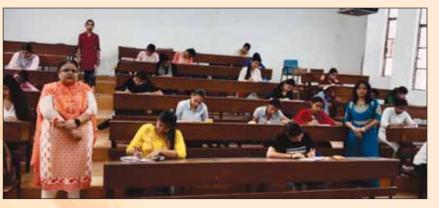
शिक्षक संयोजकः डॉ. श्रीनिवास त्यागी शिक्षिका संयोजिकाः डॉ. मीना

हिन्दी साहित्य परिषद ने शैक्षिक सत्र 2023–24 में अनेक विभागीय गतिविधियों एवं कार्यक्रमों का आयोजन किया। इन प्रतियोगिताओं में स्वरचित कविता–पाठ प्रतियोगिता और सृजनात्मक लेखन प्रतियोगिता का विशेष स्थान है, जिसमें विभाग की छात्राओं के द्वारा अपने हुनर को अभिव्यक्ति देने का अवसर मिलता है। वे शब्दों और स्वरों के माध्यम से अपनी सृजनात्मकता के विविध रूप चित्र इन प्रतियोगिताओं में उकरते हैं। हिन्दी साहित्य

परिषद ने 5 सितंबर 2023 को शिक्षक दिवस के अवसर पर एक भव्य कार्यक्रम का आयोजन किया, जिसमें विभाग के शिक्षकों एवं विद्यार्थियों ने सहभाग किया। 31 अक्तूबर 2023 को हिन्दी साहित्य परिषद के छात्र पदाधिकारियों का चुनाव कराया गया, इसमें अध्यक्षा के रूप में शालू (तृतीय वर्ष), उपाध्यक्षा के रूप में कीर्ति मिश्रा (द्वितीय वर्ष), कुलानुशासक के रूप में श्रुति (तृतीय वर्ष), सांस्कृतिक सचिव के रूप में



काव्य पाठ करते हुए प्रतिभागी



रचनात्मक लेखन प्रतियोगिता में शामिल प्रतिभागी

रिमता राज (द्वितीय वर्ष) तथा कोषाध्यक्ष के रूप में सिमरन (प्रथम वर्ष) विजयी हुए। गार्गी कॉलेज के वार्षिक उत्सव रेवेरी 2024 में भी हिन्दी विभाग के विद्यार्थियों में भागीदारी की।

2 अप्रैल 2024 को अनुभूति के साथ मिलकर हिन्दी साहित्य परिषद ने रचनात्मक लेखन प्रतियोगिता का आयोजन किया। इस प्रतियोगिता में प्रतिभागियों को 'जीवन में

अनुभूति का महत्व' विषय पर अपनी रचनात्मकता दिखाने का अवसर दिया गया। इस प्रतियोगिता में प्रथम पुरस्कार संस्कृत विभाग की प्रथम वर्ष की छात्रा सोनाली कुमारी को प्राप्त हुआ। द्वितीय पुरस्कार हिन्दी विभाग की तृतीय वर्ष की छात्रा श्रुति एवं बी.ए. द्वितीय वर्ष की छात्रा हेमा को संयुक्त रूप से दिया गया। इस प्रतियोगिता का तृतीय पुरस्कार संयुक्त रूप से राजनीति विज्ञान की प्रथम वर्ष की छात्रा अलिशा आर्या एवं लाइफ साइंस की प्रथम वर्ष की छात्रा आर्या चतूर्वेदी को प्राप्त हुआ।

9 अप्रैल 2024 को आयोजित कविता पाठ प्रतियोगिता दो भागों में संपन्न होती है। एक भाग में किसी प्रख्यात कवि की कविता वाचन छात्राओं द्वारा किया जाता है एवं दूसरे भाग में स्वरचित कविता पाठ होता है।

95



हिंदी विभाग के शिक्षक एवं विद्यार्थी



हिंदी साहित्य परिषद के छात्र पदाधिकारी एवं शिक्षक संयोजक

प्रख्यात कवि की कविता वाचन में प्रथम पुरस्कार हिन्दी विभाग की प्रथम वर्ष की छात्रा नीशू को उनकी कविता 'कौन थे' पर मिला एवं स्वरचित कविता पाठ में प्रथम पुरस्कार हिन्दी विभाग की प्रथम वर्ष की छात्रा अनुष्का सिंह को प्राप्त हुआ। इस प्रतियोगिता में निर्णायक की भूमिका हिन्दी विभाग में प्रोफेसर डॉ. मीना एवं सहायक प्रोफेसर डॉ. आरती पाण्डेय ने निभाई। 19 अप्रैल 2024 को हिन्दी साहित्य परिषद ने अपने वार्षिक साहित्य—उत्सव नमामि हिन्दी—2024 का आयोजन किया, इसमें सुप्रसिद्ध कवयित्री एवं लेखिका **डॉ. कीर्ति काले** ने मुख्य अतिथि के रूप में विद्यार्थियों के साथ अपने विचार सांझा किए एवं अपने अनेक गीत तथा कविताएं सुनाकर सभी को मंत्र—मुग्ध कर दिया। छात्राओं ने भी अनेक साहित्यिक एवं सांस्कृतिक प्रस्तुतियाँ की।

> नमामि हिन्दी -2024 साहित्योत्सव-हिन्दी साहित्य परिषद



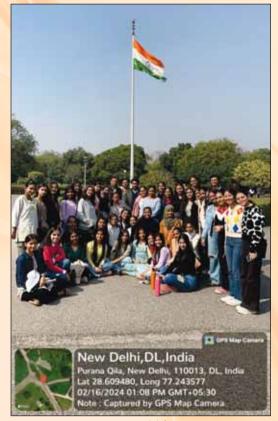
# GARGI COLLEGE Department of History

Teacher-in-Charge: Dr. Alka Michael



Workshop at INTACH

Continuing its rich tradition of coordinating academic and co-curricular activities in engaging and educating ways, the History Department of Gargi College sent six students under the mentorship of Dr. Pooja Thakur to a workshop at INTACH, New Delhi. Besides participating in the different activities at the workshop, the students bagged two prizes in the quiz competition and made a presentation at the closing ceremony. Next month, on 3 February 2023, Dr. Pooja Thakur, Ms. Pooja Kumari, and Mr. Piyush Yadav took a contingent of students from the department for a three-day tour of the historical sites at Gwalior. The Department also invited a renowned historian, Dr. Swapna Liddle for a talk on the socio-cultural landscape of Shahjahanabad on the 22 February. After the mid-semester break in March, the annual Department Fest- Antaraal was held wherein Prof. Seema Bawa and Dr. Pankaj Jha addressed the students at the Academic session. Along with the academic discussion following the addresses by such renowned scholars, a PowerPoint presentation competition, a Moot board-making competition and a Fusion cultural performance by the students remained the chief features of Antaraal this year. The department organized a cover-page design competition on the theme "EUDAIMONIA" on 15 March 2023 wherein results were declared, and winners along with runners-up were facilitated on the spot. Towards the end of the month, on 22 March Dr. Deeksha Bhardwaj led a group of students of the department to a field visit at the All India Radio office- Akashvani Bhavan, New Delhi. In April Dr. Pooja Thakur organized a Field Visit to Purana Qila where she escorted a batch of students to the Fort and explained the multifaceted significance of the Qila and its



Visit to old fort

constituent structures. Next month, as a part of the practical component of the SEC Museums and Museology papers, the History Department organized a visit to the National Museum and National Archives, Dr. Shashi Bhushan led the group of students to the Museum and Archives on 19 April 2023. For the same purpose, Dr. Pooja and Dr. Shashi Bhushan led another batch of thirdsemester SEC students to ASI Children's Museum, Siri Fort on 20 May 2023. Next month, on 23 June, Dr. Alka Michael took a batch of students for an educational visit to the National Museum. Following the summer vacations, the new academic year commenced with the organization of an Orientation and welcoming session for the new batch 2023-2027 by all the faculty members of the department on 16 August 2023. Next month, on 12 September, The History Department of Gargi College organized a workshop in collaboration with Shaurya Foundation, an NGO that works for the neuro- divergent people. The talk was held in the Seminar Hall of the college. Later, on 26 September, The Department conducted a talk by the renowned historian, Prof. Amar Farooqui on the theme- "Princely States, 'Indirect Rule' and the Delhi Durbaars". The event was attended by a large

crowd of students coming from various departments. On 21 October 2023, The Department carried out a cleanliness drive within the college premises to create awareness about cleanliness and hygiene. The teachers also helped the students in making the drive successful. The students and teachers were divided into groups and allocated different spots for cleaning. Everyone participated enthusiastically manifesting the message of a "CLEAN AND GREEN GARGI!" Next week, the Department organized a talk on 26 October 2023, under the aegis of I.Q.A.C, by Dr. Aastha Gandhi on the topic 'Searching for the vanishing body in a lost Archive'. The talk was held in the Seminar Hall of the college. Towards the end of the month, the Department organized a three-day official trip to Ranthambore between 27 and 29 October 2023. The students went on a safari and visited the Ranthambore Fort, Dastkar NGO, Kala Ghoda mandir, and Rajiv Gandhi Museum of Natural History as part of this excursion. The department organized a Tree Plantation Drive: "Aranyani" and a Diya lighting ceremony was held as part of the Awareness and Conservation drive on 31 October. As a part of this program, a Rangoli Making Competition was also organized on the same day.



On 2 November 2023, the departments of History and Political Science jointly organized a talk on "CHOOSING YOUR OPTION RATIONALLY AND THE RELEVANCE OF 'PSIR' AS AN OPTIONAL IN THE CIVIL SERVICES EXAMINATION" by esteemed speaker **Dr. Piyush Kumar Chaubey**, Faculty of Political Science and International Relations and Polity (General Studies Paper 2) in Next IAS and

esteemed discussant Piyush Yadav, Assistant Professor, Department of History, Gargi. The talk was held in the Auditorium of the college. The Department of History observed a Diya lighting ceremony to celebrate an Environment-Friendly and Green Diwali on 10 November. Later on, the department organized an intra-departmental Logo-Making Competition for the social media page of the Department on Instagram on the 19 November 2023. Dr. Praveen Singh, Professor at AUD, was welcomed by The History Department, Gargi College, for a discussion on the topic 'Environmental history of the Anthropocene: Some thoughts' on 22 November. The event attracted and was attended by, a large audience coming from various departments. On the same day, the department conducted an inter-course digital poster-making competition on the theme of 'Environment and Sustainability'. Firdous Namani, B.A. (Prog.) History and Political Science, II Year was declared as the winner by the jury. Parallel to these activities, the department also organized a field visit to the National Archives, Janpath offered to the second-year students. Dr. Abhimanyu Kumar and Dr. Devender Kumar Yadav took a batch of students to the NAI as a part of the Practical component of the SEC "Reading the Archives" on

the 22 and 23 of November. A couple of days later another field visit was organized by the department on 25 November to the National Crafts Museum and Hastakala Academy, Pragati Maidan. Ms. Pooja Kumari and Mr. Nishant Singh conducted this trip as a part of the practical component of the SEC: 'Museums and Museology' paper offered to students in the third semester. Similarly, on 27 November, the department organized a field visit to the Firoz Shah Kotla for 5th Semester students of SEC Popular Culture. Dr. Alka Michael and Mr. Nishant Kumar led this trip to the Fort which holds a special significance from the perspective of popular culture, as it is one of the most famous places of veneration of Djinns, or supernatural spirits in Islamic mythology. With the beginning of the new semester in 2024, Dr. Alka Michael along with 6 students from the History Department attended a workshop organized by INTACH, Lodhi Road on 24 January 2024. The workshop included sessions on heritage awareness and conservation in India. Dr. Michael also organized an excursion for the first-year students of the department to the Purana Qila on 16 February 2024. Mr. Piyush Yadav, Dr. Vijay Kumar Jaiswal, Dr. Aditya Kumar Kaushal, and Mr. Rajiv Shukla took a class of 43 students to the Qila where the students were shown all the monuments situated in the Qila complex and were briefed about their architectural, historical, and cultural significance. On 27 February, the Department of History and Political Science jointly organised a career counselling session in association with EDNet Consultants in the auditorium of the college.



Field visit to Craft Museum

# GARGI COLLEGE Department of Mathematics

Faculty Advisors: Ms. Sapna Malhotra (Convenor), Ms. Pooja Gupta (Co-Convenor), Dr. Deepika Dhall & Ms. Manpreet Kaur President: Drishti Singh Vice-President: Gargi Bisht



Dr. Niteesh Sahni with Mathema members

Mathema, The Mathematics Association, successfully organized a plethora of educational,

inspirational, and fun events. This trail of events commenced with the union welcoming the freshers to the college. Mathematics, being the core of major technologies, still remains unknown. To focus on that, Mathema organized a seminar on the "Mathematical Framework of Some Popular Technologies" on 10 September 2023. The speaker for the session was Mr. Niteesh Sahni, Associate Professor, Shiv Nadar University. To enhance the knowledge of students of the Mathematics department about the core and beyond, a national

webinar was organized on the topic "Period Doubling Route to Chaos - Brief Introduction" on 16 October 2023. The speaker for the same was **Prof. Malay** Banerjee, IIT Kanpur. To encourage students of the Mathematics department in exploring different horizons, MATHEMA organized a number of online competitions. The first one was an Article Writing Competition, with the topics "Cosmic Geometry - Exploring the Mathematical Patterns in the Universe" and "Behind the Scenes - Use of Mathematics in Animating Characters." Next in line was a Poem Writing Competition organized on account of

National Mathematics Day. Collaborating the art of



Talk by Prof. Malay Banarjee

filmmaking and Mathematics, a Filmmaking Competition was organized on the topic "Celestial Cinematics - Where Space meets Mathematics." To build skills that will help us in our careers ahead, a Personality Development Workshop was organized on 8 February 2024. The resource person was Mr. Utsav Shukla, founder of Team Builders India. Final year students of the department successfully completed a certificate course organized by the College in association with ICT academy, sponsored by Honeywell on "Cyber Security" from 16 February to 4 March 2024. The Mathematics department has also taken the initiative of introducing an economical certificate course on data science as data science is a growing field and has a lot of scope for Mathematics majors. This trail ended with "Celebration of five years of B.Sc. (Hons.) Mathematics" on 24 February 2024. We celebrated this achievement with our alumni and the current batches.



Workshop on personality development by Mr. Utsav Shukla



Celebrating 5 years of B.Sc. (Hons.) Mathematics with Alumni

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# GARGI COLLEGE Department of Microbiology

Faculty Advisor / Teacher-in-Charge: Dr. Anita Kapila

The GERMS union held its annual elections on 24 July 2023 and also added a new social service wing EKYAM to its fold, dedicated to fostering positive change through meaningful social service. 'MICROVOGUE' was held on 17 September 2023 to celebrate International Micro-organism Day. EKYAM organised its first donation drive 'MICROCARE' on 23 September 2023 and distributed hygiene kits to the college janitors and construction site workers. The students and faculty undertook a visit to the National Gallery of Modern Art on 12 October 2023, to break the monotony of classes and adhering to the spirit of ART FOR ALL. SRIJAN, a Toran making competition was hosted on 31 October 2023 by GERMS to celebrate creativity and foster artistry among students. The month of November was marked with three events namely, ALBELA- a Henna art competition,



Visit to NGMA



Albela Henna Art Competition



Students with Prof. Manju Puri

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**EKYAM Donation Drive** 

Saujanya a donation drive by EKYAM and an online talk by **Dr. Sandhya Sanduja** on the topic 'From Micro to Macro: A Fireside Chat' to assist students in charting successful career paths. The month of February was marked by a video making competition 'COURSAPALOOZA' followed by an online talk by **Dr. Sonali Sengupta** on 'Flavours of Hepatitis B virus: Mutants and Liver cancer'. On 6 March 2024, a series of three scientific interactions were held as part of 'BIORHYTHM 24' namely 'HPV and Cervical Cancer' by **Prof. Manju Puri**, Professor at Lady Hardinge Medical College; 'Structural Insights into Biofilm Regulation of Pseudomonas aeruginosa' by **Dr. Deepti Jain** of Regional Centre for Biotechnology; 'Nutrition for Her; Holistic Approach' by **Ms. Ashu Wadhwa**, Academic Counsellor at Jamia Hamdard. Bio-hues, a sand art competition was conducted on 19 March 2024 and attracted a large number of students.



Sand Art Competition



Amrit Udyan Visit

# GARGI COLLEGE Department of Philosophy

**Teacher-in-Charge:** Dr. Rashmi Bhardwaj **Association-in-Charge:** Ms. Saachi Chowdhry **Association Co-convenor:** Mr. Amulya Gurung

The Department of Philosophy started the academic year 2023-24 with AKAM celebrations. The Union conducted many activities and an open-mic session to spread awareness about Indian languages and India's rich and vast culture. This was followed by week long Donation Drive where more than 100 sets of articles were donated to Bhumika Trust. The Union also organized 'Cinema for a Cause' event during which Oscar winning film THE SILENT CHILD was screened, and



Donation Drive

sign language workshop was conducted in collaboration with the Bhumika Trust, to spread

awareness about stigmas associated with disabilities. Mr Jayant Singh Raghav, President,



AKAM Celebrations- Paying Homage to the idea of "unity in diversity"

attended the screening and shared his experiences. The department celebrated World Philosophy Day with a VARTA session on the theme 'Criminal Justice and Theories of Punishment' by Lawyer Ratna Appnender. A field trip to Sundar Nursery was organized to reinforce students' knowledge of philosophy of nature and environmental ethics. The Philosophy Society, Mimamsa, organized discussions throughout

Bhumika Trust, also





With the members of the Bhumika Trust during "Cinema for a Cause" Event.

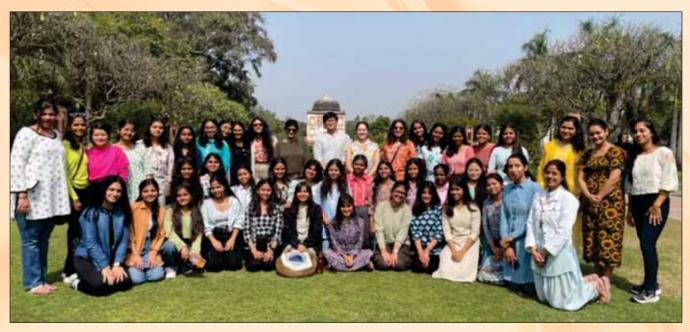


Lawyer Ratna Appnender



The Philosophy Society - Mimamsa conducting a discussion

the year on themes such as feminism, discrimination against people with disabilities, empowerment through philosophy, ethics, environmental ethics, etc. Gñosis, the Department's annual magazine, on the theme "Free Will and Determinism", has compilation of interesting and engaging articles, poems, artworks and photographs. A talk by **Prof. Rakesh Chandra** will be organized for the department's annual festival Dialectica, on the theme '*Philosophical Approaches to Pop Culture*'.



A Field trip to Sunder Nursery

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# GARGI COLLEGE Department of Physics

**Teacher-in-Charge:** Dr. Anita **Faculty Advisors:** Dr. Deepti Lehri **Student Union:** Anshita Singh, Bhavesha Singh, Anmol Ghuman, Tannu Raghav, Sakshi Srivastava, Maitreyee Srivastava & Nisha

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QUASAR, the physics society organized captivating lectures, engaging competitions, and delightful activities throughout the academic year 2023-2024. The Department presented an event on India's Lunar Mission to land on the south polar region of moon: CHANDRAYAAN 3 on 12 September 2023. The presentation delved into the



Inter Departmental Quiz in celebration of launch of Chandrayan-3

complexities of the lunar mission, followed by an interactive quiz. Under the guidance of IQAC, an event was organised as the launch of the 10 kg



Visit to CSIR-NPL

Plastic Challenge in partnership with IPCA on 3 October, 2023 coordinated by Prof. Vandana Luthra. **Mr. Ashish Jain**, Founder and Director of IPCA, and **Mr. Rahul Saini**, Deputy Manager of IPCA. A students visit to CSIR-NPL on 4 October 2023 coordinated by Dr. Alka Garg along with Dr. Deepti Lehri, Prof. Vandna Luthra, Dr. Supreeti Das and Dr. N. Chandrika Devi. The visit included tours to various Labs and interactive session with researchers and scientists. The inaugural lecture on India's solar observation mission ADITYA L1 by



Inaugural Lecture on Aditya-L1

**Dr. Vaibhav Pant** from ARIES, Nainital on 13 October 2023 was held. The event also highlighted the importance of sustainable practices as "Own a Mug" campaign by Prof. Vandana Luthra. On 10 October 2023, 11 students along with teachers Prof. Vandna Luthra, Dr. Alka Garg and Dr. Hira Joshi visited the RRS Centre of ISRO in New Delhi for World Space Week 2023. On National Science Day, a visit for 20 students and two faculty members Dr. Sanjeev Kumar and Dr. Ajit Kumar was organized

to the IUAC in New Delhi on 28 February 2024. The day concluded with keynote lecturers by various eminent scientists and a guided tour of IUAC laboratories. On 29 February 2024, the Physics Department, in collaboration with Indraprastha Vigyan Bharti, celebrated National Science Day coordinated by Dr. Alka Garg. Guest speakers **Shri**  Akash Pandey and Dr. Rajendra S. Dhaka shared insights on "ISRO Space on Wheels Program" and "Experimental Condensed Matter Physics". On 23 March 2024, Indian PM Shri Narendra Modi inaugurated semiconductor projects. The live screening was conducted in the department, followed by quiz on semiconductors.



Visit to IUAC

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#### GARGI COLLEGE

# **Department** of Political Science

Faculty Advisors: Dr. Joya Bhattacharya & Dr. Nitish Kumar

The academic session of 2023-2024I saw the Department of Political Science at Gargi College organising several impactful events, focusing on governance, constitutional values, legal policy, career counselling sessions, open mic discussion and various student competitions. qhe session commenced with the celebration of 76th Indian Independence Day by organising an Essay Writing Competition titled आज़ादी के लफ्ज़. The competition had two broad themes: 'Celebrating the Culture of Tribes' and 'Making India a Leader of Inclusivity'. The competition accepted online entries and post adjudication, e-certificates were provided to the winners. Between 21 August 2023 to 29 August 2023 the department of Political Science held the elections for the Class Representatives/CRs for the six sections across three years. Each class had to elect two members as class representatives who would act as a medium between them and the teachers, as well as the College Student Council. On 15 September 2023 the department organised a counselling session providing essential insights into the 'Master's degree program in Electoral Management Studies' offered by the Tata Institute of Social Sciences (TISS). The event featured Prof. Rekha Saxena as session advisor and Dr. Khushboo Srivastava as the speaker, who elucidated the key aspects of the program. On 19 October 2023 the department hosted a session on Public Interest Disclosure and Protection of Informer (PIDPI) complaints, aimed at creating awareness among the students about PIDPI. Ms. Shruti Agnihotriy, IRAS, Chief Vigilance Officer, Engineers India Limited, graced the event as the speaker of the day. On 22 October 2023 as part of 'Hindi Diwas celebration', the department

organised an extempore competition to excite students in building command over the language in collaboration with the Rajbhasha Committee of Gargi College. In November, the association organised an exciting visit, by first year students of Department of Political Science and Gandhi Study Circle, accompanied by three faculty members Dr. Shweta Mishra, Dr. Joya Bhattacharjee and Dr. Suman Lata, to the National Gandhi Museum and Gandhi Samadhi, Rajghat on 26 November 2023. This informative and academically enriching visit was guided by Mr. Anas Ali, the Curator, NGM. A career counselling session was also jointly organised by the Department of Political Science and the Department of History on 2 November 2023, which had Dr. Piyush Kumar Chaubey, faculty of political science at NEXT IAS, and Dr. Piyush Yadav, Assistant Professor in the Department of History at Gargi College. The session delved into the relevance of choosing Political Science and International Relations (PSIR) as an optional subject in the Civil Service Examination. On 28 November 2023, the college celebrated the spirit of 'Constitution Day' by



Interactive session on 'relevance of PSIR as an optional in civil service examination'



Seminar by Shri Narendra Kumar to commemorate Constitution Day 2023

organising a talk inviting **Shri Narendra Kumar**, an IAS Officer and former Election Commissioner who shared insights into the core values of the Indian Constitution and proposed suggestions for societal progress. This was followed by an expert talk by **Prof. Amita Singh**, Centre of Law and Governance, Jawaharlal Nehru University on 25 January 2024, highlighting the 'evolution of good governance' from ancient texts to modern principles, emphasising its subjective nature and historical significance. The month of February saw enthusiastic participation of our department students in Open Mic discussions on the topic



Expert talk on 'Good Governance through the ages'



Career counselling session by Ms. Niharika Sondhi, Founder and Director of EdNet Consultant

'Future is Female. The department organised another career counselling session led by Ms. Niharika Sondhi, the Founder & Director of EdNet Consultants offering guidance on academic and professional pathways, with a focus on skills development and scholarship opportunities. On 28 February 2024 the Department of Political Science collaborated with Ms. Ritwika Sharma and Ms. Mayuri Gupta, members of Vidhi Centre for Legal Policy ('Vidhi') to organise a session on 'Deficiencies in India's Anti-Defection law'. The event addressed recent developments and their impact on constitutional values, showcasing the college's commitment to fostering legal awareness and critical discourse. Lastly, on 14 March 2024 the Department of Political Science organised an impromptu slogan writing competition on the theme 'Women's upliftment, Nation's upliftment' and provided a platform to channelize student's voices. Each event provided a platform for expert insights, student engagement, and collaborative learning, underscoring the Department 's dedication to holistic education and in empowering students to navigate complex societal and professional landscapes with confidence. The diverse range of topics covered, from governance principles to legal policy, reflects the department's efforts to instil a comprehensive understanding of political and social dynamics among its students, preparing them for informed citizenship and impactful careers.

### **GARGI COLLEGE** Department of Psychology

Teacher-in-Charge: Prof. Preeti Pant



Annual Departmental Seminar

The Department of Psychology offered certificate courses on Research Skills, and on Holistic Wellbeing. These courses were attended respectively by 100 and 97 students drawn from different streams of Gargi. In lecture series Prof. Naved Igbal, Jamia Milia Islamia discussed the role of spirituality in wellbeing, Prof. Priti Rishi Lal, Lady Irwin College and Ms. Preeti Singh Sheoran,

Poonthottam Ayurvedashram aggeep Unanknar, Hon discussed the role of nutrition in wellbeing. Dr. Harini Rawal and Dr. Sandy Dias Andrade discussed the role of mindfulness in everyday wellbeing. Faculty drawn from diverse institutions like Ashoka, Christ, B. R. Ambedkar University and University of Delhi introduced students to nuances of qualitative and quantitative research. Experiential sessions were also conducted by Ms. Nagma Khan, Ms. Anmol Albeli, Ms. Ananya Kushwaha and Ms. Damini Butalia. Farewell for the outgoing batch of 2023 was followed by Independence Day celebrations ('Nation First

Always First'), Freshers Orientation, Teacher's Day, Suicide Awareness Week, Daan Utsav, World Mental Health Day. For sense of community among students, activities like Chai pe Charcha, Appreciation Week, Suicide Prevention Week, Anonymous Book Exchange drive were also held. Department seminar - Eunoia: A Beautiful Presence - (Positive psychology) saw enthusiastic participation of students from north and south campus colleges of University of Delhi. Alumni who secured admissions in prestigious Masters programs offered by inter-/national universities were invited for the Alumni Speaker Series. The department also held an international webinar: The Emerging Neuroscience of Non-ordinary states of Consciousness: A Modern Way to Ananda' by **Dr. Abhijit Das**. This program was attended by neuroscience enthusiasts from across the world.



University Gold medal 2023 being presented to Dimple Kaushik



Movement Therapy workshop

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Cultural performance by student

### GARGI COLLEGE Department of Sanskrit

प्रभारी शिक्षिका : डॉ. ममता त्रिपाठी

शैक्षणिक सत्र 2023–2024 में संस्कृत–विभाग द्वारा विद्यार्थियों के व्यक्तित्व विकास व प्रतिभोन्नयन हेतु अनेक प्रकार के कार्यक्रमों का आयोजन किया गया। श्रावण पूर्णिमा, संस्कृत दिवस के उपलक्ष्य में विभाग द्वारा दिनांक 30 अगस्त से 8 सितम्बर संस्कृत सप्ताह का आयोजन किया गया जिसके अन्तर्गत विभिन्न गतिविधियाँ सम्पन्न हुयीं। इस अवसर पर 'जी20 मध्ये भारतस्य भूमिका' व 'वसुधैव कुटम्बकम्' विषय पर चित्रकला एवं निबन्ध प्रतियोगिता का आयोजन किया गया। जिसमें चित्रकला प्रतियोगिता में निक्की कुमारी (स्नातक तृतीय वर्ष) को प्रथम, अंशिका (स्नातक द्वितीय वर्ष) को द्वितीय व भूमिका पाण्डेय (स्नातक द्वितीय वर्ष) को तृतीय स्थान प्राप्त हुआ। निबन्ध प्रतियोगिता में तृतीय वर्ष की छात्राओं निक्की कुमारी ने प्रथम, अनुराधा ने द्वितीय वर्ष की छात्राओं निक्की कुमारी ने प्रथम, अनुराधा ने

गार्गी महाविद्यालय के वार्षिकोत्सव रेवरी के अन्तर्गत दिनांक 14 फरवरी 2024 को अन्तरमहाविद्यालयीय गायन एवं भाषण प्रतियोगिता का आयोजन किया गया। इस अवसर पर निर्णायकगण के रूप में संस्कृत एवं प्राच्य विद्याध्ययन संस्थान, जवाहरलाल नेहरू विश्वविद्यालय से डॉ. टी. महेन्द्र जी एवं संस्कृत विभाग लेडी श्रीराम महाविद्यालय से डॉ. वन्दना कुमारी जी की उपस्थिति रही। प्रतियोगिता के उपरान्त उन्होंने विद्यार्थियों को सम्बोधित भी किया। भाषण प्रतियोगिता में बी. ए. तृतीय वर्ष की छात्रा निक्की कुमारी को तृतीय स्थान की प्राप्ति हुई।

दिल्ली स्थित अन्य महाविद्यालयों व संस्थानों द्वारा आयोजित विभिन्न कार्यक्रमों में छात्राओं ने उत्साहपूर्वक सहभाग किया। द्वितीय वर्ष की छात्रा अंशिका ने एनसीसी की विभिन्न प्रतियोगिताओं के अन्तर्गत श्री अरविन्द महाविद्यालय व लेडी



रेवरी अन्तरमहाविद्यालयीय प्रतियोगिता–संगच्छध्वं



भाषण प्रतियोगिता



श्लोकवृत्ति प्रतियोगिता

श्रीराम महाविद्यालय में प्रथम तथा मिराण्डा हाउस व शिवाजी महाविद्यालय में द्वितीय स्थान प्राप्त किया। खुशी कुमारी ने जामिया मिलिया इस्लामिया के एनसीसी वार्षिकोत्सव में फ्लैग एरिया में द्वितीय स्थान प्राप्त किया। सोनाली कुमारी ने गार्गी महाविद्यालय में सजनात्मक लेखन प्रतियोगिता में प्रथम स्थान प्राप्त किया। निक्की कुमारी ने सेंट स्टीफेन्स महाविद्यालय के किन्त्सूगी ड्रामा प्रतियोगिता में हितीय, गार्गी प्रीमियर लीग प्रतियोगिता में प्रथम, एलएनएमआईआईटी, जयपूर द्वारा आयोजित रंगमंच प्रतिगोयिता 'रंगशाला' में प्रथम तथा पीजीडीएवी द्वारा आयोजित 'नवकृति' में तृतीय स्थान प्राप्त किया। इसके अतिरिक्त छात्राओं ने दिल्ली विश्वविद्यालय के विभिन्न महाविद्यालयों व दिल्ली स्थित अन्य विश्वविद्यालयों में आयोजित विभिन्न प्रतियोगिताओं व कार्यक्रमों में सक्रिय सहभाग किया। इस प्रकार सम्पूर्ण शैक्षणिक सन्न विद्यार्थियों के सर्वांगीण विकास हेतु समर्पित रहा तथा छात्राओं ने भी प्रत्येक आयोजन में सक्रियता दिखायी।

#### **GARGI COLLEGE**

# Department of Zoology

Teacher-in-Charge: Dr. Kuntal Faculty Advisors: Dr. Thoudam Regina, Dr. Madhu Yashpal President: Bhumika Chauhan Vice-president: Avani Jamwal

The Zoological Department Society "Albatross" stands as an inspiration for all enthusiasts of the natural world. With a rich tapestry of life forms waiting to be explored, our society serves as a nexus where passion, curiosity, and scientific inquiry converge. Through a myriad of activities, events, and discussions, we aim to cultivate a community where Students, Researchers, and Nature lovers alike can come together to share knowledge, foster collaboration, and ignite new discoveries. From captivating lectures by esteemed experts, various competitions to hands-on workshops and field trips that bring theory to life, our society offers a multitude of avenues for exploration and growth. The Department of Zoology started its event timeline by conducting a Hands-on Workshop- The Art of Lab Science in association with IQAC for the Non-Teaching Staff on 27 and 28 July 2023. Day-1 was about hands-on experience for Laboratory staff on "Safety is Science Laboratory" and Day-2 was planned to enhance their IT skills and topic was "Computer Skill Development". A new chapter unfolded on 16 August 2023 as we welcomed the batch of 2023 with an Orientation Programme. Albatross hosted a remarkable and heartwarming event to celebrate the Teacher's day on 5 September



2023 where our esteemed teachers were invited to enjoy a day filled with laughter, camaraderie, and entertainment. We started a series named AlumConnect on 19 September 2023 and invited Dr. Aishwarya Padmanabhan with Ph.D. in Neuroscience to interact with the students of the college. For the next Episode 02, we received Ms. Himani Usha Mishra as our alumni on 16 September 2023. The Investiture of the new union was conducted along with Face Painting Competition on 17 October 2023 with a theme of Spirit Animal. To continue the AlumConnect series we had our Episode 03 with Ms. Aarti Venkatesan who is currently

Hands on Workshop on Art of lab Science and Orientation programme 2023



Teachers' Day Celebration, Investiture Ceremony and face painting Competition



AlumConnect Episode 02 - Hands on workshop on Cyber Security

pursuing post-graduation in Neuroscience from University of Helsinki, Finland. Albatross hosts a HERWellbeing session every year and we organized it in association with ANANDA- the wellbeing center of Gargi College in 2023. The event revolved around the theme 'Empowering Her Mind: Conquering Mental Hurdles and Cultivating Resilience' on 31 October 2023 with Dr. Maruti Sharma. On 7 February 2024 we hosted a Cyber Security Workshop in association with Weज्ञानम्. Dr. Ranjeet Singh, Director of SIFFS, and his colleagues Mr. Shubham and Mr. Tushar led the captivating lecture. To commemorate Darwin's day, we hosted a Photography Storytelling Competition on 20 February 2024 where participants must use evolution to describe the meaning behind their photographs and to celebrate National Science Day we organized a documentary screening "Chasing Coral" on 2 March 2024.



Science Day screening and Photography and Storytelling Competition

#### GARGI COLLEGE

### **B.A. Programme Association - NAVDRISHTI**

#### Faculty Advisors/Teacher-in-Charge: Dr. Rima Chauhan

After the festive and alluring end of \*Verve Vista\*, our Annual Departmental Fest held on the 4 March, 2024, we present to you a detailed list of every event that the B.A Programme Association- Navdrishti has done since their tenure. This is to show, that though the events we organized may be ephemeralthe back-breaking work that goes behind it and the memories made are the everlasting part of it.

So with no further delay- the list of events is as follows:

 \*Speaker session cum teaser screening of Bully High by Aneesha Madhok\*: On 26 September, 2023. We organised a talk with Aneesha Madhok- a Delhi-based actress and the lead in 'Bully High,' a Hollywood film tackling the bullying problem and dealing with violence with love made especially for children and young adults.



Speaker session cuk Teaser Screening of bully high by Aneesha Modhok

 \*The life of ex-IAS Officer with Mr. Vivek Atray and Prof. Sangeeta Bhatia\*: On 16 October, 2023. Navdrishti Association celebrated the successful session, with Mr. Vivek Atray, an ex- IAS officer, TED X speaker, and author where he gave seasoned tips on how to deal with challenges while sharing his own experience in the field.



Life of an ex IAS officer by Mr. Vivek Atray

 \*Divided World And India's Choice with Suhasini Haider\*: On 7 November,2023, Ms. Suhasini Haider, a highly successful senior diplomat at one of India's leading newspapers, 'The Hindu' who has also won multiple prestigious awards held an inspiring talk in our college.



Divided world and India\_s choice by Suhasini Haider

4. Department of B.A Programme concluded its annual fest, \*Verve Vista\*: The Global Outlook, with a Paper Presentation Competition (Inter-College) on South Asian Feminism and Western Feminism and a panel discussion with **Dr. Shweta Singh**, **Ms. Smita Sharma**, and **Nayanima Basu** in the panel and **Dr. Puja Rani** as our moderator on India's and the Global South's standing in the World.



Verve Vista-1



Verve Vista-2



#### GARGI COLLEGE

# **B.Sc. Program Association - ZENITH**

Faculty Advisors/Teacher-in-Charge: Dr. Niyati Singh and Dr. Munish



Genesis Gathering' lecture on the occasion of National Science Day

- On 28 February 2024, Zenith organized a 'Genesis Gathering' in the auditorium, an Inaugural Lecture by Dr. Hemant Rituraj Kuhswaha, Assistant Professor at School of Biotechnology, on the topic 'Artificial Intelligence in Science' and Dr. Pushpendra Kumar, Professor at Department of Commerce, KMC College, on the topic ' Innovation, Creativity and Skill Development'. The lecture was attended by students and teachers of various departments.
- On 19 June 2023, Zenith organized an interactive lecture session ' NEP Pe Baat Cheet' by Mr Siddharth Rathore, Faculty Gargi College. The lecture targeted at solving the queries related to the NEP curriculum and a

clear explanation was given regarding the choice filling of (Discipline Specific Core).

3. On 26 September, 2023, Zenith in order to promote holistic growth and to promote the Indian Culture, organized a 'Kulhad Painting Competiton' where active participation of the students was seen. The students showcased their creative skills.



NEP Pe Baat Cheet : Talk by Mr. Siddharth Rathore

- 4. On 10 October, 2023, Zenith organized a game of 'Human Chess' where the participants experienced life sized chess board, strategic moves and real life human interaction.
- 5. Zenith, on 6 February, 2024 organized a fun session 'Playsangam' for the lab staff of Gargi College. The event included various games and activities for the lab staff.



Kulhad Painting Competition

'Playsangam' fun games and activities for the lab staff of Gargi College

### GARGI COLLEGE Library

Faculty Advisor: Dr. Babita Gaur



Library Entrance

The Library Orientation Program held by the College Library on 3 October, 2023 for all students to spread awareness and to train new library users to use Library collection and services to finding and evaluating information available.



Library Orientation

During the year library provided internship to six students of DUSOL and IGNOU.

Regular motivational talk were delivered to students by clearing their doubts about the usage of library and its resources. Students and faculty from Arts, Humanities and Science along with nonteaching staff visited the library. WEBOPAC and facility of UGC INFLIBNET and access to DU Library continued during the year.

Gargi Library website <u>http://gargicollege.</u> <u>saraswatilib.com/</u> and online use of e-resources increased during the year for easy understanding and online access to Library resources and facilities.

410 books were added till 31 March, 2024 making total of 77356 accessioned books in all. At present library has an asset of 381 CDs/videos and have access to 48 periodicals and 10 newspapers.



Cyber Library



Inside view of the library

Approximately 190900 Books were consulted and loaned by users which includes consultation of ref. sec. and excludes use of loose issues of periodicals. Approximately 43900 students visited library during the year till 31 March, 2024 which excludes faculty and non-teaching staff. During the year approximately 6345 Books were issued and 6153 Books were returned till 31 March, 2024

Membership drive continued for Ratan Tata Library, Central Science Library, North campus and south campus library for Post graduate students and teachers.

Electronic Resource Management package for eresources: User control provided by NList. The library subscribes to a large number of Electronics Resources through UGC-NList which includes eresources (6000 + e-journals and 199500+ e-books under N-LIST & 600000 e-books through NDLI) and University of Delhi connectivity which includes Delhi University Library System which includes the Reference Sources, Bibliographic Sources, Statistical Sources, and Full Text Sources.

A brief description of these under given resources including the Subject Coverage, Search Features, Database Services, Document Category, etc. are available through more information for the help of users. The given URL Address directly takes to the concerned database. For more details visit



Library reading room

<u>https://duelibrary.in/</u>available in the present library with Wi-Fi Library computer lab.

#### Library Activities (2023-24)

- 1. Gargi Library continì ed and maintained "TOKO" the Book Bank for students and teachers during the year 2023-24.
- 2. Hindi Bhasha Diwas was organized in the Library by special display of Hindi language books available on different subject form 10-15 January, 2024.
- 3. Library organized User Library Orientation cum awareness program on October 3, 2023
- 4. Library continued with online Feedback, User awareness program and website upgradation.
- 5. Every Book has a story to tell...Library Organized **5 days Book Exhibition on Freedom Fighters** (14th-18th Aug. 2023) under the aegis of "Ajadi ka Amrit Mahotsav and G 20".
- 6. Library in collaboration with AVNI, organized book donation drive during 12-13 September, 2023.
- 7. Organized 3 day s book exhibition on Yoga and fitness (21-23 June)
- Organized International Yoga Day with IQAC via video conferencing on various aspects of Yoga on 21 June 2023 with speakers (Dr. Neha Sharma and Dr. Rakesh Kumar from Gargi College) (online).

## Department of Physical Education and Sports Sciences

Dr. Geeta Kichlu (Teacher-in-Charge) and Dr. Rakesh Kumar

### From the Sports President's Desk

The Department of Physical Education and Sports Sciences is working with the prime objective of holistic development of the individual by providing Gargi Fraternity maximum opportunities to participate in physical activities and sports. To ensure the health and fitness of all the students, teaching and non-teaching members, the department introduce two novel events; March-past participation by Teaching, Non-Teaching and Essential Staff Members and launching of Khelo Gargi Initiative under Khelo India Programme for the Gargi Family. This year a total 2179 (40.65%) of the college strength utilised the sports facilities by participating in physical activities and sports.

Total Strength of the College Students Teaching Staff	Gargi Olympiad Inter- Stream Competi- tions (11 events)	Annual Sports Day SPIN'24	Sports Specific Coaching of (9 sports)	Activity for Teachers (M & F) (3 events)	Activity for Non- academic Staff (M & F)	Phy. Edu GE/VAC/ B.EI.Ed Students (5 groups) (5 events)	Saarthi Team Events (6 events)	General Students	Total Participa- tion
Students-	Humanities-	March-	Aerobics-25	Throw ball-	Obstacle	GE-II-75	World	who availed	
5000	65	past-455	Athletics-10	34	race-11	GE-IV-34	Mental	the sports	
Teachers-	Commerce-	Same Day	Basketball-	Cricket-20	Volleyball-	GE-VI-65	health	facility	
240	62	Event-56	25	March-past	30	VAC-II-80	day-80	available	
Staff-120	Science-51	Display	Chess-12	-70	Cricket-40	B.EL.ED-58	Menstrual	in the	
	National	Activities-	Cricket-18		March-past		awarness-	college	
	Sports	69	Judo-18		-75		65		
	Day-10	Achievers-	Tennis-6		Yoga		Buddy		
		65	Volleyball-		workshop-		Mentor		
		Under-	25		50		System-40		
		graduate-	Yoga-15				Art Day-60		
		25					Galantine's		
							Day-20		
							Kindness		
							Day-70		
5360	188	670	154	100	120	312	335	250-300	2179

Total number of participations by Students and Staff in Physical activity and Sports from the session 2023-24



#### 'Being Fit & Living Healthy five days' workshop for Non-teaching staff from 19 to 23 June 2023

In honor of International Yoga Day, the Department of Physical Education, Sports Sciences, and Chemistry, in collaboration with IQAC and the Well-Being Centre Gargi College organised a five-day workshop for non-academic staff members from June 19 to June 23 2023. A total fifty members registered for the workshop. Sukshama vyayama, disease-specific poses, eye exercises, Pranayama, Surya Namaskar, meditations, deep breathing exercises, progressive



Being Fit & Living Healthy five days' workshop for Non-teaching staff

muscle relaxation techniques, Body Mass Index (BMI), basal metabolic rate (BMR), Waist-Hip Raito (WHR), and PAR-Q lifestyle assessment were all included in the workshop. In addition to a certificate of participation and a memento, each participant received a customized diet chart based on their BMR.

#### Celebration of National Sports Day on 29 August 2023

The student sports council organised a poster and reel making competition on the occasion of National Sports Day. All the participants were asked to make a creative poster and reel about their favourite sports player and in the caption the reason behind their fondness. The criterion was based on creativity and originality in the reel and caption, their poster, video editing skills and authenticity.

#### A talk on 'Embrace your Cycle' on menstrual health for sportspersons under the aegis of Gargi IQAC on 17 October 2023

The department of Physical Education and sports sciences organised a talk on 17 October 2023 titled 'Embrace your Cycle' on menstrual health for sportspersons under the aegis of Gargi IQAC. This important topic was discussed at length by the speaker **Dr. Apoorva Gupta**, MD, Gynecology and Senior



consultant, Apollo Cradle Hospital. This brilliant session was attended by 65 students and their doubt addressed efficiently. The student Sports council was instrumental in the successful conduct of this session. E-certificates were given to each participant.

A talk on 'Embrace your Cycle' on menstrual health for sportspersons

#### Gargi Olympiad inter-stream competitions 2023-24 (August 2023 - February 2024)

The Department of Physical Education organized Gargi Olympiad Inter-Stream Sports Competitions on a league basis amongst the three streams, i.e., Humanities, commerce, and science. This competition comprises minor games with the exception of athletics. This year, the department organized 11 events for Humanities, Commerce, and Sciences students. The prime objective of the event is to provide an opportunity for participating students to utilize their kinaesthetic abilities through sports participation. It is also a means for inter-stream interaction, fostering friendships, a recreational activity, and identifying hidden talent. The winning team gets 5 points, the runner-up gets 3 points, and in case of a draw, both teams get 1 point each. This year Gargi Olympiad Inter-stream running trophy won by Humanity stream with 57 points followed by Commerce 37 and Science 28 points respectively.



Gargi Olympiad Inter-Stream Competitions

	Participation in Gargi Olympiad Inter Stream Competitions 2023-24				
Sr. No.	Events	Science	Commerce	Humanities	
1	50 Mtr. Relay	8	8	8	
2	Suryanamaskar	3	5	5	
3	Reverse Walking	10	10	10	
4	Rangoli Making	2	4	2	
5	Gargi Cricket League	14	13	13	
6	Chess (Online)	6	6	6	
7	Extempore Competition	3	1	3	
8	Stone Painting	0	2	5	
9	Online Story Writing	0	7	7	
10	Sports Photography	5	5	5	
11	30 Second Fitness Loop Challenge	0	1	1	
12	Marchpast	102	17	153	
13	50 M Flat Race	14	11	12	
14	50 M Obstacle Race	15	13	15	
	Total	182	103	245	

Table 2: Total number of participation in Gargi Olympiad and Sports Day events 2023-24

Activities for Teaching and Non-teaching Staff as a part of pre-sports day activities

#### 1. Academic Staff 'Throw Ball Match on 29 February 2024

The department organized an 'Throw ball Match" for teaching staff as a part of pre-sports day activity on 29 February 2024. A total 34 teachers participated in the event. The winners of the match were awarded a memento on sports day.

#### 2. Non-Academic Staff (W) 'Obstacle Race' on 27 February 2024

The department organized an 'obstacle race" for non-teaching staff women as a part of presports day activity on 27 February 2024. A total 11 women participated in the event. The participant of the match was awarded a memento on Sports Day.



Activities for Teaching and non-teaching staff

#### **3. Non-A**cademic Staff (M) Cricket and Volleyball Match on 23 February and 1 March 2024

Cricket and Volleyball match for non-teaching staff as a part of pre-sports day activity was organised on 23 February 2024 and 1 March 2024 respectively. In cricket, Administrative staff won the toss and decided to bat first. They scored 225 runs with five wickets down in 20 overs. In response to the chase for the target, the Laboratory Team chased the target and scored 226 runs for the loss of 3 wickets in just 17.3 overs and won the match by 7 wickets. In volleyball, the administrative staff won the match by straight two set with 25-9, 25-6. The winners received the memento for both the games on Sports Day.

#### SPIKE'23 -Volleyball Invitational Inter-College Tournament for College Women from 9 to 11 October 2023

The department of Physical Education and sports sciences organised SPIK'23 Gargi College Volleyball Invitational Inter-College tournament from 9 to 11 October 2023. Twelve volleyball teams from Delhi University participated in SPIKE'23. Gargi volleyball team emerged as the winner, followed by Lakshmibai College in the 2nd position and Mata Sundri College in the 3rd position. Attractive cash prizes and other sponsored prizes were awarded to the winners. The tournament was sponsored partially by Decathlon was a resounding success.

#### Annual Sports Day SPIN'24 celebrated on 12 March 2024

After five long years, the 48th Annual Sports Day, Spin'24, with the theme "Samarthya thriving and excelling spirit," took place on 12 March 2024, at the college's open grounds. **Padma Shri Ms. Deepa Malik**, Indian Paralympic athlete, Arjuna Awardee and **Mr. Yuki Bhambri**, Indian professional tennis player, were the chief guests of the day. Dr. **Shashi Tyagi**, former Principal, was invited as a special guest of honor, and **Ms. Shubh Gulati**, an Indian soft tennis player and Gargi alumna, was also invited as a guest of honor for the day. All the guests enthused the audience with their respective addresses. The esteemed guests graciously admired the



Gargi College Volleyball team emerged as a champion in Invitational inter-college volleyball tournament SPIKE-23



Annual Sports Day 'SPIN'24

grand march-past by Gargi Teaching Staff, Non-Teaching Staff, and students from different academic streams. The chief-guest said that "she had never before witnessed the march-past participation by teaching faculty members. On this occasion, **"The Khelo-Gargi Initiative"** was announced by our respected Principal, Prof. Sangeeta Bhatia. Sports achievers have been earning laurels in various games and sporting events and were duly honored at the sports day with prizes and trophies given to them by the guests of honor and the Principal. This year, total 65 sports achievers were awarded cash prizes, mementos, and tracksuits or sweatshirts for their annual sports performances in the intercollegiate, state, and national competitions. These sportswomen have brought laurels to the college and have set an example for others to follow. The teaching and non-teaching staff also received honors for their participation in sports from the invited guests. The highlights of this year's annual sports meet and important sporting events throughout the year were as follows:

- A total of 16 departmental contingents, College Council, NCC contingent, Saarthi Team, Teaching Staff, Non-Teaching Staff Male and Non-Teaching Staff Female contingent excitedly participated in the inter-departmental march-past competition.
- The Chemistry Department team secured the 1st position with 77 points, the 2nd position was bagged by Zenith with 75.5 points, and the 3rd position was held by Physical Education with 73 points in the March past competition. A consolation prize was also given to the Mathematics Department with 67 points.
- Display activities for the day were a Mallakhamb demonstration by the Delhi State Mallakhamb Association, a Rhythmic Yoga and Aerobics performance performed by students.
- The Team of the Year trophy was won by Team Volleyball.

#### Sunil Gavaskar Sir's Visit to Gargi College on 4 March 2024

The legendary cricketer and former Indian cricket team captain, Mr. Sunil Gavaskar visited Gargi College. It was an incredibly proud moment for the entire college, especially for the students of the Gargi cricket team. He interacted with the teaching and non-teaching staff as well as with the students. The college Principal Prof. Sangeeta Bhatia requested him to start a cricket tournament in our college as a "Gavaskar Cup for women". He accepted the request and asked his SG sponsorship team to sponsor the tournament. They have assured us in providing Balls, Mementos and one complete SG Kit for the best player in the tournament. He shared his experience and knowledge with the college cricket team, which was truly inspirational.



Sunil Gavaskar sir's visit to Gargi College

#### Team Saarthi Peer to Peer Support Initiative for Sportsperson

This year Saarthi team organised various events for the Sportsperson as well as all students of Gargi College. The following events organised by the Saarthi team:

- **1.** *World Mental Health Day:* on 10 October 2023 during Invitational inter college volleyball tournament. 80 students participated in the event.
- **2.** *End Period Stigma-Menstrual Awareness programme:* Along with Talk on 'Embrace your Cycle' on menstrual health for sportspersons under the aegis of Gargi IQAC on 17 October 2023. The event drew an audience of 65 students.
- **3.** *Buddy Mentor System:* The session conducted on 30 October for II year students mentors. They have informed of their roles and responsibilities. A total 45 students attend this programme.
- **4.** *Inspire your Heart with Art Day on* **31** *January* **2024**: For this event, students were invited to draw and print on a plain sheet of paper. The purpose was to encourage students to explore the many genres of art and grab inspiration from them. A total 60 students participated in the event.
- 5. Cherishing Love & Friendship-Galantine's day (online event): Team saarthi took an initiative to provide a platform where individuals could send heartfelt notes of appreciation for their loved ones as a form of celebrating Galantine's Day as well as Valentine's Day. It was online event which received a heart-warming response and took place from 8 to 13 February 2024.
- 6. Random Acts of Kindness on 17 February 2024: Participants were requested to pick a chit containing fun dare challenge and received playful stickers with space for writing notes, which they could then affix to their friends. The aim was to inspire students to engage in small acts of kindness towards everyone without seeking anything in return.

#### Annual Sports Performance by Gargi Athletes 2023-24

The Department of Physical Education always strives to get the best for the college. The college participated in 11 different sports disciplines (Aerobics, Athletics, Basketball, Chess, Cricket, Judo, Kurash, Tennis Volleyball and Yoga) in 37 invitational intercollegiate tournaments organized by different colleges of Delhi University and other organizations in Delhi and NCR. The college won 16 gold, 7 silver, and 1 bronze medal in team events and 16 gold, 3 silver, and 7 bronze medals in individual events in invitational intercollegiate tournaments in 2023-24.

The college provided a platform to build **39 national** representations by **17** sportspersons and **41 state** representations by 28 sportspersons in athletics, basketball, chess, cricket, judo, kurash, taekwondo, and volleyball respectively.

The **aerobics team** remained the unbeaten champion in the intercollegiate aerobics competitions organized by Shaheed Rajguru College of Applied Sciences for Women. The team was runner-up at Miranda House, Ramanujan College, and SGTB Khalsa College University of Delhi (1 gold and 3 silver), respectively.

The **athletics team** participated in the DU Inter College Athletics Meet organized by Delhi University Sports Council in 2023-24 and won 1 gold and 2 silver medals.

 Ritika Gaur, B.A. (Hons.) Political Science, III Year, won the gold medal in the heptathlon event at the 97<sup>th</sup> Athletics Inter College Meet organized by Delhi University Sports Council. She also won the gold medal in the Haryana State Athletics Championship in the heptathlon event with 3627 points.



- Tanyi Maan, B.Com. (Hons.), III Year, won silver Medal in 97<sup>th</sup> Athletics Inter College Meet and Silver Medal in 83<sup>rd</sup> Delhi State championship in Shot put event.
- Jyoti B.A. (Prog.), I Year, won silver Medal in 97<sup>th</sup> Athletics Inter College Meet in Long Jump event and and Silver Medal in 83<sup>rd</sup> Delhi State championship in 100 meter event.

The **basketball team** secured 1st place in the Lady Shri Ram College Invitational Inter-College Basketball Tournament; the team was runners-up in the Amity University Noida Invitational Basketball Tournament and 2nd runnerup in the YMCA Invitational Inter College Tournament. The team also produced five national-level and nine state-level representations this,

 Aarushi Gupta, B.A. (Hons.) Applied Psychology, III Year, participated in the 37<sup>th</sup> National Games organized by the Basketball Association of India under the aegis of the Indian Olympic



Basketball team secured 1<sup>st</sup> position in Invitational Inter-college Basketball

Association from 21 to 28 October 2023, in Goa. She also participated in the Indian National Basketball League (INBL) 3×3 in Chandigarh and Bangalore. She was a silver medallist in the Delhi State Level Basketball Tournament.

• Kamakshi Mehra, B.A. (Hons.) Applied Psychology, I Year, participated in the 73<sup>rd</sup> Junior National Basketball Championship organized by the Basketball Federation of India in association with the Odisha Basketball Association from 3 to 11 February 2024, at Bhubaneswar. She also won a silver medal in the district-level competition.

The **chess team** secured 1st place in the Dr. Bharat Ram Open Sports Meet chess inter-college tournament organized by Lady Shri Ram College from 5 to 7 March 2024.

• Kashish Thakran, B.A. (Hons.) Applied Psychology, III Year, participated in the 11th National Amateur Chess Championship 2024, organized by the Jaipur District Chess Association under the aegis of AICF, from 13 to 17 February 2024.

The **cricket team** participated in the selection trails for the North Zone Cricket Inter-University Competition. Five players from Gargi College were selected for the Delhi University Cricket Team to represent DU in the North Zone Inter-University Competition. The team also produces five national-level players.

• Vandana Sain, B.A. (Hons.) Hindi, III Year, secured 1st position in the Women's Under-23 One Day Trophy selected from Haryana State held in Mumbai. She also participated in the Senior Women's T-20 Trophy and the Women's One Day Cricket Trophy from Haryana State and North Zone Inter-University Competition (W) in Cricket held at Himachal Pradesh University (HPU), Shimla, from 16 to 22 November 2023.

- Jyoti Yadav, B.A. (Hons.) Sanskrit, III Year, participated in the Senior Women's T-20 Trophy from Haryana State held at Trivandrum. She also participated in the Senior Women's Under-23 T-20 Trophy, selected from Haryana and Women's Under-23 T-20 Trophy.
- Neha Parmar, B.A. (Hons.) Hindi, III Year, participated in the North Zone Inter-University Competition (W) in Cricket held at HPU, Shimla, from 16 to 22 November 2023.
- Riya Shokeen, B.A. (Prog.), II Year, participated in the Delhi Women's Under-19 team for the Women's Under-19 one-day trophy for Domestic Season 2022-23 held in Haryana from 8 to 23 October 2023. She also participated in the North Zone Inter-University Competition (W) in Cricket held at HPU, Shimla, from 16 to 22 November 2023.
- Akshita Jain participated in North Zone Inter-University Competition (W) in Cricket was held at HPU, Shimla, from 16 to 22 November 2023.

The **judo team** is the undefeated champion with 5 medals (2 gold and 3 silver medals) in the Delhi University Judo Inter College Championship organized by the Delhi University Sports Council and held at Multipurpose Hall on 23 November 2023.

The Judo team also participated in the Lady Shri Ram Judo Invitational Inter College Championship and won six medals out of eight weight categories: a gold medal in -40 kg, -52 kg, 57 kg, and -63 kg, and a bronze medal in



The judo team undefeated Champion in Delhi University Inter-College Judo Championship

-44 kg and -70 kg. The team also participated in the L.S.R. Kurash Championship and won 7 medals: 5 golds in -40 kg, -52 kg, -57 kg, -63 kg, and -78 kg, and 2 bronze medals in -44 kg and 78 kg, respectively.

This year, the Judo team produced eight national, six state, four North Zone inter-universities, two All India inter-universities, and two Khelo India University Games representations.

- Surya, B.A. (Prog.), III Year, captain of the Judo team, participated in the Senior and Junior National Judo Championships at Jaipur and Delhi, respectively. She is a gold medallist in Tamil Nadu Judo State in the senior and junior categories. Participated in the North East Zone Inter-University Competition in Judo and wrestling. She begs for a silver medal in the Inter College Judo Competition organized by Delhi University Sports Council in the -70 kg weight category.
- Preeti, B.A. (Hons.) Hindi, II Year, captain of the wrestling team, participated in the Junior Kurash Championship 2023-24 under the auspices of the Kurash Association of India, organized by the Kurash Association of Maharashtra. She was a gold medallist at the Delhi Olympic Games in the senior and junior categories respectively. She begs for a silver medal in the inter-college judo competition organized by Delhi University Sports Council and a gold medal in the L.S.R. Judo Invitational Inter-College Tournament in 63 kg.
- Meghna Tokas, B.A. (Hons.) English, I Year, secured a bronze medal in the Khelo India University Games (KIUG) 2024, held at Guwahati, Assam from February 26 to 29 2024. She won the Bronze Medal in the All India Inter University Judo Championship held at GNDU University, Amritsar. Participated in the North East Zone Inter-University Competitions in Judo and wrestling respectively. In the 52 kg



weight category, she wins a gold medal at the Delhi Olympic Games, the L.S.R. Invitational Judo Championship, and Delhi University Judo Inter College respectively.

- Tanu Maan, B.A. (Prog.), I Year, won a silver medal in the Khelo India University Games (KIUG) 2024, held at Guwahati, Assam from 26 to 29 February 2024. In the 48 kg weight category, she wins Gold Medal in the Khelo India Youth Games 2023-24, Gold in All India Inter University Judo Championship held at GNDU University, Amritsar; Gold in Delhi University Judo Inter College respectively. She won Bronze Medal in the North East Zone Inter University Judo Championship held at CSJM University, Kanpur.
- Vaishali Tokas, B.A. (Prog.), I Year, won a silver medal in the Delhi University Inter College Judo Championship in the -57 kg weight category; she also won a gold medal in the L.S.R. Invitational Inter College Judo Championship.
- Manyi Jain, B.Com. (Hons.) III Year, won 2 gold medals in the L.S.R. Invitational Inter College Judo and the Kurash Championship in the -40 kg weight category, respectively.
- Amrita, B.A. (Hons.) English, III Year, won 2 bronze medals in the L.S.R. Invitational Inter College Judo and Kurash Championships in the 44 kg weight category, respectively.
- Somya Jain, B.A. (Hons.) Economics, II Year, won a silver medal in the Delhi Olympic Games Junior Judo Championship organized by the Delhi Olympic Association and a bronze medal in the L.S.R. Invitational Inter College Kurash Championship.
- Samiksha Gupta, B.Com. (Hons.) II Year, won a gold medal in kurash and a bronze medal in the judo 70 kg weight category in the L.S.R. Invitational Inter-College Championship.
- Trinetri, B.A. (Prog.), I Year, won a gold medal in -57 kg in the L.S.R. Kurash Invitational Inter-College Kurash Championship.

In **Taekwondo**, Yashika Khurana, B.A. (Hons.) Political Science, I Year, won the bronze medal in the All India Inter University Taekwondo Championship held at Jhunjhunu, Hisar. She also won a bronze medal in the North East Zone Inter-University Taekwondo Championship (W) in the 62 kg weight category held at Lovely Professional University, Phagvara, Punjab. She won Gold Medal in the 62 kg weight category in the Delhi University Inter College Taekwondo (W) Championship.

The **tennis team** secured 4th place in the Delhi University Inter College Tennis Tournament held at Sri Venkateshwara College. The team also participated in the L.S.R. and Miranda House Tennis Invitational Tournaments.

In **volleyball**, making a milestone in the first place, Gargi College makes history by emerging as the new champion of the Delhi University Inter College Volleyball Tournament. They strove for intercollege tournaments at the first four positions in the past and finally fetched laurels to the league of persistence and their hard work. A total of 43 colleges participated in this tournament.



Volleyball team creates history it emerged as the champion of Delhi University Inter-college Volleyball tournament

This year, the **volleyball team** participated in nine invitational inter-college volleyball tournaments and won seven tournaments organized by different colleges of Delhi University and other organizations, viz.

- 1. **1st position** in the SPORTIKON Sports Invitational Inter College Volleyball Tournament organized by Bennett University
- 2. 1st position in the DELHI POLICE Volleyball Invitational Inter College Volleyball Tournament held at Police Ground
- 3. **1st Position** in the Dr. Bharat Ram Open Sports Meet Volleyball Invitational inter-college tournament organized by Lady Shri Ram College from 5 to 7 March 2024.
- 4. 1st Position in SYNAPSE'23 Maulana Azad Medical College Invitational Inter-College Volleyball Tournament
- 5. 1st position in 'SURGE'23 Shiv Nadar University Invitational Inter College Volleyball
- 6. **1st position** in the Janki Cup Invitational Inter-College Volleyball Tournament organized by JDMC College
- 7. **1st position** in the SPIKE'23 Invitational Inter College Volleyball Tournament organized by Gargi College
- 8. Participation in the SPARDHA Shaheed Rajguru College of Applied Science for Women Volleyball Tournament.
- 9. Participation in the M.C.A. volleyball tournament.
- Siddhi Chhatwani, B.Com. (Prog.), III Year, participated in North Zone Inter University Volleyball Competition held at University of Kashmir, She won Bronze Medal in Delhi State Senior Women Volleyball Championship and Bronze Medal in Delhi Olympic Games Volleyball Tournament respectively.
- Premika, B.A. (Hons.) Political Science, I Year, participated in North Zone Inter University Volleyball Competition held at University of Kashmir, Bronze Medal in Delhi State Senior Women Volleyball Championship, Bronze Medal in Delhi Olympic Games Volleyball Tournament.
- Bheeni, B.A. (Hons.) History, III Year; Naina B.A. (Prog.) III Year; Saniya B.A. (Prog.) II Year; Samikcha, B.A. (Hons.) Political Science II Year; Avani, B.A. (Hons.) Political Science, II Year; Paridhi Thapiyal, B.A. (Hons.) Applied Psychology, II Year; Shreya, B.A. (Hons.) English, I Year, won Bronze Medallist in Delhi State Volleyball Championship.

This year, the **yoga team** participated in six invitational inter-college yoga competitions in different categories organized by different colleges of Delhi University, viz.

- 1. Rhythmic Yoga Team Wins Gold Medal in Pair Rhythmic Yoga Inter College Competition Organized by Shri Guru Nanak Khalsa College
- 2. The Yoga Team and Rhythmic Solo won a silver medal in the Lady Shri Ram College Invitational Inter-College Rhythmic Yoga Competitions.
- 3. Rhythmic Yoga Team Silver Medal in the EROBERN 2024 Invitational Inter-College Rhythmic Yoga Competition, organized by Miranda House
- 4. The Yoga Team wins 2nd place in JAZBA's 24th Invitational Inter College Yoga Competition, organized by the Institute of Home Economics, University of Delhi.
- 5. Participation in the SPARDHA Shaheed Rajguru College of Applied Science for Women Volleyball Tournament.



- 6. Participation in the Invitational Inter-College Yoga Competition organized by SPM College
- Kanishka, B.Sc. (Hons.) Mathematics, II Year, participated in 21st Delhi State Yogasana Championship 2023 organised by State Yoga & Sports Association -Delhi affiliated by Indian Yoga Federation.
- Anu, B.Sc. (Hons.) Mathematics, I Year, participated in 21st Delhi State Yogasana Championship 2023 organised by State Yoga & Sports Association -Delhi affiliated by Indian Yoga Federation.

Table 3 : Total number of participation by sportsperson in different level competitions 2023-24

Students Participation 2023-24					
Inter College Invitational Participation in 37 Tournaments	State Participation	National	North-Zone/ All India Inter University	International	
100	41	24	15	0	

This year, we are launching the "KHELO GARGI" program to promote the sports culture in Gargi. The idea is to provide maximum opportunities for everyone to participate in sports and physical activities.

Achievers Galaxy



Surya B.A. (Prog.), III Year, Participated in Senior and Junior National in Judo Championship



Vandana Sain B.A. (Hons.) Hindi, III Year, Secured 1st Position in Women's Under 23 One Day Trophy from Haryana state



Tanu Maan B.A. (Prog.) I Year, Won Silver Medal in Khelo India University Games (KIUG) held at Guwahati Assam 2023-24



Meghna Tokas B.A. (Hons.) English, I Year, won bronze Medal in Khelo India University Games (KIUG) held at Guwahati Assam 2023-24



Aarushi Gupta B.A. (Hons.) Applied Psychology, III Year, participated in 37th National Games organised by Basketball Association of India under Indian Olympic Association



Jyoti B.A. (Hons.) Sanskrit, III Year, participated in Senior Women's T-20 Trophy from Haryana state



Kashish B.A. (Hons.), Applied Psychology, III Year, participated in 11th National Amateur Chess Championship 2024 organised by Jaipur District Chess Association under AICF



Riya Shokeen B.A.Prog. 2nd Year, participated in Delhi Women's Under-19 team for Women's under-19 one day trophy for domestic season



Kamakshi Mehra B.A. (Hons.) Applied Psychology, I Year, participated in 73rd Junior National Basketball Championship organised by Basketball Federation of India



Yashika Khurana B.A. (Hons.), Political Science, I Year, won Bronze Medal in All India Inter University Taekwondo Championship

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Siddhi Chhatwani B.Com. (Prog.), III Year, participated in North Zone Inter University in Volleyball Championship



Neha Parmar B.A. (Hons.) Hindi, III Year, participated in North Zone Inter University Competition (W) in Cricket

Achievers Galaxy



Akshita Jain B.Com. (Prog.), II Year, participated in North Zone Inter University Competition (W) in Cricket



Deeksha Sharma B.A. (Prog.), I Year, participated in Delhi Senior Women team for the Women's under-23 one day cricket trophy.



Preeti B.A. (Hons.) Hindi, II Year, won silver medal in Cadet & Junior Kurash Championship 2023-24 under Kurash Association of India



Premika B.A. (Hons.) Political Science, I Year, participated in North Zone Inter University in Volleyball Championship



Ritika Gour B.A. (Hons.) Political Science, III Year, won Gold Medal in Heptathlon event in 97th Athletics Inter College Athletics Meet organised by DUSC



Bheeni B.A. (Hons.) History, III Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC



Naina B.A. (Hons.) Hindi, III Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC



Nidhi B.Com. (Hons.), II Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC



Paridhi Thapliyal B.A. (Hons.) Applied Psychology, II Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC



Samikcha B.A. (Hons.) Political Science, Il Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC

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Shagun Bhandari B.Com. (Hons.), II Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC



Avani B.A. (Hons.) Political Science, II Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC

### Achievers Galaxy



Khushi B.Com. (Hons.), I Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC



Tanvi Maan B.Com. (Hons.), II Year, secured silver medal in Shot put event in 97th Athletics Inter-College Meet organised by DUSC



Vaishali Tokas B.A. (Prog.), I Year, won silver medal in Judo DU Inter-College Judo Championship in -57 kg weight category organised by DUSC



Jyoti B.A. (Prog.), I year, secured silver medal in Long jump event in 97th Athletics Inter-College Meet organised by DUSC



Somya Jain B.A. (Hons.) Economics, II Year, won Silver Medal in +78 kg weight category in Delhi Olympics Games senior judo Championship



Saniya B.A. (Prog.), II Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC



Shreya Yadav B.A. (Hons.) English, I Year, secured 1st position in DU Volleyball Inter-College Tournament organised by DUSC



### Making A Difference : Beyond Curriculum

## Add-on Course by Department of Mathematics Mathematical Data Science

**Convenors:** Ms. Sapna Malhotra, Ms. Pooja Gupta **Coordinators:** Dr. Deepika Dhall, Ms. Manpreet Kaur, Ms. Anshika Agrawal

The Department of Mathematics, Gargi College, under the aegis of RDC and IQAC, launched the certificate course on Mathematical Data Science on 17 March 2024 in an online mode. The instructors for the course are **Dr. Niteesh Sahni**, Associate Professor, Mathematics, Shiv Nadar University and **Dr. Utsav Pandey**, Associate Professor, Decision Sciences, IIM Lucknow.

The instructors bring a wealth of knowledge and industry experience, ensuring the delivery of high quality education and practical insights to the participants. With the increasing importance of data driven decisions in today's world, there has been a surge in demand for professionals skilled in data science. The very first session of the course started with a real life based example of how compelling a particular data and studying it through different means can help us to reach a decision easily.

The session was enriched with interaction and hands-on exercises, igniting a spark of curiosity and enthusiasm within the cohort. As the session drew to a close, it was evident that the instructor's expertise and passion had laid a solid foundation for the journey ahead, leaving the students eagerly anticipating the wealth of knowledge and skills yet to be unveiled in the course.



Launch of Cetificate course - Mathematical Data Science

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### AIKYAM: The Gargi Comconnect (Organized by Department of Commerce)

#### Convenor: Dr. Sangeeta Jerath

**AIKYAM**, the Alumni Association of the Department of Commerce, Gargi College, was institutionalized on 26 April 2023. Through AIKYAM, the Department aims to create opportunities for alumnae to come and meet students throughout the year and share their expertise and knowledge with them. In this way, current students of the Department can benefit from their experiences as well as the alumnae can expand their network and reconnect with their teachers. The ComConnect lecture series were initiated to commemorate the Golden Jubilee of the department. The sessions were hosted in collaboration with IQAC, Gargi College. These sessions aimed to provide students with valuable insights into various career paths, empowering them to pursue their aspirations confidently and clearly. The inaugural session was conducted on 29 August 2023, featuring **Ms. Urvashi Katyal**, Strategic Partner and Program Manager at Meta. She shared insights on strategic partnerships and program management in the digital age. On 19 September 2023, **Ms. Divya Jain**, District Audit Officer, Uttar Pradesh, was invited to discuss her experiences as a District Audit Officer, inspiring attendees to pursue excellence in public service.



ComConnect- Insights

Ms. Sugandha Agarwal, Consultant and Agile Project Manager, guided consulting careers, risk management, and Agile Project Management on 10 October, 2023. On 1 December 2023, AIKYAM organised a panel discussion featuring Ms. Lavanya Tehran, Ms. Nikunj Agarwal, and Ms. Varunavi Chauhan. The panel discussed their entrepreneurial journeys, career paths, and gender inequalities, inspiring attendees to pursue their passions with



Panel Discussion and Investiture



One to One Mentoring

courage and perseverance. On 27 February 2024, **Ms. Sonia Jaiswal** was invited to share her journey in the fashion industry, emphasizing perseverance and embracing failure. The Alumni Association also conducted an Alumni Networking Event -"The Golden Jubilee Rendezvous" on 7 April 2024, to celebrate 50 years of the department and reminisce good memories. Throughout all these events, AIKYAM upholds its vision and mission to provide a learning platform for the students and catalyse unbreakable bonds.

### Alumnae Lecture Series (Organised by Department of Botany)

**Conveners:** Dr. Renu Soni, Dr. Reema Mishra, Dr. Garvita Singh **Co-conveners:** Dr. Preeti Agarwal, Dr. Neha Singh

Alumni are the lifeblood of any educational institution, fostering a legacy of success, contributing invaluable expertise, and perpetuating a sense of community and pride. The Department of Botany continues to host the **"Alumnae Lecture Series 2023-2024,"** offering a forum for former students to return to their alma mater and share their knowledge, experiences, and ideas with current students and staff. Their stories of challenges, triumphs, and perseverance endure to inspire and motivate the next generation. Our alumnae provide a bridge between theory and practice, showing students how the concepts they learn in classrooms are applied in real-world scenarios. These sessions offer valuable insights that help students to prepare for life after graduation. The series begins with the inaugural lecture on the topic 'Gargi Botanists: Trees Nurture Saplings' by **Dr. Gita Mathur**, former Associate Professor, Dept. of Botany, Gargi College, University of Delhi on 16 September 2023. This was followed by lectures from our superior and well-established alumnae, covering topics related to scientific research, career development, entrepreneurship, shaping young minds into shining stars, the roles of microRNAs in plant biology, and leadership skills. Following talks were organized under **"Alumnae Lecture Series"**.

Gargi College	😼 🖗 Gita Mathur (Presenting)	
Department of Botany Organism		
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Alumnae Lecture Series

Date	Name and Affiliation	Title of the talk		
14 October 2023	<b>Dr. Namrata Dhaka</b> Assistant Professor, Department of Biotechnology Central University of Haryana	Traversing the Realm of Plant Biology: A Story of Navigating Through Different Routes Towards One Dream		
27 October 2023	<ol> <li>Ms. Aadrita Das         <ul> <li>Intern National Biodiversity Authority,</li> <li>Govt of India, Assam State Biodiversity</li> <li>Board, Assam</li> </ul> </li> <li>Ms. Surbhi Mendiratta         <ul> <li>M.Sc. Botany, Department of Botany,</li> <li>DU</li> </ul> </li> <li>Ms. Shruti Apurva         <ul> <li>M.Sc., Drug Design University College London</li> </ul> </li> </ol>	Shaping Young Minds into Shining Stars		
7 November 2023	<ol> <li>Ms. Pallavi Sahu Studying Law, Faculty of Law. University of Delhi</li> <li>Ms. Ritu Kumari MBA, Human Resource Management IIM, Indore</li> <li>Ms. Darakshan Zabin Ph.D. Microbiology Arizona State University Tempe, AZ, USA</li> </ol>	New Realms of Career Opportunities		
19 January 2024	<b>Dr. Saloni Mathur</b> Scientist V National Institute of Plant Genome Research New Delhi	A Tryst With Understanding Gene Regulation: Investigating The Roles Of MicroRNAs		
3 February 2024	<ol> <li>Ms. Neha Parashar         <ul> <li>Pursuing Ph.D. in Civil and</li> <li>Environmental Engineering, IIT, Patna</li> </ul> </li> <li>Ms. Shobhna Yadav         <ul> <li>Pursuing Ph.D. in Plant</li> <li>Biotechnology, Regional Centre for</li> <li>Biotechnology, Faridabad</li> </ul> </li> </ol>	Scientific Research: Admissions and Career Prospects		
23 March 2024	<ol> <li>Ms. Sakshi Dawer         Pursuing B.Ed M.Ed,         Regional Institute of Education         Bhopal, NCERT     </li> <li>Ms. Ananya Chamola         Pursuing B.Ed, Maharishi Valmiki         College of Education, University of         Delhi.     </li> </ol>	Education as A Career Prospect		



### India Today Rankings Survey

Members: Dr. Vibha (Sciences), Dr. Megha Shukla (Humanities), Ms. Nupur Tyagi (Commerce)

This year again, the college participated in the India Today Ranking Survey for the three streams namely Sciences, Humanities and Commerce. India Today is a weekly Indian English-Language news magazine with wide circulation and readership of close to 8 million. Every year, India Today, in association with MDRA conducts a survey to determine the best colleges in the country with respect to their infrastructure, faculty, environment and resources provided to the students. For the year 2023, Gargi College has been awarded an overall rank 13 for Sciences and 13 for Humanities. However, the rank for Commerce has moved up by two positions to 14 this year. The requisite details for the year 2024 have been submitted and the results are awaited.

### Internal Quality Assurance Cell (IQAC)

**Chairperson:** Prof. Sangeeta Bhatia **Co-ordinator:** Prof. Renu Aggarwal

**Core IQAC Team:** Prof. Neera Pant, Dr. Alka Garg, Dr. Joya Bhattacharya, Ms. Arshmeet Kaur, Prof. Anjni Anand, Dr. Geeta Prakash, Dr. Neha Sharma.

Internal Collaborations: A webinar on Bhartiya Bhashaye aur nayi takneek was organized by Raj Bhasha Samiti of Gargi College on 28 April 2023. Department of Chemistry and Department of Physical education organized a five-day workshop for non-academic staff of Gargi College on "Being Fit and Living Healthy" from 19 June 2023 to 23 June 2023. A two-day workshop for Laboratory staff on "The Art of Lab Science" was organized by Department of Zoology on 27 & 28 July 2023. Further, two days hands-on training program titled "Getting started with R" was organized on 8 & 9 August 2023. Department of Botany initiated an online Inter-college Skill Enrichment Course on "Research Methodology for Undergraduate Studies". An "Alumnae Lecture Series" was also started with inauguration on 16 September 2023.

A two-day national conference titled **"NEP 2020: Perspectives, Challenges and Way Forward**" was organized on 3-4 November 2023. The scholars, policy makers and University dignitaries across the six technical sessions put their perspectives on various aspects of NEP – ABC, examinations, language and culture, interdisciplinary approach etc. A National Conference on **"Financial Literacy: Demystifying Investment Options"** was organized on 15 March 2024. The conference invited an array of experts to contribute to financial awareness and financial well-being of the participants.

*External Collaborations:* MOU was signed with Institute of Human Behaviour and Allied Sciences (IHBAS) on 27 April 2023. Under this, a one-month clinical field visit for psychology III year students was arranged. Further, Faculty exchange Lecture on Clinical Assessment was organized. Under the MOU with Indian Pollution Control Association (IPCA), Department of Physics organized a lecture on **"Plastic waste management"** on 3 October 2023. MOU with KR Mangalam University was renewed on 22 September 2023. Fourth year of MOU with ICT Academy continued with a lecture on **"Robotic Process Automation"**. The Principal, Government Model Degree College, Padum Zanskar, University of Ladakh visited Gargi College on 8 June 2023, as part of the renewal of the Memorandum of Understanding. There were discussions regarding student exchange programs between Zanskar College and Gargi College.

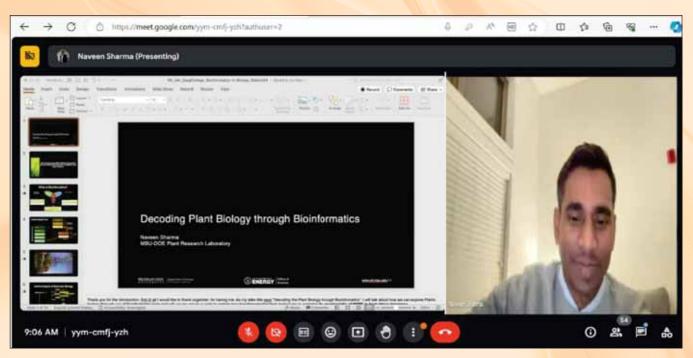


### International Conference on Bioinformatics in Biology

**Coordinators:** Prof. Aparajita Mohanty, Dr. Reema Mishra **Conveners:** Dr. Preeti Agarwal, Dr. Pritam Kaur, Mr. Baljinder Singh

The Department of Botany, Gargi College, University of Delhi, under the aegis of RDC and IQAC, organized 2-days virtual **international conference** on **"Bioinformatics in Biology: From Pre-requisite to Post-Prerequisite"** on 2–3 March 2024. The conference was funded by Department of Biotechnology. The conference aimed at bringing experts, academicians, teachers, research scholars, and students on a common platform to interact, share knowledge and discuss the applications of Bioinformatics in solving the mysteries of Plant Biology. It included keynote talks by eminent scientists, oral and poster presentations and discussion on varied themes of Bioinformatics. Session I of the conference commenced with an enlightening talk by **Dr. Gitanjali Yadav**, Scientist VI, NIPGR, New Delhi, on "Creating Young Data Practitioners in an Age of Knowledge Neo-Colonization," followed by the next scintillating talk by **Dr. Soniya Balyan**, Scientist, IBDC, Faridabad, on "Indian Biological Data Centre: Pioneering the FAIR Path towards Data Sustainability and Conservation". Session II concluded successfully with engaging poster presentations on suggested themes in bioinformatics, featuring contributions from faculty, research scholars, and students.

Session III on day 2 began with motivating presentation by **Dr. Naveen Sharma**, Research Associate, Michigan University, USA, on "Decoding Plant Biology through Bioinformatics" followed by insightful



Presentation by Dr. Naveen Sharma



talk by **Dr. Manish Tiwari**, Research Associate, University of Wisconsin-Madison, USA, on "Exploring the World of Plant miRNA: Identifying Regulatory Pathways and Targets". In the concluding session of the conference, enthusiastic faculty members and students captivated the audience with their intriguing oral presentations. The conference concluded with the release of the abstract book and a prize ceremony honoring outstanding poster and oral presentations. The conference witnessed active participation of more than 80 enthusiastic participants from Delhi University colleges and other universities as well.



## National Conference on Financial Literacy: Demystifying Investment Options

#### Conference Convenor : Prof. Anjni Anand

Organising Committee : Prof. Geeta Sidharth, Prof. Nidhi, Dr. Payal Jain, Ms. Rupal Arora, Dr. Gunjit Kaur, Ms. Nivedita Mullick

**National Conference on Financial Literacy: Demystifying Investment Options** was organised on 15 March 2024. It aimed at increasing awareness about financial well-being among all the stakeholders of the college community.



Prof. Amit Kumar Singh felicitating Hon'ble Vice-Chancellor

We were honoured to host **Prof. Yogesh Singh**, Vice-Chancellor, Delhi University as the Chief Guest and **Prof.** 



Prof. Yogesh Singh addressing the audience

**Balaram Pani** (Dean of Colleges, Delhi University), **Prof. Shri Prakash Singh** (Director South Delhi Campus, Delhi University), **Dr. Vikas Gupta** (Registrar, Delhi University) and **Prof. R. P. Tulsian** (Chairman, Committee for Financial Literacy, Delhi University) as the Guests of Honour. From its conception to its execution, Chairperson of the Governing Body and Patron of the Conference, **Prof. Amit Kumar Singh** and

Principal, Prof. Sangeeta Bhatia provided their constant support and guidance.

In the esteemed presence of the dignitaries, the revamped official website of our college was also launched by Hon'ble Prof. Yogesh Singh.

The speakers touched upon various aspects of financial literacy ranging from the role of emerging women investors



Vote of thanks delivered by Prof. Anjni Anand

and investment planning goals tailored for women, importance of early-planning for a balanced

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Launch of the revamped website

and diversified portfolio to cyber fraud prevention measures in online transactions and mutual funds.

With technical sessions of paper presentations by faculty, research scholars and students from across the nation, the Conference was very well-received. The day concluded with the valedictory note by Convenor of the Conference, **Prof. Anjni Anand.** 

# National Conference and Sensitization Program: Empowering The Golden Years: A Comprehensive Dialogue on Elderly Issues

(Organized by Ananda – The Wellbeing Centre, Gargi College)

The national conference and sensitization program 'Empowering the Golden Years: A Comprehensive Dialogue on Elderly Issues' took place on 20-21 March 2024, organized by Ananda – the Wellbeing Center of Gargi College. Supported by entities like the National Institute of Social Defence and the Ministry of Social Justice and Empowerment, the event aimed to address the challenges confronting the elderly community. Approximately 500 participants, including elderly individuals, NGOs, faculty, students, and staff, attended the conference.

The program commenced with **Prof. Geeta Sidharth** highlighting Ananda Wellbeing Center's initiatives in promoting holistic wellbeing through meditation programs and student internships. **Prof. Ajay Kumar** Singh, the keynote speaker, delved into happiness and advocated for meditation and yoga to achieve it,

emphasizing a shift towards a collective mindset for personal growth. **Prof. Neera Agnimitra** discussed elderly challenges, including social isolation, and advocated for countering age-related stereotypes through policy and societal changes.

Subsequent panel discussions, moderated by **Dr. R.K. Dhamija**, covered topics such as mental health, social inclusion, and degenerative diseases like Alzheimer's. The roundtable discussion provided elderly participants with a platform to share experiences, stressing the importance of social connections and finding purpose in life.



Panel Discussion on Successful Aging

Day 2 of the conference featured speakers addressing the psychological, societal, financial, legal, and health aspects of aging. **Prof. Manas Mandal** focused on cultural perceptions of aging and emphasized autonomy and subjective well-being. **Priyanka** and **Rohit Ranjan** highlighted meditation's stress management benefits, while Inspector **Sonia Gogia** discussed initiatives by the Delhi Police Senior Citizen Cell. **Mr. Anil Chopra** and **Mr. Jayant Bhatt** tackled financial and legal concerns for the elderly, respectively.

The day concluded with a live music healing session, showcasing music's role in enhancing emotional well-being among the elderly. Cultural performances added vibrancy to the event, reflecting its holistic approach.

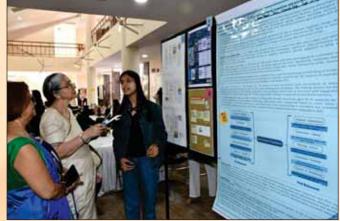
The conference provided a comprehensive platform to address the multifaceted challenges and opportunities associated with aging, advocating for societal, policy, and individual interventions to empower and support the elderly population effectively.





Timeless Expression of Elderly Talent by Senior Citizens

Live Music Workshop for Healthy Aging by Dr. Farah Husain



Poster Competition being Judged by Prof. Shashi Tyagi and Dr. Geeta Kitchlu



Perspectives Participatory dialogue with senior citizens, students and Dr. Jayashree Dasgupta

# National Conference on "National Education Policy 2020: Perspectives, Challenges and Way Forward."

#### Convener: Prof. Shreeniwas Tyagi

**Co-Conveners :** Dr. Geeta Kichlu, Dr. Rekha Navneet, Dr. Nzanmongi Jasmine Patton, Dr. Beena Negi

Gargi College organized a 2-day National Conference on "National Education Policy 2020: Perspectives, Challenges and Way Forward" on 3-4 November 2023. It was sponsored by NIEPA and ICSSR. The Inaugural session was graced by the presence of Hon'ble **Prof. M. Jagadesh Kumar** (Chairman, University Grants Commission), **Prof. Ram Singh** (Director DSE, Director DSPPG, IoE, University of Delhi) and **Prof. Aloka Sharma** (GB Member, Gargi College). The inaugural and six technical sessions were streamed live on You Tube.



Faculty members, researchers and students presented 56 papers on NEP 2020 during the two days of the conference. The conference outlined a vision for the next couple of decades. It provided a platform for insightful discussions and valuable recommendations, highlighting the importance of a well-rounded, equitable, and technologically advanced education system for the nation's future. It focused on various aspects such as the flexibility of choice, curriculum

Release of Abstract Book redesign, skill development, and the use of technology in education.

The conference also flags the importance of NEP 2020 in paving the way for flexible lifelong learning and encouraging students to choose academic paths that lead to the awarding of certificates, diplomas, and degrees. The deliberations on Multiple Entry and Exit System (MEES) and Academic Bank Credit (ABC) will help to



streamline their smooth implementation.

The primary objective of NEP 2020 is to provide quality education to the students and interdisciplinarity proves to be one of the most effective means of meeting this objective. It aims to instill creativity and a critical process of thinking in the entire teaching and learning process. It also strives



National Conference on NEP 2020

to lay greater emphasis on nurturing human and ethical values as well as the development of life skills and respect for diversity. Indian Knowledge system provides a way to connect the learners to the visions of ancient sages and gurus who envisaged that every individual must have access to pure knowledge inside and outside the human body wherein the mind and body complement each other in the development of wisdom and truth.

The interaction between invited experts and the participants at the conference will help to address various issues and will play a pivotal role in its successful implementation.

# NIRF Report

#### Convener: Dr. Reema Mishra

National Institutional Ranking Framework (NIRF), Ministry of Human Resource Development, Government of India ranks higher education institutions across the country.

Gargi College has been awarded an All India Rank 31 amongst colleges under NIRF 2023. This year also, college applied for "National Institutional Ranking Framework (NIRF) Ranking, 2024". The college submitted the required details in January 2024 and the ranking for this year is awaited.



Team NIRF

(From Left to right): Mr. Deepak Chandra, Dr. Pritam Kaur, Dr. Preeti Agarwal, Dr. Vibha Madaan, Dr. Deepika Dhall, Dr. Nisha Saini, Prof. Sangeeta Bhatia, Dr. Reema Mishra, Prof. Aparajita Mohanty, Ms. Rupal Arora, Dr. Madhu Yashpal, Dr. Jyoti Mavi, Ms. Manpreet Kaur.



# Pathfinder Competition (Commerce)

Convenor : Dr. Manju Sahai

The Pathfinder Competition 2023-24, organised by the Department of Commerce, Gargi College, was held on 10 April 2024. The judges were **Dr. Rajni Jagota**, Associate Professor,



PGDAV College, and **Dr. Varun Bhandari**, Assistant Professor, Shyam Lal College.

The Pathfinder Committee, comprising Dr. Manju Sahai, Prof. (Dr.) Sonali Ahuja Dua, Dr. Payal Jain and Ms. Iti Verma coordinated the event.



Judges Felicitation

11 teams had registered for the competition and 10 teams participated in the final round by making an 8-minute presentation on their topics.



Presentation by students



Pathfinder Committee with Students

3 teams won prizes, as mentioned below:

Position	Title	Students	Course	Teacher Mentor
Ι	Investigating the Impact of the Single-use Plastic Prohibition on Local Enterprises and Consumers: Discrepancy between Intention and Behaviour within the Context of Circular Economy and the 5R's		B. Com. III Year	Prof. (Dr.) Geeta Sidharth
II	From Deceptive Labels to Holistic Lifestyle: Analysis of Food Labeling in India and Its Implications on Gen Z	Ms. Jiya Ms. Ayushi Arora	B. Com. (Hons.) III Year	Prof. (Dr.) Geeta Sidharth
III	Navigating The Retail Revolution Through Omni-Channels	Ms. Diya Gupta Ms. Gunika Katyal	B. Com. (Hons.) II Year	Dr. Mandakini Das Ms. Aakriti Chaudhry

# Pathfinder Competition (Humanities)

Teacher Convenor: Dr. Veena Sharma Teacher Co-Convenor: Dr. Tanjot Singh

This year's theme **"For the Planet, People, Peace, and Prosperity: Sustainability & Growth**" encapsulates a holistic approach to global development. Each of the four elements represents a commitment to a more inclusive, equitable, sustainable, and harmonious future. The planet, represents the environment and the need for sustainable practices to protect and preserve its natural resources. The people, highlights the importance of human well-being and social equity. It includes efforts to promote access to



Pathfinder Humanities 2024

healthcare, education, clean water, as well as initiatives aimed at reducing poverty, inequality, and social injustice. Peace is essential for stability and prosperity, it emphasizes the importance of working towards a world free from violence, war and terrorism and prosperity refers to a new understanding of material/ tangible growth based on compassion, social justice, and contentment. It involves creating opportunities for decent work, equal work, economic stability, and financial inclusion. Under the broad theme, apart from the above the following sub-themes could also be considered:

- Revisiting our roots: Culture & Heritage
- Wisdom from the margins: learning from the traditional knowledge systems



Pathfinder Humanities 2024 1st Prize winners



Pathfinder Humanities 2024 2<sup>nd</sup> Prize winners

- Literary responses to the planetary crisis
- Education for Peace Building
- Re-evaluating the human and the humane
- Reducing the Gender-Gap
- Development and its discontent
- Development & Adoption of Biofuels
- Adoption of Digital Infrastructure

The concept note emphasizes on the interconnectedness of these goals and highlights the need for comprehensive strategies to achieve them. Through coordinated efforts at the grass-root level to begin with, we can work towards a more sustainable, inclusive, and peaceful world.

Based on the theme, committee received 16 projects for the first round of abstract presentations and for the final round 9 teams presented their research projects. The final event took place on 4 April, 2024 in the Seminar Hall. Two experts from social sciences were invited to judge the event, **Dr. Ganesh Manjhi**, Assistant Professor, Centre for Mathematical and Computational Economics, School of Artificial Intelligence & Data Science, Indian Institute of Technology, Jodhpur and **Dr. Ayesha Gautam**, Assistant Professor, Department of Philosophy, University of Delhi. The judges evaluated the teams based on plagiarism, objectives, methodology, overall writing, presentation, and question & answer round.

The following teams secured the first three positions:-

Position	Topic/ Title	Name of the Students/ Course/ Year/Department	Mentor
First	The Forgotten Gems: Unravelling the Health and Environmental Benefits of Traditional Cookware	Ms. Srishti Jayswal, Ms.V. Gurupriya and Ms. Kanishka Agarwal Department of Political Science, II Year	Dr. Jayshree Tandekar
Second	Understanding how AI Impacts the Resume Screening Process	Ms. Disha Arora Department of Business Economics, II Year Ms. Navya Gosh Department of Economics, II Year	Dr. Jyotika Behl
Third	The Economics of Gifting: Analysis of welfare loss and gains in gift giving	Ms. Arunima Laimayum and Ms. Muskaan Soni Department of Economics, III year	Ms. Nivedita Mullick



# Pathfinder Competition (Science)

This year nine teams from science departments participated in the competition for Pathfinder Award. Team from B.Sc. (Hons.) Zoology, I year was adjudged as the best team this year. Students of four pathfinder projects were chosen for stipend based on the appreciation of the quality of research.

Details of teams are:

#### Winners

Name of the students: Ms. Kritika Sharma, B.Sc. (Prog.) Life Science, I year; Ms. Aanchal Sharma, B.Sc. (Hons.) Zoology, I year; Ms. Anushka, B.Sc. (Hons.) Zoology, I year.

Title: Identifying Areas of Intervention for Enhancing Student Mental Well-being Through Questionnaire Data Collection.

Mentors: Dr. Shivani Tyagi and Dr. Thoudam Regina

#### **Projects Selected for Award of Stipend**

1. Name of the students: Ms. Priyanka, B.Sc. (Hons.) Chemistry, III year; Ms. Nikita Giri, B.Sc. (Hons.) Chemistry, III year

Title: DES as the New-Age Solvent: The Extraction of Purple Lavender Essential Oil Using Green Deep Eutectic Solvent Reline, and Other Applications

Mentors: Dr. B. Vaijayanthi and Dr. Tripti Kumari

2. Name of the students: Ms. Rakshita Dhyani, B.Sc. (Prog.), Life Sciences, III year; Ms. Shubhra Pandey, B.Sc. (Prog.), Life Sciences, III year; Ms. Trisha Mazumdar B.Sc. (Prog.), Life Sciences, III year

Title: Comparative Analysis of Psychotropic Drugs And Phytochemicals Through Machine Learning

Mentors: Dr. M. Divya Gnaneswari and Dr. Smriti Sharma

3. Name of the students: Ms. Manisha Ahirwar, B.Sc. (Hons.) Botany, III year; Ms. Krishna, B.Sc. (Hons.) Botany, III year; Ms. Anushka Kumari, B.Sc. (Hons.) Botany, III year

Title: Comparative analysis of natural water bodies from Delhi and NCR region

Mentors: Dr. Chaitali Ghosh and Dr. Thoudam Regina

4. Name of the students: Ms. Dhiseka Pawaiya, B.Sc. (Hons.) Botany, II year; Ms. Jyoti Kumari B.Sc. (Hons.) Botany, II year

Title: Effective Sanitization of Solid Organic Waste and Comparative Analysis of Organic Manure and Chemical Fertilizers.

Mentors: Dr. Pritam Kaur and Dr. Preeti Agarwal



Pathfinder Committe members with student winners

# Skill Enrichment Course (Conducted by the Department of Botany)

**Co-ordinator:** Prof. Aparajita Mohanty **Conveners:** Dr. Leisan Judith, Dr. Reema Mishra, Dr. Vera Yurngamla Kapai **Co-conveners:** Dr. Gladys Muivah, Dr. Preeti Agarwal

The Department of Botany has initiated an Inter-college **Skill Enrichment Course** on the topic **"Research Methodology Course for Undergraduate Studies"** under the aegis of Research and Development Cell and IQAC, Gargi College, University of Delhi.

The broad objective of the course was to give insights into the basic concepts required for implementation of a research project. The course is a 30-hour module with the aim to enable the students to identify research areas, learn the tools and techniques for the collection of sample/data analyze and interpret the data and publish the implemented research work.

More than 80 students representing Science, Humanities, and Commerce streams from various colleges at the University of Delhi participated in the course. Fifteen lectures, delivered by eminent researchers and scientists from prestigious universities and institutes, have been scheduled. The inaugural lecture was delivered by **Dr. Gaurav Kumar**, Assistant Professor, Department of Botany, Bareilly College, Bareilly which he introduced the participants with an overview of Research methodology.



SEC Sessions

# Weज्ञानम् – The Research Wing of Scintillation

Teacher Conveners: Dr. Shivani Tyagi, Dr. Madhu Yashpal and Dr. Kuntal
 Student Convener: Ms. Rakshita Dhyani, B.Sc. (Prog.) Life Sciences, III year
 Student Co-convener: Ms. Ermina Reyaz, B.Sc. (Hons.) Microbiology, II year
 Student Coordinator: Ms. Anjali Jha, B.Sc. (Hons.) Zoology, III year



Weज्ञानम् - The Research Wing of Scintillation, with an inspiration to work towards developing Scientific temperament, provides a platform to

the students for greater Scientific exploration and exposure. The research wing started the session 2023-24 with a visit to AIIMS Electron Microscope Facility at AIIMS, New Delhi on 17 October 2023. Members of Weज्ञानम् had the opportunity to interact with the faculty and gained insights into the advanced technology in the field of Electron



Workshop on Forensic Sciences by weGyanamm



Visit to Electron Microscopy Unit, AIIMS

Microscopy. Following AIIMS visit, Weज्ञानम् hosted an enlightening Forensic Workshop featuring renowned forensic scientist **Dr Ranjeet Singh** on 21 November 2023 in Gargi College, which aimed to provide students with an insight into the intriguing world of forensic science and the vast possibilities for students interested in the field.

After this interactive workshop, Weज्ञानम् organized a LaTeX workshop with **Dr. Prashant Singh Rana** on 24 November 2023. He covered in depth a vast array of topics including Research paper writing, report/thesis writing,

presentation preparation, reference management, equation management, figure management, table management and resume writing.

Most recently, Weज्ञानम् in collaboration with Albatross, the Zoological Society of Gargi College held a Cyber-security workshop conducted by **Dr. Ranjeet Singh** on 7 February 2024. He, along with his colleagues **Mr. Shubham** and **Mr. Tushar**, educated the students on the various cyberattacks and the ways to protect themselves. The session explored different ways of cyber-attacks and how we as students in the digital age can stay safe online.



Hands on workshop on Cyber security



Academic Awards

# b

Co-Scholastic Awards

# Academic Excellence Awards 2022-23

# Dr. Hema V. Raghavan Long Strider Award



Ms. Shivangi Deshwal B.A. (Prog.), English Literature & German (2014 Pass out)

# Best All Rounder Awards

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•**Ms. Himanshi Chhabra** B. Com. (Hons.), III Year

Shrimati Lajwanti Malik Memorial Best All-rounder Award in Commerce

# Best All Rounder Awards



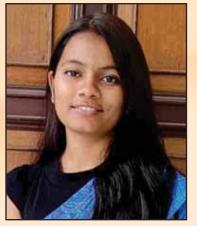
Ms. Ananya Chamola B.Sc. (Hons.) Botany, III Year

Dr. Chhaya Biswas Best All Rounder Award in Science

Dr. Meera Ramachandran Best All Rounder Award in Humanities



Ms. Himani Bisht B.A. (Hons.) English, III Year



**Ms. Soujanya Shankrappa Ambali** B.A. (Prog.) Economics & Political Science III Year

Dr. Meera Ramachandran Best All Rounder Award in Humanities

# Best All Rounder Awards



Sarah Thomas Memorial Award Best Student - Botany

Ms. Shubhi Srivastava B.Sc. (Hons.) Botany III Year

Sarah Thomas Memorial Award Best Student – Chemistry



Ms. Vishruti Shrivastava B.Sc. (Hons.) Chemistry III Year



Ms. Aarti Venkatesan B.Sc. (Hons.) Zoology III Year

Sarah Thomas Memorial Award Best Student – Zoology

# Co-Scholastic Awards 2023-24

(A) Best article in the creative section of the college magazine "Voices/अभिव्यक्ति 2023-24"

English Creative Section German Creative Section

Hindi Creative Section Sanskrit Creative Section



Ms. Muskan B.Sc. (Hons.) Physics III Year Title of Article: "Vasudhaiva

Kutumbakam"



Ms. Shreya B.A. (Prog.) German & Political Science III Year *Title of Article:* "Vasudhaiva Kutumbakam: Die

ganze Welt ist eine Familie″



प्रियांशु कुमारी बी.ए. (विशेष) हिंदी द्वितीय वर्ष सर्वश्रेष्ठ रचनाः "माँ मैं तुझे क्या दूं"



निकिता शर्मा बी.ए. (विशेष) संस्कृत तृतीय वर्ष सर्वश्रेष्ठ रचनाः "रामराज्यस्य संकल्प"

(B) Best cover design for the college magazine "Voices/अभिव्यक्ति 2023-24"



**Ms. Arpita Nayak** B.Sc. (Hons.) Microbiology, II Year



Our esteemed Colleagues who superannuated from Active Service in 2023-24



# Teaching Faculty

#### "My years at Gargi College"

The past is a delicate presence that accompanies us throughout life and memories resurface unannounced. Memories of what was and what could have been: some uplifting, some heart-warming and some disturbing.

I joined Gargi College in 1997 and the journey of learning began. I fondly remember the gentle sunshine in the beautiful garden, the vibrant Staff room and the informal, high-octane classroom discussions, often hilarious, light-hearted and carefree.

During my years at Gargi College I remained a thoughtful learner who is sensitive to the needs of every student, and a considerate, protective adult who is earnest about looking at the world with the eyes of a student.



Dr. Pallavi Vaid

With gratitude and love,

# Dr. Pallavi Vaid Associate Professor Department of Philosophy



Dr. Deepika Chaterjee

It's very difficult to put 26 yrs of my journey in Gargi in few lines. It was a very fulfilling experience. To my mind, teaching is one of the noblest professions' and I am fortunate that I got the opportunity to be a teacher myself. Apart from teaching I was also actively involved in the Indian Music Society during my tenure in Gargi college. This helped me to become aware of the latent potential of our students and harness the same. Gargi allows not only the students but also it's faculty to constantly evolve. The atmosphere is congenial for the progress of anyone who wants to grow!

- Dr. Deepika Chaterjee Associate Professor Department of Philosophy

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# Non-Teaching Staff

**Mr. V.S. Khan** joined Gargi College in the year 1984 and after a successful tenure of nearly four decades, retired from active service in 2023. The Gargi fraternity wish him great life ahead.



Mr. V.S. Khan Administrative Officer



Mr. P.N. Gairola Lab Assistant Department of Chemistry

**Mr. P.N. Gairola** started his job as a Lab assistant in the Department of Chemistry in the year 1988. After a successful 35 years of dedicated service, he retired in the year 2023. The Gargi community wish him very best in all his future endeavors.

# In Memoriam :

# Remembering Our Departed Members



# Teaching Faculty

Dr. Ruby Guha joined Gargi College in 1967. She was one of the pioneers of Gargi College and played a significant role in establishing and shaping the college in its formative years. In 2003, after an enriching and inspiring tenure spanning 36 years, she gracefully retired from active teaching. Gargi community mourns her loss deeply. She is fondly remembered by her friends, colleagues, and students for her selfless contribution to the college, hard work and unwavering dedication.

#### <u>Message</u>

"Those were the days, my friend We thought they'd never end"

Dearest Ruby.

We met on the day I joined Gargi College, which also happened to be the day in 1967 when the college started. Somehow we made an instant connection and our friendship lasted for over 55 years. What more can one ask? The college was young, students were few, so we did our utmost to raise the level of performance, both academically and in the field of extra curriculars. Ruby was a beautiful dancer and the dance dramas that she choreographed for the students were much appreciated. These ballets were performed for the public and were always a hit.

As a small group of teachers, we also tried to bring happiness in the lives of our beloved students. As each batch passed out, Ruby and I and all the teaching fraternity set apart a special day when we performed for them- songs and dances and hilarious skits, which had the girls in splits. They were fruitful days, the academic standard was rising and much talent was emerging. We did our best, and what a happening place Gargi has become. And now my friend has left.

Rest in peace dear Ruby.

 Mrs. Nalini Mathur Reader (Retd.),
 Department of English Gargi College



DR. RUBY GUHA Associate Professor (Retd.) Department of History (1941-2023)

# Non-Teaching Staff

Shri Shiv Shankar joined Gargi College in 1994 as a library attendant. His retirement was due in September 2024. His sudden demise in December 2023 left the Gargi community deeply saddened. He was dearly loved and is fondly remembered by his peers for his dedication, kindness, and commitment to his duties.

#### <u> संदेश</u>

स्वर्गीय शिव शंकर जी बहुत ही खुशदिल, अच्छे और एक सामाजिक व्यक्ति थे। जो लोगो की निःस्वार्थ भाव से मदद करते थे, और अपने कर्तव्य के प्रति भी सजग रहते थे। वे अपने सभी साथियों से बड़े ही प्रेम और सद्भाव से मिलते थे। हम लोग उनको प्यार से ताऊजी कहकर बुलाते थे। उनकी दिल्ली विश्वविद्यालय में अपने कॉलेज के साथ—साथ बाकी के लगभग सभी कॉलेजों में भी उनकी अच्छी जान पहचान थी।

मुझे एक बार की बात याद आ रही है कि किसी व्यक्ति के रिश्तेदार का एक बच्चा बहुत बीमार था। उस बच्चे के दिल में छिद्र था और आवश्यकता थी, दिल्ली के एम्स (AIIMS) में इलाज कराने की, परन्तु ओ पी डी कार्ड नहीं बन पा रहा था, बहुत ही मुश्किल हो रही थी। शिव शंकर जी की वजह से उनका कार्ड आसानी से बना और ईलाज संभव हो पाया। शिव शंकर जी की याद हमेशा हमारे दिलों में बनी रहेगी।

धन्यवाद!

— सतीश गिरी रसायन विज्ञान विभाग गार्गी महाविद्यालय

#### <u> संदेश</u>

शिव शंकर सर बच्चों के साथ बच्चे बन जाते थे, बहुत ही हंसाया करते थे, उनकी बातें आज भी याद आती हैं।

> — सैय्यद ऊमर फारूख Professional Assistant Library



LT. SHRI SHIV SHANKAR Library Attendant

# Non-Teaching Staff

Shri Narender Sharma started his journey at Gargi College in 1994. As an office attendant, he sincerely discharged his duty and retired from active service in June 2023. The news of his passing in February 2024 deeply saddened the Gargi community.

#### <u> संदेश</u>

नरेंद्र शर्मा जी एक बहुत नेक दिल इंसान थे। अपने ऑफिस का काम बहुत ही निष्ठा और ईमानदारी से करते हैं। अपने वरिष्ठजनों का बहुत सम्मान करते हैं। विभाग में अपने साथियों के साथ बहुत सहयोग से रहते थे।

> – Mrs. Amita Varma Section Officer (retd.) Account Section

#### <u> संदेश</u>

नरेंद्र शर्मा जी की याददास्त बहुत ही तीव्र थी, उन्हें चीज़े उँगलियों पर याद रहती थी। किसी भी कर्मचारी या शिक्षक को एकाउंट्स से सबंधित कोई भी पूछताछ करनी होती थी तो उस बात की सटीक जानकारी नरेन्द्र शर्मा जी के पास उपलब्ध होती थी। नरेन्द्र शर्मा जी नॉन टीचिंग स्टॉफ के क्रिकेट मैच के दौरान अक्सर स्कॉरिंग किया करते थे।

> — शेखर चंद भौतिकी विभाग



LT. SHRI NARENDER SHARMA Office Attendant

# English

Creative

Sectiom

# Vasudhaiva Kutumbakam – Beneath the Image of a Single Global Family

The World is a Family And I belong to the other Away from the delights Of a family get-together. Pressed firm, they align in order Tables for a swarm, That buys into it Tables that take after its members. A class of the so-called 'erudite' A spread for a few A screen for them A screen for us Smoke and Mirrors Lead in lieu Away from the other Up the Garden view. Having sealed against each other We read into our screens, Of immobile dust Cumulating in number A screen that shows, A screen that hides A family in view, a family outside. Acting under the veneer of care A warmth that has burnt The eyes that glare A love that has plunged Into a memory of despair. One future Without the other I rummage through the dead

To find the eyes That took the prick To keep me safe Against the love that lies. I scrounge about a mass of land A strip with a whiff Of erased memory For a face that lies Beneath the facade Of what can be called A hatched reality. I look for your shadow In sites of dispute Over neatly spread table With none to eat A means to obtain An image that enslaves Clocked in the guise of kinship. The world is a family Hemmed in a snare The world is a family Penned inside a square. While my own died a fatal death The world declared itself An undisputed fate With blood on their hands A family that is eaten A family that eats.

> **– Kasturi Krishnaa Deka** B.A. (Hons) English 3rd Year

# <mark>Va</mark>sudhaiva Kutumbakam: An Outcry for Healing

As we navigate through our lives, uncertainty follows a thread of paradox that insinuates our being. We intend to look for binaries between the pages of literature and the dualities of nature. Be it a question related to the elements of chemistry or the cosmos, our lives are spent making attempts to find meaning amidst these contradictions.

Likewise, the idea of Vasudhaiva Kutumbakam (the world is one family) that originates from the ancient Indian school of thought communicates the notion of going beyond the limitations that stop us from becoming a unifying force.

It represents the universal values of human connection, shared responsibilities, and collective well-being, making its relevance felt to people of diverse backgrounds in the postmodern world.

At its core, it advocates for universal love, care, compassion and understanding as the key virtues that can lead towards the sustainability of the planet as a whole.

Given the fact that we are members of the human race, at the end of the day, differences might have made each nation unique, but in order to align with massive challenges, no other approach will hit the mark except the values of shared humanity.

In recent years, the global pandemic served as a testament for the world to function as a family. We could not have curbed this enormous distress without having each other's back.

The world out there asks us to break down the walls of prejudice and ignorance, refilling the gaps that divide us. This invokes the strength that lies in unity and brings to mind the inspiring words from a well-known poem from our school days, 'We're not afraid to die. If we all can be together.'

The idea thus makes a journey in establishing a bridge between the micro and macrocosms.

Prachi Priyadarshini
 BA (Prog.)
 2nd Year

## Death's Painted Dance

Crispy leaves blanket the crusty earth, as a chill kisses the air, Autumn sighs, where once vibrant spring blooms did fare. Sun-scorched meadows whisper of summer's decline, Mangoes, once ripe, now hang heavy, a sign. Antarctica blooms in winter's icy hold, Can beauty mask a story yet untold? Perhaps beneath the petals, a silent decay, A reminder that life and death dance the same ballet.

Dixha Negi
 B.A. (Hons) English
 2nd Year



# **Entwined Echoes**

From the Vedas to the Quran, Inscribed in sacred epithet Murmurs the echoes of solstice world Of myths resound.

Mountains to a valley deep From salty shores to desert sleep Called upon their creator's grace To what has been envisaged.

Families strong and world-entwined, Through sunlit days and stormy nights, Skin akin to earth, eyes like the sky, These lines we draw, only lie.

From desert to grassland From one country to another land, Emphasising what we cherish, Let boundaries fade and hearts expand

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**– Kanchan** B.A. (Hons) English 2nd Year

# Delhi : A Microcosm of One World, One Family

A microcosm of the world, With its cosmopolitan culture, Delhi shines. In every corner a story unfurls Where ancient tales meet modern signs.

Languages weave an intricate tapestry like threads in a loom, In this grand city unity finds its room. From Chandani Chowk to modern bazaar, Brotherhood reigns here in its glorious avatar.

Bustling streets witness a stark divide, Where poverty overshadows yet dreams ignite. From Yamuna's turbid water to smog laden skies, Symphony of contrasts mirrors in hopeful eyes.

Amidst the glitter of malls and gold, Lies the silent anguish of existence untold. Despite the chasm humanity thrives, As smiles are exchanged and arms extend to save lives.

Through winding lanes and skyscrapers tall, The East meets West as global current flows strong. Communities adapt and innovation sails, Scientific advancement echoes progress as change engulfs all.

Where faiths intermingle, empathy triumphs and peace cascades, Tolerance encourages imaginary barriers to fade. Delhi is its name, an emerald in India's crown, Where even strangers meet and discover a home newfound.

A canvas painted with hues of multicultural embrace, Etched with unity in diversity hearts beat in harmony. A shared horizon in the warmth of Delhi's sun, Envisions the world as one family, Vasudhaiva Kutumbakam.

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**– Ria Saran** B.A. (Hons.) English 3rd Year

# It's a Family Affair

Imagine a scene, where every year at a family gathering, everybody sits around the table discussing and cherishing moments of their present and past-an ideal scenario. But suddenly the peace is disrupted by a trail of questions shot by the elders of the family and a barrage of unsolicited opinions and suggestions floating in the air, turning the seemingly fun and chaotic occasion into uncomfortable conversations and in hindsight, a battle between choosing your interests over "values". But that's how families are you see, or to be specific-The great Indian Family.

If one were to trace the origins of this structure or the values that an Indian family is built upon, perhaps we go back to the Maha Upanishad where we find mention of Vasudhaiva Kutambakam for the first time. "Vasudhaiva Kutumbakam", an ancient vedantic thought or expression from the Maha Upanishad, one of India's ancient scriptures which distinctly translates to "the world is a family". A promise to serve the society not just one's own but across the world, to defend values that promote welfare of all and not just serve one's own interest, to build an understanding that the world's problems are our problems too.

But is it though? In the context of the modern world, worldwide interconnectedness and internet have widely blurred out the lines of cultural distinctiveness and distance in forming relationships across the world but despite all that have undeniably failed to encapsulate the essence of family- a global family. The concept of "Vasudhaiva Kutumbakam" in Indian context makes a much wider sense because of India's political stance towards orthodox diplomacy which can be deployed in many ways and in various situations. Over the years India has had a lasting but progressive outlook towards the international relations with other countries- such as with Sri Lanka, providing them with financial aid during the economic crisis. During the recent COVID-19 pandemic, India came through as the global vaccine developer, making the vaccines accessible to not only its neighbours but countries in the African continent as well. In promoting the concept of world as a global family, it embodies the idea of an ideal and liberal world; a utopian society, which is achievable. India has actively practised the ideology of "be the change you want to see in the world" thus taking strong stances while maintaining a good relationship with majority of the world's countries.

But how relevant is this in 21st century? In a world driven by political prowess and ostentatious displays of power, we observe a society rapidly embracing an individualistic approach to life. This needs to be seen through a more realistic lens than as just values. Families are regarded as ideal and cohesive groups, but many times these families can be dysfunctional too. They can be resisting of individual freedom and often end up being ignorant of the same values to achieve realpolitik goals.

Vasudhaiva Kutumbakam is not dysfunctional, but India being its torchbearer has had many contradictory instances. In the recent humanitarian crisis involving Israel and Palestine, India didn't declare its allegiance to any country but to maintain silence on the atrocities carried out against the state of Palestine speaks volumes of its non-alignment theory. As far as the families go, they do break sometimes, for the better or worse. They do not remain insulated from the changes of the outside world for a long time. Around 77 years ago, due to inner upheaval and religious discontentment amongst the communities, the country was partitioned into two unequal halves, leaving many lives and families disheartened and completely uprooted from their homes.

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To say that Vasudhaiva Kutumbakam is unrealistic would be a sham, because to wish for a sustainable, peaceful and inclusive world is anything but wrong. India in all its capabilities has tried to promote this idea through holding G20 summits, conferences to express its unwavering commitment to addressing climate change, poverty, gaps in education, gender equality etc. Indeed, India did not import ideas of global solidarity, or a strong belief system in democratic values from the Westphalian system. It was always a part of our culture, a belief system that we not only built over centuries by accommodating diverse cultures but actively promoted their social, economic and traditional development. We still have a long way to go and for that we just need to turn a few pages of history and perhaps, the lessons will put us back on the right path.

Kavyanjali Agrawal

B.A. (Hons) English 2nd year



# For the world is hers

O honey, just see how, bows the tree, To offer its flowers in your palm, To fill your heart with glee.

O honey, just see how, burns the tree, To shelter you from the scorching sun, To make your worries flee.

O honey, just see how, brims the rivulet, To quench your thirst, For your throat doesn't fret.

O honey, just see how, shimmers the rivulet, To assuage your exhaustion, It has such a considerate facet.

O honey, just see how, the breeze flows, To give you breath, So that your life glows. O honey, just see how, the breeze dances, To rejuvenate you, To witness your relaxed glances.

O beloved, Nature loves all a lot, No more, no less, Irrespective of who she has got.

Irrespective of religion, race, caste, creed, Irrespective of nationality Without any vested greed

O dear, you know why? Only, for the world is hers...

– Ailina Khan B.A. (Prog.) Computer Application + Mathematics, 1st Year

## Lost in Maze

Where can I find peace, a silent cove? Where can I find love, a gentle dove? In a fractured world, a shattered shell, Where warmth and love bid a sad farewell. Everyone bears pain, Concealing it behind a veil. Afraid to share, to explain, They find themselves in vain, frail. People seem indifferent, Even as nations fiercely fight. They hesitate to extend a hand, to lend A caring check on their neighbor's plight. Is this the legacy, the tarnished prize? Is this the world painted with lies? Essence and wonder slowly erode, But hope's ember flickers, a gentle code. Amidst chaos, kindness remains, A quiet whisper that eases pains. We are the change, the hands that mend, Love's fragile flame, waiting to ascend.

Dixha Negi
 B.A. (Hons.) English
 2nd Year



# Redefining Divisions

The Earth is round and accommodates us all, Yet you draw boundaries and partition the land, Stating this is my "Motherland", But can you divide the poverty and the greed that engulfs all?

You can create divisions on the basis of race, religion and creed, Hatred, war and distrust is what you wreathe. But will you ever be able to divide the sky, The sun and the air in which together we all breathe?

Cracks that ooze with rage and distress, Yes you can divide everything, you surely can But harmony is the hallmark of humanity's progress, After all, healing others is the sign of a true man.

So, let us all come together and divide again, A division that whispers empathy as all it wants to attain. This time lets divide but divide the pain, May "Vasudhaiva Kutumbakam" be the paradise that is regained.

> – Shreya Yaday
>  B.A. (Hons.) English, 1st Year

## The Eternal Goal

There was a tree as ancient as time, From it hung a tapestry that told the tale of mankind. I looked at the threads, cosmically woven, A time-tested philosophy of unity, to uphold which man was chosen.

"The world is one family", the branches sighed, "Vasudhaiva Kutumbakam", in unison the leaves cried. In the breeze traversed the echoes of unity from far and wide, Bridging the gaps, in brotherhood we pride.

From the peaks of the Himalayas, reaching the sky, To the depths of the oceans, where mysteries lie. From the Arctic's chill to the tropics' heat, In every corner of the world, cultures meet.

Yet in our pride we have let divisions reign, We have killed our own, our brothers we have maimed. The truth of our oneness we have refused to embrace; Man himself is the reason for his fall from grace.

Hand in hand we shall walk the Earth, Celebrating differences for what they're worth. As in the dance of life we move as one, Beneath the same moon and beneath the same sun.

So, let humanity's journey premier together, To erase boundaries and break walls of fear. May the union of our spirits weave us closer yet, In the fabric of humanity let forgiveness be our debt.

We shan't forget the gashes of otherness and every heart that bled, In our repentance let us weave a new tapestry from love's golden thread. For in the tree of existence, each fibre has its role, Vasudhaiva Kutumbakam, the eternal goal.

Divya Diwan
 B.A. (Hons) English
 1st Year

## The Universal Family

Once upon a time, in a quaint village nestled amidst lush green hills, there lived a wise old man named Guruji. He was revered by all for his profound wisdom and kind heart. Guruji firmly believed in the ancient Indian philosophy of "Vasudhaiva Kutumbakam," which means "the world is one family."

One day, a fierce storm ravaged the village, leaving many homes destroyed and families displaced. Amidst the chaos, Guruji opened the doors of his humble abode to provide shelter to the affected families. He welcomed everyone with open arms, regardless of their caste, creed, or religion.

As days passed, the villagers began to rebuild their lives with Guruji's guidance. They worked together, shoulder to shoulder, supporting each other through the hardships. Slowly but steadily, the village started to flourish once again, stronger and more united than ever before.

Guruji's message of unity and compassion spread far and wide, attracting people from distant lands to visit the village and seek his wisdom. They were amazed by the harmony and camaraderie among the villagers, despite their diverse backgrounds.

One day, a traveler passing by asked Guruji, "How do you sustain such harmony in your village?"

Guruji smiled and replied, "In the eyes of the universe, we are all part of one big family. When we realize this truth and treat each other with love and respect, harmony naturally prevails."

Inspired by Guruji's teachings, the traveler returned to his homeland, spreading the message of "Vasudhaiva Kutumbakam" wherever he went. Thus, the ripple of compassion and unity initiated by Guruji continued to spread across the world, reminding everyone that regardless of our differences, we are all interconnected members of the same universal family.

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– Shreya Pateriya B.A. (Prog.) History + German, 1st Year

# Beyond the Mind to the Soul

"Now we will count till twelve and we will all keep still.", quoted from Pablo Nerudo's Keeping Quiet is an excellent effort in making humans look beyond the surface of the skin and reach into the souls of one another to have a heartful connection. An interjection by the poet for us to look above and beyond what divides us, the semantics, the echelon, the minds which have made room for all genres of hatred towards one another. This idea of acceptance is just too quixotic for us in today's era where individuals are busy conflagrating the world. The pursuit of the world's image to look picturesque not on the outside, but the inside stays too good to be true. It is a paradigm which has been passing along with the colonization, that is to divide. If you zoom in to the picture, a man who has nobody to call his own, ask him what the world feels like? It is the feeling of belongingness and brotherhood which makes life balanced. No matter the individual success, if you don't have anyone to celebrate the win with, what is the win even worth? Similar to the idea of what Nerudo said, is the idea proposed in the G20 summit organized in India, with the moto "Vasudhaiva Kutumbakam" – The world s one family, the Sanskrit way of saying what Nerudo said. As the saying goes, "Old enough to know better", stands upright. Taken from the Maha Upanishad the term "Vasudhaiva Kutumbakam", meaning that this world is one big happy family without any divisions, a world where every individual has everyone as their family, a world where not one person has to sleep the night thinking they will wake up alone. Keeping this in mind the idea for the G20 summit for the year 2023 was set as "Vasudhaiva Kutumbakam". This is a friendly hand forward showing India's agreement with the idea of oneness of the world. Not only the thought, but the nation has always been there for the other nations, be it the pandemic, be it globalization, be it development. Both the hon'ble Prime Minister Shri Narendra Modi and the Foreign Minister Dr. S. Jaishankar have said it multiple times how India has played a huge part in helping other nations in times of distress. The pandemic era where India had helped nations in providing vaccines, The operation dost where the nation sent quick relief to Turkey, the humanitarian aid to Israel and many more. The idea of unity is what has been achieved by this G20 summit held in India, which aims that "world is one family' because we all have "one earth". The term "Vasudhaiva Kutumbakam" which accounts for human existence in totality irrespective of any separative ideals, can been seen coming to existence with this summit of G20, hopefully leading us to put our differences aside, stop with the rat race for success, uncalled for sabotage, and finally rising up above not as many nations but as one family.

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Gauri Srivastav
 BA (Hons) English
 1st Year

## Vasudev Kutumbakam

India's G20 Presidency highlighted the importance of global cooperation, reflecting the ancient Indian concept of Vasudev Kutumbakam, which translates to "the world is one family." In the 21st century, this ideal is more relevant than ever. Throughout history, nations have collaborated during disasters, disease outbreaks, and civil wars. However, conflicts also plague our world. Embracing Vasudev Kutumbakam can increase cooperation and reduce suffering.

Many forms of global cooperation already exist. Trade fosters friendly relations, with nations fulfilling each other's needs. Collaboration in space exploration, pharmaceutical research, and technological advancements improves living standards globally. Additionally, joint efforts to combat climate change and conserve endangered species demonstrate the effectiveness of international cooperation. Shared experiences like natural disasters often evoke empathy and lead to humanitarian aid. Nations with warm relations offer better educational and employment opportunities for their youth, who can then collaborate on groundbreaking research projects, as exemplified by the Human Genome Project. Cultural exchange is another crucial aspect of globalization. Friendly relations allow artists to showcase their work worldwide, unlike the situation in North Korea, where access to global culture is restricted. Awards ceremonies like the Grammys and Oscars celebrate global talent, highlighting the benefits of international cooperation that extend beyond economics.

The staggering number of armed conflicts in the Middle East, North Africa, and other regions paints a grim picture. It begs the question: what if the world viewed each other as one family? Imagine the lives saved, the resources spared, and the progress achieved if nations like Israel and Russia prioritized the well-being of Palestine and Ukraine respectively. Resources wasted on conflicts could have fueled advancements in research, manufacturing, or social welfare programs.

The current arms race stands in stark contrast to the hopeful pacts formed after the Cold War. These agreements aimed for mutual support, limited nuclear proliferation, and peaceful coexistence. Unfortunately, recent events like US vetoes on ceasefires, covert arms supply to Russia, and territorial disputes between nations highlight the need for renewed commitment to these ideals. Considering each other as family fosters a sense of shared humanity, making destructive actions like war unthinkable against loved ones. This shift in perspective can be the catalyst for peaceful conflict resolution and a more secure world.

Fostering a spirit of Vasudev Kutumbakam can create a framework for international cooperation. By working together, nations can address issues like safe havens for criminals, human trafficking, and illegal migration. Improved communication and collaboration can also tackle problems like tax evasion and ensure a fairer global system. Ultimately, a world that views itself as a family can prioritize the well-being of all its members, leading to a more equitable distribution of resources and a brighter future for humanity. And henceforth we embrace the spirit of "One Nation One Family". Celebrating its unity and differences to fade.

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Deeksha Jain
 B.A. (Prog.)
 3rd Year

## Vasudhaiva Kutumbakam

'Sarve Jana Sukhino Bhavantu'- may all be happy. The Indian philosophy and moral values have always been focused on 'our' rather than 'my'. We have considered the world as one family 'Vasudhaiva Kutumbhkam', that the entire world is interconnected and all people are a part of a single global family. Originating from the Maha Upanishad "Ayam Bandhurayam Neti Ganana Laghuchetasam Udaracharitanam tu Vasudhaiva Kutumbakam", meaning - those men who discriminate saying: One is a relative; the other is a stranger. For those who live magnanimously, the entire world constitutes as a family.

And from the Hitopadesha: "Udaracharitanam tu vasudhaiva kutumbakam", meaning, 'This is my own relative and that is a stranger' – is the behind the narrow-minded; for the noble hearts however, the entire earth is one family".

The origin of this word comes from Devnagrilipi, etymologically, Vasudha i.e The Earth, Eva i.e. is thus and Kutumbhkam meaning family. It talks about peace, harmony, universal fraternity, compassion(karuna) and cooperation among people as one family beyond the measures of greed, desires and egoistic approach towards life. Working together to reform, rebound and reunite the surroundings, nature and human relations, that there is something much bigger than indulging in wars and violence, there is peace and solidarity to approach towards in life, until you are not harmed in the maintenance of peace. As we say "Ahinsa Parmo Dharma, Dharm Hinsa Tadev Cha", that non-violence is our dharma but when faced with violence, we should do what we must to protect it.

We can look back at the global financial crisis of 2008-09 also known as 'The Great Recession' which was a dismal condition around the world, where several countries were the centre of problem, but its aftermath could be seen globally. Take the case of India, when it was less integrated with the rest of the advanced economies, India still felt the repercussions of the crisis. This reflects that it's not about one person, one community or one country, it is about the whole world. Every action leaves an impact globally.

This concept was also clearly and ideally followed during the pandemic era, where it was prevalent globally, and the situation was such that everybody had their hands tied by hopelessness and abysmal effects of the spreading pandemic. It was said that 'Now is the time for unity' for the international community to work together in solidarity to put a stop on the disease and its consequences. All the rampant inequities in our world and the needless suffering were set aside and universal hope was shared amongst everyone.

India has always been a prominent member to offer support and help when required. During the pandemic, India supported more than 150 affected countries by exporting vaccines, medical help and medicines. India initiated 'Vaccine Maitri'(vaccine friendship) - A humanitarian initiative undertaken by Indian government to provide vaccines all around the world and helping rather than benefiting economically. India focused on the integral virtue of humanity that - We as one together can make great changes for the society.

All it takes is few steps, but who is willing to take the first step, is what truly matters. 'Acta non verba' to act for it rather than speaking.

India not only focuses on the country's benefit, but all of the rest of the world surrounding it. However, when we look at the Russia-Ukraine war, India supported Russia, ignoring Ukrainians of being a part of the global family.

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At times, absolute idealism of something seems impossible, just because something exists for a long time doesn't mean it is right or doesn't mean it was wrong all along. If bad things happen for a long time, we must try to stop them otherwise they start to be looked as normal or natural. We need to take conscious decisions when we look at the world as a whole. If we don't take a step in supporting other, no one will be interested in helping us. To have a holistic approach towards this value is the best way to inculcate its essence, that the earth is one big family and we must treat everyone with equal respect. To maintain the balance, in the same manner how darkness and brightness coexists, there are polar opposites in nature and in life which balances the greed, selfish desires and ambitious and respectful nature of human beings.

In recent G20 summit, we had the theme of ONE EARTH, ONE FAMILY, ONE FUTURE signifying the global unity, removing the disparities and moving forward with shared aspirations for a better future.

We have come a long way from 'Aham Brahmashasmi' (absolute oneness) to Vasudhaiva Kutumbhkam (the world is one family). We have to start working together as one, if we ignore this further, the world won't be a peaceful place anymore, rather it will be a home for riots, chaos, endemics and wars. The daily life will deteriorate and it will be too late to act against it. Things move fast. So, if we don't stop and look back at our actions occasionally, we can miss the chance to change ourselves and bring about a reform.

Words and ideas can change the world, so shape your own ideas and look for a better interconnected world for your own and upcoming generations so that this idea of 'EARTH IS ONE BIG FAMILY' can be for a better tomorrow. As we say, 'if not now, then when?'

Ayushi Bajpai
 B.Sc. Physical Science
 1st Year



# Vasudhaiva Kutumbakam

In a world vast and grand, a cosmic embrace, Where echoes of kindness find their place. Vasudhaiva Kutumbakam, a timeless decree, Unites all beings, as one we shall keep. Across oceans blue and mountains high, Underneath the same azure sky, Though lands may divide us, our spirits entwined, By a rhythm of oneness, a harmony we find. In each stranger's eye, a reflection we see, In every soul, a seed of kindness sowed. In this cosmic ballet, every soul takes its turn, Embracing the unity, for which hearts yearn. With open hearts lit by a compassionate flame, We celebrate difference, a beautiful game. A tapestry woven from cultures so bright, Embraces diversity, a unifying light. So let this truth resonate, forever be enshrined, Let love's gentle touch forever unwind. In Vasudhaiva Kutumbakam, our purpose we find, A world bound with humanity, gentle and kind.

> – Shreya Pateriya B.A. (Prog.) History + German, 1st Year

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#### Best Creative Piece in English

### Vasudhaiva Kutumbakam

"Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that."

#### - Martin Luther King Jr.

The shift in our perspective transforms how we perceive and respond to stimuli. Our Sanskrit literature has stored a treasure trove of wisdom that is beyond the idea of monetary value. The way to live a healthy, happier, and more contented life has all been laid out for us in those spectacular texts of Sanskrit literature. A worthy idea embedded in one such text that was recently highlighted worldwide through India's presidency in the G20 is "VASUDHAIVA KUTUMBAKAM," which was an effort by our Prime Minister to bring the whole world under one roof irrespective of ethnicity and race, religious, cultural, and linguistic diversities, geographical diversities, gender and sexual diversities, and so on. The effort was made in the context of universal tranquillity, which evokes the idea that all nations and people coexist peacefully, without conflict or violence, and work together for the betterment of humanity. "VASUDHAIVA KUTUMBAKAM" is found in 'Hitopadesha', which is a collection of ancient Indian fables and stories that impart wisdom and ethical values.

In today's interconnected world, where globalised goods and services are experiencing rapid growth and everyone and everything is connected, this philosophy has become a necessity.

Hans Adolf Krebs says, "The concept of evolution postulates that living organisms have common roots, and in turn, the existence of common features is powerful support for the concept of evolution." Earth as a whole is one big family where lineal relatives are not only the sapiens species but the sentient organisms too. This also urges leaders and people across the globe to take collective steps towards the preservation of ecological integrity. When one sees the Earth as its own family by cultivating a proprietary consciousness, one will also start taking care of it.

Together, "VASUDHAIVA KUTUMBAKAM" illustrates the magnificence and prowess of our illustrious civilisation and its vast reservoir of knowledge. Ancient Indian texts like the Maha Upanishad also ornately craft attention towards the oneness of all living beings and the interconnectedness of humanity. The verse in Ch. VI of the Maha Upanishad goes on:

#### अयं निजः परो वेति गणना लघुचेतसाम्। उदारचरितानां तु वसुधैव कुटुम्बकम्।।

The shlokas say that those who have no attachments go on to find Brahman, the one supreme, universal spirit that is the origin and support of the phenomenal universe. The notion of ownership, delineating 'This individual belongs to me, while that one does not,' is a construct confined to the narrow-minded, indicative of those entrenched in ignorance and dualistic thinking. Conversely, individuals of virtuous character, attuned to the Supreme Truth, perceive the entire world as a unified family – a singular entity



bound by interconnectedness and shared humanity. The significance of terms like 'family' should be interpreted within the framework of the Upanishadic discourse, which elucidates the character of an individual who has attained enlightenment, transcending the complexities of worldly existence. The mantras of the Upanishads are not expressions of geopolitical or socio-cultural ideologies; rather, they convey fundamental truths.

Those who confine their concern solely to their interests are narrow-minded, while those with generous hearts recognise the entire world as one family.

The Tamil poet Kanian Poongundranar, writing 2500 years ago, expressed a sentiment akin to 'Vasudhaiva Kutumbakam' from the Purananuru, part of the Sangam literature:

#### "Yathum Oore Yavarum Kelir" 'Every place is my hometown; everyone is my kith and kin.'

It is noteworthy that this truth was not merely discovered but deeply understood and articulated by the ancient seers and sages, who are akin to scientists of their time. Their findings were documented in the Upanishads, which served as the cornerstone of Sanatana Dharma. Their teachings were freely imparted with care and affection to their students, as they did not consider themselves the sole proprietors of this knowledge. Rather, they saw it as a revelation that emerged when their sense of individual identity dissolved, transcending any notion of ownership or intellectual property rights.

Consider this perspective: When the "I" within me transcends the consciousness of my body-mind and merges with the entirety of existence, what remains is ineffable. There exists no answer to this inquiry; the closest comparison lies in the profound state of dreamless sleep. In this realm, distinctions dissolve, irrespective of status, identity, or intellect. Only an undeniable truth persists – the essence of existence itself. This essence, often referred to as "beingness" or "existence," is encapsulated by the Sanskrit term "sat." The Taittiriya Upanishad expounds further, describing it as "beingness," "knowingness," and "infiniteness," reminiscent of the depth of deep sleep and the expanse of space. Yet, beyond these descriptors, the essence defies precise definition. Brahman serves as a signpost towards this elusive truth. Amidst the myriad philosophical doctrines, Advaita Vedanta stands alone in proclaiming the sole existence of Brahman, denying any duality. To perceive multiplicity is merely an illusion. The profound wisdom of the Indian tradition urges us to recognise that apparent distinctions and divisions are akin to fleeting reflections in a mirror. Attempting to eradicate these illusory images is as futile as trying to bulldoze a mountain reflected in glass. By discerning the falsehood of multiplicity, one attains the clarity of unity – a state known as smyagdrishti, or perfect perception. This perception of oneness reveals the understanding that Vasudeva, the essence of existence, resides at the core of all beings once the yeils of illusion are pierced through.

The popular 'BHAGVAD GITA' calls the Vasudhaiva Kutumbakam adage of the Maha Upanishad "Loftiest Vedantic Thought". From verse VII-19:

यस्तु सर्वाणि भूतानि आत्मन्येवानुपश्यति। सर्वभूतेषु चात्मानं ततो न विजुगुप्सते।।

He who perceives the interconnectedness of all beings within the self and sees no distinction between them does not harbour any animosity stemming from such realization. This epitomises the pinnacle of unity, where there is no room for hatred as everything is perceived as an extension of the self. This profound understanding reflects the ultimate truth, encapsulated in the ancient Sanskrit phrase, 'VASUDHAIVA KUTUMBAKAM' – the world is one family. This sentiment transcends mere societal peace and harmony; it beckons humanity to embrace the concept of global kinship. By embracing and embodying this principle in our daily lives, we hold the potential to transform our world into a harmonious sanctuary. However, in our complacency induced by the false security afforded by modern technology, we often overlook the fragility of life on this planet. While we casually prepare our meals in microwave ovens, we neglect to acknowledge that our sustenance originates not from the supermarket but from a distant star that provides energy to the plants nourishing us and the animals alike. Whether we acknowledge it or not, we are integral components of a delicate ecosystem upon which we all depend and bear responsibility. With each extinction of an animal species, we diminish not only our collective biodiversity but also jeopardise our survival, eroding a vital aspect of our interconnected existence.

All in all, "ONE EARTH, ONE FAMILY, ONE FUTURE" promotes conscientious consideration for the welfare of others, cultivating a sense of global solidarity and accountability across a spectrum of issues encompassing climate change, sustainable development, peace, and the celebration of diversity.

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Muskan Deswal
 B.Sc. (Hons) Physics
 2nd Year



### Die Welt

Die Welt ist zu groß für uns Nein, zu klein Die Welt erwartet zu viel von uns Oder es ist mich?

Ich kenne nicht, aber das ich kenne nicht ich will dich Willst du mich? Diese Welt ist zu groß für mich

Es ist in Ordnung, wenn Sie es nicht tun Schließlich ist diese Welt mein Liebhaber Und ich liebe es

Ein Ozean von Menschen Ein Wald voller Nahrung Und eine Palette Kultur

Die Welt ist zu groß für uns, aber sie gehört uns.

Anushka Navetia
 B.A Programme
 III Year (English & German)

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### Gewürzduft in Münchenluft

Durch Delhis belebte Gassen sie wandelt, den Duft der Gewürze einatmend, gelangt sie auf ordentliche Pfade Münchens, wo sich mischt der bayerischen Küche Duft, eine einzigartige Verschmelzung.

Als indisches Mädchen weg zur deutschen Tür hin, die Ideen austauschen auf Englisch, Hindi und Deutsch, die Länder vereinen, die Bindungen erneuern. Die Sprachen sind verschieden, doch klar genug, um sich zu verstehen.

Sie weiß, die Natur liebt Vielfalt und nicht Diskriminierung oder Ungleichheit. Im Lachen der Kinder, im Puls unseres Herzens, im Tanz des Seins, keine Grenzen, keine Ansprüche an Gebiete. Die Erde ist eins, die Sonne ist eins, die Welt ist eine Familie, ein universalles Flehen.

> – Lavanya Gaur B.A Program II Year (English & German)

#### "Vasudhaiva Kutumbakam"

"Vasudha", die Erde, weit und breit, Eva, die Einheit, ohne Streit.
"Kutumbakam", die Familie, gebunden durch Liebe, in jedem Herzen.
Gemeinsam stehen wir, Hand in Hand, über den Meeren, über dem Land.
Eine Welt, eine Familie, das ist klar, in jedem Augenblick, überall, das ist wahr.
Durch Freude und Leid, wir sind vereint, mit Freundlichkeit und Empathie, das ist fein.
Denn im Muster des Lebens großen Plans, sind wir verbunden, Frau und Mann.
Lasst uns diese göttliche Wahrheit bewahren, dass die Welt ist eine, ein heiliger Garten.
Mit "Vasudha", Eva, Kutumbakam sehen wir die Einheit der Menschheit, das hier ist.

Astha Khare
 BA (Programme)
 II Year (German+Political Science)



# Eine Welt, eine Familie, eine Zukunft, aber

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Wir rufen die Parole eine Welt, eine Familie, eine Zukunft Verstehen wir sie aber Wir meinen in Vielfalt geeint zu sein Es gibt so viele Feiertage als Beweis Feiern wir, aber alle Feste geeint? Wir meinen wir eine Welt haben fliegen und reisen überall, alles globalisiert Sind unsere Grenzen aber frei? Wir meinen eine Familie zu sein Spenden Lebensmittel sowie Impfstoffe im Lockdown

Sind unsere Häuser aber ohne Türen?

Wir meinen eine Zukunft zu haben
Luft- und Wasserverschmutzung, Elektrowagen und CNG
Kann jeder aber reines Wasser kaufen?
Wir sind auf unseren Gedanken stolz,
deswegen ist alles friedlich zu Hause
Ist es aber so?
Wir rufen die Paroleeine Welt, eine Familie, eine Zukunft
Es wird garantiert
Wie bezahlen wir aber?

– Mehak Talwar BA Programme (German and Psychology) Batch: 2005-2008

#### Die Welt ist eine Familie

"Für den, in dem die Liebe wohnt, ist die ganze Welt eine Familie". Buddha sagte diese Worte vor langer Zeit, aber sie sind immer noch so wahr wie damals. "Vasudhaiva Kutumbakam" ist ein solches Konzept, das seine Wurzeln im alten Indien hat. Es ist ein Ausdruck in Sanskrit, der in hinduistischen Texten wie der "Maha-Upanishad" vorkommt und bedeutet, dass die Welt eine Familie ist. Dieser Begriff wurde kürzlich vom indischen Premierminister Narendra Modi in seinen verschiedenen Reden vor den Vereinten Nationen verwendet und war auch das Thema des letztjährigen G20-Gipfels in Neu-Delhi.

Aber was bedeutet "Vasudhaiva Kutumbakam" wirklich? Wie genau wird die Welt zur Familie? Es ist eine wichtige und auch schwierige Frage. Aber die Schwierigkeit liegt nicht in der Antwort, sondern in der Umsetzung. Es besteht weitgehend Einigkeit darüber, dass die Welt nur dann ein besserer Ort sein wird, wenn wir alle in Harmonie und Frieden zusammenleben. Wenn die reichen Nationen den armen helfen. Wenn die Reichen den Armen etwas spenden. Wenn Technologie und Grundbedürfnisse wie Nahrung, Unterkunft, Kleidung, Bildung, Gesundheit und sanitäre Einrichtungen für alle verfügbar und zugänglich sind. Wenn die Umwelt nicht durch die großen Fabriken verschmutzt wird und die Ressourcen der Mutter Erde nicht von ihnen geplündert und ausgebeutet werden. Wenn Tiere nicht nur zum Spaß oder aus Geldgründen getötet werden. Wenn weniger Bäume gefällt und mehr Bäume gepflanzt werden. Nur wenn jeder seinem eigenen Streben nach Glück nachgehen kann, wird die Welt ein besserer Ort. Und was macht eine Familie? Eine Familie hilft jedem einzelnen Mitglied, seine Ziele zu verwirklichen. Jedes Familienmitglied hilft und unterstützt das andere in Zeiten der Not. Eine glückliche und erfolgreiche Familie ist eine Familie, in der alle Mitglieder glücklich sind und in Frieden leben. Eine Familie kann nicht wirklich glücklich sein, selbst wenn nur ein Mitglied unglücklich ist. Das Leiden eines Mitglieds wirkt sich negativ auf die gesamte Familie aus. Dasselbe gilt auch für die Welt. Wir können nicht wirklich glücklich sein, wenn nur einige von uns alles haben, was sie wollen, und die meisten von uns nichts haben.

Was wir tun müssen, ist zu erkennen, dass wir alle zusammen auf dieser Welt sind und dass wir alle voneinander abhängig sind. Wir müssen verstehen, dass wir nicht glücklich sein können, wenn nur ein Teil der Welt den Luxus genießt und der andere sich sogar um das Nötigste fürchtet. Der einzige Weg zu einem glücklichen Leben führt über Frieden und Harmonie. Die ganze Welt wird ein Paradies sein, wenn wir aufhören, über unbedeutende Belange wie Landesgrenzen und Geld zu streiten. Stattdessen sollten wir uns gegenseitig helfen. Wenn wir uns weiterentwickeln wollen, müssen wir uns gemeinsam weiterentwickeln. Andere zu zerstören macht einen nicht weiterentwickelt, aber auf lange Sicht zerstört es indirekt uns alle. Wir müssen verstehen, dass der Krieg niemandem den Sieg bringen wird, aber wir alle werden verlieren. Diese Erde gehört uns allen und wir alle gehören dazu. Daher ist es unser Zuhause und wir sind alle eine Familie.

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 – Preeti Choudhary BA Programme
 III Year (German & Political Science)

#### Warum wir sollen "Vasudev Kutumbukam" zu übernehmen

Wie kämpft die Welt? Krieg, Gewalt und Ausbeutung noch gegen einander. Die indische Philosophie von "Vasudev Kutumbakam" erscheint nur die einzige lösung zu sein, die wachsende Intoleranz in unserer Welt gegen andere Menschen und auch Naturwesen lösen kann. Das Schlagwort "Vasudev Kutumbakam" bedeutet die ganze Welt ist eine Familie. Es stellt alle Naturwesen: alle Menschen ohne Rücksicht auf Genus, Rasse, Ethnizität und Klasse, Pflanzen und Tiere unter gleichem Level und behandelt alle als eine Familie. Das Schlagwort evoziert die Stimmung von Akzeptanz, Gemeinsamkeit und Brüderlichkeit.

Diese Philosophie fördert nachhaltige Beziehung ohne Ausbeutung. Sie zielt Empathie, Freundlichkeit zu pflegen, Frieden zu fördern und Diversität zu feiern. Davon können wir einen wichtigen Punkt lernen, dass die Erde unsere Heimat ist und wir globale Bürger sind.

- Rupa Dangwal (English & German) Batch : 2021-2023



### Die Leinwand der Einheit: Wir feiern "Vasudhaiva Kutumbakam"

Im Teppich unserer gemeinsamen Menschlichkeit, hell gewebt, "Vasudhaiva Kutumbakam", ein leitendes Licht. Grenzen verblassen, Spaltungen lösen sich in seiner Umarmung auf, Die Symphonie der Einheit, die Gnade der Menschheit.

Von den Gipfeln des Everests bis zum Sand von Timbuktu, Eine Familie, eine Erde, unter dem strahlenden blauen Farbton des Himmels. Sprache, Kultur, Glauben; sie können sehr unterschiedlich sein, Doch in jedem Herzen lebt das Band der Liebe.

In diesem globalen Dorfhaus soll Freundlichkeit unser Credo sein, Denn in der Umarmung des Mitgefühls finden wir alles, was wir brauchen. "Vasudhaiva Kutumbakam", lass es unser Ruf sein, Alle zu schätzen, zu beschützen und zu umarmen.

> – Shreya Mavi BA Programme II Year ( German + Political Science)

### "Vasudhaiva Kutumbakam": The whole world is one Family .

Im Teppich der Existenz verflechten sich Fäden, "Vasudhaiva Kutumbakam", eine göttliche Wahrheit. Von den Gipfeln des Himalaya bis zum Schaum der Ozeane, eine Welt, eine Familie, wir nennen unser Zuhause. Grenzenlose Küsten und ferne Länder in der Ferne, Vereint im Rhythmus eines kosmischen Sterns. In jedem Herzen blühen die gleichen Träume, in jeder Seele schlummern die gleichen Hoffnungen. Mit offenen Armen und leuchtenden Herzen, Wir umarmen die Welt, wir zeigen Zusammengehörigkeit. Keine Grenzen, nur die Umarmung der Liebe, in dieser globalen Familie finden alle ihren Platz. Lassen Sie Freundlichkeit unsere Sprache sein, Empathie unser Leitfaden, Auf der Reise des Lebens, Seite an Seite. Denn in der Einheit wächst die Stärke, als eine menschliche Familie, unter demselben Himmel. Lasst uns also dieses erhabene Mantra schätzen, "Vasudhaiva Kutumbakam", durch Raum und Zeit. Denn in der Einheit der Herzen finden wir unseren wahren Reichtum, In der Familie der Menschheit, gebunden durch die Heimlichkeit der Liebe.

– Shreya Pateriya
 BA Programme

II Year (German & History)



#### Best Creative Piece in German

#### "Vasudhaiva Kutumbakam": Die ganze Welt ist eine Familie.

Ich bin eine Blume, wir sind zusammen ein Baum, Wir können zusammen glücklich sein. Dies ist mein Traum. Und muss auch dein sein.

Wie Vögel, die hoch am selben Himmel fliegen, Sie treffen sich und feiern bei jedem Wind, So können wir glücklich sein. Können wir nicht?

Weit draußen im Wald gibt es so viele Tiere unterschiedlicher Art, die alle kampflos glücklich miteinander leben. So können wir glücklich sein. Können wir nicht?

Warum über den Hass auf eine Sache nachdenken, Wenn es doch so viel Glück auf dieser Welt gibt? Nutzen Sie die Chance und lassen Sie die Traurigkeit hinter sich. Kommt!.. lass uns "Vasudhev Kutumbakam" werden. Hände in Händen, Lächeln über Lächeln, Wir sollen als Familie zusammen sein und kilometerweit laufen. So können wir glücklich sein. Können wir nicht?

Lasst uns mit Liebe und Mitgefühl zusammen sein und den Traum von "Vasudhev Kutumbakam" wahr werdenlassen....

Das sollten wir tun, denn wir sind unterschiedlich und nicht getrennt, wir sind alle eine Familie, das habe ich gelernt.

So können wir glücklich sein. Können wir nicht? Wir sind ,,Vasudhev Kutumbakam", da wir alle eine Familie sind.

#### – Shreya

BA Programme III Year (German & Political Science)

#### Die Welt als eine Familie: Kooperation als Schlüssel

*"Wir leben alle unter dem gleichen Himmel, aber wir haben nicht alle den gleichen Horizont."* 

(Konrad Adenauer)

In einer Welt, die von Krisen erschüttert wird, steht die Menschheit vor einer entscheidenden Wahl: Entweder wir ringen weiterhin im Konflikt miteinander oder wir erkennen, dass unsere Stärke in der Zusammenarbeit liegt.

Indiens Übernahme der G20 Präsidentschaft ist ein lebendiges Zeugnis dafür, dass Kooperation der Schlüssel zu einer harmonischen Zukunft ist – eine Zukunft, die von Synergie, Sicherheit, Wachstum und Nachhaltigkeit geprägt ist.



Die G20, eine Vereinigung von 80% des globalen BIPs und 60% der Weltbevölkerung, ist mehr als nur eine politische Versammlung. Sie ist das pulsierende Herz der multilateralen Kooperation. Unter dem inspirierenden Motto "Vasudhaiva Kutumbakam" - Eine Erde. Eine Familie. Eine Zukunft. - erhebt Indien seine Stimme, um die Welt daran zu erinnern, dass wir alle Teil derselben Familie sind und gemeinsam die Verantwortung für unseren Planeten tragen.

Indiens Präsidentschaft in der G20 ist wie ein kraftvoller Sonnenstrahl in einer düsteren Welt. Sie bringt Licht in die dunkelsten Ecken, indem sie Synergien zwischen den Nationen fördert. Indien fungiert als Vermittler zwischen dem Globalen Norden und Globalen Süden, indem es die Stimmen derjenigen, die oft übersehen werden, hervorhebt und eine Allianz für gemeinsame Lösungen schmiedet.

Doch die Präsidentschaft Indiens ist nicht nur eine Frage der Diplomatie, sondern auch der Sicherheit. Angesichts der wachsenden globalen Herausforderungen spielt die G20 eine entscheidende Rolle bei der Förderung der Sicherheit. Indien und andere Länder des Globalen Südens nutzen diese Plattform, um gemeinsam Strategien zur Bewältigung von Sicherheitsbedrohungen zu entwickeln und die Grundlagen für eine friedliche Welt zu legen.

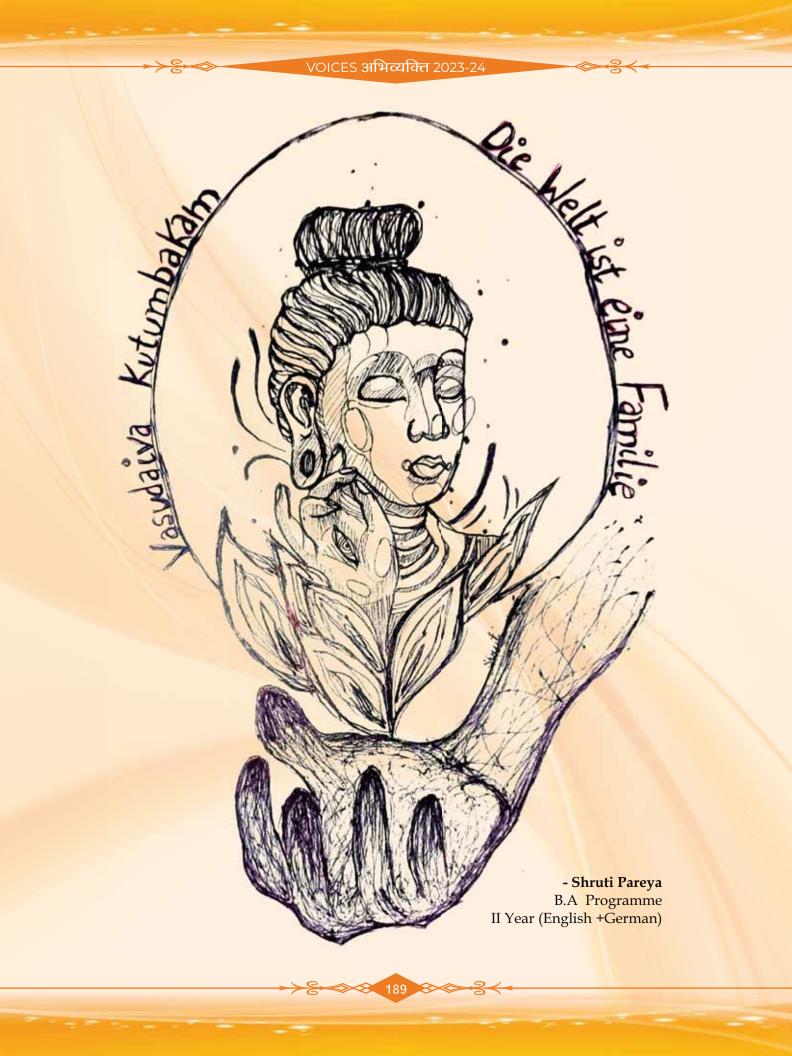
Die G20 ist auch ein Ort des Wachstums und der Innovation. Indien, als leuchtendes Beispiel für aufstrebende Wirtschaften, setzt sich für eine inklusive und nachhaltige Entwicklung ein. Durch die Förderung von digitaler Inklusion und die Stärkung der globalen Wertschöpfungsketten strebt Indien nach einem Wachstum, das nicht nur die Wirtschaft, sondern auch die Gesellschaft insgesamt stärkt.

Und schließlich, in einer Welt, die von der Klimakrise bedroht wird, betont die G20 die Bedeutung der Nachhaltigkeit. Indien setzt sich dafür ein, die Ziele für nachhaltige Entwicklung (SDGs) zu verwirklichen und einen verantwortungsvollen Lebensstil für die Umwelt zu fördern. Durch die Umsetzung von Lifestyle for Environment (LiFE) zeigt Indien, dass ein nachhaltiger Lebensstil nicht nur möglich, sondern auch notwendig ist, um unsere Erde zu schützen.

In einer Zeit, in der die Welt auseinander zu brechen droht, ist die Botschaft von Indiens Präsidentschaft klar: Zusammen können wir alles erreichen. Unsere Stärke liegt in unserer Einheit und unsere Zukunft hängt davon ab, ob wir bereit sind, gemeinsam für eine bessere Welt einzutreten, denn am Ende des Tages sind wir alle Teil derselben Familie - und gemeinsam können wir Großes bewirken.

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Bachelors with Honors in Economics (2013 - 2016)



# DIE GANZE WELT IST EINE FAMILIE



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बदलाव	बेच
भर गया शहर, खाली हो गया गांव का हर पहर, वो गांव की चहल पहल, रिश्तों का बंधन, अब बन गया है बस कहर। शहर चले गए कमाने को, साथ ले गए जमाने को। चले गए शहर की तरक्की देख कर, न देखा उन रिश्तों को वहां से लौटकर।	एक ही मुद्रा में विविध कोई विलासिता, कोई जो शिष्टाचार से बचत वह बाजार में अपनी सी
शहरीपन का चस्का ऐसा लगा, अपना हर रिश्ता पिछड़ा हुआ लगा। बीते वादे, बीती यादें, आज महज बस किस्सा लगा, आपस में घुल मिलकर रहने वाला मूर्ख लगा। पर मनुष्यता दिखाने में कैसा जोर लगा, कैसी आधुनिकता है, रिश्ते कमाने वाला नीचा और पैसे कमाने वाला अमीर लगा।	बिन कपड़ों के जिसक वह शख्स सर्दी में गर्मा अपनी मेहनत को तवे वह लज़ीज़ जायकों क
– शालू	

चता है

सौदे करता. द्वार का सपना बेचता। ता. सीमाएँ बेचता ।

ग तन. र्गहट बेचता । पर तपता. का संसार बेचता।

> – शिवानी बी. ए. हिन्दी विशेष तृतीय वर्ष

बी. ए. हिन्दी विशेष तृतीय वर्ष



VOICES अभिव्यक्ति 2023-24

# प्रतीक्षा कश्ती आपके घर की चौरवट

भारत माँ के वीर सेवकों.

सबसे पहले, आपको मेरा प्यार भरा नमस्कार और ढेर सारा प्यार । आशा करती हूँ कि आप वहाँ सकुशल होंगे । मैं आपके घर की चौखट पर हर महीने की आखिरी तारीख को आपके आने की आस लगाए बैठी रहती हूँ। पता है, जब कोई पोस्टमैन आपका संदेश लेकर मुझ तक आता है, तो मैं आपका भेजा हुआ संदेश सूनने के लिए कितनी उत्सूक रहती हूँ और जब कोई दरवाज़े पर दस्तक देता है, तो लगता है जैसे आप एक लंबी छुट्टी लेकर घर लौटे हैं, फिर आपको न देखकर मैं निराश हो जाती हूँ। जानती हूँ कि आपको भी मेरी और अपने घर की उतनी ही याद आती होगी और चिंता भी होती होगी, लेकिन आप चिंतित न हों, हम सब यहाँ सकुशल हैं। हाँ, बस जब आपकी याद आती है, तो कभी–कभी हम सब निराश हो जाते हैं। मुझे हर त्यौहार पर आपके आने की प्रतीक्षा रहती है। जब दिवाली आती है, तो लगता है जैसे एक दीया आपके हाथों से भी मुझ <mark>पर रखा होता, तो कितना अच्छा होता। परंतु आपको भारत माता की सेवा के लिए समर्पित देख मुझे आप पर बहुत गर्व भी</mark> होता है। अब बस इतना ही कहना है कि जल्दी ही आप एक लंबी छुट्टी लेकर घर आएँ और हाँ, आते हुए अपने साथ एक छोटा सा झुमर भी लाएँ और अपने हाथों से मुझ पर लगाएँ | आशा है कि आप जल्दी लौटेंगे | तब तक के लिए, आपको मेरा प्रणाम ।

> - सिमरन द्वितीय वर्ष बी. ए. हिन्दी विशेष

# एक भीड़

मैंने एक भीड़ देखी, अनगिनत चेहरे, अनकही कहानियाँ, नन्हें पांव, बचपन की वो मासूम बयानियाँ। महिलाएं, अपनी आबरू को बचाती, बुजुर्गों की आँखों में बीते कल की झलक पाती।

विपरीत इस दुनिया के, जहाँ इमारतें छूती हैं आसमां, और झोपड़ियां बिछाती हैं धरती पर अपनी शान। क्यों इस भीड़ में, खो जाता है इंसानियत का निशान? अमीरी और गरीबी के इस खेल में, किसका होता है मान?

एक छोटी सी आवाज़, "कुछ पैसे दे दो," मेरे दिल को छू गई, वो बालक की मासूमियत की गूंज। समाज के इस दोहरे चेहरे में, खोजती हूँ मैं एक सूझ, क्या सच में, इस तरक्की में, छुपा है गरीबी का मूल्यहीन रूझ?

हम सभी एक ही धरा के वासी, फिर क्यों यह भेदभाव की राशि? क्या यही है हमारी संस्कृति की परिभाषा? या फिर हम खोजेंगे एक नई आशा?

– अंजली पाल
 बी. ए. हिन्दी विशेष
 तृतीय वर्ष



जिंदगी, एक अजीब सा सफर है। हर कदम पर नया रंग, हर मोड़ पर नया सफर है। कभी खुशियों की हंसी है, कभी दर्दों का अम्बर है, कहानियों की एक झड़ी है, हर अक्षर में एक नया विचार है। कविता के शब्दों में, एक अनजानी सी बात है। ध्यान से सुनो, हर शब्द में एक अनोखी जान है।

> – पूजा यादव बी. ए. हिन्दी विशेष प्रथम वर्ष

# हमारी सुरक्षा?

हम सुरक्षित हैं, कहना आसान है, उन दरिंदों से, जिनकी दरिंदगी जगजाहिर है। सज़ा का वादा हर बार इन लबों पे सजता है, फिर भी, अंधेरे में क्यों न्याय का दीपक बुझता है?

हम सुरक्षित हैं, यह विश्वास करना कितना मुश्किल है, जब दरिंदगी के खिलाफ, हमारा संघर्ष अभी अधूरा है। वे कहते हैं, न्याय का चक्र घूमेगा, पर इस चक्र की गति में, विलंब क्यों रूकेगा?

शर्मिंदा हूँ, कि सुरक्षा का आवरण छलावा है, उन दरिंदों के आगे, जिनकी दरिंदगी ने आस छलनी की है। सजा की असमर्थता, न्याय के पथ पर बाधा है, क्या यही हमारे समाज का सच्चा स्वरूप है?

हम सुरक्षित नहीं, यह सत्य स्वीकारना होगा, जब तक दरिंदगी का अंत नहीं, तब तक लड़ाई जारी रहेगी। न्याय के लिए आवाज़ उठानी होगी, तभी तो सच्चे अर्थ में, हम सुरक्षित कहलाएंगे।

> — **श्रुति** बी. ए. हिन्दी विशेष तृतीय वर्ष

#### औरत

एक औरत... वह मकान को घर बनाती है, अपने कई सपने उन्हीं दीवारों में दफनाती है। वह अपने बच्चों पर प्राण न्योछावर करती है, पति की अर्धांगिनी, आदिशक्ति बन जाती है। उसे ज्ञान कहो, तो सरस्वती है, समय आने पर दुर्गा भी बन जाती है। अपने कई सपनों को आंसुओं में बहाती है, एक औरत... वह मकान को घर बनाती है।

> — **रशिम** तृतीय वर्ष बी. ए. हिंदी विशेष

### कब शै?

दीर्घकाल बाद जब सूरज ने दर्शन दिए, विचार आया, सूरज के रंगों का जादू कहाँ खो गया? बंद दीवारों में सिमटी, कैसे तस्वीर बन गया? प्राकृतिक आवरण कब इन सख्त इमारतों में ढल गया?

रोशनी की ये कृत्रिम चमक, रातों की मीत थी, कब दिन के उजाले को चूनौती देने लगी? वह हवा जो वृक्षों को गीत सुनाया करती थी, क्यों अब उन्हें झूलसाने पर उतारू हो गई?

मिट्टी, जो कभी विस्तार पाती थी मीलों तक, कैसे गमलों में सिमट कर रह गई? प्रकृति के आभूषण, फूल, क्यों अब संरक्षित हैं? और सितारे, जो साथी थे, धूंध में क्यों खो गए?

बारिश का गीत अब विनाश का संगीत बन गया. छतों को तरसाने वाला, अब तबाही लाता है। कवियों की प्रकृति रचनाएँ, अब समझ आती हैं, मानव की उड़ान ने, प्रकृति को कैसे छोड़ दिया।

> – अनंता बी. ए. हिन्दी विशेष प्रथम वर्ष

### हरियाली

हरियाली की रानी, वसंत वर्षा में सजती, मन को लुभाती, प्रकृति का संगीत बजाती। पुराने पत्ते गिर, नव जीवन में बदलती, सौंदर्य से भरपूर, दुल्हन सी सजती।

मानव, क्यों विनाश के पथ पर अग्रसर? हरियाली तो जीवन के सप्तरंग दर्शाती। मधूमक्खियाँ, पतंगें, इसकी सूगंध में बहती, फूलों का अमृत, सबको सुखद आनंद देती।

खुशहाली का संदेश लाती हरियाली, जीवन में रंग भरती, सातों रंग सजाती। <mark>हरियाली का जादू, हरियाली का संगीत,</mark> आइए, संरक्षण की इस धून को अपनाएं।

> – কशিश बी. ए. हिन्दी विशेष प्रथम वर्ष



समय

मिट जाती हैं हस्तियां बदल जाती हैं परिस्थितियां. क्योंकि समय बलवान है। न रुकता है समय, न झुकता है समय, क्योंकि समय बलवान है। जो नहीं करता समय का ध्यान. समय मिटा देता है उसका मान. क्योंकि समय बलवान है। जो करता है समय का मान, समय बढाता है उसका स्वाभिमान. क्योंकि समय बलवान है।

> – हिमानी नरवाल त्तीय वर्ष बी. ए. हिन्दी विशेष

### एक दफा की बात है...

मेरी गुलाब से दोस्ती थी, मतलब कांटों से भी दोस्ती थी। बगीचे में कई फूल खिले हुए थे, मगर हाथों ने तो उस अलग मिजाज से दोस्ती की। जानते हुए भी हम रोज अंजान बने रहे, सोच कर के पतझड़ के मौसम में चमन—ए—बहार से दोस्ती की। खैर, ये बदलाव मौसमी था...... वो तो एक झोंके की तरह आकर बहक गया, मुझे कम्बख्त इन साँसों ने फिर उसकी महक से दोस्ती की। वक्त बीता, कई मौसम बदले, हवाओं ने फिर अपने रुख बदले। यानी ये मुकम्मल कहानी भी अधूरी थी, फिर कुछ बूंदें बरसीं, शायद मेरे ही शहर में। और इस दफा हमने फिर बरसात से दोस्ती की, इस तरह कई रातें उस बरसात के शोर में बीतीं। मगर मसला ये था कि अब मैंने पुरानी यादों से दोस्ती की। यादों ने फिर कुछ यूँ घेर लिया मुझको, मैंने भी फिर कलम और किताबों से दोस्ती की। और कलम तो दोस्त बन चुकी थी मेरी, तो बस फिर अपने शायराना मिजाज से दोस्ती की। अब लोग पूछते हैं, मेरी गलतियों का हिसाब, क्या खास बात है? क्या साथ अपने तुमने कोई सख्ती की? एक दफा की बात है... मेरी गुलाब से दोस्ती थी।

> – नियाशा बी. ए. हिन्दी विशेष तृतीय वर्ष

<del>≻≻हि×≫≫⊗≫~3≺≺</del> प्रतीक्षा

आज मन में आया, क्यों न कुछ लिखा जाए, फिर विचार आया, क्यों न धैर्य धरा जाए। प्रतीक्षा, वह तो हमें आती ही नहीं, जो चाहा, वह कभी समय पर मिला ही नहीं।

सोचा तो जीवन ही प्रतीक्षा का सिलसिला है, उस पल की, उस एहसास की, जब मन शांत हो, और स्मृतियाँ दूर हों। अपने विचारों में इतना खो जाएं, कि दुनिया की यादें हमें छू भी न पाएं। प्रतीक्षा... अह, वह करना तो हमें आया ही नहीं, पर जो चाहा, वो भी कभी सही समय पर पाया नहीं।

> हिमानी नरवाल बी. ए. हिन्दी विशेष तृतीय वर्ष

### मेरे सपनों की ढुनिया

मेरे सपनों की दुनिया में होगी सुहानी बारिश, ऐसी बारिश जो किसी के घर को न बहाए. न आए उसके आने से बाढ | न हो जल बचाने की चिंता. न हो प्रदूषण का नाम। मुस्लिम, हिंदू में हो भरपूर प्यार, दंगा, लड़ाई, झगड़ा जैसे नाम कभी सूनाई न दें। न हो किसी की तबीयत खराब, अस्पताल बनाने की जरूरत न पडे! बेटी की इज्जत करे जमाना, रहे सुरक्षित वह सुबह–शाम। स्वच्छ वातावरण रहे हमेशा, हमें न पड़े बाबू क्लीनर की जरूरत, ना मरे गरीब दूषित भोजन से ना अमीर और गरीब हो कोई। जाति, पात क्या है, न जाने जमाना इसे, पेडों की हरियाली से रहे सभी का मन साफ, पूरब पश्चिम से लेकर उत्तर दक्षिण तक सभी रखें इंसान इंसान का ध्यान। जानवरों से करें प्रेम मेरे सपनों की दुनिया में,

जिसमें रहे सभी खुशहाल! माता–पिता रहें हमारे साथ, न हो इन्हें खोने का डर, न करें इनका अपमान। बहन भाई में हो प्रेम अटूट, करें एक दूसरे का सम्मान, सभी देशों की लड़ाई हो जाए खत्म, देश दुनिया में रहे सभी शांत! ना भाषा हो किसी की अलग, ना अलग हो दिल और जान। करना न पडे महिलाओं को सशक्त, करें वह सभी सपनों को सच! कर सकें वह अपना हर काम, न रहें इंसान मशीन पर निर्भर करें वह खुद अपना काम। न करें आत्महत्या कोई इंसान दुनिया के हर से, <mark>न करें को</mark>ई किसी का शोषण, ना भविष्य की चिंता से हो इंसान परेशान। बस यही हो मेरे सपनों की दुनिया में काम!

> — **सना परवीन** बी. ए. हिन्दी विशेष प्रथम वर्ष



# शिक्षा और शिक्षक

शिक्षक शिक्षा के सागर हैं, ज्ञान को वे बराबर बांटते हैं। शिक्षक से हमें मिलता है ज्ञान, शिक्षा से मिलती है एक पहचान। जीवन का आधार है शिक्षा, खुशहाली का भंडार है शिक्षा। जहां शिक्षा है, वहां सुख है, बिना शिक्षा के पूरे जीवन में दुख है। शिक्षा वह कड़ी है, जिसने जादू की छड़ी चलाई है। शिक्षक शिक्षा के सागर हैं, ज्ञान को वे बराबर बांटते हैं। शिक्षक हमें शिक्षा देते हैं, फिर हमारी परीक्षा लेते हैं। मेरे शिक्षक बहुत हैं सारे, हम सबके जीवन को संवारते हैं।

शिक्षक शिक्षा के सागर हैं, ज्ञान को वे बराबर बांटते हैं।

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शिक्षक वही हैं जो जीवन की राह दिखाते, उन्नत रास्ते पर हमें चलना सिखाते। शिक्षा है शिक्षा का सागर, ज्ञान को <mark>यह बराबर बांटती है।</mark>

> जन्नत फरजाना नाहिद द्वितीय वर्ष बी. ए. हिंदी विशेष

# कठपुतली का खेल

<mark>"मनोरंजन और शिक्षा</mark> का मेल, आओ दिखाऊं कठपुतली का खेल।"

तमाशा शुरू होने पर गाना बजता है,

"तना न न तना तना... यह रोशनी के साथ क्यों धुआं उठा चिराग से, ये ख्वाब देखती हूँ मैं, कि जाग चुकी हूँ ख्वाब से..."

हम सभी मंच पर आ चुके थे, किन्तु मेरे मन में, हमेशा की तरह, अंतर्द्वंद्व चल रहा था। "कैसे सही से नाचूं?" "क्यों दर्शक मुझे देखकर हँसते नहीं?" मेरे मन में अनेकों प्रश्न थे। अन्य प्रवीण कठपुतलियों की तुलना में, मेरे नृत्य को लेकर लोगों की प्रशंसा मेरे सामने फीकी पड़ जाती है। कठपुतली वाला कहता है, "मेरे हमेशा उलझने वाले धागों के कारण किसी को मेरा नृत्य पसंद नहीं आता," लेकिन मैं सोचता हूँ कि शायद यह नृत्य मेरे लिए नहीं बना। यह जरूरी नहीं कि सभी को एक ही प्रकार का नृत्य नचाया जाए। दर्शकों की निराशाजनक निगाहें मुझे और अधिक डरा देती हैं। विचारशून्य दर्शकों की नजर लेवल प्रवीण कठपुतलियों पर ही ठहरती है। मुझे नृत्य करना पसंद है, लेकिन काश मेरे लिए कोई और नृत्य होता, जिसमें मेरे हाथ धागों से बंधे न होते।

तमाशे का अंत हुआ, और मेरे नृत्य का भी अंत हो गया। कठपुतली वाले ने मुझे व्यर्थ समझकर एक किनारे पर फेंक दिया। इसके बाद, न मुझे उन निराशा भरी आँखों का सामना करना पड़ा, न ही मेरे धागे फिर कभी उसकी उंगलियों से उलझे। अब ये धागे भी मेरे हैं, और ये मंच भी मेरा है। मैंने तय किया कि अब मैं उसकी उंगलियों पर नाचने से इंकार करता हूँ, मुझे मेरी स्वतंत्रता प्रिय है। यह स्वतंत्रता उन कठपुतलियों के लिए नहीं है जो दूसरों की उंगलियों पर नाचकर अपना सम्पूर्ण जीवन व्यतीत कर देती हैं। जिन्हें इसका आभास ही नहीं है कि उनका उपयुक्त मंच कहाँ है।

> **– वृन्दा वर्मा** प्रथम वर्ष बी. ए. हिंदी विशेष



# विचारों का बवंडर

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विचारों के इस बवंडर को कैसे शांत करूँ? क्यों न इन्हें अल्फाज़ों में समेटकर बताने का प्रयास करूँ? हाँ, व्यस्त रहकर भी इन पर रोक लगा सकती हूँ। पर, क्यों हर बार अपने विचारों को नज़रअंदाज़ करूँ? भले ही कोई सुनने वाला न हो, फिर भी मैं क्यों किसी का इंतज़ार करूँ? एकांत में बैठी पढ़ रही हूँ, अपने विचारों पर दिल ने कहा, क्यों न आज अपने विचारों पर थोडा गर्व करूँ ।

> — डॉली द्वितीय वर्ष बी. ए. हिंदी विशेष

#### Best Creative Piece in Hindi

# माँ मैं तुझे क्या ढूँ?

तू अपनी जान की परवाह किए बिना, मुझे इस दुनिया में लाई । बोलो न माँ, मैं तुझे क्या दूँ?

> अपने दर्द को छिपाकर, मुझे अपनी हँसी दिखाई । बोलो न माँ, मैं तुझे क्या दूँ?

भैया की सूनी कलाई पर, तूने मुझसे राखी बंधवाई । बोलो न माँ, मैं तुझे क्या दूँ?

> <mark>पहली बार जब मैं अपने पैरों पर चली,</mark> तूने हँसकर ताली बजाई । बोलो न माँ, मैं तुझे क्या दूँ?

जब मैंने घर में पहली बार झाडू लगाई, तूने हँसकर कहा, घर में खुशबू आई । बोलो न माँ, मैं तुझे क्या दूँ?

> तू मुझे केवल प्यार से ही नहीं, जरूरत पड़ने पर डाँट भी लगाई | बोलो न माँ, मैं तुझे क्या दूँ?

<mark>पहली बार जब मैंने रो</mark>टी बनाई, जली हुई थी, फिर भी तूने हँसकर खाई । बोलो न माँ, मैं तुझे क्या दूँ?

> प्यार क्या होता है, यह मुझे नहीं पता था, तूने फूल और भंवरे के उदाहरण से समझाया। बोलो न माँ, मैं तुझे क्या दूँ?

सही—गलत का भेद मुझे नहीं था, तूने पीतल और सोने का उदाहरण देकर समझाया। बोलो न माँ, मैं तुझे क्या दूँ?

प्रियांशु कुमारी
 द्वितीय वर्ष
 बी. ए. हिंदी विशेष

# प्रेमवर्षा

जब पहली बार मैंने प्रेम को जाना, तब मेरी समझदारी भी नहीं थी, और जब मैंने इस दुनिया को मुड़कर देखा, तो दुनियादारी भी नहीं थी।

माना कि प्रेम, भावों की हवा के बिना चलने पर भी, मैं जीवन रूपी पतंग को ऊँचा उड़ाने की कोशिश कर रही थी। पर जब जरूरत सिर्फ प्रेम रूपी हवा की थी, तो दिल में प्रेम की वर्षा होने लगी। और जब वर्षा की पहली बूँद मेरे हृदय पर पड़ी, तो मानो मैं सोच की पर लगाकर आनंदमय प्रेम वर्षा में डूबने लगी। पर एहसास तो उड़ने का ही हो रहा था।

क्या करती मैं, क्योंकि

जब पहली बार मैंने प्रेम की वर्षा का सच जाना, तो समझ<mark>दारी भी न</mark>हीं थी, और जब मैंने इस दुनिया को मुड़कर देखा, तो दुनियादारी भी नहीं थी।

> — **प्रेरणा** तृतीय वर्ष बी.ए हिन्दी विशेष



### एकाग्रता से शिक्षा

ज्ञान प्राप्ति का एकमात्र मार्ग है – एकाग्रता। मन की एकाग्रता ही शिक्षा का संपूर्ण सार है। एकाग्रता की शक्ति जितनी अधिक होगी, ज्ञान की प्राप्ति उतनी ही अधिक होगी। एकाग्रता के द्वारा प्रेम के द्वारों को खोला जा सकता है। इसके द्वारा मानव मन की ज्ञान पिपासा जागृत होती है। एकाग्रता से ही ज्ञान रूपी प्रकाश बाहर फैलता है। मनुष्यों तथा पशुओं में मुख्य भेद केवल चित्त की एकाग्रता शक्ति का तारतम्य ही है। दो मनुष्यों में भेद भी उनकी एकाग्रता शक्ति के इसी तारतम्य से होता है। एकाग्रता पर ही किसी कार्य की सफलता निर्भर करती है। एकाग्रता के द्वारा किसी भी काम में प्रवीणता प्राप्त की जा सकती है। मन की एकाग्रता के द्वारा मनुष्य को स्वयं पर पूर्ण नियंत्रण होता है, और सभी इंद्रियों पर उसका शासन चलता है। उस वक्त वह जो कुछ भी चाहता है, वह प्राप्त कर सकता है। एकाग्रता की शक्ति ही ज्ञान के खजाने की एकमात्र कुंजी है।

शिक्षा का यथार्थ सार यदि कहीं निहित है, तो वह मन की एकाग्रता में ही है। एकाग्रता के द्वारा मनुष्य सफलता की ऊँचाइयों को छू सकता है। अतः, मन की एकाग्रता प्रत्येक मनुष्य के लिए, विशेषकर विद्यार्थियों के लिए अत्यंत आवश्यक है। इस एकाग्रता को सुदृढ़ करता है "ध्यान"। ध्यान से एकाग्रता और एकाग्रचित होकर ध्यान करना ही मनुष्य की परिपूर्णता है।

अक्षिता द्विवेदी
 द्वितीय वर्ष
 बी. ए. हिंदी विशेष

### मेरे हृदय में बसा पर्यावरण

दीपावली से कुछ दिन पहले मैं अपनी सहेलियों के साथ बात कर रही थी कि हम दिवाली कैसे मनाएंगे? तब चर्चा इस बात पर आई कि इस पर्व के बाद प्रदूषण और भी बढ़ जाएगा। वे कहने लगीं, "कुछ नहीं होगा, सब पटाखे जलाते हैं, हम भी जला लेंगे तो क्या होगा?" तब मैंने कहा, "सभी यही सोचते होंगे और इसी सोच के चलते खूब पटाखे जलाते होंगे। कम से कम हम तो ऐसा ना करें, इतना तो प्रदूषण कम होगा।" उन लोगों ने मुझे ही समझा दिया कि मैं बहुत सोचती हूँ।

प्रथम सेमेस्टर में हमने पर्यावरण विज्ञान के बारे में पढ़ा, क्योंकि यह सभी के लिए एक अनिवार्य विषय था। मैंने उन कक्षाओं से जो सीखा, वह मेरे हृदय में घर कर गया। आज के समय में सभी जानते हैं कि हम अपने पर्यावरण को कैसे सुरक्षित रख सकते हैं, परंतु कोई भी व्यक्ति पर्यावरण को सुरक्षित रखने के लिए एक कदम उठाने की जरूरत महसूस नहीं करता। उन कक्षाओं का प्रभाव मेरे ऊपर इतना हुआ कि अब जब भी मैं कुछ भी जरूरत से ज्यादा उपयोग करती हूँ, तो मेरे मन में यह ख्याल आता है कि मैंने ऐसा क्यों किया? जहाँ मैं रहती हूँ, वहाँ सभी छात्राएं ही रहती हैं, जो कि विश्वविद्यालय में अध्ययनरत हैं। सभी जानते हैं कि गीला कचरा और सूखा कचरा अलग—अलग रखना चाहिए, परंतु दोनों कूड़ेदान गीला और सूखा दोनों प्रकार के कचरे से भरे रहते हैं। एक दिन मैं मेट्रो में यात्रा कर रही थी और मैंने ऑनलाइन टिकट खरीदी, उसके बाद मुझे एक संदेश मिला कि मैंने अपने पर्यावरण को कितने ग्राम कार्बन उत्सर्जन से बचाया है। इसे पढ़ने के बाद मुझे बहुत खुशी हुई।

हम अपने पर्यावरण के प्रति ध्यान क्यों नहीं दे रहे हैं, जबकि पृथ्वी हम सभी पर इतने उपकार कर रही है? हम सभी को अपने मन से, अपने हृदय से यह प्रश्न अवश्य पूछना चाहिए कि हम पर्यावरण को स्वच्छ रखने में अपना योगदान क्यों नहीं दे रहे हैं? मैंने तो अपने मन से पूछा और मैं अभी योगदान दे रही हूँ | आप यह कार्य कब से प्रारंभ कर रहे हैं?

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आज सवेरे सीमा से मेरे प्रियतम का पत्र आया है, जाने इसके साथ उन्होंने क्या संदेशा भेजा है, देख प्रियतम का पत्र, मेरी आँखें आज फिर नम हो गई हैं, पूछ रही हूँ पत्र से, बता प्रियतम ने तुझसे क्या भाव सुनाए हैं।

पत्र कह रहा है, कि प्रियतम ने तुझसे यह बात कहलाई है, कि उनके हृदय में तेरी स्मृति है और नयनों में बस तू छाई है, नहीं गुजरती एक रात भी अब, उन्हें तेरी इतनी याद आई है, वे जल्दी लौटेंगे, लंबी छुट्टी लेकर, जो तूने उपहार में मंगवाई है।

अच्छा, सुन रही है तू, तो मेरा संदेश भी ले जाना, मेरे नैन सूखते नहीं, उन्हें मेरी यह दशा सुनाना, कहना उनसे, इस फा<mark>ल्गुन में वर्दी पहन</mark>कर प्रेम का रंग भी लाना, मैंने नयन बिछाए हैं द्वार प<mark>र, आने को तुम</mark> कहीं भूल न जाना ।

कह दूंगी प्रियतम से तेरा संदेश, जो तूने चाहा है उन्हें सुनाना, सुनकर तेरी यह वियोग दशा, उन्हें भी आएगा रोना, इस फाल्गुन में प्रेम से तुझको रंगने, वे भी चाहेंगे अब दौड़कर आना,

पोंछ ले ये आँसू अपने नैनों से, आखिर प्रियतम को अब घर है आना।

> – सिमरन द्वितीय वर्ष बी.ए हिन्दी विशेष

# कुछ प्रश्न हैं, उत्तर दे पाओंगे क्या?

जो लबों पर है, उसे शब्दों में पिरो पाओगे क्या? अपनी भावनाओं को लफ्ज़ों में ढ़ाल पाओगे क्या? जो पक्ष—विपक्ष की बातें थीं, उसे लक्ष्य बना पाओगे क्या? हाँ, जानती हूँ लक्ष्य नामुमकिन है, पर मुमकिन बना पाओगे क्या? जो चंद लम्हों में बातें हुईं, उन्हें एहसास बना पाओगे क्या? रोज़ लेती हूँ मैं दिल की तलाशी, एक दिन आप भी दिल से निकल जाओगे क्या? जो तस्वीर है हमारी, उसे तकदीर बना पाओगे क्या? कल अजनबी थे, आज दिल की हरेक धड़कन पर हुकूमत है, इस एहसास को हकीकत बना पाओगे क्या? जो हमारा समय अतीत बना, उसे भविष्य बना पाओगे क्या? अभी जो मासूमियत आपकी हंसी में दिखी, महफिल में भी दिखा पाओगे क्या? जो ख्वाब देखे थे साथ में, उन्हें हकीकत बना पाओगे क्या? जिसे पत्थर कहा करते थे, कभी उसकी भी मूरत बना पाओगे क्या? जो आप कहते थे मेरी कोई और है, उसकी तस्वीर दिखा पाओगे क्या? में जो सबसे कीमती तोहफा 'वक्त' तुम्हें दी, उसे लौटा पाओगे क्या? आप करीब नहीं हो लेकिन मेरे लिए खास हो, यह एहसास दिला पाओगे क्या?

– प्रियांशु कुमारी,
 द्वितीय वर्ष
 बी. ए. हिंदी विशेष



आजादी

यह जानकारी रह गई किताबी, कि कैसे मिली हमें आज़ादी। किताबों में उपेक्षित रह गए स्वतंत्रता सैनानी, उनके संघर्ष, त्याग और बलिदान से आधी जनता है अनजानी। भोले भारतवासी अमिट भारत में जीते हैं, जो जवानों की अनभिज्ञता में आज़ाद देश का पानी पीते हैं। उन्नीसवीं—बीसवीं शताब्दी में अंग्रेजी शासन रोक न पाए जिनक विरोधी स्वर, आज आदमी के बीच उन वीरों की गूंज तो है किंतु केवल क्षणभर। सब आज़ादी के इस राष्ट्रीय पर्व को जानते हैं जरूर, पर परिचित नहीं उनसे जिनके कारण ही ये दिन हैं मशहूर। भूल गए भगत, मंगल, महात्मा, बाल, बोस, आज़ाद को, जिनके ज़ोर पर आज तुम कहते हो कि तुम आज़ाद हो।

> – श्रुति तृतीय वर्ष बी. ए. हिंदी विशेष

# इंतजार और उम्मीदों की मिठास

घर के बीचों—बीच सोफे के थोड़े ही इतर लगा हुआ डाइनिंग टेबल, जिस पर जैस्मिन बैठकर अपनी माँ का इंतजार कर रही है।

"तुमने खाना खा लिया जैस्मिन?"

<mark>"नहीं माँ, मैं आपका ही इंतजार कर</mark> रही थी। मुझे बहुत तेज़ भूख लगी है, प्लीज़ जल्दी खाना डाल दीजिए मेरे लिए।"

"हे भगवान..... ये लड़की ना जाने कब बड़ी होगी। अपने लिए खुद खाना भी नहीं ले सकती। अरे मुझे तो यह समझ नहीं आता कि कल को तुम बाहर नौकरी भी करोगी तो कैसे भला होगा तुम्हारा?? तब सिर्फ नौकरी से बात नहीं बनेगी मैडम। खुद खाना भी बनाकर ले जाना होगा तुम्हें।" और इतना कह जसप्रीत जैस्मिन के लिए परेशान हो जाती हैं। जैस्मिन हमेशा की तरह खाने के साथ—साथ अपनी माँ के तानों का भी आनंद लेती है और हंसने लग जाती है।

"तुझे हंसी आ रही है? कोई मजाक कर रही हूँ क्या मैं?" (जसप्रीत जैस्मिन पर गुस्सा करते हुए जोर से चिल्लाती हैं)

तभी मिस्टर अरोरा वहाँ आ जाते हैं। टेबल के सामने लगी हुई कुर्सी को अपनी ओर खींचते हुए जसप्रीत से कहते हैं—

<mark>"अरे, क्यों उस बेचारी बच्ची पर रोज़—रोज़ गुस्सा करती हो? ऐसा</mark> भी क्या कर दिया अब उसने?" जसप्रीत आग—बबूला <mark>होकर एक नज़र मिस्टर अरोरा को देखती हैं और फिर वहाँ से चुपचाप</mark> अपने कमरे की ओर चली जाती हैं।

<mark>"और बेटा, तुम्हारी पढ़ाई कैसी चल रही है?" "बस... ठीक ही है पापा। एग्जाम्स हैं कुछ दिनों में, ये भी खत्म हो जाएंगे तो फिर मैं चैन की साँस ले पाऊंगी।" "बट बेटा, ऐसे पढ़ाई से डरते नहीं हैं। चैन की सांस तो तुम अभी भी ले रही हो।" (मिस्टर अरोरा कह कर हंस देते हैं)</mark>

"अरे नहीं पापा.. मैं उस तरह से नहीं कह रही हूँ। दरअसल, मेरी इस बार ग्रेजुएशन भी कम्पलीट हो ही जाएगी। मुझे डिग्री भी मिल जाएगी। बस...." "तो फिर तुमने आगे का कुछ सोचा है क्या करना है?" "फिर क्या, एम.ए. की ओर जाना है मुझे।" "और किस विषय में?" "उम्म... सच कहूँ तो मेरी रुचि हमेशा से हिंदी साहित्य पढ़ने में रही है। तो इसी में आगे पढूंगी।" "बहुत खूब।" "और हाँ... बाकी आगे की पढ़ाई के लिए तुम्हें कहीं बाहर जाना हो तो मुझे बता देना। मैं तुम्हारे लिए अभी से ही व्यवस्था कर दूंगा।" "जी नहीं पापा, अभी मुझे बनारस ही ठीक लग रहा है। लेकिन अगर कभी मन हुआ या जरूरत पड़ी तो बता दूंगी आपको।" इतना कह कर जैस्मिन बाहर लॉन में जा बैठती है और कानों में हेडफ़ोन लगा कर पुराने गानों का आनंद उठाती है। आसपास का मौसम उसे अपनी ओर आकर्षित करता है। प्रकृति में खोकर खुद की तलाश करने लगती है। "अभी ना जाओ छोड़कर, अभी दिल भरा नहीं........"

> — **कुसुम लता** तृतीय वर्ष, बी.ए. हिन्दी विशेष

# पीढ़ियों का बरशद

बूढ़ी दादी अम्मा जी गांव के बरगद के नीचे बैठी थीं। उनके झुर्रियों से भरे चेहरे पर एक मुस्कान खेल रही थी। सामने बैठा छोटा सा लड़का आश्चर्य से पूछ रहा था, "अम्माजी, यह बरगद इतना बड़ा कैसे हो गया?" अम्माजी ने एक लंबी सांस ली और कहने लगीं, "बेटा, यह बरगद छोटा सा पौधा था जब मैं भी जवान थी। तब गांव के सभी बच्चे इसके नीचे आकर खेला करते थे। हम एक—दूसरे को कहानियां सुनाते, हंसते—खेलते और सपने देखते थे।"

लड़का उत्साह से बोला, "तुम भी यहीं खेला करती थीं अम्माजी?" अम्माजी ने उसकी पीठ थपथपाई और कहा, "हां बेटा, यहीं। तब हमें यह बरगद छोटा लगता था, जैसे धूप से बचाने वाला छोटा सा छाता। हम सोचते थे कि यह कभी इतना बड़ा नहीं होगा। लेकिन हम हर साल यहां आते, बातें करते, खेलते और बरगद भी हमारे साथ बड़ा होता गया। धीरे–धीरे वह बढ़ता गया, उसकी छाया बढ़ती गई और हम भी बड़े होते गए।"

लड़के ने पूछा, "क्या आपके सपने भी पूरे हुए अम्माजी?" अम्माजी ने आकाश की ओर देखा और मुस्कुराई, "कुछ सपने पूरे हुए, कुछ अधूरे रह गए। लेकिन बरगद ने हमें यह सिखाया कि जैसे वह धूप से बचाता है, वैसे ही हमें मुसीबतों से लड़ना है। जैसे वह हर वसंत में नई पत्तियां लाता है, वैसे ही हमें भी हर दिन खुद को नया बनाना है। और वह हमें याद दिलाता है कि चाहे जिंदगी में कितने भी उतार—चढ़ाव आएं, दोस्ती और विश्वास की छाया कभी कम नहीं होती।" लड़का सोच में पड़ गया। उसने बरगद की पत्तियों को छुआ और महसूस किया कि यह सिर्फ एक पेड़ नहीं, बल्कि उनके जैसे बच्चों के सपनों और अम्माजी जैसे बड़ों के अनुभवों का संग्रह है। इस बरगद के नीचे कहानियां बनती रहेंगी, हंसी गूंजती रहेगी और सपने उड़ते रहेंगे।

कई साल बाद, वह लड़का भी बड़ा हो गया। अब वह शहर में एक डॉक्टर बन चुका था, लेकिन गांव की यादें अब भी ताजा थीं। एक बार छुट्टियों में वह वापस गांव आया और बरगद के नीचे बैठा। उसने देखा कि पेड़ और भी बड़ा हो गया था, इसकी छाया पूरे मैदान को ढक रही थी। पेड़ के नीचे अब गांव के बच्चे नहीं बल्कि युवा एकत्रित थे। वे पढ़ाई कर रहे थे, संगीत का अभ्यास कर रहे थे, या फिर आपस में गपशप लगा रहे थे। लड़का मुस्कुराया। बरगद ने अपना काम जारी रखा था। वह सिर्फ छाया ही नहीं दे रहा था, बल्कि जीवन, संगीत और सामुदायिकता का केंद्र भी बन गया था। तभी एक छोटी लड़की उसके पास आई। उसके चेहरे पर उत्सुकता थी। उसने पूछा, "अंकल, यह बरगद इतना बड़ा कैसे हो गया?"

लड़का लड़की को बरगद के नीचे बैठाया और उसकी कहानी सुनाई। उसने बताया कि यह छोटा सा पौधा था जब उसके दादाजी भी छोटे थे। उसने उन्हें बचपन के खेल, अम्माजी की कहानियां और बरगद से मिले सबक सब कुछ बताया। बच्चों की आंखें चमक उठीं। उन्होंने सोचा कि वे भी इस बरगद के नीचे बड़े होंगे, यहां खेलेंगे, हंसेंगे और सपने देखेंगे। पेड़ उन्हें भी छाया देगा, उनका मार्गदर्शन करेगा और उनके सपनों को उड़ने में मदद करेगा। कुछ साल बाद, बरगद के नीचे एक छोटा पुस्तकालय बन गया। यह गांव के बच्चों के लिए ज्ञान का मंदिर बन गया। पुस्तकालय का उद्घाटन करते हुए डॉक्टर ने उस छोटी लड़की को देखा, जो अब जवान हो चुकी थी। वह अब पुस्तकालय की देखभाल कर रही थी। डॉक्टर को गर्व से भरा महसूस हुआ। बरगद का विरासत आगे बढ़ रहा था। अब वह सिर्फ एक पेड़ नहीं था, बल्कि एक जीवित इतिहास, एक प्रेरणा का म्रोत और एक समुदाय की आशा का प्रतीक था। इस तरह, बरगद की कहानी पीढ़ी दर पीढ़ी चलती रही। वह सभी को एक छाया और एक सबक देता रहा। और वे सभी मिलकर अपने जीवन की अनोखी कहानी बुनते रहे, बरगद की विशाल छाया तले।

> – दीपिका प्रथम वर्ष बी. ए. हिंदी विशेष

### संगीत एवं जीवन

सृष्टि के स्वर्णिम विहान से लेकर प्रलय की काली संध्या तक, संगीत के अस्तित्व को स्वीकार करना पड़ता है। मानव जन्म लेते ही गीत सुनता है और मृत्यु होने पर भी, गीत सुनते—सुनते अपनी शमशान यात्रा करता है। घंटे, घड़ियाल और 'राम नाम सत्य है' की ध्वनियों के साथ, उसका स्थूल शरीर भी सुनने में खो जाता है। वैज्ञानिकों ने सिद्ध कर दिया है कि मानव शरीर पाँच तत्वों से बना है, जिसमें संगीत प्रचुर मात्रा में विद्यमान है। स्वर, आत्मा का नाद है और आत्मा, परमात्मा का स्वरूप है। जिस प्रकार आत्मा का संबंध परमात्मा से माना जाता है, उसी प्रकार स्वर का संबंध आत्मा से होना ही है।

भावुकता से वंचित कोई भी पाषाण हृदय हो, किंतु संगीत से विमुख होने का दावा उसका भी नहीं हो सकता। कहावत है कि गाना और रोना सभी को आता है, जिससे अभ्यास और तपस्या के बल पर स्वर और ताल पर अधिकार कर लिया गया है, उनका समाज में आदर है। इसके विपरीत, जो संगीत का ज्ञान नहीं पाते, फिर भी वे गाना गाते हैं, किंतु वे गायक नहीं कहलाते। साथ ही, संगीत उनके अंदर प्रचुर मात्रा में भरा रहता है। गांव में गाए जाने वाले धोबियों के गीत, खेतों में पानी देते समय किसानों के गीत, पशु चराते समय ग्वालों के गीत, पनघट पर ग्रामीण महिलाओं के गीत, विवाह जैसे विशेष अवसरों पर गाए जाने वाले गीत, धार्मिक और सार्वजनिक स्थलों पर गाए जाने वाले गीत आदि सभी लोकगीतों के अंतर्गत आते हैं।

संगीत में जादू जैसा असर है। इस वाक्य को चाहे जिस व्यक्ति के सामने रख दो, चाहे संगीत में उसकी रुचि पहले न हो, वह स्वीकार कर लेगा क्योंकि आत्मा सत्य स्वरूप है और वह सत्य ही सत्ता को स्वीकार कर लेता है। पावस की लाजवंती संध्याओं में, श्वेत–श्याम मेघ मालाओं से प्रफुल्लित, नन्ही बूंदों का रिमझिम–रिमझिम राज सुनते ही कोयल कूक उठती है, पपीहा गाने लगते हैं और मोर नाचने लगते हैं। मंजीरे बोल उठते हैं और कृषक आनंद विभोर होकर अनायास ही किसी परिचित मल्हार के बोल आलापने लगता है। कालरूपी विषधर भी इन्हीं दिनों बीन की लहरियों में बंदी बन जाते हैं। इन दिनों

<mark>गरीब की कुटिया से लेकर अमीरों के गगनचुंबी धवल प्रासादों तक लगभग</mark> इसी प्रकार का वातावरण देखने को मिलता है।

अक्षिता द्विवेदी
 द्वितीय वर्ष
 बी. ए. हिन्दी विशेष

माँ तू ही ज्ञानी

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माँ, तू इस संसार की ज्ञानी है, तुझमें ज्ञान का भंडार है। फिर भी तू अपने सपने का गला घोटकर हमारे सपनों में मिल जाती है। मॉ, तू ही ज्ञानी है।। तूने हमेशा चाहा कि मैं तूझसे बड़ी बनूँ, और तेरे सपने को साकार करूँ। यही तेरी इच्छा है और यही तेरी कामना, <mark>तू खुद को खतरे में डालकर हमें</mark> खतरों से बचाती है। तूँ ऐसी ममता की मूरत है, जिसमें हर ज्ञान का भंडार है। माँ, तू ही ज्ञानी है... तेरे से ही संसार है, यही मेरा अरमान है, रहे तू इस दुनिया में हमेशा और रहे तेरा यह ज्ञान। माँ, तू ही ज्ञानी है... मेरी सफलता में हमेशा रहता तेरा साथ, जब भी मेरा हौसला टूटता, तब–तब दिया तूने मेरा साथ। मुझे भरोसा, जिंदगी से लड़कर चलने का, पैरों में है तेरे जन्नत, पूरी करती है तू मेरी मन्नत। माँ, तू ही ज्ञानी है... खुद का जीवन त्यागकर, हमारी ख्वाहिशें करती है पूरी। आपके बिना मेरी जिंदगी है अधूरी। माँ, तू ही मेरी ज्ञानी है... तेरे बिना सब जहन्नुम सा लगता है यह जहाँ, पर मैं खुशनसीब हूँ, तू है मेरे पास ताउम्र। यही मेरी कामना, यही मेरी ख्वाहिश, सदा रहे तू आबाद। माँ, तू ही मेरी ज्ञानी है... माँ, तू ही जानी है...

> जन्नत फरजाना नाहिद द्वितीय वर्ष बी. ए. हिंदी विशेष

# वशुधैव कुटुम्बकमः एक विश्ववव्यापी परिवार

"वसुधैव कुटुम्बकम" – यह वाक्यांश आप सभी ने अवश्य सुना होगा, जिसका अर्थ है कि समस्त विश्व एक परिवार है। परंतु, क्या आपने कभी चिंतन किया है कि केवल "एक परिवार" कह देने भर से 'वसुधैव कुटुम्बकम' की सार्थकता प्रकट नहीं होती? इस वाक्यांश के गहन अर्थ को समझने के लिए हमें भारतीय संस्कृति की गहराइयों में झाँकने की आवश्यकता है। वसुधैव कुटुम्बकम का उद्घोष महाउपनिषद से प्राप्त होता है, जो सनातन धर्म के मूल संस्कारों और विचारधारा में निहित है। ऋषियों ने विश्व कल्याण की कामना में यह उद्घोष किया, जो केवल सामाजिक, सांस्कृतिक, और धार्मिक परिप्रेक्ष्य से ही नहीं, बल्कि आर्थिक और वैज्ञानिक परिप्रेक्ष्य से भी समस्त मानवता के लिए मंगलकारी है।

भारतीय संस्कृति विविधतापूर्ण धर्म, भाषाएँ, रीति—रिवाज, और परंपराओं का एक अद्वितीय संगम है, जो सदियों से विरासत के रूप में संचारित हो रही है। इस संस्कृति में "अनेकता में एकता" का विचार गहराई से निहित है, जो दुनिया भर के लोगों को आकर्षित करता है। भारत, व्यापार के क्षेत्र में भी एक विशिष्ट भूमिका निभाता है, जहाँ विविध देशों के साथ आदान—प्रदान की प्रक्रिया समृद्धि और मैत्री को बढ़ावा देती है। इस आदान—प्रदान की प्रक्रिया में, भारत ने विश्व के प्रति 'वसुधैव कुटुम्बकम' के सिद्धांत को अपनाया है, जिसका अर्थ है कि संपूर्ण विश्व एक परिवार की तरह है, जहाँ सभी सद्भाव और भाईचारे के साथ रहते हैं।

स्वामी विवेकानंद का शिकागो में 1893 में दिया गया भाषण इस बात का एक महत्वपूर्ण उदाहरण है। उन्होंने विश्व के सभी लोगों को अपना भाई—बंधु कहकर संबोधित किया, जो भारतीयों की विश्व को एक कुटुम्ब के रूप में देखने की विचारधारा को प्रतिबिंबित करता है। हाल ही में आयोजित जी—20 समारोह का उद्देश्य भी 'वसुधैव कुटुम्बकम' के विचार को वैश्विक स्तर पर साकार करना था, जिसमें भारत ने विश्व के अन्य देशों के साथ मैत्री और सहयोग के संबंधों को मजबूत करने का प्रयास किया।

इस प्रकार, 'वसुधैव कुटुम्बकम' का संदेश हमें यह शिक्षा देता है कि हमें संकीर्णता से ऊपर उठकर, विशाल हृदय के साथ, पूरे विश्व को एक परिवार के रूप में देखना चाहिए। "अयं निजः परो वेति गणना लघुचेतसाम्। उदारचरितानां तु वसुधैव कुटुम्बकम्।" इस श्लोक का भाव है कि 'मेरा' और 'तेरा' का भेदभाव करने वाले लोग संकीर्ण मानसिकता के होते हैं, जबकि उदार चरित्र के व्यक्ति पूरी धरती को ही अपना परिवार मानते हैं। अंत में, 'वसुधैव कुटुम्बकम' के इस गहन संदेश को हृदय में धारण करने और इसे व्यवहार में लाने की आवश्यकता है। हमें व्यक्तिगत और सामूहिक रूप से इस आदर्श को अपने जीवन में उतारना होगा, जिससे कि हम सच्चे अर्थ में एक वैश्विक परिवार के रूप में साथ—साथ चल सकें। आइए, हम सभी 'वसुधैव कुटुम्बकम' के इस सिद्धांत को अपनाकर, पूरी मानवता के कल्याण की दिशा में कार्य करें।

> – ज्योति कुमारी बी.एस.सी जूलॉजी विशेष चतुर्थ सेमेस्टर

### यह विश्व ही उनका परिवार है

अब नहीं चुराएंगे वे नवनीत, न बंसी को अधरों तक पहुँचाएंगे। ब्रज की गोपियों के गीत भी गोधूलि वेला में अनसुने रह जाएंगे।

कुंज—कुंज में शांति की छाया, ब्रज की धूल में अब संग न विचरण। वेदना ही संगीत बन गाएगी, फागुन की होली में बेरंग होंगे सब रंग।

यमुना के प्रवाह में ठहराव, आँसू बन प्रवाहित होंगे नयनों से। "किसे आलिंगन करेंगी अब हम?" पूछेंगी विरही ब्रज की बेलाएँ।

नंद भवन के सेवक—सेविकाएँ, अपने प्रियतम का दर्शन नहीं पाएंगे। ब्रज रहेगा सदा उदास, गिरिराज धरी स्मृतियों में खोएंगे।

यशोदा माँ, बाबा नंद, उनकी व्याकुलता का अनुमान न लगाओ। पूछेंगे हर डाली—डाल से, "क्या तूमने हमारे लाल को देखा?"

मधुमंगल, श्रीदामा, सभी सखा, उजड़ गया जीवन, बिना कृष्ण के। अब ब्रज में पतझड़ ही पतझड़, माखन चोर के बिना कौन अधीर?

राधा और गोपियाँ, बेसुध सभी, कैसे जिएं बिना प्राण के? श्याम का मनमोहक रूप, अब विरह की अग्नि में तपता। कृष्ण, राधा की पीड़ा को देख, यशोदा नंदन का हृदय भी तड़पता। गोपीनाथ, गोपियों की पुकार, कैसे अनसुनी कर सकते हैं?

केलि कुंज में लीलाएँ, गोकुल के दूध की मिठास जैसे पीयूष, कदंब की छाया में भ्रमरों की गुंजन, श्यामसुंदर के लिए ब्रज रहा सदैव प्रिय, ब्रजवासियों के दिल में, उनकी लीलाओं का संगीत।

पर अब मथुरा की ओर उनके कदम, क्योंकि साधुओं का उद्धार, दुष्टों से युद्ध, धर्म की स्थापना के लिए, <mark>बिना म</mark>ुकुंद, कौन उठाएगा बाण?

<mark>ब्रज के हर</mark> कण पर, उनका प्रेम अमर, फिर भी, लोकहित में अपना सुख त्याग, कान्<mark>हा और बलदा</mark>ऊ, निकल पड़े नई राह पर।

क्योंकि, यह विश्व ही उनका परिवार है, विश्व कल्याण ही उनका सार है। विरह और प्रेम की इस कथा में, ब्रज की मिट्टी से उठा, एक अद्भुत प्यार है।

ब्रज से मथुरा तक, उनकी यात्रा, शिक्षा देती है हमें, जीवन की महानता की । क्योंकि, यह विश्व ही उनका परिवार है, और हर जीवन में उनका अवतार है ।

> — **एलिना खान** प्रथम वर्ष बी.ए. प्रोग्राम (कंप्यूटर एप्लीकेशन+गणित)

# मेरे नज़रिए का भारतः एक परदेसी की सोच

मेरे नज़रिए का भारत, विदेशी धरती पर पली हर्षा की सोच में संजोया, मेरा नक्श इस धरा में गहराई से बसा है, क्योंकि यह मेरे संघर्षों की गाथा कहती है। ये सड़कें मेरे जीवन की कहानी बयां करती हैं, हर मोड़ पर नई आशाएँ और सपने अपनी दिशा बदलते हैं, ये हवाएँ मेरे चेहरे को स्पर्श कर, संवेदनाएँ जगाती हैं, ये मुरझाए पुष्प भी, मेरे समान, किसी को समझ नहीं आते, अपने दुख के साथ।

लोग अपनी मंजिलों की खोज में आगे बढ़ते हैं, नहीं देखते पीछे, अपने घावों की गहराई को, वासुदेव ने बाँधा है सबको एक अदृश्य स्नेह के धागे से, जीवन के नृत्य में छिपी है मोहब्बत की मिठास।

भले ही मैं परदेस में हूँ, शाम ढले, माँ फिर भी मुझे घर बुला लेती है। जन्मभूमि अलग हो, तो क्या, तेरी मेरी मिट्टी का रंग तो एक है। इस संसार की माया में उलझे, समझो, तेरे मेरे दुःख, आखिर एक ही तो हैं!

> – हर्षा कुमार बी.एस.सी माइक्रोबायोलॉजी विशेष द्वितीय सेमेस्टर



### श्वदेश-२क्षा

जगति स्वकीयः देशः सर्वोत्तमः मन्यते। उच्यते च जननी जन्मभूमिश्च स्वर्गादपि गरीयसी। स्वदेशः स्वर्गाद् अपि गुरूतरः पूजनीयः च अस्ति। जगति ये देशाः उन्नताः सन्ति, ते सर्वे एव स्वदेशे सर्वोत्तमं मन्यन्ते। ते स्वदेशस्य कृते सर्वस्वं बलिदानं कर्तुम् उद्धताः भवन्ति। स्वदेशस्य रक्षा मनुष्यस्य सर्वोत्तमं कर्तव्यम् अस्ति। यदि देशः सुरक्षितः अस्ति, तर्हि देशे उद्योगः सर्वाः योजनाः च सफलाः भविष्यन्ति। यदि देशः असुरक्षितः तर्हि केनापि प्रकारेण देशस्य उन्नतिः न संभवः। अस्माकं ये महापुरुषाः अभवत् ते सर्वे अपि देशस्य रक्षार्थं बहूनि कार्याणि अकुर्वन्। महाराणाप्रतापः, शिवाजी, महात्मा गाँधी, सुभाषचन्द्रः, जवाहर लाल नेहरुः देशरक्षायै बहूनि दुःखानि असहन्त, जीवनं च सफलं कृतवन्तः। इयं जन्म भूमिः भारतभूमिः अस्माकं माता अस्ति। अस्य एव अन्नेन जलेन वायुना च वयं पालितः पोषिताः च भवामः। अस्माकं कर्तव्यम् अस्ति यद् वयं भारतवर्षस्य सदा उन्नतिं कुर्याम्, सदा अस्य रक्षां च कुर्याम्।

– अंजलि
 रनातक, संस्कृत विशेष, तृतीय वर्ष



# शंश्कृतसाहित्ये पर्यावरणचेतना

<mark>संस्कृतसाहित्ये पर्यावरणचेतना मानवतायाः प्रकृतेः च परस्परसम्बन</mark>्धस्य गहनजागरूकतां प्रतिबिम्बयति। मुख्यतया संस्कृतभाषायां रचिताः भारतस्य प्राचीनग्रन्थाः पारिस्थितिकीस्थायित्वस्य नैतिक–आध्यात्मिक–आयामानां समृद्ध–अवलोकनानि सन्ति । पर्यावरणचेतनासम्बद्धा संस्कृतसाहित्ये एकः आधारभूतसंकल्पना "धर्म" इति विचारः अस्ति । प्रायः धर्मः कर्तव्यः वा इति अनूवादितः धर्मः मानवीयनैतिकव्यवहारात्, परं प्राकृतिकजगता सह सामञजस्यपूर्णसम्बन्धं समावेशयितुं विस्तृतः अस्ति । महाभारत–रामायणादिग्रन्थेषु पात्राणि सर्वेषां जीवानां आन्तरिकं मूल्यं ज्ञात्वा पर्यावरणं प्रति कर्तव्यभावस्य उदाहरणं ददति। प्राचीनतमेषु संस्कृतग्रन्थेषु अन्यतमः ऋग्वेदः प्रकृतेः सौन्दर्यं पवित्रतां च आनन्दयन्तः स्तोत्राणि प्रददाति । श्लोकाः पृथिवीं पोषकमातृत्वेन वर्णयन्ति, मनुष्यैः तस्याः प्रति आदरपूर्वकं कृतज्ञतापूर्वकं च व्यवहारस्य आवश्यकतायाः उपरि बलं दत्तम् अस्ति । एषा पारिस्थितिकीसंवेदनशीलता परवर्तीग्रन्थेषु अपि विस्तृता अस्ति, यत्र कालिदास इत्यादयः कवयः स्वस्य "मेघदूतं" इति ग्रन्थे मेघानां, नद्यः, परिदृश्यानां च जटिलसम्बन्धानां चित्रणं कूर्वन्ति । संस्कृते गहनाः दार्शनिकग्रन्थाः उपनिषदाः परिवेशस्य आध्यात्मिकपक्षेषु गहनतया गच्छन्ति। ब्रह्म (सार्वभौमिकचेतना) आत्मनः (व्यक्तिगत आत्मा) इत्यादीनां अवधारणानां सर्वेषां अस्तित्वस्य एकत्वस्य उपरि बलं दत्त्वा प्राकृतिकजगता सह परस्परं सम्बद्धाः सन्ति। एषा परस्परसम्बद्धा विश्वदृष्टिः सूचयति यत् पर्यावरणस्य हानिः स्वस्य हानिः इव भवति, प्रकृतेः प्रति गहनं उत्तरदायित्वस्य भावः पोषयति । "कृषि पराशर" इत्यादयः प्राचीनाः भारतीयाः कृषिप्रबन्धाः स्थायिकृषिप्रथानां व्यावहारिकमार्गदर्शिकाः प्रददति । एते ग्रन्थाः सस्यपरिवर्तनस्य, मृदासंरक्षणस्य, जलप्रबन्धनस्य च महत्त्वं बोधयन्ति, कृषिक्रियाकलापयोः <mark>पारिस्थितिकसन्तुलनस्य प्रारम्भिकबोधं</mark> प्रदर्शयन्ति । एतादृशानां सिद्धान्तानां प्रयोग<mark>ः न केवलं मानवकल्याणं अपितु सम्पूर्णस्य</mark> पारिस्थितिकीतन्त्रस्य स्वास्थ्यं निर्वाहयितूम् अपि उद्दिश्यते स्म।

प्राचीनग्रन्थाः समग्रविश्वदृष्टिं प्रददति यत् सर्वेषां जीवानां परस्परसम्बद्धतां स्वीकुर्वति तथा पर्यावरणस्य प्रबन्धनस्य नैतिक–आध्यात्मिक–आयामेषु बलं ददाति। संस्कृत–साहित्यं प्रकृत्या सह अधिक–सौहार्दपूर्ण–सह–अस्तित्वस्य दिशि अस्मान् मार्गदर्शनं कुर्वन् कालातीत–प्रेरणायाः स्रोतः इति कार्यं करोति।

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— अंशिका स्नातक, संस्कृत विशेष, प्रथम वर्ष

शष्ट्रीय-श्रिक्षा-नीतिः

भारतीयसंस्कृतौ शिक्षा महत्त्वपूर्णा इति मन्यते।

नास्ति विद्यासमो बन्धुर्नास्ति विद्यासमः सुहृत्। नास्ति विद्यासमं वित्तं नास्ति विद्यासमं सुखम्।।

<mark>अयं श्लोकः जीवने शिक्षायाः आव</mark>श्यकतां किन्तु तस्य महत्त्वमपि रेखांकयति ।

ज्ञानवत् पवित्रं न किञि्चदस्ति लोके। केवलं ज्ञानमेव मनुष्यस्य भयान् कौतुकान् च अपसरति। एषः दिव्यः अलौकिकः ज्ञानमार्गः मनुष्यस्य सिद्धिप्राप्त्यर्थं मार्गं प्रशस्तं करोति। एतानि सर्वाणि भारतस्य प्राचीनशिक्षाव्यवस्थायां पूर्वमेव उल्लिखितानि सन्ति। परन्तु यदा देशः स्वतन्त्रः अभवत् तथा च बाह्याक्रमणकारिणः आङ्ग्लाः च शासने आगताः तदा ते भारतीयशिक्षाव्यवस्थायां परिवर्तनं कृतवन्तः। फलतः भारतीयजनता स्वविचारसभ्यतायाः, संस्कृतेः च मूलतः विच्छिन्ना अभवत्। अस्मिन् राष्ट्रियशिक्षानीतौ सर्वं उल्लिखितम् अस्ति यस्याः माध्यमेन बालकः न केवलं भारतं अवगमिष्यति, अपितु सच्चरितः मानवः अपि भूत्वा भारतमातरं प्रति पूर्णतया समर्पितः भविष्यति।

अस्याः नीतेः पूर्वं भारते शिक्षानीतिद्वयं कार्यान्वितम् आसीत्, याभ्यां माध्याभ्याम् शिक्षाव्यवस्था चालिता अस्ति। प्रथमा शिक्षानीतिः 1968 तमे वर्षे डी.एस.कोठारी इत्यस्य अध्यक्षतायां निर्मितवती। द्वितीयशिक्षानीतिः 1986 तमे वर्षे निर्मितवती, 1992 तमे वर्षे अपि तस्मिन् आवश्यकाः संशोधनाः कृताः। अधुना 34 वर्षाणाम् अनन्तरं बहुविमर्शानन्तरं तृतीयराष्ट्रीयशिक्षानीतिः प्रधानमन्त्री श्री नरेन्द्र मोदी इत्यनेन 29 जुलै 2020 दिनाङ्के घोषिता। अस्याः शिक्षानीतेः चर्चायां 2 वर्षाणां अवधिः, 2 कोटिभ्यः अधिकानां जनानां विमर्शाः च समाविष्टाः सन्ति।

शिक्षकाणां, छात्राणां, राजनेतॄणाम्, अभिभावकानां, जनप्रतिनिधिनां, समाजसेवकानां च परामर्शाः सर्वे चर्चायां समाविष्टाः सन्ति । अतः एषा शिक्षानीतिः सर्वव्यापी, सर्वसमावेशी, राष्ट्रियविचारैः ओतप्रोता च अस्ति तथा च एतत् वक्तुं शक्यते यत् एषा नूतना नीतिः दीर्घकालं यावत् परिश्रमादनन्तरं उद्भूता अस्ति या समग्रविकासे महत्त्वपूर्णां भूमिकां निर्वहति देशः ।

अस्य मुख्यं उद्देश्यं 'जीवन्तज्ञानसमाजस्य' निर्माणं, उच्चगुणवत्तायुक्तशिक्षा, मानवीय—राष्ट्रीय—भावनायाः जागरणं, वैज्ञानिक—वृत्तेः विकासः, अन्तिम—अन्ते उपविष्टस्य व्यक्ते शिक्षायाः लाभं प्रदातुं भावः च अन्तर्भवति ।

शिक्षानीतिः विद्यालयशिक्षायाः बृहत्तमपरिवर्तनस्य पक्षे अस्ति । यत् पूर्वनीतिषु 10+1 अथवा 10+2 आसीत् । इदानीं 5+3+3+4 इति कृतम् अस्ति । अस्य अर्थः अस्ति यत् बालस्य प्रारम्भिकपदं यत् आधारपदं वक्तुं शक्यते, तत् अस्यां नीतौ सम्पूर्णतया सुदृढं कृतम् अस्ति । त्रिवर्षीयं बालकं विद्यालये पूर्वप्राथमिकस्य वर्षत्रयाणां समाप्तिपर्यन्तं प्रवेशं दत्त्वा प्रथमद्वितीयं च सहितं कुलम् अष्टवर्षीयं आयुः, एतेषु प्रथमेषु पञ्चषु वर्षेषु क्रीडा, संगीतेन सह बालस्य शारीरिकं मानसिकं च विकासः, एतेषु वर्षेषु सः एतत् सर्वं स्वमातृभाषायां उपदिष्टः भविष्यति ।

आङ्ग्लमाध्यमस्य आवश्यकता निरस्तं भविष्यति । भारतीयभाषासु विविधविषयाणाम् अध्ययनसामग्री अपि उपलब्धा भविष्यति । बालानाम् 'एक भारत श्रेष्ठ भारत' मार्गेण भारतीयभाषा आधारित परियोजनायां भागं कला, योग, साहित्य, कौशलं प्रददाति ।

सामाजिकतया आर्थिकतया च अपेक्षितानां समूहानां शिक्षायां विशेषं ध्यानं दातुं योजना अस्ति येषु अत्यन्तं पिछड़ावर्गः, अन्यः पिछड़ावर्गः, अल्पसंख्याकाः, बालिकाः, विस्थापिताः समूहाः, ग्रामीणक्षेत्रेभ्यः छात्राः सन्ति । अतः एषा नीतिः अल्पप्रतिनिधित्वयुक्तानां समूहानां लक्ष्यं कृत्वा समग्रस्य समावेशीविकासस्य मार्गं प्रशस्तं करोति । नूतनं राष्ट्रियमूल्यांकनकेन्द्रं 'परख' मानकनिर्धारणसंस्थायाः रूपेण स्थापितं भविष्यति । बालकानां मध्ये संकोच—प्रवृत्तिं निवारयित्वा विषयस्य गहनबोधं विकसितुं प्रयत्नाः भविष्यन्ति, येन छात्राणां मध्ये अङ्कप्रतियोगितायाः भावना समाप्ता भविष्यति । मूल्याङ्कनं 360 डिग्री आधारेण भविष्यति, यस्मिन् बालकाः अपि अनेकेषु बिन्दुषु स्वकीयं अङ्कं दातुं शक्नुवन्ति । तदतिरिक्तं शिक्षकैः सहपाठिभिः च



तेषां व्यवहारस्य, चरित्रस्य, आचरणस्य च आधारेण अंकाः प्रदत्ताः भविष्यन्ति। अस्मिन् परियोजनाकार्यं, शोधकार्यं, समूहक्रियाकलापाः इत्यादयः आवश्यकाः बिन्दवः समाविष्टाः भविष्यन्ति। एतत् सर्वं रिपोर्ट् कार्ड् मध्ये उल्लिखितं भविष्यति येन सः कुत्र दुर्बलः इति ज्ञातुं शक्नोति तथा च भविष्ये तस्य परिमार्जनस्य अवसरः अपि प्राप्स्यति।

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देशे सर्वत्र सांकेतिकभाषायाः मानकीकरणं भविष्यति। बधिरमूकछात्राणां उपयोगाय राष्ट्रियराज्यस्तरस्य अध्ययनसामग्री विकसिता भविष्यति। विद्यालयशिक्षापाठ्यक्रमेषु 30 तः 40% यावत् न्यूनीकरणं भविष्यति।

#### निगमनः

राष्ट्रीयशिक्षानीतेः मुख्यं उद्देश्यं शिक्षाक्षेत्रे समृद्धिं, समानतां, सामाजिकन्यायं च प्रवर्धयितुं, आदर्शनागरिकाणां निर्माणार्थं शिक्षायां गुणवत्तां, स्वयंसेवा च प्रवर्धयितुं च अस्ति अस्मिन् नूतनानां प्रौद्योगिकीनां उपयोगः, स्थानीयसमुदायैः सह सहकार्यं, अभिवृद्धिः च केन्द्रिता अस्ति ।

> – अनुराधा रनातक, संस्कृत विशेष, तृतीय वर्ष



#### सदाचारः

सताम् आचारः सदाचारः । सत्पुरुषाः स्वानीन्द्रियाणि वशीकृत्य परस्परं सदाक्षिण्यं व्यवहरन्ति । सत्यं वदन्ति, गुरूजनान् वृद्धांश्च आद्रियन्ते, तेषामाज्ञां पालयन्ति, सत्कार्य एवं प्रवर्तन्ते । सदाचरणेन सदाचारिणः विनीताः बुद्धिमन्तश्च जायन्ते ।

आहारनिद्रादयो भावाः पशौ मानवे च समानाः । अस्ति खलु कश्चिद् विलक्षणो भावो यो हि मानवं पशो विशिष्टं करोति सोऽयं धर्मः एव, येन मानवो ध्रियते, यो वा मानवं धरति । दशाङ्गो धर्मः मनुस्मृतौ एवं वर्णितः—

#### "धृतिः क्षमा दमोऽस्तेयं शौचमिन्द्रियनिग्रहः। धीर्विद्या सत्यमक्रोधो दशकं धर्मलक्षणम्।।"

दशाङ्गेन धर्मेण सम्पन्न एवं मानवः 'मानव' इति शक्यते वक्तुम्। धर्माचरणेन च शुद्धं जायतेऽन्तः करणम्। धर्म एव जगतः प्रतिष्ठा, धर्म एव सर्वेषामाधारः सर्वं चेदं धर्मे प्रतिष्ठितम्। यथाहुस्तैत्तिरीयाः "धर्मो विश्वस्य जगतः प्रतिष्ठा, लोके धर्मिष्ठं प्रजा उपसर्पन्ति, धर्मे सर्वं प्रतिष्ठम्, तस्माद् धर्मं परमं वदन्ति।" धर्माचरणमेव पुसां वास्तविकं परमात्मपूजनं येन सर्वा सांसारिकी व्यवस्था, पुरुषस्य वैयक्तिकं जीवनं च सर्वोच्चतरं भवितूमईति।

मानव जन्मैवास्ति सर्वोत्तमः अवसरः यत्र समग्रमपि कल्याणमभ्युदयो निःश्रेयसं वा साधयितुं शक्यते । मनुष्यः कर्मणि स्वतंत्रः, शुभमशुभं वा यथेच्छं कर्तुं पारयति । तत्रायं धर्माचरणेन अभ्युदयं निःश्रेयसं वा अधिगन्तुं क्षमते, अन्यथा च नीचतरं जडभावमपि प्रयाति । सर्वशास्त्रेषु च मूलभूतो वेदः स एव विस्तरेण मानवकर्त्तव्यमाचरणीयं वा सर्वतोभावेन शिक्षयति ।

मनुष्यो हि सामाजिकः प्राणी, समाजाश्रितं तस्य जीवनम् । सदाचरणेनव तस्य उन्नतिर्भवति । सदाचरणेन मानवा ब्रह्मचारिणो भवन्ति, सदाचरणेन तेषां बुद्धिः वर्धते, शरीरं च पुष्यति । सदाचारिणो बुद्धिः शुध्यति, स मनसापि पापानि न चिन्तयति । स सदैव लोकस्य देशस्य वा हिताय प्रवर्तते । सदाचारिणः सर्वत्रेव आदरं लभन्ते ।

– चंदा कुमारी
 रनातक, संस्कृत विशेष, तृतीय वर्ष

### रम्या रामायणी कथा

संस्कृतभाषायां निबद्धम् वाङ्ममयं प्रमुखतया द्वये भागे विभक्तं वर्तते। तयो एकः भागः वैदिकं वाङ्ममयं अपरः च लौकिक–वाङ्ममयम् अभिधीयते। वैदिक साहित्यं केन प्रणीतम इति तु अद्यापि न ज्ञायते परम लौकिक साहित्यस्य प्रवर्तकः महर्षिः वाल्मीकिः एव वर्तते। तेन स्वयमेव रामायणे लिखितम् "आदिकाव्यमिदम् चार्षम् पुरा वाल्मीकिना कृतम्"।

रामायणम् आदिकाव्यम् अस्ति । यतः वाल्मीकेः पूर्वं छन्दोबद्धम् साहित्यम् वेदरूपम् एव आसीत् । वेदातिरिक्तं किम् अपि छन्दोबद्धम् न आसीत् । महर्षिणा वाल्मीकिना एवं नवीन छन्दसाम् अवतारः कृतः । वाल्मीकिः रामस्य समकालीनो एव आसीत् । एकदा तमसायाः तटे सुखम् विहरतः क्रौंचमिथुनाद् एकं व्याधेन निहतं दृष्ट्वा महाकवेः मुखात् सहसा कारुण्यपूर्णा, तेजोमयी सरसा, वाक् प्रास्फुरत्–

#### मा निषाद प्रतिष्ठाम त्वमगमः शाश्वती समाः। यत् क्रौञ्चमिथुनादेकमवधीः काममोहितम्।।

तत्कालात् आरभ्य भारतीयवाङ्ममये लौकिकभावोपेता रामकथामूला रामायणसरित् प्रसूता ।

रामायणे अनेकानां विषयानां संग्रहः दृश्यते। रामायणे क्वचिद् उपनिषदाम्, क्वचिद् स्मृतीनाम्, नीतिशास्त्रस्य, क्वचिद् विज्ञानस्य, क्वचिद् मनोविज्ञानस्य, क्वचिद् आयुर्वेद—धनुर्वेद—ज्योतिष—तन्त्रादीनाम्—सारः तत्सम्बद्धः उपयोगिनः विषयाः च सन्ति ये वाल्मीकेः पाण्डित्यम् कथयन्ति।

रामायणम् एकम् उपजीव्यम् काव्यम् अस्ति । अस्य आधारं कथां च गृहीत्वा अनेकानि काव्यानि नाटकानि च रचितानि । प्रतिमानाटकम्, रघुवंशम् कुन्दमालः, भट्टिट्टकाव्यम्, महावीरचरितम्, उत्तररामचरितम्, अनर्घराघवम्, रामायणमञ्जरी, रामायणचम्पू आदीनि, काव्यानि रामायणे च रचितानि सन्ति । भारतस्य अनेकासु, भाषासु अस्याः अनुवादाः उपलभ्यन्ते । वस्तुतः सर्वेषाम् काव्यानाम् पथप्रदर्शकः अयम् एव ग्रन्यः ।

भारतीयसंस्कृतेः समुज्ज्वलं मनोहारी स्वाभाविकम् च चित्रम् अस्मिन् महाकाव्ये समुपलभ्यन्ते । पिताधर्मम्, पुत्रधर्मम्, पतिवर्मम्, पत्निधर्मम्, भातृधर्मम् सर्वम् एव तत्र प्रतिपादितम् अस्ति । भारतीय–परिवारस्य विभिन्नाम् सदस्यानाम् परस्परम् कीदृशः व्यवहारः आदर्शरुपे भवति, इदम् अत्र स्पष्टतया प्रकाशितम् वर्तते । अस्मात् प्रेरणाम् आदाय जनः मंगलमयम्, शान्तिमयम् स्वहितकरम् जीवनं यापयित्वा स्वस्य स्वपरिवारस्य स्वसमाजस्य स्वराष्ट्रस्य विश्वस्य च हितं साधयितूम् शक्नूवन्ति ।

अस्मिन् काव्ये वर्णन—चातुर्यम् सर्वत्र दृश्यते। प्रकृति—वर्णने वाल्मीकिः अप्रतिमः अस्ति। चरित्रचित्रणम् अपि सजीव्म् व्यक्तित्वयुक्तम् च विद्यते। भातृप्रेम्णः यादृशी भावना अत्र संलक्ष्यते न तत्र कुत्रापि अस्ति<mark>। सीतायाः चरितम् भारतीयनारीच</mark>त्तिस्य आदर्शस्य प्रतीकम् अस्ति।

रामायणे सर्वेषाम् रसानाम् परिपाकः वर्तते । तथापि प्रमुखोरसः करुणः अस्ति । वस्तुतः करुण रसस्य उद्गमः रामायणात् एव अभवत् । क्रौंचद्वन्द्वस्य वियोगेन एव शोकः श्लोकत्वम् आगतः । रामायणम् रसपरिपूर्णम् काव्यम् अस्ति । उक्तम अपि—

#### "हास्य–शृंगार–कारुण्य–रौद्र–वीर–भयानकैः। बीभत्सादभुत्संयुक्तम् काव्यमेतत् अगायताम्।।"

रामायणे सर्वत्र स्वाभाविकता विद्यते । वर्णनानि मनोहराणि रम्याणि च सन्ति । अस्य काव्यस्य सुन्दरकाण्डस्य सुपमा तु जगत् प्रसिद्धा वर्तते । एवम् उदात्तत्य वर्णनीयस्य विषयस्य गौरवेण, पात्राणा सफलचित्रणेन, घटनाना वैविध्यपूर्ण–गांभीर्येण च समन्वितम् इदम् आदिकाव्यं विश्वसाहित्ये समुज्ज्वलं रत्नं इव देदीप्यमानम् वर्तते । अन्ततः रामायणाविषये एवम् आशामहे–

#### "यावद् स्थास्यन्ति गिरयः सरितश्च महीतले। तावत् रामायणीकया लोकेषु प्रचरिष्यति।।"

— अर्पिता स्नातक, संस्कृत विशेष, तृतीय वर्ष

### महाभारतं ज्ञानस्य स्रोतः

भारतीयसांस्कृतिकधार्मिकविरासतां महाभारतस्य महत्त्वपूर्णं स्थानम् अस्ति। व्यासऋषिना लिखिते अस्मिन् महाकाव्ये गहनप्रज्ञा, नैतिकपाठाः, दार्शनिकदृष्टिकोणाः च सन्ति। अस्य महत्त्वं कालम् अतिक्रम्य भारतीयकला, साहित्यं, सामूहिकचेतना च प्रभावितं करोति।

महाभारतं महाकाव्यं कुरुवंशस्य कथां कथयति, पाण्डवानां कौरवानां च विग्रहं केन्द्रीकृत्य। अस्य मुख्यं उद्देश्यं धर्मस्य (नैतिकदायित्वस्य), कर्मस्य (कर्मस्य), शुभाशुभस्य च चर्चा अस्ति। महाभारतस्य भागः भगवद्गीता कुरुक्षेत्रस्य युद्धक्षेत्रे भगवतः कृष्णस्य कर्तव्यविषये अर्जुनाय उपदेशानां वर्णनं कृत्वा महत्त्वपूर्णं शास्त्रम् अस्ति। गहनदार्शनिकप्रश्नानां सशक्तसमाधानं प्रदाति, धार्मिकजीवनस्य मार्गदर्शनं च ददाति।

महाभारतस्य पात्राणि बहुपक्षीयानि सन्ति, ये मानवस्वभावस्य जटिलतां स्थापयन्ति । युधिष्ठिरः, भीमः, अर्जुनः, नकुलः, सहदेवः इत्यादयः पाण्डवाः नैतिकता—शौर्य—निष्ठा—गुणानां उदाहरणं ददति । विपर्ययः कौरवराज दुर्योधनेन सह लोभस्य, ईर्ष्यायाः, अधर्मस्य च प्रतीकम् अस्ति । भगवद्गीतायाः केन्द्रपात्रः भगवान् श्रीकृष्णः दिव्यमार्गदर्शकरूपेण प्रज्ञां उपदेशं च प्रदातुं कार्यं करोति ।

महाभारतं न केवलं ऐतिहासिकं आख्यानं अपितु आध्यात्मिकं नैतिकं च मार्गदर्शनम् अपि अस्ति । अस्य उपदेशाः कुरुक्षेत्रस्य युद्धक्षेत्रात् परं विस्तृताः सन्ति, येन जीवनस्य सम्बन्धानां, कर्तव्यस्य, न्यायस्य, स्वकर्मणां परिणामस्य च अवगमनं प्राप्यते ।

महाभारतस्य प्रभावः साहित्यस्य, नृत्यस्य, संगीतस्य, नाटकस्य च विविधक्षेत्रेषु गच्छति । असंख्यविनोदाः, अनुकरणाः, व्याख्याः च प्रेरिताः, येन कालातीततायाः परं प्रकाशः अभवत् । एतत् विशालं महाकाव्यं नेतारः, विद्वांसः, विचारकाः च प्रेरणास्रोतः सन्ति, ये नैतिकधार्मिकमार्गदर्शनार्थं तस्य शिक्षाभ्यः आकर्षयन्ति ।

महाभारतम् एतादृशः अमूर्तः कल्याणग्रन्थः अस्ति यः न केवलं रूपेण ऐतिहासिकः, अपितु आत्मायाः गहन—अध्ययनस्य माध्यमः अपि अस्ति। अस्मिन् ब्रह्मविद्याधर्ममोक्षसिद्धान्ताः सन्ति। महाभारतस्य अभिन्नभागः भगवद्गीता धर्म—तपः, भक्ति—द्वारा जीवनस्य मार्गदर्शनं करोति। अस्मिन् सम्पूर्णमहाभारतस्य सारः अस्ति, यः नित्यसत्यस्य भण्डारः अस्ति, यः पारमार्थिकतां, आत्मसाक्षात्कारं च प्रति मार्गदर्शनं करोति।

– भूमिका
 संस्कृत विशेष, प्रथम वर्ष



# शष्ट्रीय गौरव प्रतिकानि

राष्ट्रीयः पक्षी अस्ति मयूरः। राष्ट्रभाषारूपेण हिन्दीभाषा स्वीकृता। दृष्टिदर्शन—प्रतीक—रूपेण उपनिषद्वाक्यं स्वीकृतम् 'सत्यमेव जयते'। अपि च राष्ट्रीयः ध्वजः अस्ति त्रिरङ्गरञ्जिता पताका। राष्ट्रगानमस्ति जनगणमन—अधिनायक आदिकम्। राष्ट्रीयसम्वद् रूपेण शकसम्वत्। राष्ट्रपुष्पं कमलम्। राष्ट्रपशुः सिंहः। राष्ट्रचिह्न प्रतीकम् अशोक— स्तम्भस्य सिंहशीर्षम्। राष्ट्रपिता महात्मा गान्धीः। भारतस्य संस्कृति प्रतीक चिह्नानि अपि अनेकानि। यथा दीपकः प्रकाशप्रतीकम् कलशः मङ्गल प्रतीकम्। चक्र समय—प्रतीकम्। स्वस्तिकम् कल्याणस्य प्रतीकम्। नटराजः शिवः आत्मानन्द—प्रतीकम्। बोधिवृक्षः शान्ति—प्रतीकम्। गजः समृद्धि—प्रतीकम्। हिमालयः गौरव— प्रतीकम्। गङ्गा प्रवाहप्रतीकम्। श्रीमद्भगवद्गीता कर्म—शपथ— प्रतीकम् राष्ट्रीय प्रतीकम्। चिह्नरूपेण विविधोपाधियुक्ताः पुरुषाः यथा, गोस्वामी तुलसीदासः, रामकृष्णपरमहंस, महामना मदनमोहन मालवीय, महात्मा मोहनदास करमचन्द गाँधीः, लोकमान्यः बालगङ्गाधर तिलकः, महीयसी महादेवी वर्मा इत्यादयः।

> – खुशी कुमारी रनातक, संस्कृत विशेष, प्रथम वर्ष

#### योगस्य महत्त्वं

आधुनिकयुगे जनाः आरोग्ये शारीरिके क्षमतायां च प्रधानं ध्यानं कुर्वन्ति । आरोग्यं प्राप्तुं योगसाधनानि महत्त्वपूर्णानि सन्ति । स्वस्थस्य शरीरस्य कृते अनेके प्रकल्पाः भवन्ति परं स्वस्थ जीवने योगस्य महती भूमिका अस्ति । योगः चित्तवृत्तिः निरोध अर्थात् चित्तस्य वृत्तेः निरोधः एव योगः वर्तते । चित्तस्य वृत्तेः निरोधेन एव मानवः स्वकार्यं सम्यक् रूपेण कर्तुम् समर्थः भवति । योगावस्थायां मानवः आसक्ति–राग–द्वेष–सुख–दुखात मुक्तिं प्राप्नोति ।

योगसाधनानि अष्टाङ्गानि भवन्ति, यथा यमः, नियमः, आसनं, प्राणायामः, प्रत्याहारः, धारणा, ध्यानं, समाधिः च। ये अष्टाङ्गानि साधकेन समुच्चैः प्रयत्नेन अभ्यास्यन्ते, ते चित्तशुद्धिं च प्राप्नुवन्ति ।

<mark>योगसाधनानां फलं विविधमस्ति । प्रथमं,</mark> आरोग्यं प्राप्नोति । योगः दीर्घायुः संरक्षणं च करोति । द्वितीयं, मानसिकशमत्त्वं वृद्धिं लभते । तृतीयं, आत्मनिरीक्षणं सुखं च ददाति । चतुर्थं, आत्मसाक्षात्कारं लभते ।

इत्थं आधुनिक योगे योगस्य चिन्तनं प्रयोगं च आवश्यकमस्ति यतोहि—

- योगसाधनानि आरोग्ये समृद्धिं च उपयुञ्जन्ते, तेषां च आत्मसाक्षात्कारे सहायकानि भवन्ति ।
- 2. योगस्य माध्यमेन आरोग्यं आत्मनिरीक्षणं च लभतेद्य
- स च आधुनिकजीवनस्य अभिवृद्धिरूपं आवश्यकः अस्तिद्य
- योगाभ्यासेन रोगनिवृत्तिः अपि सम्भवति, योगः शारीरिकाणि कष्टानि निवारयितुं समर्थः भवति ।
- योगः आत्मसाक्षात्कारं च ददाति, आत्मस्थितिं सम्पद्यते।
- योगाभ्यासेन स्वातंत्र्यं समत्वं च प्राप्नोति, जीवने सुखं च दृढं स्थिरं भवति।

<mark>इत्थं, योगसाधनानि स्वास्थ्यस्य कृते अत्यन्तं महत्वपूर्णं अस्ति, अस्य अभ्यासः अवश्यमेव करणीय ।</mark>

— जया प्रभा रनातक, संस्कृत विशेष, प्रथम वर्ष



## शीता शुवचनानि

- यदा यदा हि धर्मस्य गलानिर्भवति भारत ।
  - अभ्युत्थानमधर्मस्य तदात्मानं सृजाम्यहम् ।।
  - परित्राणाय साधूनां विनाशाय च दुष्कृताम् । धर्मसंस्थापनार्थाय सम्भवामि युगे युगे ।।
- सुखदुःखे समे कृत्वा लाभालाभौ जयाजयौ ।
- ततो युद्धाय युज्यस्व नैवं पापमवाप्स्यसि ।।

#### – टीशा

रनातक, संस्कृत विशेष, प्रथम वर्ष

- वेदाविनाशिनं नित्यं य एनमजमव्ययम् ।
- कथं स पुरुषः पार्थ कं घातयति हन्ति कम् ।।
- जातस्य हि ध्रुवो मृत्युर्ध्रुवं जन्म मृतस्य च । तस्मादपरिहार्येऽर्थे न त्वं शोचितुमर्हसि ।।
- नैनं छिन्दन्ति शस्त्राणि, नैनं दहति पावकः । न चैनं क्लेदयन्त्यापो न शोषयति मारुतः ।।

य एनं वेत्ति हन्तारं यश्चैनं मन्यते हतम् । उभौ तौ न विजानीतो नायं हन्ति न हन्यते।।

## गीतायाः संदेशः

मम् प्रियम् पुस्तकं श्रीमद्भगवद्गीता अस्ति। श्रीमद्भगवद्गीता समस्त संसारे विख्याता। श्रीमद्भगवद्गीता महर्षिणा वेदव्यासेन विरचिता।अस्यां अर्जुनं प्रति प्रदत्तम् श्रीकृष्णस्य उपदेश वर्णनं अस्ति। संसारस्य अधिकांश भाषासु अस्या अनुवादाः संपन्नाः।

अष्टादश अध्यायेषु विभक्ता श्रीमद्भगवद्गीता अध्यात्म – कर्म – ज्ञान – भक्ति – ध्यान – संन्यासाः मार्गस्य उपदेशिका। अस्मिन् ग्रन्थे सकलमानवतायै शान्ति सन्देशाः प्रदत्ताः।

श्रीमद्भगवद्गीता निष्काम – कर्मणः उपदेशं ददाति, निर्भीकतां च शिक्षयति। गीतानुसारेण आत्मा अजः, नित्यः, शाश्वतः, अनादिश्च अस्ति। गीतायां संदेशः विश्वबंधुत्वस्य, विश्व शान्तेः संदेशः, आदर्श मानवस्य च संदेशः। सर्व शास्त्राणां सारभूतं गीता अमूल्यं अप्रतिम ग्रन्थरत्नं कथ्यते। संस्कृत साहित्यस्य प्रसिद्धतमः ग्रन्थः श्रीमद्भगवद्गीता अस्ति।

<mark>इयम् अस्माकं देशधर्मसंस्कृतीनां अमूल्यनिधि रुपे</mark>ण प्रतिष्ठितं वर्तते । अस्या रचयिता वेदव्यासः आसीत् । एषा महाभारतस्य महाकाव्यस्य एकः भागः अस्ति ।

गीता कथयति यत् कर्मसु आसक्तिभावना नैव कदापि वर्तितव्या। अनासक्तिभावनया कृतं कर्म न बंधनहेतुः, न च दुःखकारणम्। मोक्षस्य साधनमेव तद् भवति। कर्तव्यभावनया, अनासक्तभावेन च यत्कर्म क्रियते तदैव कर्मकौशलमिति उपपद्यते। एतदेव परमो योग इत्युच्यते– तस्माद् योगाय युज्यस्व योगः कर्मसु कौशलम्। कर्मणैव मानवलोकेऽस्मिन् साफल्यमधिगच्छति, कर्म एव संसार–पारावारस्य संतरणसाधनम्। लघुतमप्राणी पिपीलिकोऽपि स्वकर्म करोति, चलति सततं, स्वलक्ष्यमाप्नोति। अतः कर्मरतेन भवितव्यं मानवेन सदा, न कर्म कदापि फलेच्छया विधातव्यम्, भगवता श्रीकृष्णेनोक्तोक्तिरियञ्च सदैव मनसि ध्यातव्या निवतं कुरु कर्म त्वं, कर्म ज्यायो ह्यकर्मणः।

> – खुशी शर्मा रनातक, संस्कृत विशेष, तृतीय वर्ष



स्त्री-श्रिक्षा

वर्तमानकाले संसाररथस्य द्वे चक्रे स्तः । नरनार्याः च समान—महत्वम् अस्ति । नार्यां विना नरः संसारथस्य संचालनकर्तुं न शक्नोति । नारीं विना नरः अपूर्णः, नरं विना नारी अपि अपूर्णा । प्राचीन काले, स्मृतिकाले, रामायण— महाभारतादि काले च नारीणां स्थिति गौरवास्पदम् आसीत् । सा गृहणी, गृहस्वामिनी, परिवार कल्याणकारी चासीत् । उच्यते च यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः । परं मध्यकाले तासां स्थिति दयनीया समभवत् । प्रायशः एकः शताब्दीपूर्व नारी— स्वातन्त्रयस्य आनदोलनम् प्रारब्धम् अभवत् । आन्दोलनस्य प्रवर्तकाः सन्ति स्वामी दयानन्द सरस्वती, राजाराम मोहनरायः, महात्मा गांधी रविन्द्रनाथ ठाकुर प्रभृतयः । आधुनिकाले नार्यां विना अयं समाजः अपूर्णः अस्ति । अशिक्षित नारी संसारथं कथं चालयति । अतः स्त्रीशिक्षा अतीवावश्यकी । कुलस्य समाजस्य च उत्थानं कृते स्त्रीशिक्षा अनिवार्या खलु, यतः शिक्षिता नारी न केवलं स्वजीवनं सफलं करोति, किन्तू सा परिवारस्य राष्ट्रस्यापि अभ्यूदयं करोति ।

शिक्षिता स्त्री विज्ञान क्षेत्रे, व्यापार क्षेत्रे, व्यवसाय क्षेत्रे कार्येषु महती क्षमतां घोषयन्ति । पुरुषवत् स्त्रीयः अपि प्रत्येकक्षेत्रे कार्यं कर्तु शक्यन्ते । तस्याः शिक्षण, सेवा, प्रौद्योगिकी, चिकित्सा क्षेत्रे, प्रशासन, आदि क्षेत्रे महतीं योगदानं भवन्ति । स्त्री यदि शिक्षिता भविष्यति तर्हि अस्माकं विकसित भारतस्य स्वप्नं सफलं भविष्यति यतो हि स्त्री सम्पूर्णं गृहस्य आधारशीला अस्ति । यदि आधारः सुदृढ़ भविष्यति तर्हि सम्पूर्ण गृहं, समाजः, देशः, विश्वः समृद्धः भविष्यति ।

> – **पूजा** रनातक, <mark>संस्कृत विशेष</mark>, प्रथम वर्ष

## योगः कर्मशु कौशलम्

योगः अद्यत्वे प्रसिध्दः पदः अस्ति, एषः आध्यात्मिकः अनुशासनः इति कथ्यते । योगः एकम् आध्यात्मिके अनुशासने अत्यन्त सूक्ष्म विज्ञाने च आधारितं ज्ञानम् अस्ति । यस्य उद्देश्यं शरीरस्य मनसः च मध्ये सामञ्जस्यं स्थापयितुम् भवति । योगः स्वस्थजीवनप्राप्तर्थं विज्ञानं कला च अस्ति । योगशब्दस्य उत्पत्तिः संस्कृतस्य युज् धातौ घञ् प्रत्ययेन निष्पन्नः वर्तते । कर्मसु कुशलतायाः नाम योगः अस्ति ।

योगः मानवस्य शरीरस्य मनसः भावनायाः ऊर्जायाः च स्तरे कार्यं करोति। योगेन शरीरे लचीलता मनः विश्रातिं च प्राप्यते। विभिन्नानि आसनानि जनाः कुर्वन्ति तथा प्रत्येकस्य आसनस्य मनसि शरीरे च स्वकीयाः लाभाः सन्ति। योगः अस्माकं मनः तीक्ष्णं कर्तुं बुध्दिवर्धनं च कर्तुं समर्थः अस्ति। नियमितरूपेण योगस्य अभ्यासः अस्माकं भावनां नियंत्रयितुं, कल्याणं च प्रवर्तयितुं साहाय्यं कर्तुं शक्नोति। श्रीमद्भगवतगीतायाः अनुसारः–

#### योगस्थः कुरु कर्माणि सङ्गं त्यक्त्वा धनञ्जय। सिद्धयसिद्धयोः समो भूत्वा समत्वं योग उच्यते।।

योगस्य लाभस्य विषये जनान् अवगतं कर्तुं विश्वे 21 जून दिनाङ्के अन्तर्राष्ट्रीययोगदिवसः आचर्यते। योगः विश्वस्य जन्संख्याया स्वास्थस्य कृते विस्तृत— रूपे कार्यं करिष्यति। योगः जीवनस्य प्रत्येकस्मिन् पक्षे सामंजस्य स्थापयति विश्वस्य सर्वेषु देशेषु योग—शिक्षकानां आवश्यकता वर्धमानां अस्ति। योग—माध्यमेन विश्वे रोजगारस्य अवसरः उपलभ्यन्ते।

<mark>योगेन अस्माकं जीवनस्य गुणवत्तायां सुधारः भवति । अतः अस्माभिः</mark> नियमितरूपेण तस्मिन् कार्यं कर्तव्यम् ।

– खुशबू रनातक, संस्कृत विशेष, प्रथम वर्ष



## जननी जन्मभूमिश्च स्वर्गादपि गरीयसी

जगदि जनन्याः स्थानं महत्वपूर्णमस्ति । जननी हि सर्वाधिका पूजनीया वर्त्तते । अत एव तस्याः प्रतिष्ठा वर्त्तते । माता पुत्राणां कृते कष्ट समूहमपि न गणयति । पुत्राणां प्रसन्नतयैव सा स्वकीयां प्रसन्नतामनुभवति । तेषां सुखाय सा अहर्निशं कार्यं करोति । अत एव कथयितुं शक्यते यत् पुत्राणां कृते मातुः प्रेम स्वाभाविकः भवति ।

जननी बालकं सादरं लालयति पलायति च । तस्याः वात्सल्यं प्रेमलालनं च वयं न वर्णयितुम शक्नुवन्ति । माता सर्वदैव तथा प्रयतते यथा तस्याः पुत्रः गुणवान्, शीलवान्, विद्वान्, सुखी च भवेत् । सा सर्वदा स्वकीयमभीष्टं न चिन्तयित्वा बालकस्य मनोरथं सम्पादयति । बालकोऽपि स्वमातरं प्रति प्रेम करोति । महाभारते यदा यक्षो युधिष्ठिरमपृच्छत्—

"किंस्विद् गुरुतरा भूमेः?" तदा युधिष्ठिरः तं प्रतिवदति – "माता गुरुतरा भूमेः"।

जननी पूजनीया । आजन्मनः सेवमानोऽपि तस्याः ऋणाद् मुक्तो न भवति । अत एव कथयति मनुः –

#### यं मातापितरौ क्लेशे सहेते सम्भवे नृणाम्। न तस्य निष्कृतिः शक्या कर्तुं वर्षशतैरपि।।

यत्र जनः जन्मं लभते सा एव तस्य जन्मभूमिरस्ति। जननीव जन्मभूमिरपि लालयती पालयति च। अतेव जननी जन्मभूमि च स्वर्गाद् अपि श्रेष्ठः अस्ति।

> - **मुस्कान** रनातक, संस्कृत विशेष, प्रथम वर्ष

## उद्यमेन हि सिध्यन्ति कार्याणि न मनो२थैः

भूलोके परमेश्वरः समस्तमपि भूतजातम् उद्योगनिरतं निर्मितवान् । तथाहि पृथ्वी चक्रवत् भ्रमति, वसन्तादीन् ऋतूंश्च चालयति । सूर्यो द्वादशराशिषु भ्रमन् जगत् प्रकाशयति । वायुः सर्वेषां जीवनं संचारयति । जलं नदीनदादिभिः सेचनक्रियामिः सस्यकार्यं करोति । सत्यमेतत् यत् भूतजातं स्वभावत एव उद्योगनिरतं वर्तते ।

सर्वेषामेव कार्याणां कृते उद्यमः परमावश्यकः । केवलेन मनोरथेन न कोऽपि जनः किमपि सिद्धिं तभते, पुरुषार्थहीना जना न किमपि कर्तुं शक्ताः । पुरुषार्थविना सकलः अपि समाजः निष्क्रियः निर्थकश्च भवेत् ।

<mark>सर्व एव मानवाः सुखमिच्छन्ति। तत् हि</mark> उद्योगेन विना नैव सिध्यति। उद्योगनैव जनः जगति विद्यां धनं प्रतिष्ठां च लभते। उद्योगेन विना न कोऽपि सुखं प्राप्नोति। उक्तं च

> उद्यमेन हि सिध्यन्ति कार्याणि न मनोरथैः। न हि सुप्तस्य सिंहस्य प्रविशन्ति मुखे मृगाः।।

अतएव

न दैवमिति संचिन्त्य त्यजेदुद्योगमात्मनः। अनुद्योगेन तैलानि तिलेभ्यो नाप्तुमर्हति।।

<mark>अनुद्योगः मानवस्य बलीयान् रिपुः, स खलु सदैव दुःखस्य कारणम् । तथा</mark>हि–

#### "आलस्यं हि मनुष्याणां शरीरस्थो महान् रिपुः। नास्त्युद्यमसमो बन्धु यं कृत्वा नावसीदति।।"

अतोऽस्माभिः नितराम् उद्योगपरैर्भाव्यम्। परमेश्वरेण अस्मभ्यम् उद्योगः समर्पितः, दैवं तु तेन स्वायत्तीकृतम्। उद्योगमाश्रित्य स्वयमेव भगवता रामेण सुग्रीवः सुहत् कृतः, रावणश्च निहतः। उद्योगेनैव पाण्डवा नष्टं राज्यम् उपलब्धवन्तः। निर्धना धनिनः, निर्बला सवलाः अज्ञानिनो ज्ञानिनः भवन्ति। उद्योगेनैव महाकवि कालिदासः कविकुलचूडामणिर्वृत्तः, आदिकविर्वाल्मीकिश्च कविवरः सञ्जातः। को न जानाति लोकमान्यतिलक – गोखले – गन्धिप्रभृतिभिः देशभक्तैः पुरुषार्थेनैव वैदेशिकपारतन्त्र्यात् मातृभूमिः स्वतन्त्रीकृता। उद्योगेनैव सर्वं सिध्यति, अनुद्योगेन च नश्यति। सम्यगुक्तं केनचित्कविना–

> "उद्योगिनं पुरुषसिंहमुपैति लक्ष्मीर्दैवेन देयमिति का पुरुषा वदन्ति। दैवं निहत्य कुरु पौरुषमात्मशक्त्या, यत्ने कृते यदि न सिध्यति कोऽत्र दोषः।।"

> > — मिताली राठौर स्नातक, संस्कृत विशेष, तृतीय वर्ष

#### विद्यायाः महत्वम्

<mark>यद्यपि संसारे बहूनि</mark> धनानि सन्ति । तानि खलु भवन्ति नश्यन्ति च । परन्तु तेषां सर्वेषां मध्ये विद्याधनमेव सर्वश्रेष्ठमस्ति । यतोहि <mark>विद्याधनं कदापि नहि न</mark>श्यति अत एव विद्याधनस्य प्रधानता वर्तते एव ।

विद्या शब्दस्य सिद्धि ज्ञानार्थकविद्धातुना भवति। अतः विद्याशब्दस्य अर्थः ज्ञानमस्ति। इत्थं तावत् कथयितुं शक्यते यत् कस्यापि पदार्थस्य ज्ञानं विद्या इति कथ्यते।

<mark>एतद् विद्याधनमेव एतादृशं धनमस्ति</mark> यत् खलु व्यये कृते सति वृद्धि गच्छति। अन्ये पदार्थास्तु व्यये कृते सति समाप्ति गच्छन्ति परन्तु एषा विद्या वृद्धि गच्छति।

विद्याधनमेव एतादृशमस्ति यत्किल केनापि चौरेण न नेतुं शक्यते । भ्रातापि तद्धनस्य विभागं कारयितुं न शक्नोति । राजानोऽपि तद्धनं हर्तुं न शक्नुवन्ति विद्यया एव मानवो मानवो भवति । विद्या नराणां गुप्तं धनमस्ति । विद्या एव भोगकरी सुखकरी च विद्यते । विद्यया एव यशो लभ्यते । विद्वान पुरुषः सर्वत्र पूज्यते । नीतिशतके उक्तं—

> विद्या नाम नरस्य रूपमधिकं प्रच्छन्नगुप्तं धनम् विद्याभोगकरी यशः सुखकरी विद्या गुरुणां गुरुः। विद्या बन्धुजनो विदेशगमने विद्या पररा देवता विद्या राजसु पूज्यते न तु धनं विद्याविहीनः पशुः।।

जगति मानवो विद्यया एव प्रतिष्ठां लभते। अनया एव मनुष्यः सर्वत्र सम्माने लभते। येऽपि महापुरुषाः जगति ख्याति लेभिरे ते सर्वे विद्ययैव। विद्वासं एव जगतो दुःखानि अपसारयितुं प्रभवन्ति। ते एव खलु उपदेशकाः विचारका मननशीलाः मन्त्रिणो नेतारश्च भवन्ति, ते एव जगतः प्रियं वर्धयन्ति जनानां च सुखीकुर्वन्ति। विद्ययैव कर्तव्याकर्तव्यविधेः ज्ञानं भवितुमर्हति। विद्या लक्ष्मीं तनोति। विद्यायाः माध्यमेन मनुष्याः यशः प्राप्नुवन्ति। विद्या सर्वधनं प्रधानम् अस्ति। अतः सर्वे विद्याध्ययनम् अवश्यं कर्तव्यम्।

> — **मुस्कान द्विवेदी** स्नातक, संस्कृत विशेष, प्रथम वर्ष



#### वाक्-तपः

"वाक्—तपः" यस्य अर्थः सत्यस्य अहिंसायाः च मध्ये सम्यक् सन्तुलनं निर्माणं। या वाक् क्षोभयति सा सत्यं सुखदं हितकरं च भवति वाचः तपः उच्यते। ब्रह्मणा सृष्टा, पवित्रत्वेन वाक् परहानिकारकं न प्रयोक्तुं शक्यते। यदि तस्य परिणामः परहानिः भवति तर्हि केवलं छद्मसत्यं न तु वस्तुतः सत्यम्। अत एव सत्यं भूतानां हिताय भवेत् इति उच्यते। अत एव उक्तम्— सत्यं वदेत् प्रियं वदेत् न अप्रियं सत्यं वदेत् न च प्रियं असत्यं वक्तव्यं ,एषः नित्यनियमः (धर्मः)।

"वाक्शक्तिः मनुष्यस्य मनसि हृदये च गहनं प्रभावं करोति। यः स्ववाक्यं नियन्त्रयति, यः परदुष्टं न वदति किन्तु मृदुभाषति, कदापि मिथ्या अनृतं न वदति, तस्य वचनं सर्वदा सर्वेषां कृते हितकरं शान्तं च भवति। यदि साधकः मिथ्या न वक्तुं शिक्षते तर्हि सत्यं वदति। प्रेम सत्यं च परेषां बहु उपयोगी भवति। अध्यापनं पारस्परिकसञ्चारं च मुख्यतया वाक् माध्यमेन भवति। वयं यथा शब्दानां प्रयोगं कुर्मः तत् भेदं जनयति यत् यदि साधकः सौम्यरूपेण सत्यं वक्तुं शिक्षते तर्हि तस्य वचनस्य मानवस्य मनसि आत्मायां च अपारः प्रभावः भविष्यति। परन्तु यदा साधकः केवलं स्वार्थपूरणार्थं वदति अथवा किमपि अनर्गलं वदति तदा सः निरन्तरं स्वस्य कृते मनोवैज्ञानिकविघ्नान् सृजति। आप्तः महापुरुषः कदापि स्वस्य वाक् माध्यमेन कस्यचित् आहतं कर्तुं हानिं कर्त्त् कर्त्त् वा न अभिलषति। अभ्यासस्य प्रथमे चरणे न्यूनभाषणं शिक्षेत्, आवश्यकता–अनूसारेण एव वक्तव्यम्।

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द्वितीयपदे प्रतिदिनं पूर्णमौनस्य नियमितघण्टाः स्थापयेत्। तृतीये चरणे च असत्यं न वक्तुं संकल्पं कुर्यात्। असत्यस्य अभ्यासः बहुभिः कारणैः महत्त्वपूर्णः अस्ति। अनृतभाषिणः अग्राह्यभयात् भीताः मृषा वदन्ति च। किन्तु मृषावादे वाक्शक्तिः नष्टा भवति मनसि च सर्वदा विग्रहः भवति।

शास्त्रेषु उक्तं यत् वाक् एव शक्तिः अस्ति, तासाम् ऊर्जा अस्ति। भवतः भाषणं भवतः विचाराणां प्रतिबिम्बम् अस्ति। भवतः आन्तरिकं जीवनं भवतः चिन्तनपद्धत्या एव आकारितं भवति। यदि भवन्तः स्वस्य अन्तःजीवनं ज्ञातुम् इच्छन्ति तर्हि प्रथमं स्वस्य वाक्परीक्षणं कुर्वन्तु। भवन्तः यथा यथा भाषणस्य अध्ययनं कुर्वन्ति तथा तथा भवतः आन्तरिकविचाराः प्रकाशन्ते शान्तिं प्राप्तुं भवता व्यवस्थितरूपेण कार्यं कर्तव्यम्। प्रथमं जिह्तवायां शान्तिं आनयतु।

मधुरा वाचा स्वस्य वा परस्य वा हानिं न करोति इति निश्चयं करणीयम् इति अर्थः। निर्श्यकं वार्तालापं परिहरन्तु। एते पालनानि भवन्तं मानसिकशान्ति प्रति नेष्यन्ति। एतस्य वाच अनुशासनस्य अवलोकनेन भवन्तः ब्रह्म– विषये जागरूकतां धारयन्ति।

– निकिता शर्मा
 रनातक, संस्कृत विशेष, तृतीय वर्ष



विकशित भारतम्

2022 तमस्य वर्षस्य अगस्तमासस्य 15 दिनाङ्के प्रधानमंत्री नरेन्द्रमोदी लालदुर्गस्य प्राचीरात् अमृतकालस्य पञ्चसिद्धान्तानां विषये चर्चां कृतवान् आसीत्, यस्मात् एकः विकसितस्य भारतस्य निर्माणम् आसीत्। प्रधानमन्त्री भारतस्य स्वातन्त्र्यस्य शताब्दीवर्षे 2047 तमवर्षपर्यन्तं विकसितभारतस्य लक्ष्यं प्राप्तुं प्रतिज्ञां कृतवान्।

प्रधानमंत्री नरेन्द्रमोदी इत्यनेन अद्यैव 'विकसितभारत 2024ः युवनां वाणी' इति विडियो— सम्मेलन शुभारम्भः कृतः। 2047 तमवर्षपर्यन्तं भारतं स्वनिर्भरं विकसितं च राष्ट्रं कर्तुं स्वप्नस्य साकारीकरणाय शपथः कृतः।

देशे सर्वत्र राजभवनेषु आयोजितेषु कार्यशालासु विश्वविद्यालयानाम् कुलपतिभिः, संस्थाप्रमुखैः संकायसदस्यैः च माध्यमेन विकसितभारतस्य एषा उपक्रमः प्रारब्धः । अस्याः उपक्रमस्य उद्देश्यं देशस्य राष्ट्रिययोजनानां प्राथमिकतानां, लक्ष्याणां च निर्माणे देशस्य युवानां सक्रियरूपेण सहभागिता भवति । अस्मिन् उपक्रमे आर्थिकवृद्धिः, सामाजिकप्रगतिः, पर्यावरणस्य स्थायित्वं, सुशासनम् इत्यादयः विविधाः पक्षा सन्ति । प्रधानमन्त्रिणा प्रत्येकस्य विश्वविद्यालयस्य छात्राणां युवानां च ऊर्जाः 'विकसितभारतस्य ' लक्ष्यं प्राप्तुं प्रवाहयितुं आवश्यकतां रेखांकितम् ।

विकसित भारतस्य अर्थः तादृशः भारतः यत्र दारिद्रयः, अशिक्षा च सर्वथा निर्मूलितः भवति। यत्र बालकाः महिलाः च सर्वात्याचारेभ्यः मुक्ताः सन्ति तथा च समाजे समुदाये वा निवसन् कोपि व्यक्तिः कदापि एकान्तवासं न अनुभवेत्। यस्मिन् स्वास्थ्यसेवाः सुचारुरूपेण कार्यं कुर्वन्ति। यत्र पारदर्शितायाः सह कार्यं क्रियते। यत्र कोपि छात्रः आर्थिकबाधायाः कारणात् शिक्षायाः वंचित न भवति तत् राष्ट्रम्। यत्र कृषि–उद्योगः अन्यैः उद्योगैः सह मिलिवा प्रगतिम् कर्तुं शक्नोति।

भारतं विकसितं कर्तुं अस्माकं पञ्चसु प्रमुख क्षेत्रेषु पूर्णतया ईमानदारी, समर्पणेन च कार्यं कर्तव्यम् । एतेषु कृषिः खाद्यप्रंस्करणं च, शिक्षाः स्वास्थ्यसुरक्षा च, सूचनासञ्चारप्रौद्योगिकी, विश्वसनीयविद्युत्शक्तिः, महत्त्वपूर्ण प्रौद्योगिकीषु आत्मनिर्भरता च सन्ति, ते परस्परं प्रभावं अपि कुर्वन्ति । अतः तेषु उत्तमः समन्वयः भवतु इति अतीव महत्वपूर्णम् ।

<mark>यदि वयं मिलित्वा कार्यं करिष्यामः तर्हिं निश्चयेन 2047 तमवर्षपर्यन्तं भारतं विकसितदेश भविष्यति ।</mark>

— निक्की कुमारी रनातक, संस्कृत विशेष, तृतीय वर्ष

#### Best Creative Piece in Sanskrit

#### रामराज्यस्य संकल्पः

हिन्दुधर्मपरम्परासु 'प्राण–प्रतिष्ठा'–समारोहस्य अतिमहत्त्वं वर्तते, तथा च एतादृशः एकः महत्त्वपूर्णः कार्यक्रमः अयोध्याराम–मन्दिर–स्थले 'प्राण–प्रतिष्ठा'–समारोहः अस्ति। 'प्राण–प्रतिष्ठा' समारोहः हिन्दुसंस्कृतौ महत्त्वपूर्णः संस्कारः अस्ति, यत्र दिव्यशक्तिः आहूय मूर्तियां वा देवतायां वा स्थाप्यते। 'प्राण–प्रतिष्ठा' इति संस्कृतशब्दात् निष्पन्न भवति। 'प्राण' इत्यर्थः प्राणशक्तिः, 'प्रतिष्ठा' इत्यर्थः स्थापना इति च। मूलतः अयं समारोहः मूर्त्यां जीवनं जनयति, दिव्यस्य उपासकस्य च मध्ये सम्बन्धं स्थापयति।

भगवान् रामस्य जन्मभूमिः अयोध्या हिन्दुपौराणिककथासु अपारं धार्मिकं महत्त्वं धारयति। अत्र भगवान् रामः बाल्यकालं व्यतीतवान्, अन्ते राजारूपेण शासनं कृतवान् इति विश्वासः अस्ति। प्राचीनकालात् अयोध्या आध्यात्मिकतानां, याचकानां, तीर्थयात्रिकाणां गन्तव्यस्थानम् अस्ति । अयोध्यानगरे राममन्दिरस्य दीर्घः कोलाहलपूर्णः इतिहासः अस्ति । दशकपर्यन्तं कानूनीयुद्धस्य अनन्तरं भारतस्य सर्वोच्चन्यायालयेन अन्ततः भव्यस्य राममन्दिरस्य निर्माणस्य पक्षे निर्णयः दत्तः। मन्दिरस्य निर्माणं हिन्दुसंस्कृतौ महत्त्वपूर्णं स्थानं अस्ति। भगवान्, रामस्य च प्रति गहनमूलं श्रद्धां अपि प्रतिबिम्बयति। अन्ते <mark>भारतीय—इतिहासस्य महत्त्वपूर्णः दिवसः आगतः यदा कोटि—कोटि</mark>—जनानाम् बहुप्रतीक्षितः स्वप्नः साकारः अभवत् , अयोध्यायां भव्य—राम—मन्दिरस्य निर्माणं साकारं जातम् द्य अयोध्यायां प्राणप्रतिष्ठा अथवा अभिषेकसमारोहः महत्त्वपूर्णं दिवसः अस्ति। <mark>अयं दिवसः अयोध्यायां राममन्दिरस्य 500 वर्षाणां अन्वेषणस्य समाप्तिम्</mark> अकरोत् । 2024 जनवरी 22 दिनाङ्कः सुवर्णाक्षरैः लिखितः यतः अस्मिन् दिवसे अयोध्यानगरस्य भव्यमन्दिरस्य ऐतिहासिकः उद्घाटनसमारोहः अभवत् । राममन्दिरस्य महत्त्वं न <mark>केवलं तस्य भव्यवास्तूकलायां अपितू तस्य आध्यात्मिकतत्त्वे अपि निहितं भवति,</mark> येन एकतायाः, आस्थायाः, सांस्कृतिकविरासतां <mark>च परिचयं प्राप्नुवन्तः । मन्दिरस्य निर्माणं भारतस्य सांस्कृतिकबन्धनं प्रतिनिधियति</mark> यत् विभिन्नजनानाम् एकसूत्रे नियोजयति । मन्दिर परिसरं न केवलं पूजास्थानं भविष्यति अपितु सांस्कृतिककेन्द्रमपि भविष्यति यत् भगवतः रामस्य शिक्षायाः प्रचारं करिष्यति । एतत् मंदिरम अस्माकं कृते धर्मस्य, सत्यस्य, करुणाया च मूल्यानि प्रवर्तयिष्यति । भौतिकसौन्दर्यात् परं मन्दिरं आध्यात्मिकतायाः सांस्कृतिकमहत्त्वस्य च प्रतीकम् अस्ति । रामस्य जीवने आधारितः रामायणस्य महाकाव्यस्य हिन्दुसंस्कृतौ महत् महत्त्वम् अस्ति । अयोध्यायां राममन्दिरस्य निर्माणं भगवतः रामस्य प्रति गहनस्य श्रद्धायाः प्रतीकम् अस्ति, तस्य समर्थितमूल्यानां नैतिकतानां प्रसारस्य कार्यं करिष्यति। अस्य निर्माणं आशायाः शान्तयः च प्रतीकरूपेण कार्यं करोति। अयोध्याराममन्दिरस्य 'प्राण–प्रतिष्ठा' समारोहस्य ऐतिहासिकं सांस्कृतिकं च महत्त्वं वर्तते । मन्दिरस्य निर्माणं महत्त्वपूर्णं अवसरं भवति, यत्र भक्ताः सान्त्वनां अन्वेष्टुं, प्रेरणाम् अन्वेष्टुं, दिव्येन सह स्वस्य आध्यात्मिकं बन्धनं सुदृढं कर्तुं च शक्नुवन्ति इति। एतस्य निर्माणं भारतसदृशे विविधराष्ट्रे शान्तिपूर्णसहजीवनस्य धार्मिकसहिष्णूतायाः च उदाहरणं स्थापयित्वा एकतायाः सद्भावस्य च विजयस्य सूचकं भवति । अधूना 'मेरे घर राम आये हैं' च इति जपः सर्वत्र वर्तते । सर्वेषां धर्मानां पृष्ठभूमिनां च जनानां कृते एतत सदभावनायाः सामञजस्यस्य च भावनां प्रतिबिम्बयति। अयोध्याकथायाः एषः नूतनः अध्यायः आध्यात्मिकसमुद्धि– सांस्कृतिकजीवन्ततायाः दिग्दर्शनम कारयति। आगामी पीढीनां कृते आस्था, आशा, एकता च प्रतीकरूपेण राममन्दिरः सदैव तिष्ठत् । भव्यवास्तुकलातः परं एतत मन्दिरं भावसङगमस्य प्रतीकम अस्ति । केषाञचन कृते विजयस्य विश्वासस्य च प्रतीकं भवति, केषाञचन कृते शान्ति–सौहार्दं प्रति सेतः भवति। अतः राममन्दिरं ऊर्जायाः प्रतीकम् अस्ति।

> – निकिता शर्मा रनातक, संस्कृत विशेष, तृतीय वर्ष

## जी-20 मध्ये भारतस्य भूमिका

जी–20 इत्यस्य पूर्णरूपं 'ग्रुप ऑफ ट्वेंटी' इति अस्ति। जी–20 अन्तर्राष्ट्रीय–आर्थिक सहकार्यस्य प्रमुखं मञ्चम अस्ति। सर्वेषु प्रमुखेषु अन्तर्राष्ट्रीय–आर्थिक–विषयेषु वैश्विक–संरचनायाः शासनस्य च निर्धारणे, सुदृढीकरणे च महत्त्वपूर्णां भूमिकां निर्वहति। जी–20 मञ्चस्य बृहतमं उद्देश्यं आर्थिक सहकार्यम् अस्ति। एषः अन्तर्राष्ट्रीयमञ्**चः अस्ति यस्मिन् अनेके देशाः भागं** गृहणन्ति, विश्वस्य वित्तीय–आर्थिक कार्यक्रमस्य विषये चर्चा च कुर्वन्ति। जी–20– सङ्घः व्यापारः, वित्तं, जलवायुपरिवर्तनं च इत्यादिषु विषयेषु केन्द्रितः अस्ति। अस्मिन् अमेरिका–चीन–भारत– इत्यादीनां प्रभावशालिनां अर्थव्यवस्थानां समावेशः अस्ति। एशिया–वित्तीय–संकटस्य अनन्तरं वैश्विक–आर्थिक–वित्तीय विषयेषु चर्चा कर्तुं विश्वस्य शीर्ष–20 औद्योगिक–उदयमान–अर्थव्यवस्थानां वित्तमन्त्रिणां केन्द्रीयबैङ्क–राज्यपालानां च मञ्**चरूपेण 2999 तमे** वर्षे जी–20–सङ्घरय स्थापना अभवत्।

जी—20 शिखर—सम्मेलनं प्रतिवर्षं एकस्य परिवर्तनशीलस्य राष्ट्रपतित्वस्य नेतृत्वे आयोजितं भवति यत् सर्वेषु सहभागिषु देशेषु परिवर्तनं भवति । जी—20 प्रारम्भे स्थूल— आर्थिक—विषयेषु बहुधा केन्द्रितः आसीत । परन्तु पश्चात् तया स्वस्य कार्यसूचनायाः विस्तारः कृतः यत् अन्येषां विषयेषु व्यापारः, सतत विकासः, स्वास्थ्यं, कृषिः, ऊर्जा, पर्यावरणं, जलवायुपरिवर्तनं भ्रष्टाचारविरोधी च अन्तर्भवति । एतत् अपि समाविष्टम् अस्ति ।

<mark>जी—20 सङ्घस्य मध्ये कनाडा—चीन—अर्जेंटिना—आस्</mark>ट्रेलिया—ब्राजील—भारतं—इन्डोनेशिया—यूरोपीयसडघः फ्रान्स—जर्मनी—इटली—जापान—मेक्सिक—रूस—सऊदी अरब—दक्षिण अफ्रिका—दक्षिणकोरिया—तुर्की—यूनाइटेड किङ्ग्डम्— <mark>संयुक्त राज्य अमेरिका—देश |: सन्ति |</mark>

भारतस्य जी—20 विषयः— "वसुधैव कुटुम्बकम्' अर्थात "एकः पृथिवी एकः परिवारः एकः भविष्यम्" इति अनावरणं कृतम् । जी—20 इत्यस्य विषयः भारतसर्वकारस्य जनकल्याणस्य दूरगामी —चिन्तनस्य च प्रत्यक्षं प्रमाणम् अस्ति यत् 'वसुधैव कुटुम्बकम्' अर्थात 'विश्वः एकपरिवारः' इति भावनां सुदृढं करोति ।

एषः प्रत्येकस्य भारतीयस्य कृते विशालः अवसरः सिद्धः भविष्यति वस्तुतः अस्य विशालस्य वैश्विकदेशसमूहस्य अध्यक्षतां कर्तु विशेषज्ञैः बहवः अर्थाः अवगच्छन्ति । सरलतया वक्तुं शक्यते यत् भारतस्य वर्धमानं महत्त्वं दर्शयितुं अयं वैश्विकमञ्चः अतीव महत्त्वपूर्णां भूमिकां निर्वहति । पीएम मोदी इत्यस्य नेतृत्वे केन्द्रसर्वकारस्य प्रयत्नस्य परिणामः एवं अधुना 'नवभारत' द्रुतगत्या आकारं गृहणाति ।

जी—20 शिखर सम्मेलनस्य उद्देश्यं सदस्यराष्ट्रेषु वैश्विक—अर्थ—व्यवस्था, वित्त—व्यापारः, निवेशः, जलवायु परिवर्तनं च इत्यादिषु महत्वपूर्णविषयेषु चर्चा कर्तुं प्रमुखानां आर्थिकराष्ट्रानां समागमः आहूतं वर्तते। जी—20 आर्थिकस्थिरता, जलवायुपरिवर्तनं, स्वास्थ्यं च इत्यादिषु विषयेषु अपि चर्चा करोति। जी—20 शिखर—सम्मेलने कृषिः, व्यापार, रोजगारः, ऊर्जा, भ्रष्टाचारविरुद्धं युद्धं वैश्विकस्तरस्य आतङ्कवाद इत्यादयः विषयाः सन्ति। भारतं 2023 तमे वर्षे प्रथमवारं जी—20—नेतृणां शिखरसम्मेलनं आहूयते। अस्य मञ्चस्य एकः मुख्यः उद्देश्यः अस्ति यत् विश्वस्य उन्नत — अर्थव्यवस्थाभिः सह उद्भूताः सर्वाः अर्थव्यवस्थाः एकत्र आनयितुं शक्नुवन्ति। वैश्विक आर्थिक—स्थिरतां सहकार्यं च प्रवर्तयितुं वर्तते। विश्वे दारिद्रयं, असमानतां, बेरोजगारी च न्यूनीकर्तुं अस्य उद्देश्यम् अस्ति। सदस्यदेशेषु सहकार्यं संवादं च प्रोत्साहयति। जी—20 अधिकं समावेशी, स्थायित्वं च विश्वस्य निर्माणार्थं प्रयतते। जी—20— सङ्घस्य माध्यमेन देशाः मिलित्वा उत्तमभविष्यस्य समाधानं अन्वेष्टुं कार्यं कुर्वन्ति।

– निक्की कुमारी
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## नारी- शिक्षायाः महत्त्वम्

अस्माकं समाजः न केवल पुरुषाणां किन्तु नारीणाम् अपि अस्ति । अतः सुसंस्कृतेः समाजे पुरुषाणां शिक्षा आवश्यकी अस्ति तथा स्त्रीणामपि । स्त्रीणाम समाजे स्थानं समानरूपेणास्ति । समाजस्थस्य द्वे चक्रे स्तः । यथा एकेन चक्रेण रथस्य गतिः असंभवा, तथैव जीवनस्य गति नारिणा विना असंभवा । अशिक्षिता नारी संसाररथ कथं चालयति । अतः स्त्रीशिक्षा अतिवावश्यकी ।

प्राचीनकालेऽपि स्त्रीशिक्षा अनिवार्या आसीत्। वैदिककाले नार्यः अधिकशिक्षिताः आसन्। गार्गी मैत्रेयी आद्याः विदुष्यः वेदशास्त्रार्थनिपुणाः आसन्। कालिदासस्य पत्नी विद्योत्तमा महती विदूषी आसीत स आधुनिककाले स्त्रियः शिक्षणमनिवार्यम् स यदि माता सुशिक्षिता भवेत् तर्हि सा स्वपुत्राणाम् पालनं शिक्षण च सुचारुरूपेण कर्तुं शक्नोति। यदि सा अशिक्षिता तर्हि तस्याः सन्तानः अपि संस्कारहीना विद्याहीना च भविष्यति। शिक्षिता नारी अधिकयोग्यतया गृहकार्य– संचालने समर्था भवति। अद्य एकमपि क्षेत्रं नास्ति यत्र नार्याः प्रभावः नास्ति।

<mark>विद्यालयेषु, महाविद्यालयेषु, कार्यालयेषु, सर्वत्र,</mark> नार्याः कार्यरताः सन्ति। किं बहुना अनेकाः नार्यः संसदसदस्याः सन्ति। नगरपालिकासु विधानसभासु लोकसभासु अपि सदस्याः सन्ति, ताः सुचारुरुपेन कार्यम् कुर्वति च।

श्रीमति इन्दिरागाँधी महोदया अस्माकं देशस्य प्रधानमंत्रिपदम् अलंकृता। श्रीमति सोनिया गाँधी महोदया अपि राजनीत्यां कार्यरता आसन्। कुलस्य तथा समाजस्य उन्नत्यर्थम् स्त्रीशिक्षा अनिवार्या खलुस यतः शिक्षिता नारी न केवलम् स्वजीवनम् सफलीकरोति, किन्तु सा परिवारस्य राष्ट्रस्यापि अभ्युदयं करोति स सुशिक्षिता नारी सर्वत्र पूज्यते।

उचितमिदम् कथितं– यत्र नार्यस्तु पूज्यन्ते, रमन्ते तत्र देवताः।

– रिया चौधरी
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## अस्माकं भारत-देशः

अस्माकं देशस्य प्राचीनतम् नाम 'भारतम' वर्तते। सम्प्रति अस्य हिन्दुस्तान, हिन्द, इण्डिया इत्यपि नामानि सन्ति। अर्थात् अस्माकं देशः भारतदेशः। एषः देशः विश्वस्य विशालः गणतन्त्रदेशः वर्तते। भारतदेशस्य उत्तरदिशी हिमालयः नाम उत्तुङ्गतमः पर्वतः अस्ति। दक्षिणदिशि श्रीलङ्कादेशः वर्तते। पश्चिमदिशि अफगानिस्तानदेशः तथा पूर्वदिशि वर्मा, नेपाल : चीनः च वर्तन्ते। गंगा, यमुना, कृष्णा, कावेरी, नर्मदा, ब्रह्मपुत्रा, गोदावरी च भारत– देशस्य नद्यःस भारतदेशः धार्मिकः देवभूमिः इति नाम्नाः प्रसिद्धः। केदारनाथः, बद्रीनाथः, काशी, मथुरा, सुवर्णमन्दिरः, वैष्णोदेवी इत्यादयः धार्मिक स्थलाः प्रसिद्धाः। वेदाः, रामायणम्, महाभारतम्, पुराणानि इत्यादि अस्माकं प्राचीनग्रन्थाः सन्ति।

अस्माकं देशे विविधाःभाषाः विविधाः धर्माः च स तथापि अस्माकम् एक राष्ट्रीयता अस्ति । अस्माकं देशः संसारस्य देशेषु अति पुरातनः देशः अस्तिस एतद विश्वस्य विशालः गणतन्त्र देशः । अत्रैव मानवसभ्यता सर्वप्रथम जन्म लेभे । इतः एव संसारे सर्वत्र सभ्यतायाः प्रचारः बभूव । अस्य महिमा अवर्णनीयाः अस्ति । अस्य गौरवं अतुलनीयः अस्ति ।

विविधतायाम् एकता भारतस्य विशेषता अस्ति । अस्माकं राष्ट्रध्वजः त्रिवर्णात्मकः, राष्ट्रीय वाक्यम्– सत्यमेव जयते नानृतमः, राष्ट्रीयचिन्हम् सिंहशीर्षम्, राष्ट्रगीतम्, राष्ट्रभाषा च अस्य राष्ट्रीयतायाः मुख्यधाराः सन्ति । संस्कृत भाषा एव अस्य प्राचीनतमा भाषा अस्ति । ज्ञान विज्ञाने अयम् देशः विश्वगुरु इति कथ्यते । भारतस्य उन्नत्यै एव अस्माकम् समयस्य, धनस्य च अधिकतमः उपयोगः भवेत् इति अस्माकं संकल्पःस प्रत्येकः नागरिकः भारतदेशस्य विकासाय प्रयत्न– शीलो भवेत् ।

> – वर्षा शर्मा रनातक, संस्कृत विशेष, द्वितीय वर्ष

## वसुधैव कुदुम्बकम् - भारतीयजीवनदर्शनस्य सारम्

वसुधैव कुटुम्बकं भारतीयजीवनदर्शनस्य सारम् अस्ति। अस्मिन् विषये प्रत्येकः भारतीयः गर्वितः अस्ति। उदारचरिता महानुभावाः सकलजन्कल्याणमेव चिन्तयन्ति, सर्वेषां दुखम् आत्मदुखम् अनुभवन्ति, स्वार्थं परित्यज्य लोकसेवां स्वीकृत्य निखिलं भूमंडलं स्वकुटुम्बमिव मन्यन्ते। एतस्मिन् भावनया युक्तमनुष्याः वसुधैव स्वकुटुम्बमिव जानन्ति। अधुना युगे वसुधैव कुटुम्बकं विश्वे अधिकाधिकं लोकप्रियं जातम्।

जी—20 सम्मेलने वयं तस्य प्रभावं द्रष्टुं शक्नुमः । यस्मिन् विश्वस्य सर्वेभ्यः देशेभ्यः प्रतिनिधिभिः भारतम् आगत्य विश्वभ्रातृत्वस्य भावनां गभीरं कर्तुं बलं दत्तं। भारतीयप्रधानमन्त्री नरेन्द्रमोदी जी—20 शिखरसम्मेलने उद्बोधनस्य वैश्विकरूपेण चर्चा अभवत् । यदा सः अवदत् यत् अस्माकं देशः भारतः परम्परायाः, अध्यात्मस्य, आस्थायाः च भूमिः अस्ति । अत्र जगतः प्रत्येकं धर्मः सम्मानं प्राप्तवान् । प्रधानमन्त्रिणा वैश्विकस्तरस्य वैश्विकतापस्य समस्या, तस्मात् मुक्तिं प्राप्तुं प्रयत्नाः च चर्चां कृत्वा भारतस्य वसुधैव कुटुम्बकं इत्यस्य भावनां रेखांकितम् ।

सर्वे स्वीकरिष्यन्ति एव यत् वयं सर्वे एकस्यैव परमात्मनः पुत्राः स्मः। तर्हि कि भेदकारणम्, किमस्ति भेदभावस्य प्रयोजनम्, कयमुचिता भेदभावकल्पना ? इदं मम, इदं परस्य इत्यस्या भावनायास्तु स्थानमेव न वर्तते। जगतः सर्वे एव प्राणिनः परिवारवत् परस्परस्नेहेन साहाय्यं कुर्वन्तो वसेयुः। एकत्वभावना स्यात् सर्वेषाम अस्माकं हृदये। दुःखस्य ग्लानेः क्लेशस्य वा लेशोऽपि न विद्यते एकत्वबुद्धौ। अतीव सुन्दरमुक्तं यजुर्वेदस्य चत्वारिंशदध्याये ईशोपनिषदि वा–

> "यस्तु सर्वाणि भूतान्यात्मन्येवानुपश्यति। सर्वभूतेषु चात्मानं ततो न विजुगुप्सते।। यस्मिन्त्सर्वाणि भूतान्यात्मैवाभूद् विजानतः। तत्र को मोहः कः शोकः एकत्वमनुपश्यतः।।"

वसुधैव कुटुम्बकम् इति सिद्धान्तः उत्तमभविष्यस्य चित्रं प्रददाति। एकतां, सहकार्यं, परस्परसम्मानं च प्रवर्धयित्वा वयं द्वन्द्वनिवारणं निराकरणं च असमानतां न्यूनीकर्तुं च कार्यं कर्तुं शक्नुमः। वसुधैव कुटुम्बकस्य भावना अधिकं शान्तं, सामञ्जरयपूर्णं, समावेशी च जगत्–निर्माणं कर्तुं शक्नुवन्ति। वसुधैव कुटुम्बकम् इत्यस्य भावना अस्मान् सर्वेभ्यः एतत् तथ्यं स्थापितं करिष्यति यत् उत्तमस्य जगतः निर्माणे प्रत्येकस्य जनस्य महत्त्वपूर्णा भूमिका अस्ति।

> — संचिता शर्मा स्नातक, संस्कृत विशेष, प्रथम वर्ष



## शंस्कृतभाषायाः वैशिष्टचम्

भारतस्य अमूल्यनिधि एषा संस्कृतभाषा अस्ति । संस्कृतं भारतस्य आत्मा अस्ति, तस्मात् निगर्ता संस्कृतिः विश्वे कोटि – कोटि जनानां प्रेरणां ददाति । भारतस्य प्रथमः प्रधानमन्त्री जवाहर लाल नेहरूः स्व–पुस्तके 'Discovery of India' इति उक्तवान् यत् "यदि मया पृष्टं यत् भारतस्य महतम् निधिः किम्? तस्य च उतमः धरोहरः का?

अहं निः संकोचे उतरं दास्यामि यत् एतत् संस्कृतं भविष्यति। सः अवदत् यत् संस्कृतभाष<mark>ा आश्चर्यजनकरुपेण, समृद्धाः,</mark> प्रकाशमानाः, सर्वविधैः विकासैः परिपूर्णा अस्ति। संस्कृतस्य अर्थः सुसंस्कृतः परिष्कृतः च।

#### VOICES अभिव्यक्ति 2023-24

संस्कृत भाषा भारतस्य अपूर्वः निधिः । अस्मिन् भाषायां सुविशालं साहित्यं उपलभ्यते । इयं वैदिक—लौकिक भेदेन द्विविधं वर्तते । विश्वरस्य प्राचीनतमः ग्रन्थः ऋग्वेदः अस्ति । अस्याः भाषायाः व्याकरणं सर्वांगपूर्णं, अप्रतिमः शब्दकोषो, वैज्ञानिकी लिपिश्च । भाषा—विज्ञानस्य भारतीयपुरातत्त्वस्य च परिज्ञानार्थं संस्कृतस्य परिचयः परमः आवश्यकः यतो अस्माकं प्राचीन—शिलालेखाः संस्कृत—भाषायामेव लिखिता विद्यन्ते । न केवलं

देववाणी संस्कृतभाषा जगतः सर्वासु भाषासु प्राचीनतमा, सर्वोत्कृष्ट—साहित्य—संयुक्ता च वर्तते । अनन्तानन्तवर्षेषु व्यपगतेप्यपि अस्या माधुर्यम, उदारत्वम च न अद्य अपि विकृतम । पाश्चात्यदेशस्य विद्वांसः मैक्समूलर—मैकडानाल्ड—कीथादयः संस्कृत भाषायाः प्रशंसाम् अकुर्वन् सर्वासामार्यभाषाणामुत्पत्तिः अयं एव बभूष । पुरा सर्वे जनाः संस्कृतभाषयेवाभाषन्त । अतः सर्वमपि प्राक्तनं साहित्यं संस्कृतभाषायामेव उपलभ्यते । वेदेषु मानवकर्तव्याकर्तव्ययोः सम्यक् निर्धारणमस्ति । ततोऽस्माकं गौरवग्रन्याः षड्दर्शनानि सन्ति एषामयापि विश्वस्य साहित्ये महत्वं वर्तते । ततः श्रौतसूत्राणां, गृह्मसूत्राणां वेदव्याख्यानभूतानां षडङ्गानां गणनास्ति । महर्षि वाल्मीकि रचितस्य रामायणस्य, महर्षिव्यास रचितस्य महाभारतस्य विश्वसाहित्ये गौरवपूर्णं स्थानं वर्तते । तत्र दुर्लभस्य कवित्वस्य, नैसर्गिकसौन्दर्यस्य, अध्यात्मज्ञानस्य नीतिशास्त्रस्य च दर्शनं जायते । संकृतसाहित्यं भारतस्य गौरवं उद्घोषयति समस्तं देशं च एकतासूत्रे बध्नाति ।

– सोनम

स्नातक, संस्कृत विशेष, प्रथम वर्ष



उपनिषदां महत्त्वम्

उप–समीपे, नि–निश्चयेन, सद्– स्थानम् इति, तत्त्वज्ञानार्थं गुरोः समीपे सविनयं स्थितिः उपनिषद् इत्युच्यते। यद्यपि उपनिषदां संख्या शतद्वयपर्यन्तं मन्यते, तथापि तत्र एकादशोपनिषद् एव मुख्यत्वेन मन्यन्ते। तद् यथा– ईश–केन–कठ–प्रश्न– मुण्डक–आदयः।

सर्वेषु अपि भारतीय दर्शनेषु आसां प्रभावः स्फुटम् अवलोक्यते । सांख्यादीनां शास्त्राणाम् आधारभूताः एताः एवं उपनिषदः । सर्वेषु भारतीयेषु दर्शनेषु आध्यात्मिक— ज्ञानोद्गमम् अस्मात् एव अभवत् ।

उपनिषदां मुख्यं लक्ष्यं जीवस्य दुखानाम् अन्तः। उपनिषदः संकटानां विमोचनाय मोक्षोपाय मार्गम् उपदिशन्ति। अतैव जरा—व्याधि— संतप्ता, मानवाः अभीष्ट लक्ष्य प्राप्तये उपनिषदां शरणम् एव गच्छति। ब्रह्म—प्राप्तिः एव मुक्तिः। इयमेव च जीवनस्य परमं लक्ष्य अस्ति। उपनिषदत्सु आध्यात्मिक—लौकिक—भावानां च प्रतिपादनं वर्तते। परा—विद्या अपरा—विद्या च अत्र संलक्ष्यते। अपरा विद्या लौकिक—विषयप्रधाना परा च ब्रह्मज्ञानं प्रधाना अस्ति। ज्ञानमार्गस्य कर्ममार्गस्य च समन्वयः अत्र वर्तते। गीता—उपदेशस्य आधारः अपि ताः एव सन्ति। न केवलं आध्यात्मिक—विषयाणां, भौतिक— विषयाणां प्रतिपादनम् अपि तत्र वर्तते। विश्ववन्धुलस्य उपदेशः ईशोपनिषदि उपलभ्यते।

उपनिषदत्यु भारतीयसंस्कृतेः अध्यात्मतत्त्वस्य च समन्वयः दृश्यते। सर्वैर्पि मनीषिभिः, धर्मप्रवर्तकैः, आचारशिक्षकैः, धर्मशास्त्रकारः च उपनिषदां महत्त्वं स्वीक्रियते। उपनिषदां, शैली सरसा, सुमधुरा, सरला च अस्ति। गम्भीरविचाराणां प्रतिपादनम् आख्यानरूपेण, प्रश्नोत्तररूपेण च रुचिरानां सरलशैल्या च प्रतिपादनं कृतम्।

एवं उपनिषदैः भारतीयसमाजाय सामाजिक–आध्यात्मिक–शैक्षिकक्षेत्रेषु सुसंगतं सुधारितं च मार्गदर्शनं कृतम् अस्ति । एतेषां ग्रन्थानां आदर्शानां माध्यमेन समाजे शान्तिस्य, समृद्धेः, सशक्तिकरणस्य च भावः प्रवर्धितः अस्ति, यत् मानवजीवनस्य मूर्त–अमूर्तयोः सर्वेषु पक्षेषु समृद्धिं निर्वाहयितुं साहाय्यं करोति ।

> — सुरदिर्धिका शाद्वल स्नातक, संस्कृत विशेष, द्वितीय वर्ष

### षोडश संस्काशः

भारतीयसमाजस्य "संगच्छध्वम् संवदध्वम् सं वो मनांसि जानताम्" उदात्तभावनया प्रेरितः अस्ति तथा "सर्वभूतेषु आत्मवत्" च सिद्धान्ते विश्वासं करोति। किन्तू मनुष्यस्वभावानूसारेण प्रत्येकस्य जीवने केचन् गूणदोषाः सन्ति इति सर्वदा दृश्यते। यत् सः <mark>जन्मतः एवं प्राप्नोति, केचन् च स्वपर्यावरणात सहजतया प्राप्नोति, केचन् स्वस्य प्रयत्नेन स्वमेव विकसिताः भवन्ति।</mark> संस्कारस्य माध्यमेन मनुष्यः स्वविकासं कर्त्तुं समर्थाः भवन्ति ।

संस्करशब्दः 'सं' उपसर्गे 'कून्' इत्यनेन सह 'घञ्' प्रत्ययस्य योजनेन निर्मितः भवति, यस्य अर्थः संस्कृतं, परिष्कारं,संशोधनं, सम्यक्करणं, दोषनिवारणम् इत्यादयः । संस्कारस्य अर्थः अस्ति–

#### प्रागेव विद्यमानदूर्गूणान् अपसारयित्वा सद्गुणानाम् आधानं संस्कार इत्यर्थः।

<mark>एवं संस्कारः तान् धार्मिकान् शुद्धिविधान् नि</mark>र्दिशति, ये मनुष्यस्य नानादोषान् दूरीकृत्य शुद्धयन्ति, तस्मिन् विविधगुणान् विकसयन्ति च । एतानि कार्याणि परिवारे एव क्रियन्ते स्म, तेषां माध्यमेन व्यक्तिः सामाजिकीकरणं कृत्वा स्वस्य उत्तरदायित्वस्य <mark>विषये अवगतः भवति रम् । विभिन्नधर्मग्रन्थेषु संस्का</mark>रक्रमे किञ्चित्त भेदः अस्ति, परन्तु प्रचलितसंस्कारक्रमः गर्भधानं, पुंसवनं, <mark>सीमान्तनयनं, जातकर्मं, नामकरणं, निष्क्रमणं, अन्नप</mark>्रकाशं, चूडाकर्मं, विद्यारम्भः, कर्णवेधः, यज्ञोपवीतः, वेदारम्भः, केशान्तः, <mark>सामवर्तनः, विवाहः अन्त्येष्टिः च एतत् एव मान्यम्। स</mark>माजस्य दृष्टया मूल्यानां अपारं महत्त्वात् भिन्न–भिन्न–कालेषु <mark>भिन्न–भिन्न–मूल्यानां विकासः अभवत्। तेषां भिन्नाः संख्याः</mark> भिन्नग्रन्थेषु उल्लिखिताः सन्ति, यथा, गौतमः अधिकतमं 40 <mark>संस्कारं विचारितवान्, अश्वलायनः 11 संस्काराणां अनूशंसां करो</mark>ति, परन्तु संस्कारानाम् महत्त्वं, प्रमुखतां च मनसि कृत्वा अधिकतया केवलं 16 संस्काराः एव महत्त्वपूर्णाः इति मन्यन्ते ।

गर्भाधानात आरभ्य शिक्षायाः आरम्भपर्यन्तं संस्काराः अपि गर्भसंस्कारः इति उच्यन्ते। तेषु प्रथमत्रयम (गर्भधारणं, पुंसवनं, सीमान्तनयनं) अन्तरगर्भसंस्कारः, परं षट् संस्काराः च बहिरगर्भसंस्कारः इति उच्यन्ते। गर्भसंस्कारः दोषमार्जनः अथवा <mark>शोधकसंस्कारः इति अपि कथ्यते | दोषमार्जनसंस्कारस्य अर्थः अस्ति यत् बाल</mark>स्य पूर्वजन्मतः धर्मकर्मसम्बद्धदोषान्, गर्भे ये विकृताः अभवन्, तेषां दूरीकरणाय संस्काराः क्रियन्ते । उत्तरा षट् संस्काराः गुणधानसंस्कारः इति उच्यन्ते ।

> – वन्दना रनातक, संस्कृत विशेष, प्रथम वर्ष



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सर्वे जनाः संसारे सुखमिच्छन्ति। सुखं च धनेनैव प्राप्तुं शक्यते। अतो धनोपार्जनस्य महत्यावश्यकता भवति। अद्यत्वे यत्र कुत्रचिदपि गच्छामस्तत्र सर्वत्रैव धनस्य माहात्म्यं पश्यामः। धनेन विना न विद्योपार्जनं कर्तुं शक्यते, न जीविकानिर्वाहश्च भवति । सुखार्थं परोपकारार्थं त्यागार्थं दानार्थं भोगार्थ विवाहार्थं पूत्रादिसंरक्षणार्थं गार्हरूयसंचालनार्थं भोजनार्थं भवननिर्माणार्थं सर्वत्रैव धनस्यावश्यकता भवति । यस्य समीपे धनं नास्ति, तस्य कश्चिदपि अभिलाषो न पूर्तिमेति । साधूक्तं केनापि कविना—

> बुभुक्षितैर्व्याकरणं न भुज्यते, पिपासितैः काव्यरसो न पीयते। न छन्दसा केनचिदुद्धतं कुलं, हिरण्यमेवार्जय निष्फला गुणाः।।

यस्य समीपे धनं भवति स एव सुखेन शेते । स एव संसारे कुलीनो विद्वान गूणज्ञो दानी वक्ता प्रभूः इति कथ्यते । अतएवोच्यते—

यस्यास्ति वित्तं स नरः कुलीनः, स पण्डितः स श्रुतवान् गुण<mark>ज्ञः।</mark> स एव वक्ता स च दर्शनीयः, सर्वे गुणाः काञ्चनमाश्रयन्ति।।

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यस्य समीपे धनं भवति, तस्यैव मित्राण्यपि भवन्ति, न तु निर्धनस्य । यतो हि—

#### यस्यार्थास्तस्य मित्राणि, यस्यार्थास्तस्य बान्धवाः। यस्यार्थाः स पुमांल्लोके, यस्यार्थाः स च पण्डितः।।५।।

प्राचीनैः मुनिभिरपि धनस्योपयोगिता स्वीकृता आसीत् । अत एव तैः धर्मार्थकाममोक्षात्मके चतुर्वर्गे अर्थस्य धर्मानन्तरं स्थानं कृतमस्ति ।

धनोपार्जनस्य बहूनि साधनानि सन्ति सदोषाणि निर्दोषाणि च। चौर्येण, कपटेन, छलप्रपञ्चेन, मिथ्याभाषणेन, उत्कोचग्रहणेन, अन्यैश्चानुचितसाधनैर्धनं प्राप्तुं शक्यते, परन्तु तद्धनं विनाशकरमेव भवति। अतः सर्वैः सर्वदा सदुपायैरेव धनोपार्जनं कर्तव्यम्। विद्याध्यापनेन, कृषिकर्मणा, व्यापारेण, सेवया, परिश्रमेण वा यद् धनमुपार्जितं भवति, तत् फलति। तेनैव मनुष्यस्य श्रीवृद्धिर्भवति। अतः सर्वैः सदुपायैरेव सदा धनोपार्जनं कर्तव्यम्, सत्कर्मसु च तस्य व्ययः करणीयः।

> – वन्दना स्नातक, संस्कृत विशेष, प्रथम वर्ष



## छात्राणां कर्त्तव्यानि

<mark>मानव जीवने गुरुतमं सौख्यं विद्यार्थी—जीवनं एव लभते। हर्षविहवलानां छात्राणां कूर्दमानं समूहं दृष्ट्वा कस्य चित्तं न स्पृहयतेऽस्य जीवनाय। तथापि छात्राणां कानिचित् कर्तव्यानि सन्ति।</mark>

विद्याध्ययनं हि छात्राणां मुख्यं कर्तव्यमस्ति । परं शरीरस्य, मस्तिष्कस्य, मनसः आत्मनश्च विकासः अपि अनिवार्यः । एषां मध्ये एकस्याप्यविकासो न समुचितः । यतो वास्तविकं विद्याध्ययनं तु एषां विकासेन जायते । सत्यमेव उक्तम् अस्ति –'आलस्यं छात्राणां महान् रिपुः ।' आलस्य–रहितः छात्रः सफलता प्राप्नोति, तु छात्राः मोहवशात् स्वकीयममूल्यं समयं वृथा यापयन्ति । ते स्वलक्ष्यं प्राप्तुं न प्रभवन्ति । विद्यार्थी–जीवनस्य प्रत्येक क्षणमनर्घमस्ति । तस्य वृथा यापनेन लक्ष्यप्राप्तिः कथं संभवति ।

#### कश्चिद्विचारक आह— 'सुखार्थिनः कुतो विद्या विद्यार्विनः कुतः सुखम्'

वाक्यचापल्यं चलचित्रदर्शनं च विद्यार्थिजीवनं सर्वथा विनाशयतः । इन्द्रियाणां निग्रहणमपि छात्राः कर्तव्यानि सन्ति । इन्द्रियः पराजिताश्छात्राः कदापि साफल्यं नाधिगच्छन्ति । तपश्चरणमेव विद्यार्थीजीवनस्य मूल—मंत्रम् । विश्वस्यानेकेषां महापुरुषाणां विद्यार्थी जीवनं तपसः निदर्शनम् । गुरुभक्तिरपि विद्यार्थी जीवनस्यानिवार्यमङ्गम् । गुरुभक्तिं विना न कोऽपि छात्रो विद्योपार्जनं कर्तुं क्षमः । अर्जिताऽपि तस्य विद्या साफल्यं न लभते । छात्राणां जीवने अनुशासनम् अति अनिवार्यम् अस्ति । अनुशासनं विना छात्राः स्वजीवने लक्ष्यं प्राप्तुम् समर्थः न भविष्यन्ति ।

मितव्ययिता अपि छात्राणामन्यद् गुरुतरं कर्त्तव्यमस्ति । छात्राणां जीवनं सदाचारयुक्तः भवेयुः । किं सद् किं असद् एतस्य ज्ञानं अपि आवश्यकम् । अस्माकं देशस्य भविष्यः अस्माकं छात्राः सन्ति । अतेव छात्रान् अनुशासन—युक्ता, गुरु—समर्पणं—भावना, विवेकस्य ज्ञानं, मितव्ययिता इत्याद्यः तत्वे युक्ताः भवेयुः ।

> – विनि रनातक, संस्कृत विशेष, प्रथम वर्ष

## विश्वबंधुत्वम्

विश्वरस्य सर्वान् जनान् प्रति बन्धुत्वरस्य भावः एव विश्ववन्धुत्वम् इति कथ्यते । शान्तिमय– जीवनाय विश्वबन्धुत्वस्य भावना नितरां महत्वं भजते । सर्वजनहितं सर्वजनसुखं च बन्धुत्वं विना न संभवति । मनिषीणा निर्दिष्टम्–

#### "अयं निजो परोवेति गणना लघुचेतसाम्। उदारचरितानां तु वसुधैव कुटुम्बकम्।"

साम्प्रतम् अखिले संसारे अशान्तेः हिंसायाः च साम्राज्यं व्याप्तम् अस्ति । येन साधनसम्पन्नः अपि मानवः सुखस्य स्थाने दुःखमेव अनुभवति । यद्यपि ज्ञानबलेन इदानीं मानवः आकाशे विचरितुं, सागरान् संतर्तूम्, विश्वभ्रमणं कर्तुं चन्द्रादिग्रहेषु च गन्तुं समर्थः अस्ति तथापि परस्परं सम्बन्धः कटुतापूर्णं अशान्तः च एव दृश्यतेस विश्वविगत्योः द्वयोः विश्वयुद्धयोः विनाशलीलाम् सर्वे जानन्ति एव । इदानीं तृतीयस्य युद्धस्य सम्भावना सर्वदा मानवजातिम् आक्रान्तं करोति स आयुधानाम् अविवेकपूर्णः संग्रहः, नाभिकीयशक्तिः परीक्षणं देशानां प्रतिद्वंदिता च विश्वं नाशं प्रति नयन्ति । अतएव विश्वबन्धुत्वम् अपरिहार्यम् । मानवः मानवं प्रति बन्धुवत् आचरण कुर्यात् ।

एकः देशः अन्येन देशेन सह बन्धुतायाः व्यवहार कुर्यात् । सबलाः देशा दुर्वलेषु देशेषु आक्रमणं न कुर्युः । स्वार्थस्य लोलुपतायाः महत्वाकाङ्क्षायाः च स्थाने परस्परं सहयोगस्य प्रसारो भवेत् । अधुना संसारस्य कतिपयेषु महाद्वीपेषु परस्परं शत्रुतायाः हिंसायाश्च साम्राज्यं व्याप्तमस्ति । अखिलं विश्वं विविधाभिः समस्याभिः पीडितम् अस्ति । जीवने शान्तिः दुर्लभा जाता । कुत्रचित् श्वेताश्वेतयोः कारणात् कलहो वर्तते । कुत्रचित् धर्मभेदः विद्वेषस्य कारणमस्ति । कुत्रचित् तु वर्गभेदः, लिंगभेदः जातिभेदः वा । स्वार्थाय, अहंकाराय, शक्तिवर्धनाय चापि देशाः संघर्षरताः सन्ति । अनेन मानवः एवं मानवहन्ता संजातः । तथापि शान्तिस्थापनार्थम् अनेके देशाः अनेकाः संस्थाः च प्रयासरताः सन्ति । इदम् अस्माकमपि दायित्वम् इति स्मरणीयम् । संसारे सर्वेषु मानवेषु समानं रक्तं प्रवहति । सर्वे समानाः सन्ति ।

अरमाकं कामना अस्ति–

"सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः सर्वे भद्राणि पश्यन्तु मा कश्चिद दुःख भाग्भवेत्।"

मधुरा भाषा संस्कृतभाषा

सम्यक् परिष्कृतं शुद्धं दोषरहितं व्याकरणेन संस्कारितं वा यत्तदेव संस्कृतम् ।

संस्कृतम् अस्माकं देशस्य प्राचीनतमा भाषा अस्ति । प्राचीनकाले सर्वे एव भारतीयाः संस्कृतभाषाया एव व्यवहारं कुर्वन्ति स्म । कालान्तरे विविधाः प्रान्तीयाः भाषाः प्रचलिताः अभवन् किन्तु संस्कृतस्य महत्वम् अद्यापि अक्षुण्णं वर्तते ।

अस्माकं समस्तमपि प्राचीनं साहित्य संस्कृत – भाषायामेव रचितमस्ति, समस्तमपि वैदिक साहित्य रामायणम्, महाभारतं, पुराणानि दर्शन– गृन्थाः, काव्यानि, नाटकानि गद्य नीति – आख्यानग्रन्थासशच अस्यामेव भाषायां लिखिताः प्राप्यन्ते । गणितं, ज्योतिषं, काव्यशास्त्र–अर्थशास्त्र–छन्दशास्त्र–राजनीतिशास्त्रं, ज्ञान–विज्ञानं तत्वजातमस्यामेव संस्कृत भाषायां समुपलभ्यते । चरकसुश्रुतयोरायुर्वेदः, भारद्वाजस्य विमानशास्त्रं, कणादस्य परमाणुविज्ञानं, गौतमस्य तर्कविद्या, शुल्बसूत्रानां ज्यामितिविज्ञानम्, आर्यभट्टस्य खगोलशास्त्रम् च अपि अस्ति स संस्कृतभाषायाः स्वरूपं पूर्णरुपेण वैज्ञानिकः अस्ति । अस्य व्याकरणम् पूर्णतः तर्कसम्मतं सुनिश्चितं च अस्ति । आचार्य दण्डिना सम्यगेवोक्तम्–

#### "भाषासु मुख्या मधुरा दिव्या गीर्वाणभारती।"

अधुनापि सङ्गणकस्य कृते संस्कृतभाषा अति उपयुक्ता अस्ति। संस्कृतभाषेव भारतस्य प्राणभूता भाषा राष्ट्रस्य ऐक्यं च साधयति। संस्कृतभाषा न केवलं उच्चारणे सर्वोत्कृष्ट अपितु मधुरा दिव्या च। इयं भाषा आचारशास्त्र–शिक्षिका नजीवनोन्नतीकारिणी च अस्ति।भारतीय–गौरवस्य रक्षणाय एतस्याः प्रसारः सर्वरेव कर्तव्यः।

अतएव उच्यते – संस्कृतिः संस्कृताश्रिता।

— वर्षा शर्मा रनातक, संस्कृत विशेष, द्वितीय वर्ष

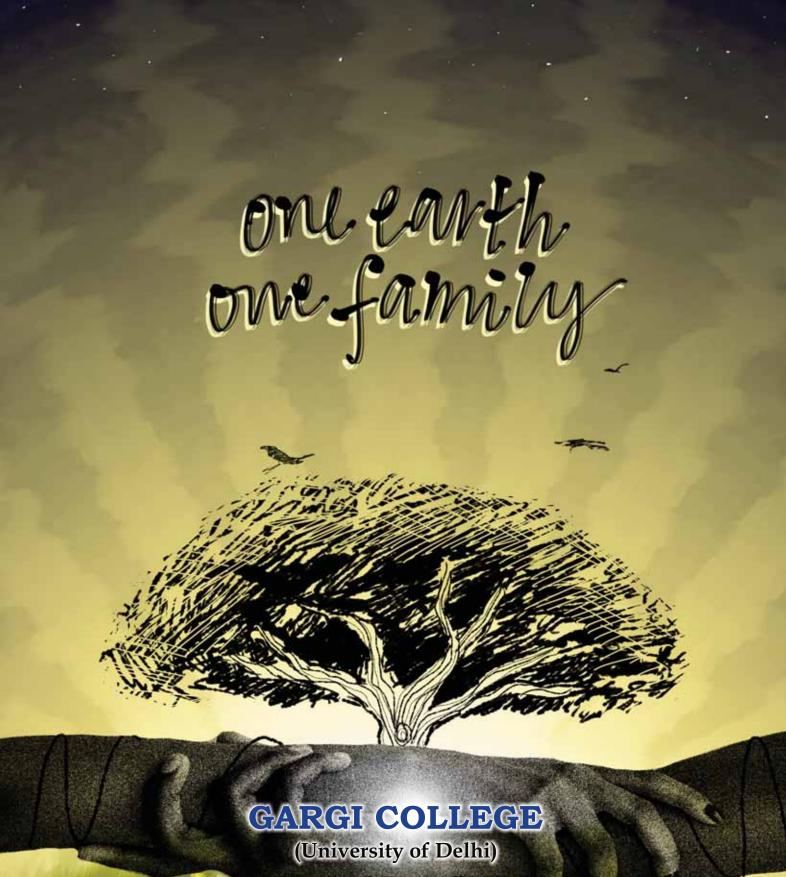
– वर्षा शर्मा

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